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CULTURE

MAMA MIA,
ITALIAN DANCERS!

• PAGE 24 •

FILM

HOW TO BRING MORE
FILM PRODUCTION HERE

• PAGE 27 •

SPORTS

STATE CHAMPIONSHIP
ALPINE SKIING
WHOOSHES IN

• PAGE 26 •

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CONTENTS



THE BUSINESS END OF THINGS

SALES MANAGER Katie Ball
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COMMUNITY OUTREACH/SALES Olivia Doty
WEB MASTER Tammy Wilder
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ABOUT THE COVER

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 Raquel Barreto

NEWS

With greenhouse gas emissions proving stubborn, concerned citizens are trying to change the conversation: With the Healthy Climate Bill, it is proposed that Oregon adopts a system essentially charging the biggest polluters for their emissions.



page
6

SPORTS

The fastest high school ski racers in Oregon will meet on Mt. Ashland during the first week of March to participate in the State Alpine Ski Racing Championships. Last year, with little on-snow time, Ashland High girls' team took second. Could a snowy season—and home field advantage—put them on top?



page
26

SCREEN

For the past decade, the Oregon Production Investment Fund has helped lure TV and film productions to the state by providing rebates. Now, advocates are trying to up the ante—and build an even bigger film industry in the state.



page
27

BUDTENDER

Our new column provides expert opinions and recommendations. Specific product recommendations from the people who know best: The budtenders! Casey Casebier from Jaybird Farm provides our debut review.



page
29

DON'T SHOOT THE MESSENGER 4
LETTERS & SNAPSHOT 5
NEWS 6
FEATURE 9
OUR PICKS 13
LIVE MUSIC AND NIGHTLIFE 14
EVENTS 17
SOUND 20

FOOD & DRINK 23
CULTURE 24
SPORTS & OUTDOORS 26
SCREEN 27
WELLNESS 28
DON'T SMOKE THE MESSENGER 29
FREE WILL ASTROLOGY 30
FUN PAGE 31



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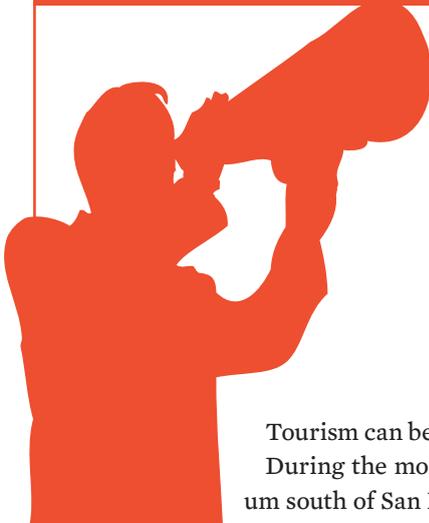
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DON'T SHOOT THE MESSENGER



Two Sides of the Tourism Coin

Tourism can be an ugly word. During the most recent Super Bowl, hosted at Levi Stadium south of San Francisco, the city once known for art, love and tolerance took a decidedly different tack and reportedly pushed out homeless men and women to “clean up” the city for tourists visiting for the Big Game.

Yes, tourism can be a tricky calculation: There is a desire to pull in revenue, but it also can come with costs. A simple rule of thumb is that a visitor spends more than \$100 per person per day when visiting—money spent on lodging, food, tickets; new blood pumping into the system—but that money also can have an adverse effect on the people who permanently live there, ratcheting up their housing and food prices.

Bend, Oregon has been a particularly keen case study in the dangers of overly successful tourism. Over the past 20 years, the once sleepy ski town has aggressively promoted its outdoor activities, not to mention beer. Yet, as fun as it is to visit, it also has become an economically challenging city for many residents. A year ago, city council there needed to effectively ban—or, at least drastically limit—short-term rentals like Airbnb after certain downtown neighborhoods had been transformed into something more like a large party hotel with nearly half of the houses available for short-term weekend rentals—and rental and purchase prices for residents soaring out of control. (Ashland also restricted short-term rentals several years ago.)

Ashland—and southern Oregon—are particularly vulnerable to the flip side of tourism: During the eight month season, some quarter-million people visit the area to watch a Shakespeare play—a number twenty-fold the residential population of the city. With these tourists comes millions in revenue. Yet it is a delicate balance between creating a city for tourists and a city for residents.

In this issue, we don't directly look at that calculation, but we do welcome back the theater season to the region, with profiles of a costume-maker (one of the many local residents employed by the tourist economy) and a theater manager in Grants Pass.

Also in this issue, we recognize that a number of our articles regard the impact tourism has on the region.

In our Screen section, we look at the Oregon Production Investment Fund. For the past decade, it has helped lure TV and film productions to the state by providing rebates as much as 20 percent for money spent in Oregon on hotels and jobs. It holds responsibility for TV shows like “Grimm” filming in Portland and *Wild* in southern Oregon—and the \$10 million set aside each year in the Oregon budget for these rebates draws in an estimated tenfold return with production companies renting hotel rooms, racking up catering bills and hiring locals to build sets. *Brothers in Law*, for example, starring Bill Pullman, was shot in Klamath Falls for a month, and brought \$700,000 to that area.

In the long run, movies can inspire tourism to a region. Thirty years after *The Goonies* elevated Haystack Rocks from a local treasure into an international icon for millions of children, Astoria, where most of the film was produced, still enjoys an estimated 30 visitors each month strictly based on the enduring charm of the film.

Also, take a look at our Sports section this issue, which profiles the upcoming high school Alpine Ski Racing Championships which will be hosted in early March on Mt. Ashland. The girls' team from Ashland High placed second last year, with very little on-snow training. And now, with a solid season of training and home-hill advantage, they have a chance to win. Just as exciting, the event brings enthusiasm and revenue to the region, as hundreds of teenagers and their parents and coaches will spend a weekend in the area.

Yes, not all tourism is created equally—and certainly, it is how it is handled by a region which determines whether it is an economic virtue or vice.



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LETTERS



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Letters must be received by noon Friday before next print date for inclusion in the following week's paper. Please limit letters to 250 words. Submission does not guarantee publication.

Speak Up

LOVE NOTES

To Kelli M, RCC Art Star: I'm wildly in love with you.

-JP

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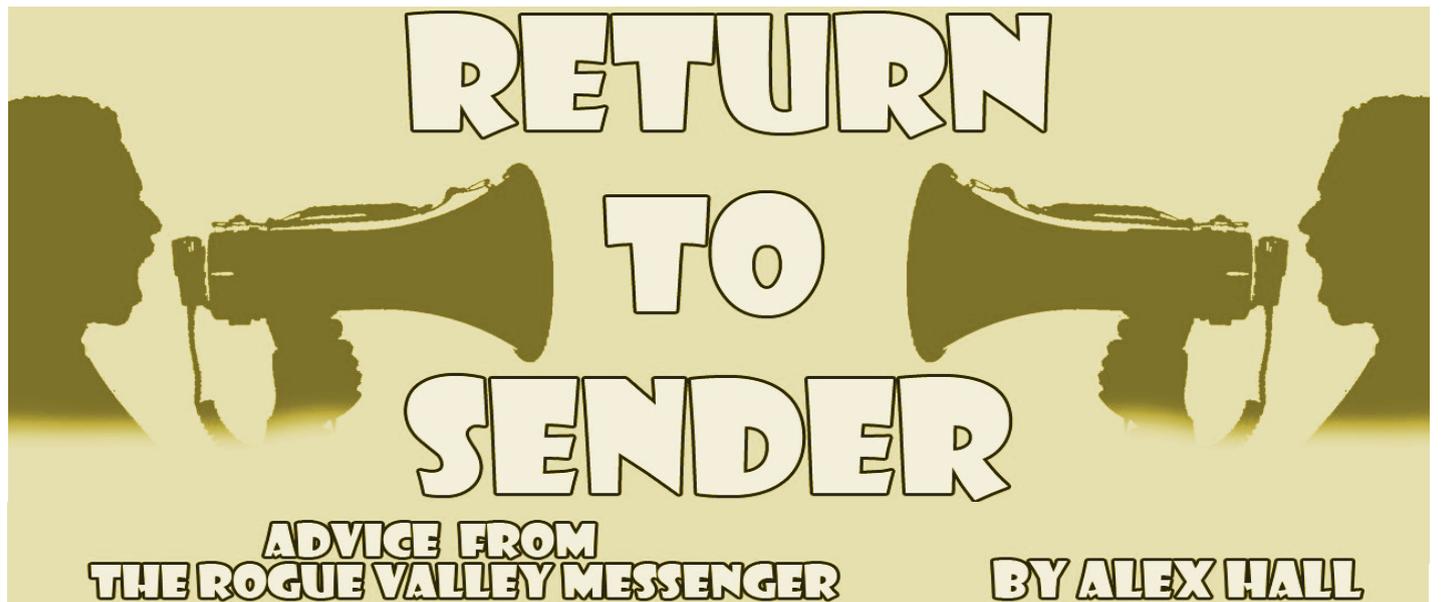
A study released this week by Headwaters Economics found that rural counties in the West with more federal lands or protected federal lands performed better on average than their peers with less federal lands or protected federal lands in four key economic measures.

Summary: From 1970-2014, western rural counties with the highest share of federal lands on average had faster population, employment, personal income, and per capita income growth than their peers with the lowest share of federal lands.

Similarly, from 1970-2014, counties with the highest share of protected federal lands on average performed better for population, employment, personal income, and per capita income growth than those with the least protected federal lands.

Some rural counties are struggling and are searching for ways to benefit from nearby federal lands. While every county has unique circumstances, the changing economy of the West has impacted all counties and altered the role and importance of nearby public lands

- Chris Mehl,
Headwaters Economics



Hey Messenger: Are feminists supposed to vote for Hillary because she is a woman? Am I not a feminist if I vote for Bernie? What do I do?

Dear Confused Feminist: Lizzy Acker recently wrote a piece for her column "Just Lady Things" precisely on this topic, found in the February 10 issue of *Willamette Week*. It was titled, *Bernie Sanders has my head but Hillary Clinton has my heart*. I imagine that this is how you are feeling right now. I totally understand this sentiment, but at the same time, there is a reason Guinevere chose King Arthur over Lancelot. If Bernie Sanders is your King Arthur because *you* think he would make a better leader for this country, then you should vote for him. In terms of feminism, I have just one question for you: Were you not a feminist in 2008 when you refused to vote for Sarah Palin's ticket? Of course not! This would be absurd.

Hey Messenger: What distinguishes "value" from "price?"
Cheers, Clay

Dear Clay: I hate to kill the potential philosophical fun here but the answer to your question is quite simple from an economic standpoint. Value drives demand, while price is determined by supply and demand and is in fact the point at which they meet. This is called the *equilibrium point*. Demand is the dependent variable in this equation, while the supply is the independent variable. Of course, companies can enact various strategies to influence individuals' concepts of value, which we know as marketing. If they are successful and supply runs low (or out), prices go up. This is precisely what Karl Marx had such a problem with- the idea that commodities can be "fetishized" by the market.

Applying this philosophically, we can easily see that value has more- *value*. It can originate in one's heart, while price never can. This remains true even *if* Marx was right about literally everything he ever said. However, he probably wasn't.

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**BEST OF VOTE ENDS FRIDAY 2/19,
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NEWS

A Prognosis for the Healthy Climate Bill Better than a snowball's chance of passing this legislative session

BY PHIL BUSSE



PHOTO CREDIT: DINA LE ROUX

Like a salmon swimming upstream, the proposed Healthy Climate Bill seems to have a battle ahead of it in the Oregon legislature. Although the messages have been ringing for the past few decades—The world is warming up! Polar caps are melting!—that urgency has not translated into strong legislative measures to correct the problem of carbon emissions and, to make matters worse, gasoline prices have dipped below \$2 a gallon taking away many people's incentive to curb their petrol-burning habits. And, to make matters even worse, last Tuesday, the Supreme Court curbed President Barack Obama's plan to regulate emissions from coal-burning plants.

But activists are dissuaded. They claim that this session at the Oregon legislature can and will be a game-changer, and that the Healthy Climate Bill will be a, well, healthy step in the right direction.

On a rainy day in early February about 70 concerned residents traveled from southern Oregon to Salem, and joined hundreds of other residents from around the state lobbying lawmakers to enact the Healthy Climate Bill. At its core, the proposal would not stop industry polluters from polluting, but by placing a price tag on emissions, it would push them towards cleaner operations.

Interestingly, after decades of environmentalists banging the drum for lower emissions—The planet is choking! Peak oil! It's the right thing to do!—the Healthy Climate Bill, in spite of its name, seems to accept the economic (as opposed to the moralistic or even environmental) argument for why businesses need to stop pumping pollutants into Oregon's air.

Nearly a decade ago—about the same time that *An*

Inconvenient Truth was ringing alarm bells that the world is doomed if we don't change personal and industrial habits—Oregon adopted HB 3543, which pledged to reduce greenhouse gas emissions 10 percent of 1990 levels by 2020 and 75 percent by 2050.

Yet, in spite of swarms of Priuses taking to the roads since then and households switching to energy-efficient light bulbs, emission levels have barely budged. And now, concerned residents are recognizing it is a now-or-never moment, and like a gambler doubling down, or a racecar driver stepping on the accelerator (to use perhaps an errant gas-burning metaphor), the Healthy Climate Bill essentially is looking at the 70 most noxious polluters in the state, and providing a cap for reasonable emissions; anything above that level, they will need to pay for.

"(A) regret among the climate concerned community is that voluntary efforts simply do not seem to work," explained Alan Jorunet, a co-facilitator for Southern Oregon Climate Action Now (SOCAN).

The exact mechanism for reining in this pollution—or, at least charging for it—is a carrot-and-stick approach. The largest emitters of greenhouse gases—those responsible for more than 25,000 metric tons—would bid at auction for "Allowance" to pollute. In California, where a similar program is already in place—and already succeeding in bringing emission levels way down—the price for those "Allowances" is roughly \$13 per ton.

"The need to buy permits to pollute will serve as an incentive to polluters to seek alternative non fossil fuel energy sources," points out Jorunet.

He goes on to provide another perspective on that calculation. "It is worth noting," he wrote in an email interview with *The Messenger*, "that the ability

of polluters to use our air as a free dumping ground for their waste means that we collectively have been subsidizing their profit margin to the tune of about \$13 per ton of emissions. In effect," he added, "this bill simply removes that subsidy and asks polluters to pay the real cost of their activity, and charge that in the price of their product so the price accurately reflects the cost of the product."

But the Healthy Climate Bill does more than simply put a fee on polluting; it takes funds generated by the fees to what Jorunet calls "promoting a transition to lower energy need and cleaner energy."

More specifically: The revenue raised largely will be spent on providing low-income families and rural communities with incentives to switch to renewable—or, at least more efficient—energy sources. Although estimates for exactly what price would be charged to the polluting businesses—or, "auctioned" in the wording of the bill—it is believed that this cap-and-charge mechanism could generate more than \$1 billion for the State of Oregon by 2026. About half of those funds would be spent on transportation measures to reduce emissions; and, a third would go to utilities.

With an amendment to specify that the bio-fuel industry is not under the regulation, the bill already has moved out of the Senate Energy and Natural Resource Committee and to the Ways and Means Committee with a "do pass" recommendation.

On Friday, February 19 – Sunday, February 21, the Eco-Summit will be hosted in Ashland, a three day "citizen think tank" discussing various environmental and infrastructure considerations for southern Oregon.

A full schedule is available at TheEcoSummit.com.

NEWS

Public Profile: 3rd District Oregon State Senator Alan Bates

BY RYAN DEGAN



In an ongoing series we at *The Rogue Valley Messenger* meet with public figures around the region. This issue, we sat down with Alan Bates to discuss southern Oregon's political landscape, the presidential race, and living in Ashland. Bates is a democratic Oregon State Senator representing the Southern Oregon 3rd district, he has served as state senator since 2005.

RVM: What are some of your proudest achievements while working in state government?

AB: Probably the biggest is the Oregon health plan and getting low-income Oregonians into coordinated care organizations where they can get top-notch care. We have about 1 million people in CCOs now and that really changes lives. That's the one thing that I am especially proud of. I didn't do it myself obviously; we had a half dozen of us working for the last 20 years. I started on this journey in 1989 and have been pushing the legislature since 2001.

RVM: What are some of the biggest issues facing your district today?

AB: Even with the economy recovering our biggest issue in the district and Southern Oregon is the economy. We are making what I consider to be a fragile recovery. We always lag behind the rest of the state when recovery is concerned and always seem to go first into a recession or depression. We have to do everything we can to bring jobs, especially living wage jobs, into Southern Oregon but because of our geographical isolation it's always going to be a challenge for us. We are not in Portland where they have major airports to get people in and out quickly. Right now things are going better but we have to encourage companies to come in and bring more jobs.

RVM: What's your opinion on the Presidential race right now? Do you have any favorite candidates?

AB: On the Republican side I think they have a viable candidate in the governor of Ohio John Kasich, although I'm not sure he's going to get the nomination. I saw him a few years ago and he's a moderate thoughtful man. That's the one Republican that I would say is my favorite. As for the Democrats, man, I don't know. I like Bernie's politics and I like Hilary's ability to win elections. I'm up in the air on those two.

RVM: Ashland was recently named one of the top five places to live as a filmmaker. What are your thoughts on this?

AB: It's really cool. You know I think Ashland is one of the top five places to live in the country plain. The Rogue Valley is an area that has not been discovered by the rest of the country. If people knew how great the climate is, how easy it is to move around, how great the schools are, how low the crime rate is, we would be inundated with people trying to move there. It's just a matter of time before we get discovered, so I suppose we need to enjoy our peace and quiet while we can.

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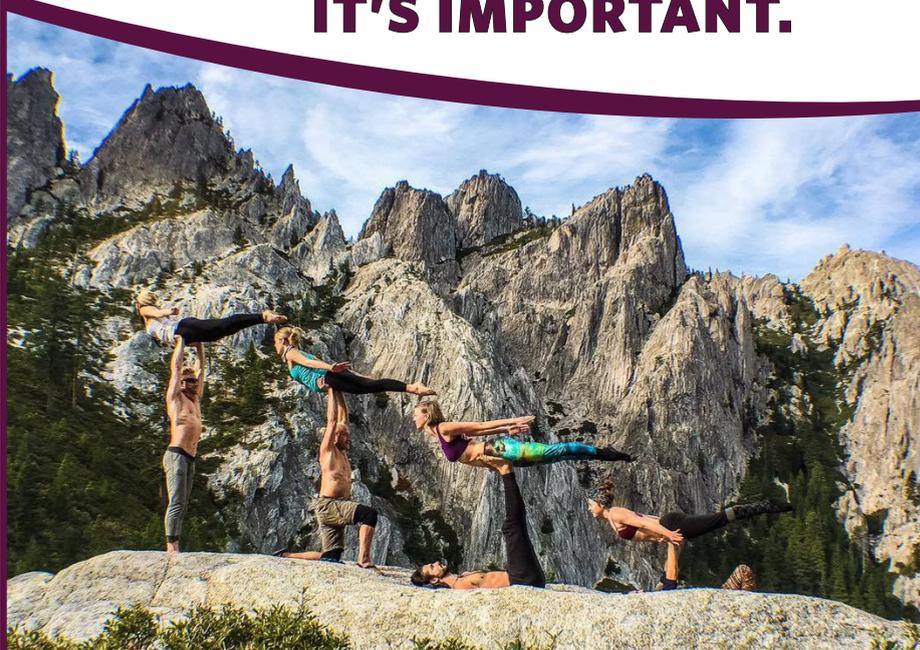
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FEATURE

Finding The New Black

Oregon Shakespeare Festival Costume Designer Raquel Barreto Outfits The River Bride and Roe

BY SARA JANE WILTERMOOD

If breeches get you excited and you don't leave the house without an embroidered handkerchief, it would logically follow that the Oregon Shakespeare Festival is not only about drama on stage for you, but a chance to check out the fashions gone by.

But since pantaloons and ruffs aren't available off the rack the mall, they need creation out of thin air. Enter OSF Costume Designer Raquel Barreto. Though she wasn't tasked with Elizabethan garb this time around, Barreto enters her third season with OSF tackling two world premieres: *The River Bride*, opening February 28 and *Roe*, opening April 20.

Barreto has been designing professionally since 2005, though she has mostly designed for shows with music, like operas and ballets.

"I do like it all," she admits. "More and more there is blurring. I designed for *Pericles*; there was a fair amount of music in that. I love the text. I love the literature. There is something more palpable to work with in theaters. It can be challenging working with choreographers. OSF is good at pairing designers with directors; they really try to create a dynamic artistic community."

River Bride takes place in the Amazon, and centers around two sisters and a mysterious stranger, along with the river itself.

"*River Bride* is small in scale with fewer characters," says Barreto. "It doesn't have a specific time period. It is set in the Amazon, but we don't know when or specifically where so there is room for imagination. And with *River Bride*, the question is how much is a fantasy world and how much is reality. Also, having the playwright in the room is fantastic and daunting. So often you are working with a dramaturg and you have to answer the questions yourself."

Roe tells the story of the polarizing Supreme Court case on abortion, *Roe v. Wade*, decided in 1973, and the its remarkable after story.

"With *Roe*, it is even more challenging," admits Barreto. "The characters are based on actual people. There is a lot of research to be done. It plays with how history is told and retold. It is about making sense of that, and finding a style that is right."

But it isn't just Barreto designing and creating. She says that anywhere between 25 and 80 people are working in the costume shop (talk about many hands!). But before a costume is actually made, months of meetings, discussions, images, databases and yes, Pinterest pins, goes into the creative process. Check out Barreto's sketches of *River Bride* costumes on the cover.

It was her original love of drawing that made her want to pursue fashion design, but the merchandising aspect turned her off.

"People don't get to be that creative," she says of fashion design. "In theater, you have many roles. You



ALL SKETCHES WERE DONE BY RAQUEL BARRETO FOR THE PLAY RIVER BRIDE, OPENING AT OSF ON FEBRUARY 28. PHOTO PROVIDED BY OSF.

are studying literature and history. You immerse yourself in a period or place."

After getting her Masters of Fine Arts from UC San Diego, Barreto taught at UC Berkeley and UCLA, which gave her a different kind of challenge.

"Having to articulate how to think about design to other people [is a challenge]," she says. "When people ask you 'why did you choose a color,' you cannot just say 'because.' You have to look at it from the audience's perspective, and the story helps you articulate to your collaborators. It really helps my design process."

Her advice if this sounds like your cup of tea? Watch plays!

"See a lot of performances and shows, onscreen and live," she says. "Have a vocabulary to talk about it. The American Theater scene is becoming more professional. It is good to have a BFA. Find a mentor; someone you enjoy working with. Work on your relationship with people you go to school with in your program. And take time off after school and work in theater in any capacity and make sure you like it."



FEATURE

Those Who Cannot Just Do ... Teach and Do Barnstormers Theater Manager Wayd Drake Wears Many Hats, Onstage and Off

BY SARA JANE WILTERMOOD

Wayd Drake runs no risk of being a teacher that is “just all talk.” For the past nine years, Drake has been a faculty instructor of Acting and Public Speaking at Rogue Community College—and what he teaches is constantly in view and in action, as he is the current Theater Manager at Barnstormers Theatre in Grants Pass, in addition to appearing in multiple plays.

“The two classes I teach are the scariest classes on campus,” he admits. “People don’t like getting up and talking in front of people. Jerry Seinfeld said that most people would rather be in the casket than giving the eulogy at a funeral. Most students wait until their last year to take the class. The concept of public speaking has been built up in people’s minds as scary. I try to offer good coaching and support. I am their biggest fan and their cheerleader. I want them to succeed.”

In addition to the task of changing students’ minds about public speaking, Drake took on the challenge of managing Barnstormers in 2014, an organization that boasts the title of the longest continuously running community theater in Oregon, though it needed a bit of a boost.

“The theater was on shaky ground, but adding concessions has helped, along with other things,” he says. “I want to stay there until it is running sustainably. I feel like I am making a difference on a bigger scale than one student at a time. I want to keep it being vital and vibrant for the next 63 years.”

Drake’s biggest goal is to set things up for the future and bring in more modern technology.

“We have gotten some good grants,” he says. “We just installed a new light board so we can use an LED light system. Our costume shop is crammed like Goodwill; I want to get a sewing machine and cutting table to make a real costume shop. I would like to get our marquee fixed, and many other little projects.”

Also in an effort to move forward, Drake implemented the return of the summer melodrama (all five showings of *Avarice in Ambrosia* sold out last year), which was done by Barnstormers in Riverside Park back in the sixties.

“I’m trying to keep the historical aspect alive,” he says.

He says that they plan to offer more showings of the melodrama this summer, and they are committed to continuing their summer kids camp.

As for productions, Drake says that one of his favorite plays done during his tenure was *Love List*, which played over last Valentine’s Day, though he admits that he is biased. (He directed it.) *Love List* is a comedy in which two men discover that they can concoct the “perfect woman” by simply writing her attributes on a special paper.

“It is probably the most modern play we have done in a very, very long time,” he says. “It was a little edgy. Some people didn’t like it, but then we also picked up new season ticket holders.”

“It is a tough audience to try and read,” he adds.

For the remainder of this current season, he is looking forward to *Urinetown* the most, which opens on March 4, though he typically shies from musicals.

“It has a message to it, some thought in it, not just fluffy singing and dancing,” he says.



ARNSTORMERS THEATRE MANAGER WAYD DRAKE IN HIS MOST RECENT ROLE AS ELWOOD P. DOWD IN HARVEY. PHOTO CREDIT: SIG DEKANY.

FEATURE

This Year's Must See Plays IN SOUTHERN OREGON

VIETGONE, OSF, March 30 - October 9

Playwright Qui Nguyen's *Living Dead in Denmark*, was a delightfully anarchic comedy that dropped the characters from *Hamlet* into a zombie apocalypse and made them fight their way out with kung fu and moves from video games, almost like a *Scott Pilgrim* of the stage.

In *Vietgone*, Nguyen's pioneering "geek theater" style is applied to the story of two Vietnamese refugees meeting in America after fleeing the fall of Saigon, by wrapping in elements of sec farce, fantasy, ninjas, musical jamborees and more. This is a play that both the internet generation and those that fear it can both appreciate.

URINETOWN: THE MUSICAL, BARNSTORMERS, March 4 - 27

A twenty-year drought has caused a water shortage, and access to toilets is tightly controlled. Welcome to Urinetown. This show was an underground hit at the New York Fringe Fest Festival, and then ran off-Broadway for three years in the early 2000s due to its irreverent mashups of existing musical theater troupes and relentless satirization of everything.

CATTLE MUTILATION: THE MUSICAL, OBERON'S THREE PENNY TAVERN in Ashland, April 1-9

An original tale tailored for southern Oregon's mix of woods, farmers and weirdos from Ashland company, Puppeteers for Fears, who specialize in original horror musical comedies starring elaborate custom-made puppets.

The story follows a hunter and his son as they trek into the woods to find Bigfoot, convinced he is to blame for a rash of cattle mutilations on their farm. But they and Bigfoot both quickly find themselves in the hands of the real culprits: a crew of aliens performing medical experiments on a U.F.O. The show features a new cast of handmade puppets and a 10-song original soundtrack, and is guaranteed to be a laugh riot.

Full disclosure: Messenger writer Josh Gross is the house playwright/composer for Puppeteers for Fears.

ROE, OSF, April 20 - October 9

The next entry in OSF's American Revolutions series tackles the light subject matter of abortion, following the lives of those involved in the Roe Vs. Wade court decision long after the gavels fell, and seeing how their lives mirror the ways the case effected American culture. The show is being directed by OSF Artistic Director Bill Rauch, and stars Sarah Bruner, whose performance in last year's *Fingersmith* was truly captivating.

THE OUTSIDERS, BARNSTORMERS, June 10 - 26

Stay gold, Ponyboy. Because S.E. Hinton's classic young adult tale of rival street gangs in Tulsa is being brought to life by Barnstormers. You can think of it as what *Grease* might look like as a Greek tragedy, or the struggles that young adults still face, but keep hidden.

LEGALLY BLONDE: THE MUSICAL, CAMELOT THEATER August 4- 7

The Broadway smash adaptation of the role Reece Witherspoon will never escape is coming to southern Oregon for a limited run. See Elle Woods apply for Harvard on scented paper, throw birthday parties for her dog, and generally show up every man that tries to sell her short because of her gender and taste for pink. *Legally Blonde* has always been an embarrassingly fun comedy, and is even more so with a full musical score.

THE PICTURE OF DORIAN GRAY, RANDALL STREET THEATER, Sept. 23 - Oct. 2

Oscar Wilde's best known work is a theater staple: *The Importance of Being Earnest*. But often lost in discussions of that play's unrelenting wittiness is how horrifying his other best known work is. *The Picture of Dorian Gray* shows what happens when you strip accountability from morality, and how it destroys a man, even when he appears to come through unscathed. An unsettling classic brought to life on the stage.

BAT BOY THE MUSICAL/ROCKY HORROR, OREGON CABARET, Sept. 22- Nov. 8

Two shows; one cast. All ridiculous. The struggles of perennial tabloid character Bat Boy are given the musical theater treatment. The next night, the cast switches their fangs for fishnets, and takes the stage for for the cult classic *The Rocky Horror Picture Show*, which, in addition to being a rollicking good time, was a pioneering show for issues of gender identity, and dork fandom.





RING OF FIRE

★ THE MUSIC OF ★
JOHNNY CASH

FEBRUARY 11 - APRIL 17



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OUR *Picks*



wed 17

Banff Film Festival World Tour
FILM—Pure adventure as nature intended. In 36 countries and over 250 communities, the Banff Mountain Film Festival is for thrill seekers and nature lovers alike. See professional extreme sporters tackle the mountains less traveled through footage captured by the world's best mountain filmmakers. 7 pm. SOU Music Recital Hall, 1250 Siskiyou Blvd, Ashland. \$15, advance. \$7, door.



thurs 18

Erica Dee
MUSIC—The perfect remedy to dreary days? Erica Dee's tune "Good Day;" we're talking alarm clock music fodder. If her positive vibes can't get you up and to the French press at least, you might need to take a mental health day. As for the night? If this vocalist/DJ/emcee can't get you up and dancing, better just go to bed. 9 pm. Brickroom, 35 N Main Street, Ashland. \$5.



sat 20

Polar Plunge
BRRRR—Some say that a polar plunge is invigorating. Some say it is cleansing. Others (most) say it is nuts. Whatever the personal benefits (or detriments) there might be, most can agree that it is worth doing to raise money for Special Olympics Oregon. So, take a deep breath, plug your nose and have a warm, dry towel waiting. 11 am. Jackson Aquatic Center, 815 Summit Ave, Medford.



sat 20

Sweetheart High Tea
TEA—Valentines weekend lends priority to one's one-and-only. But what about your grandma? Take her out on the town in style, and sip tea from china that isn't a family heirloom. Though don't drop it anyways. With over 120 blends of loose tea, Round Table is sure to provide a brew for every palate. Reservation required. 2 pm. Round Table Tea Co., 406 E. Main Street, Medford. \$25.



tues 23

MRCH
MUSIC—Me Ready Chuckle Hastily? Move Really Close Henry? Monotone Reading Closes Hearts? Whatever the secret to the acronym, this indie-electronic pop trio packs a pleasant punch. Their easy listening yet tight music inspires relaxed action. Like a jog. Or painting the living room. Or dishes. 9 pm. Brickroom, 35 N Main Street, Ashland. \$5.



tues 23

Sumac/Black Spirituals/Endon
MUSIC—Sumac is just over a year old, playing post metal/sludge metal. The Black Spirituals is just two guys. One dedicated to percussion, the other, to electronic sounds. And Endon plays tunes that some might call random sounds. All in all, this performance would seem to be a trifecta of interesting. Club 66, 1951 Ashland Street, Ashland.



thurs 25

It's Not Supposed to Be This Way
READING—Lenny Bender finds meaning in the small things. Driving to work is often the highlight of his day. He allows the future to come to him, and he rolls with the punches. Author Dale Vidmar will discuss his black humor novel about postmodern America through Bender's experience and the events of every day. 7 pm. Bloomsbury Books, 290 E. Main, Ashland. Free.



fri 26

Understanding Dog Psychology
TRAINING—Sometimes it isn't the dog who needs training; it is the human. John Parrett of K9 Leadership training has had over 15 years of experience with dogs (and their humans), and will demonstrate how to be the leader of the pack. Now all you have to do is, Sit! and Stay! 6 pm. Bear Hotel, 2101 Spalding Avenue, Grants Pass. \$25, single. \$40, couple.



fri 26 - sun 28

OSF Opening Weekend
THEATER—Why watch for the groundhog's shadow, when the Oregon Shakespeare Festival can be a much more reliable indicator of Spring? Kicking off this season is Twelfth Night, 8 pm, Fri.; Yeoman of the Guard, 1:30 pm, Sat.; Great Expectations, 8 pm, Sat.; River Bride, 1:30 pm, Sun. From original Shakespeare to country music to classic to world premiere. OSF, 15 S. Pioneer Street, Ashland. \$30 - \$108.



fri 26 - sun 28

Southern Oregon Spartans
HOCKEY—If all this cultural theater talk is just too much, check out the Southern Oregon Spartans vs. the Butte Cobras in their natural habitat: on the ice. Sunday will be the second annual outdoor game for the season, which will take place at the Running Y in Klamath Falls at 1:30 pm. Fri. and Sat., 7:30 pm. The RRRink, 1349 Center Drive, Medford. \$4 - \$15.



sat 27

Chinese New Year Celebration
CELEBRATION—If the American New Year didn't kick off too well, it isn't too late to try again with the Chinese New Year, the year of the monkey. Starting with a 5K and a parade, the celebration packs the day full with cooking demonstrations, discussions, calligraphy, origami for kids and more. Check out the full schedule at soccachinesenew-year.org.



tues 1

Stone Soul
MUSIC—Stone Soul is all the fun genres in one basket: rock, funk, soul, hip-hop and electronica. Combining the old-school boogie with a modern-day lens, an alternate reality is almost created. Maestro Jordan Stone hails from Colorado with his funktastic sound. And did we mention that there is a trombone? 8 pm. Johnny B's Rocking Diner, 120 E. Sixth Street, Medford.

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LIVE MUSIC *and Nightlife*

THURSDAY, FEBRUARY 18

ASHLAND

ACEPHALIX / FIEND / WITCH CULT / URINATOR - Club 66 - 5 to 8 pm
 DANIELLE KELLY DUO - Jazz & Pop standards - Belle Fiore Winery - 6 to 8 pm - No cover.
 JOHN HOLLIS - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 GAYLE WILSON TRIO - The Wild Goose - 8 pm - No cover.
 DART TOURNAMENT - The Black Sheep Pub & Restaurant - 7:30 pm - \$5.
 ERICA DEE - Future Soul - Brickroom - 9 pm - \$5 cover.
 OBEOKA KARAOKE with Starbuck - Oberon's Tavern - 9 pm - No cover.
 WORLD'S FINEST - Americana Ska Grass from Portland, Oregon - Milagros Fresh Mexican - 9 pm - \$10 cover - 21 and older.
JACKSONVILLE
 GAIBE CARROLL - Bella Union Restaurant and Saloon - 7 to 10 pm.

MEDFORD

DAVID OUELLETTE - Limestone Coffee - 9:30 am - No cover.
 DJ JIM 80'S / ALTERNATIVE / DANCE NIGHT - Every Thursday - Howie's On Front - 9 pm.
 OPEN JAM - Rocky Tonk Saloon & Grill - 9:30 pm - No cover.

WILLIAMS

OPEN MIC - Host / Trail Boss: Warren John Wolfe - Cocina 7 - 7 pm - No cover.

FRIDAY, FEBRUARY 19

ASHLAND

JOHN HOLLIS - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 JEFF KLOETZEL - Belle Fiore Winery - 6 to 8 pm - No cover.
 7TH ANNUAL BODACIOUS RAINBOW BALL - Featuring the Blue Lightning Dance Band - Community-wide Dance in Celebration of Diversity - LGBTQA & Friends & Allies - Rogue Valley Unitarian Universalist Fellowship - 7 to 10 pm - General Admission \$15 / Students/Oregon Trail Cardholders \$5 / Children under age 12 FREE - Proceeds benefit Lotus Rising Project (Youth Led Social Justice Organization) -
 KARAOKE W JOSH - The Wild Goose - 8:30 pm - No cover.
 SAVANNA
 Anna and

TRIO - Liz Jones, Christensen Bob



FEBRUARY 18 - SEE ERICA DEE AT BRICKROOM - 9 PM - \$5

Rawlings sing an eclectic blend of cajun, country, rock and reggae - Smithfield's Pub (23 S 2nd St.) - 9 to 11:30 pm.

JACKSONVILLE

CARLA BAUER AND GREG FREDERICK - Music from 6 to 8 pm - Friday Sip n' Supper at South Stage Cellars - Wine Tasting from 1 - 5 pm for \$5 - Call for dinner reservations 541-899-9120.
 MILESTONE IN REVIEW - Bella Union Restaurant and Saloon - 7 - 10 pm.
GRANTS PASS
 FLAT PATTY - Alternative / Metal / Rock - The G Street Bar & Grill - 8 pm.

MEDFORD

LESLI SANDERS OF PROPHETS OF ADDICTION / RAVAGES OF TIME - Johnny B's - 8 pm.
 COMEDY NIGHT: HEATH HARMISON / DANIEL HUMBARGER - Chadwicks Pub & Sports Bar - 9 pm - \$10.
 SOL SEED - Reggae / Fusion from Eugene, Oregon - Howie's On Front - 9 pm.
 DJ MUSIC - 4 Daughters Irish Pub - 10 pm - No cover.

TALENT

ELECTRIC SQUIRREL SOUP - Josh Sadler / Larry Coble / Eric Leadbetter / Collin Braley - The Talent Club - 9 pm - \$5 cover.

SATURDAY, FEBRUARY 20

ASHLAND

OLD TIME JAM - El Nuevo Tapatio, 1633C Hwy 99 - 3:30 to 6 pm - No cover.
 LADIES NIGHT - Swing Tree Brewery - 5 pm - No cover.
 TIM CHURCH - Standing Stone Brewing Company - 5:30 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 DAN FELLMAN WITH STOLEN MOMENTS - Belle Fiore Winery - 6 - 8 pm - No cover.
 EL ROMANCE DEL TANGO - An evening or Argentine Tango, written and directed by Deonessa La Fey. Live music quartet with Grant Ruiz and other local performance artists - The DanceSpace (280 E Hersey, Bldg B, #10) - 7:30 pm - \$15 Adv / \$20 at the door.
 ELIZA GILKYSOON AND NINA GERBER - "a vibrant mix of laugh-til-you-cry storytelling, political diatribe, love songs...each song a window into a life of struggle and triumph in a world she feels is poised on the edge of moral, economic and environmental bankruptcy" - Unitarian Fellowship - 8 pm - \$25 Adv (at Music Coop) / \$28 at the door / \$10 Teens age 12 to 17 / Free under age 12. -Public House - 8:30 pm.
 EIGHT DOLLAR MOUNTAIN - Bluegrass - Brickroom - 9 pm - \$8 cover.
 KARAOKE W MAD MATTY - The Wild Goose - 9 pm - No cover.

CENTRAL POINT

JEFF KLOETZEL - Ledger David Cellars - 2 to 4 pm.

GRANTS PASS

ARTURO VILLE - Griess Family Brews - 7 to 10 pm.
 FLAT PATTY - Alternative / Metal / Rock - The G Street Bar & Grill - 8 pm.

JACKSONVILLE

MILESTONE IN REVIEW - Bella Union Restaurant and Saloon - 7 - 10 pm.

MEDFORD

YOUTH SYMPHONY OF SOUTHERN OREGON: WINTER CONCERT - Featuring the Youth Symphony, Youth Orchestra and Youth Strings - 7:30 pm - Craterian Theater - Tickets \$10 General Admission / \$5 Students with ID.
 LESLI SANDERS OF PROPHETS OF ADDICTION / RAVAGES OF TIME - Johnny B's - 8 pm.
 COMEDY NIGHT: HEATH HARMISON / DANIEL HUMBARGER - Chadwicks Pub & Sports Bar - 9 pm - \$10.
 PATRIMONY / SIP / SLOW CORPSE - Howie's On Front - 9 pm - No cover.
 ROCK MUSIC 7 pm

/ DJ MUSIC 10 pm - 4 Daughters Irish Pub - No cover.
 CLUB MUSIC - The Bohemian Club - 10 pm - No cover.

SUNDAY, FEBRUARY 21

ASHLAND

DAVID SCOGGIN - Piano - Belle Fiore Winery - Noon to 2 pm - No cover.
 PIANO & ORGAN CLASSICAL CONCERT - Hear award-winning classical pianist Tatsiana Asheichyk - 1 hr Program: F. Mendelssohn Sonata No. 1, Opus 65 / D. Buxtehude, "Nun bitten wir den heiligen Geist" / T. Dubois, Toccata / J.S.Bach, Well-Tempered Clavier, Book II, Prelude and Fugue in C Major / F. Chopin, Fantasia-Impromptu, Opus 66 / C. Debussy, "La Cathedrale engloutie" / S. Prokofiev, Sonata No. 1, Opus 1 - Grace Lutheran Church - 4 to 5 pm - free/donation.
 CHARLES GUY & LINDA POWERS - Flamenco / Classical / Popular - Belle Fiore Winery - 4:30 - 6:30 pm - No cover.
 LIVE CELTIC MUSIC SESSION - Music of Ireland, Scotland and Wales - The Black Sheep Pub & Restaurant - 2 pm - No cover.
 PAUL TURNIPSEED TRIO - Jazz - Public House - 5 to 7 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 TRIVIA NIGHT - Oberon's Three Penny Tavern - 7:30 pm - No cover.
 JIM QUINBY - 6 pm / LITTLE THOM'S OPEN MIC W/ DAVE HAMPTON - 9 pm - The Wild Goose - No cover.
MEDFORD
 OPEN MIC W/ ROBBIE DACOSTA & DETLEF EISMANN - Jefferson Spirits - 7 pm - No cover.
PHOENIX
 LIVE MUSIC - Acoustic Afternoon w/ brunch (min \$5 order) - The Phoenix Clubhouse - 12 to 3 pm.

MONDAY, FEBRUARY 22

ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 PAUL SCHMELING TRIO - Martino's Restaurant & Lounge - 7 pm - No cover.
 ERIC LEADBETTER & FRIENDS - The Wild Goose - 8 pm - No cover.
 OPEN MIC - All ages 5 pm - 7:30 pm. Over 21 Open Mic 8:30 pm - 1:30 am - Oberon's Three Penny Tavern - No cover.
MEDFORD
 GEEKS WHO DRINK PUB TRIVIA - BricktownE Brewing Company - 7 pm - No cover.
 TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm - No cover.
TALENT
 WIL BLADES / SKERIK / ANDY / SIMON LOTT - The Talent Club - 9 pm - \$10 cover.

TUESDAY, FEBRUARY 23

ASHLAND

WARHEAD / BRAIN DEAD / CONFLAGRATION - Club 66 - 5 to 8 pm - \$3 cover - All ages.
 SUMAC / ENDON / BLACK SPIRITUALS - Club 66



FEBRUARY 23 - MRCH PERFORMS AT BRICKROOM - 9 PM - \$5

LIVE MUSIC *and Nightlife*

- 8 pm - Age 21 and older.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 SINGER-SONGWRITER SHOWCASE - Every Tuesday - Brickroom - 7 pm - No cover.
 TRIVIA NIGHT - Louie's Restaurant & Bar - 7 pm - No cover.
 JEF FRETWELL - The Wild Goose - 8 pm - No cover.
 FECKIN' TINKERS TUESDAY - Infectious Irish Music - Oberon's Three Penny Tavern - 8 pm - No cover.
 ROBBIE DACOSTA - Every Tuesday - Granite Taphouse - 8:30 pm.
 MRCH - "Glossy electronic pop with shiny synths and growling bass" - Brickroom - 9 pm - \$5 cover.
MEDFORD
 DOWNTOWN BLUES ASSOCIATION - Howiee's On Front - 6 to 9 pm - No cover.
 LINE DANCE LESSONS - Rocky Tonk Saloon & Grill - 7 pm - No cover.
 RYLEI FRANKS / LEFT COAST COUNTRY - Johnny B's - 9 pm - 21 and older.

WEDNESDAY, FEBRUARY 24 ASHLAND

SPAGHETTI GAME NIGHT - Enoteca - Free all you can eat pasta with any wine purchase - Stay and play board games - 5 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 CAPTAIN & THE MAESTRO - The Wild Goose - Free pool from 6 to midnight every Wednesday - Music at 8 pm - No cover.
 BORN TO DANCE: A MULTIMEDIA DANCE PERFORMANCE - Featuring Viola Gatlin and artwork by Lori Bong, Ria and guest artists Simone Renee Moore and Jo-Elyn Nourie - No food or drink will be served at this performance, seating will be general admission - Oregon Cabaret Theatre - \$15 - 8 pm.
CAVE JUNCTION
 OPEN MIC - Wild River Brewing & Pizza Company - 6 pm - No cover.
 GRANTS PASS
 OPEN JAM NIGHT - Griess Family Brews - 6 pm - No cover.
 HONKYTONK WEDNESDAYS - Cedarwood Saloon & Grill - 7 pm - No cover.
 JACKSONVILLE
 THE BROTHERS REED - Wine n' Dine - \$12 Dinner - Dinner from C St Bistro - South Stage Cellars - Music 6 - 8 pm - Call by Noon on Wednesdays for reservations 541-899-9120.
MEDFORD
 TRIVIA NIGHT - Howiee's On Front - 7 pm - No cover.
 TRIVIA NIGHT - Portal Brewing Company - 7:30 pm - No cover.
PHOENIX
 OPEN MIC & JAM - Open Mic every Wednesday - Some instruments available like drums, keyboard, guitar - The Phoenix Clubhouse - 7 - 10 pm - Free - All ages.

THURSDAY, FEBRUARY 25 ASHLAND

DAN FELLMAN & ED DUNSAVAGE - Gypsy Jazz - Belle Fiore Winery - 6 - 8 pm.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 DART TOURNAMENT - The Black Sheep Pub & Restaurant - 7:30 pm - \$5.
 SAGE MEADOWS & HIGH COUNTRY - The Wild Goose - 8 pm - No cover.
 OBEOKE KARAOKE with Starbuck - Oberon's Tavern - 9 pm - No cover.
GRANTS PASS
 SPELLING BEE - Griess Family Brews - 7 pm.
 SYNRGY AND THE ILLIES - Reggae, Originals and more - The G Street Bar & Grill - 8 pm.
 JACKSONVILLE
 THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 - 10 pm.
MEDFORD
 DAVID OUELLETTE - Limestone Coffee - 9:30 am - No cover.
 OPEN JAM - Rocky Tonk Saloon & Grill - 9:30 pm - No cover.
WILLIAMS
 OPEN MIC - Host / Trail Boss: Warren John Wolfe - Cocina 7 - 7 pm - No cover.

FRIDAY, FEBRUARY 26

ASHLAND
 DAVID PINSKY & PHIL NEWTON - Jazz & Blues - Belle Fiore Winery - 6 - 8 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 SOLD OUT: MASTERWORKS 4: ANA VIDOVIC, GUITAR - SOU Music Recital Hall - 7:30 pm.
 KARAOKE WITH JOSH - The Wild Goose - 8:30 pm - No cover.
CENTRAL POINT
 DANCING PEOPLE COMPANY - Crater Performing Arts Center at 655 N 3rd St - 7:30 pm -



FEBRUARY 21 - HEAR TATSIANA ASHEICHYK, AWARD-WINNING CLASSICAL PIANIST - GRACE LUTHERAN CHURCH IN ASHLAND - 4 PM - FREE

Tickets \$10 at the door / \$8 for Students & Seniors - Come celebrate with Dancing People Company's Artistic Director, Robin Stiehm, as steps down from her position at the end of this month.

GRANTS PASS

JEFF KLOETZEL - SpeakEasy Tap Room & Wine Bar - 7 to 10 pm.
 RON LANKFORD - Griess Family Brews - 7 to 10 pm.
 BRIAN RISLING AND THE AIRTIGHT ALIBI - Funk / Rock / Blues - The G Street Bar & Grill - 8 pm.
 THE JOHN DOUGH BOYS "SINPLICITY" CD RELEASE PARTY WITH BUCKLE RASH - Bluegrass / Punk Country / Rock - \$5 Entry / or \$10 which includes a CD - \$2 beer specials! - The Haul - 9 pm.
JACKSONVILLE
 IT BEATS WORKIN' / THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 - 10 pm.
 LIVE MUSIC - Friday Sip n' Supper - Dinner: Roast pork loin with caramelized onions, white beans with butternut squash and brown sage butter & green salad - Music from 6 - 8 pm - South Stage Cellars - 541-899-9120.
MEDFORD
 THE DANIELLE KELLY SOUL PROJECT - Howiee's On Front - 9 pm.
 COMEDY NIGHT: DUANE GOAD / DANIEL EACHUS - Chadwicks Pub & Sports Bar - 9 pm - \$10.
 MY OWN BLACK EYE / ALL IN TOUR - Johnny B's - 21 and older - 9 pm.

SATURDAY, FEBRUARY 27 ASHLAND

OLD TIME JAM - El Nuevo Tapatio, 1633C Hwy 99 - 3:30 to 6 pm - No cover.
 LADIES NIGHT - Swing Tree Brewery - 5 pm - No cover.
 TIM CHURCH - Standing Stone Brewing Company - 5:30 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 ROD PETRONE - Classical Guitarist - Belle Fiore Winery - 6 - 8 pm - No cover.
 PEACE PUNX UNITE FOR KS WILD - Starring your hostess: Rahsa Embers, "The Painproof Princess" of A Maniacal Sideshow - See things like worm eating, a broken glass bath, and the bed of nails - Plus a Raffle - Don't try any of this at home, and check your weak stomach at the door, which opens at 6:30 - The show is from 7 to 10 pm - All ages until 8 pm (8 to 10 pm is age 21 and older) - \$10 at the door - All proceeds benefit KS Wild - Club 66.
 KARAOKE W MAD MATTY - The Wild Goose - 9 pm - No cover.
CENTRAL POINT
 DANCING PEOPLE COMPANY - Crater

Performing Arts Center at 655 N 3rd St - 7:30 pm - Tickets \$10 at the door / \$8 for Students & Seniors - Come celebrate with Dancing People Company's Artistic Director, Robin Stiehm, as steps down from her position at the end of this month.

GRANTS PASS

THE CROSSING - Pop / Rock from Cali, plus guests - The G Street Bar & Grill - 8 pm.
JACKSONVILLE
 THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 - 10 pm.
MEDFORD
 PIANO & ORGAN CLASSICAL CONCERT - Hear award-winning classical pianist Tatsiana

No cover.
MEDFORD
 OPEN MIC W/ ROBBIE DACOSTA & DETLEF EISMANN - Jefferson Spirits - 7 pm - No cover.
PHOENIX
 LIVE MUSIC - Acoustic Afternoons w/ brunch (min \$5 order) - The Phoenix Clubhouse - 12-3 pm.

MONDAY, FEBRUARY 29 ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 PAUL SCHMELING TRIO - Martino's Restaurant & Lounge - 7 pm - No cover.
 PEGGY ROSE'S SINGER'S SHOWCASE - The Wild Goose - Sign-Up at 7 pm - Music at 7:30 pm - No cover.
 OPEN MIC - (Under 21) Sign up 5 pm / Show 5:30 pm - Open Mic (Over 21) Sign up 8 pm / Show 8:30 pm - Oberon's Three Penny Tavern - No cover.
GRANTS PASS
 BOSS' DAUGHTER - Punk Rock from Reno, Nevada, plus special guests - The G Street Bar & Grill - 8 pm.
MEDFORD
 GEEKS WHO DRINK PUB TRIVIA - BricktownE Brewing Company - 7 pm - No cover.
 TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm - No cover.

TUESDAY, MARCH 1 ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 SINGER-SONGWRITER SHOWCASE - Every Tuesday - Brickroom - 7 pm - No cover.
 TRIVIA NIGHT - Louie's Restaurant & Bar - 7 pm - No cover.
 FECKIN' TINKERS TUESDAY - Oberon's Three Penny Tavern - 8 pm - No cover.
 LIVE MUSIC - The Wild Goose - 8 pm - No cover.
 ROBBIE DACOSTA - Every Tuesday - Granite Taphouse - 8:30 pm.
GRANTS PASS
 ANI DIFRANCO W/ RUPA & THE APRIL FISHES - As a singer, songwriter, activist and independent entrepreneur, Ani DiFranco has been setting her own pace - and encouraging countless admirers to do the same - for more than 20 years. Her music has grown far beyond her acoustic solo roots in cozy venues to embrace jazz, soul, electronica and even more distant sounds. The Historic Rogue Theater - Doors 8 pm - Show 9 pm - 21 and older - \$32.
MEDFORD
 LINE DANCE LESSONS - Rocky Tonk Saloon & Grill - 7 pm - No cover.
 STONE SOUL - Stone Soul brings their electro funky beats from Boulder, CO - Johnny B's - 9 pm.

WEDNESDAY, MARCH 2 APPLEGATE

THE QUICK & EASY BOYS - The Applegate Lodge - \$15 Adv - Doors at 8 pm - Music starts at 9 pm.
ASHLAND
 SPAGHETTI GAME NIGHT - Enoteca - Free all you can eat pasta with any wine purchase - Stay and play board games - 5 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 OPEN MIC: "BREAKUP SONGS" - Hosted by Gene Burnett - The Wild Goose - Sign-up at 7:30 pm - Show at 8 pm - Free pool from 6 to midnight every Wednesday - No cover.
CAVE JUNCTION
 OPEN MIC - Wild River Brewing & Pizza Company - 6 pm - No cover.
GRANTS PASS
 OPEN JAM NIGHT - Griess Family Brews - 6 pm - No cover.
 HONKYTONK WEDNESDAYS - Cedarwood Saloon & Grill - 7 pm - No cover.
MEDFORD
 RCC'S HORN HORN TRIBUTE & DANCE PARTY - Howiee's On Front - 7 to 9 pm.
 TRIVIA NIGHT - Portal Brewing Company - 7:30 pm - No cover.
PHOENIX
 OPEN MIC & JAM - Every Wednesday - Fully backlined - Some instruments available like drums, keyboard, & guitar - The Phoenix Clubhouse - 7 to 10 pm - Free - All Ages - All talent levels are welcome. 🍷

Asheichyk - 1 hr Program: F. Mendelssohn Sonata No. 1, Opus 65 / D. Buxtehude, "Nun bitten wir den heiligen Geist" / T. Dubois, Toccata / J.S.Bach, Well-Tempered Clavier, Book II, Prelude and Fugue in C Major / F. Chopin, Fantasia-Impromptu, Opus 66 / C. Debussy, "La Cathedrale engloutie" / S. Prokofiev, Sonata No. 1, Opus 1 - First Presbyterian Church, 85 S Holly St - 7 to 8 pm - free/donation.
 THE ROGUE VALLEY SYMPHONY PRESENTS MASTERWORKS IV - Program: Marquez: Danzon No. 3 / Rodrigo: Concierto de Aranjuez, Ana Vidovic, guitar / Rimsky-Korsakov: Capriccio espagnol - Tickets \$48, \$42, \$36, \$31, \$15 / Students \$15.50 - \$24 - Craterian Theater - 7:30 pm.
 COMEDY NIGHT: DUANE GOAD / DANIEL EACHUS - Chadwicks Pub & Sports Bar - 9 pm - \$10.
 FELIX THURSDAY (OF THE CHEATIN' HEARTS) - A "Pickin & Grinnin, Boot Stompin good time," plus mystery guests - Johnny B's - 21 and older - 9 pm.
 HOLY SMOKE BLUES BAND - Howiee's On Front - 9 pm.
 ROCK MUSIC 7 pm / DJ MUSIC 10 pm - 4 Daughters Irish Pub - No cover.
 CLUB MUSIC - The Bohemian Club - 10 pm - No cover.

SUNDAY, FEBRUARY 28 APPLEGATE

GIPSY MOON - "a four-piece group of artists on an endless musical journey, sharing songs with the hopes of planting inspiration into the soul, starting a fire in the heart, and building community that invokes love in its wildest manifestations" - Live at the Applegate Lodge - \$12 Adv / \$15 at the door. Doors open at 7:30 pm / Music starts at 9 pm.
ASHLAND
 BEN GAULT - Learning to play piano at around age 10, lifetime Rogue Valley resident Ben Gault worked as a court reporter in Medford from 1964 to 1998. Asked who his favorite piano man/band leader would be, he says: "Bill Basie, without any doubt, is the coolest of all." - Belle Fiore Winery - 12 - 2 pm - No cover.
 THE BROTHERS REED - Belle Fiore Winery - 4:30 - 6:30 pm - No cover.
 LIVE CELTIC MUSIC SESSION - Music of Ireland, Scotland and Wales - The Black Sheep Pub & Restaurant - 2 pm - No cover.
 KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.
 DANIELLE KELLY TRIO - Public House - 5 to 7 pm - No cover.
 TRIVIA NIGHT - Oberon's Three Penny Tavern - 7:30 pm - No cover.
 JIM QUINBY 6 pm / LITTLE THOM'S OPEN MIC W/ DAVE HAMPTON 9 pm - The Wild Goose -

EVENTS

Art

ART DU JOUR GALLERY

Art du Jour Gallery is a co-op exhibiting works by many talented artists living in the greater Rogue Valley and region. On exhibit are works in watercolor, oil, acrylic, pastel, pen & ink, conte crayon, collage, sculpture, bronze casting, photography and mixed media. All original art exhibited may be purchased as well Giclee Prints, cards and other specialty art items. Normal hours are Tuesday through Saturday, from 10 am - 4 pm. Art du Jour Gallery is located in the heart of downtown Medford at 213 E Main St. There is convenient, free 2 hour parking in the parking garage at 6th St and Riverside Ave.

ARTIST LECTURE WITH MALIA JENSEN AT SOU

Monday, February 29, 2016, at 5:30 pm. The Schneider Museum of Art and SOU Center for the Humanities present Malia Jensen as part of Campus Theme Lectures by Participating Artists in the Schneider Museum of Art's Winter Exhibition, "Exploring Reality." Malia Jensen is widely revered by critics for her sculptural work, having been reviewed in Sculpture Magazine, ArtSlant, Artforum, Modern Painters, The Oregonian, and ARTnews. Her work has been exhibited widely in the Northwest and nationally and is highly regarded for its metaphorical, perplexing content. All lectures are held in the Meese Auditorium, Art Building, Southern Oregon University, 1250 Siskiyou Blvd. Ashland, Oregon. Free and open to the public.

COURAGE IN THE GOLDEN VALLEY

Through April 17. The Southern Oregon Historical Society hosts its third annual exhibit, Courage in the Golden Valley: Chinese History in Southern Oregon, held at the Rogue Valley Mall. Timed to coincide with Jacksonville's Chinese New Year Celebration, the Society has drawn upon new research, including local archaeology, to tell the history of the Chinese in Southern Oregon. Amongst the first settlers to arrive, they helped shape the region as it grew in the unique, complex community we live in today. Courage in the Golden Valley tells more about the lives and accomplishments of the Chinese through their own voices. Exhibit admittance is free, but donations are gladly accepted! Rogue Valley Mall, 1600 N Riverside Ave. in Medford. For information, call 541-773-6536, ext. 206, email amy@sohs.org, or visit the SOHS website, www/sohs.org.

EXPLORING REALITY

The Schneider Museum of Art at Southern Oregon University is presenting "Exploring Reality," an exhibition curated by Shane Mcadams and Scott Malbaurn consisting of nine artists who delve into and explore reality within their work. On display from through March 19 will be works of sculpture, printmaking, installation and painting. Also, feel free to join us for weekly docent-led tours from 12 - 12:30 pm (Jan 19 - March 15). FREE Family Days (10 am - 1 pm) are Feb 20, and March 19. Normal Hours are Monday through Saturday, from 10 am - 4 pm. Schneider Museum of Art is located at Southern Oregon University, 1250 Siskiyou Blvd in Ashland.

ART BY MELISSA GHIGLIERI

February 4 - 28. Artist Melissa Ghiglieri was born and raised in the Rogue Valley. In a series of large oil paintings, smaller watercolors and pen pieces, current SOU art student Melissa Ghiglieri explores form, motion and ways to best portray the energy and beauty of the horse. Melissa says, "my style for this subject is continually evolving as I discover different techniques to portray these amazing animals." Belle Fiore Winery, 100 Belle Fiore Ln. Ashland (past the Ashland Airport).

ROGUE GALLERY & ART CENTER

From Feb 19 - March 25 in the Main Gallery: Meditations on Daily Splendor: Sarah Burns, Sarah Fagen & Karen Rychek. Until Feb 26 in the Community Gallery: Eugene Bennett: Bennett Unframed. From March 4 - April 1 in the Community Gallery: Bits & Pieces: Mixed Media Collages of Arlene Warner. From Feb 12 - April 9 in the Berryman Gallery: Dixie Kinser. The Rogue Gallery and Art Center, 40 S Bartlett St, Medford. Hours: Tues-Fri, 10 - 5 pm / Sat 11 - 3 pm.

THE BEEKEEPER'S DAUGHTER

Enjoy the artwork of Catie Faryl through this exhibition of 20 paintings representing work created in each of the past 20 years, beginning with Catie Faryl's first show in 1995. The show will be on display from February 11 through April 28, 2016. Pioneer Village at 805 N 5th St. in Jacksonville.

Classes

ESSENTIAL OILS FOR TRAVELERS

Wednesday, Feb 24, 7 pm. Traveling is an amazing experience filled with growth, joy, friendship, adventure, and education but it can also be exhausting on your immune system, upset digestion and cause jet lag. Join us for informative class on essential oil tips and tricks to stay healthy and happy on the road so that you can travel more and enjoy the journey. Medford Branch Library, 205 S Central Ave. Free.

the SOU campus a sustainable workshop. Join us in the Stevenson Union (SU) 319 to learn how to make your own edible sprouts and microgreens! Questions? Email vogelm@sou.edu and/or ecosgarden@gmail.com. Southern Oregon University, 1250 Siskiyou Blvd. Ashland.

MEDFORD YMCA NUTRITION WORKSHOP

Tuesday, February 23, 6 to 7 pm. Learn how to make better food choices for yourself and your family, then you may use the YMCA for FREE! A healthy snack will be provided. Rogue Valley Family YMCA, 522 W 6th St. Medford.

a home centered, resilient way of living sustainably on the only planet we have. Participants will learn to apply regenerative permaculture principles and patterns to design an integrated homestead, energy and water systems, animals, gardens, appropriate technology, forestry and healthy communities. You will gather practical skills and learn about whole systems design principles for living in ecological balance with the earth. Course price is \$700, early registration \$600. To register, email sassetta@mind.net or call us at 541-482-7909. Jackson WellSprings, 2253 Rogue Valley Hwy 99 N in Ashland.

ROGUE STUDIO LIFE DRAWING SESSIONS

Tuesdays, February 6, 16 & 23, and March 1, 8 & 15, from 6 - 9 pm. Drop in Tuesday evening for three hours of moderated uninstructed life drawing sessions in the Rogue Studio. Adults 18 years and older from beginner to advanced level are welcome. The sessions will include short gestures to longer, sustained poses. Students must provide their own drawing materials. Drawing boards, work tables, and easels are available for use. \$10 for each session, \$45 for all six sessions. roguegallery.org for more info. Rogue Gallery & Art Center at 40 S Bartlett St. in Medford.

THE FUNDAMENTALS OF LIFE DRAWING

Sundays, February 21 & 28, and March 6, 13 & 20, and April 3, 10 & 17, from 1 - 4 pm. Adults 18 and over of all skill levels and experience are welcome to this class taught by Ted Helard. Advance your drawing skills in this eight week class working with a nude model. Ted will help you understand the dynamic and subtle expression of the human figure, focusing on drawing proportions, gestures, action line, and anatomy. \$190 members / \$205 non-members. Visit roguegallery.org for more information. Rogue Gallery & Art Center, 40 S Bartlett St. in Medford.

Community

AHS ROBOTICS BENEFIT AUCTION

Saturday, February 27, 6 - 8 pm. Come join the Ashland High School Robotics Team for a LIVE auction benefit, including live music and food, all to help the team travel to competitions. Partial proceeds to benefit the Maslow Project. Merchandise from local businesses and artists will be auctioned off by Stan Deupree. For more information, contact 541-480-1200. Event is at Havurah Shir Hadash, 185 N Mountain Ave. in Ashland. Free admission.

CANNABIS GROWERS SYMPOSIUM

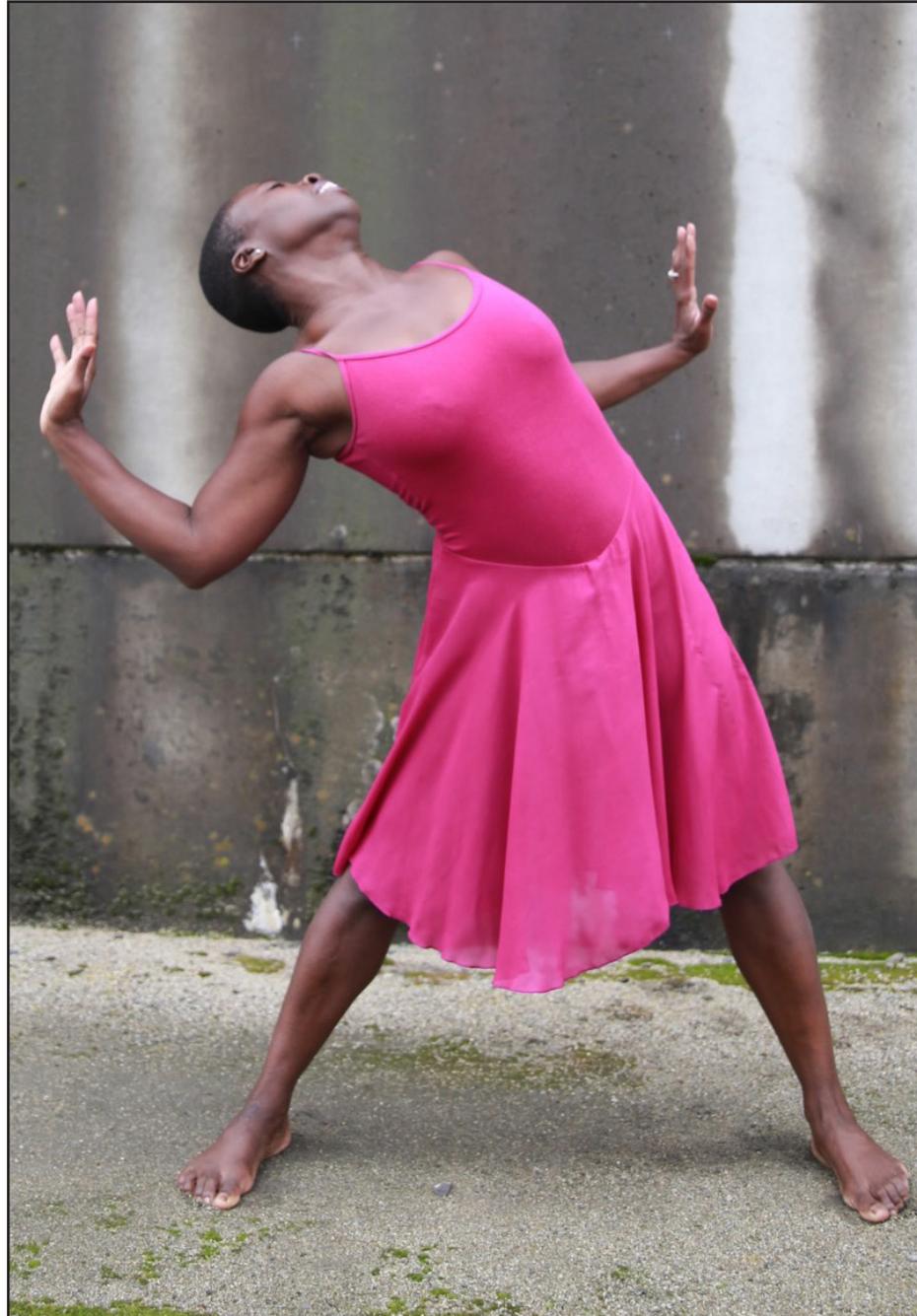
Thursday, February 25, from 10:30 to 6 pm. Learn the latest laws, rules and regulations set in 2016 for the Oregon Cannabis Industry. This event provides growers with opportunities to network with other growers and agricultural suppliers as well as to meet with agency leaders and regulators, with specialized information for growers of Medical/Recreational Marijuana, and Industrial Hemp. Speakers include: Oregon Liquor Control Commission, Oregon Health Authority, Oregon Medical Marijuana Program, Oregon Department of Agriculture, Department of Forestry, Oregon Water Resource Department, and more. Registration: \$30 per person / \$45 per couple / \$50 at the door. Vendor Booths: \$85 any size. To register as an attendee or to sign up as a vendor, call Susan or Randi at 541-474-6840 or visit www.joswcd.com. Josephine County Fairgrounds, 1451 Fairgrounds Rd. Grants Pass, Oregon.

PREPARE!

Disaster can strike at any time. Whether it's a house fire or an earthquake, a single disaster can change your physical, emotional, and financial health in a matter of seconds. Disaster preparedness starts with you, the individual. Learn from the American Red Cross what you can do to "Prepare!" These presentations are provided as a guide to help you prepare for what to do before, during and after certain situations that are common in the Pacific Northwest. Join us on Thursday, February 25, from 2 - 3 pm at the Eagle Point Library, 239 W Main St., and Wednesday, March 2, from 3:30 - 4:30 pm at the Jacksonville Library, 340 W C St.

SOU HOSTS 3RD ANNUAL SOCIAL JUSTICE CONFERENCE

Fri, Feb 19 & Sat, Feb 20. This conference, open to students and members of the local communities that SOU serves, is designed to educate, motivate, and advocate those who desire to gain understanding and strategies in their commitment to issues of social justice, including the environment, healthcare, and the power of language and image. Presentations are based on this year's SOU Campus Theme, "Reimagining Communities: Transcending Realities." \$10 Students / \$20 Non-Students. Friday registration starts at 12:25 pm. Saturday registration starts at 8 am. For more information, call 541-552-8793. Rogue River Room at Stevenson Union, SOU, 1250 Siskiyou Blvd. Ashland.



FEBRUARY 24 - EXPERIENCE VIOLA GATLIN IN 'BORN TO DANCE' - A MULTI-MEDIA PERFORMANCE AT THE OREGON CABARET THEATRE - 8 PM - \$15

EXPLORING DYING AS A WAY TO LIVE MORE FULLY

Saturday, February 27, from 1 - 6 pm. "How Shall I Live, Knowing I Will Die?" - Wayne Muller. Explore your relationship to life, death and dying through film, discussion and self-inquiry. Saturdays, Feb 27, March 26, April 16, and May 21. The cost per session is \$45 - \$60, sliding scale. You may choose to take any or all sessions! Space is limited to 9 participants. Facilitators: Marla Estes, M.A. and Laurel Miller. For more information, location and to register, call 541-482-4948 or email: marla16@charter.net.

EXPLORING RELATIONSHIP THROUGH FILM

Sunday, February 21, from 1 - 6 pm, and March 13, April 17 & May 22. "I alone must become myself; I cannot become myself alone." - Pittman McGehee. Join us from 1 to 6 pm for this film series exploring various dynamics of romantic relationship. Come to one, all 5 or anything in between! For more info and to register, email marla16@charter.net or call 541-482-4948. The cost is \$45-\$60, sliding scale.

MAKE YOUR OWN EDIBLE SPROUTS AND MICROGREENS

Thursday, February 25, 12:30 - 1:30 pm. ECOS and Health Services are partnering together again to bring

MISSMOOSAIC'S OPEN STUDIO SESSIONS

"Being creative helps to focus and calm the mind while feeding the soul." Beginning January 6th, 2016, sessions will be held Wednesdays from 6 - 9 pm, and Sundays from noon - 3 pm. This isn't a class, per se, but an opportunity to learn from me at your own pace, and work on what YOU want to make. You may participate up to twice a week. Drop in at any point in the session for a minimum of one, and a maximum of 3 hours. Drop in rate is 1 hour for \$15 or a block of 8 hours for \$96, saving you \$3/hr. Some materials provided. Contact Karen at missmosaicgirl@yahoo.com or call 541-621-6239. MissMosaic Studios at 105 John St. in Talent.

MOMENT IN TIME MODERN DANCE CLASSES

Monday and Thursday nights, from 5:30 - 6:30 pm. \$12 per class or 10% off if paid monthly. Oak Street Dance Studio at 1287 Oak St. in Ashland.

PERMACULTURE DESIGN COURSE

2016 Dates: Feb 13-14, Feb 27-28, March 12-13, April 2-3, April 16-17, and April 30-May 1. Main Instructor: Tom Ward, joined by Siskiyou Permaculture staff Karen Taylor and Melanie Mindlin, plus guest instructors, too. The world famous PFC introduces an array of solutions, tools and strategies for moving into

EVENTS

THE ECO SUMMIT

Friday through Sunday, February 19 - 21. Join us for an intensive review of regenerative infrastructure, the current operating systems, and how to transition into our future. This three day event will address the common challenges of our bio-region and cultures to produce solutions, with a focus on indigenous principles and co-creative leadership models, clean water, green power, localized food systems, humane policy, self health care, regenerative economy and forest husbandry. www.theecosummit.com. Historic Ashland Armory, 208 Oak St. This event is FREE and open to all.

WOMEN IN BLACK - SILENT VIGILS FOR PEACE

Meet in Grants Pass, Cave Junction, Roseburg, Medford, and Ashland to stand silently for Peace. Contact person Ruth Torre at 541-472-5113, email is rmtorre11@gmail.com.
 In Ashland, every Friday from 12 - 12:30 pm on the Ashland Plaza, and the first and third Saturdays from 11 - 11:30 am on the Ashland Plaza.
 In Medford, every Wednesday from 12 - 12:30 pm in Vogel Plaza, corner of Main and Central.
 In Grants Pass, every first and third Monday from 12 - 12:30 pm next to the Post Office.
 In Cave Junction, every Monday from 12 - 12:30 pm at the County Building.
 In Roseburg, every Friday from 12 - 12:30 pm in front of the Fire Station on Garden Valley Blvd.

Film

2016 OSCAR NIGHT GALA

Sunday, February 28, from 4:30 to 9:30 pm. The Ashland Independent Film Festival presents the 88th Annual Academy Awards live broadcast on two 30-foot screen at the Historic Ashland Armory. The evening includes a five-course dinner by Smithfields Catering, libations, a professional photographer, a red carpet and more! Proceeds benefit the travel fund for independent film directors. Black tie optional. Details and tickets at www.AshlandFilm.org. Historic Ashland Armory, 208 Oak St. Ashland, Oregon.

ALTERED SHAKESPEARE FILM AT THE TALENT LIBRARY

Wednesday, February 24, from 2 - 4 pm. Romeo and Juliet dance to the songs of Bernstein and Sondheim (1961 / 152 min. / NR). Free movies and refreshments. Thanks Library Club! Talent Branch Library at 101 Home Street.

BRIDGE OF SPIES

Wednesday, February 24, from 2 to 4:20 pm. In this historical drama set during the Cold War, a Brooklyn attorney (Tom Hanks) is tasked with negotiating a prisoner exchange between an American pilot who was shot down over the USSR and a Soviet spy serving a 45-year sentence for espionage against the U.S. This film, directed by Steven Spielberg and written by Matt Charman and Joel and Ethan Coen, has been nominated for six academy awards. It is based on the real-life arrest and trial of U.S. spy pilot Gary Powers, who was shot down by Soviet forces. 2015, Rated PG-13. Rated Ashland Branch Library 410 Siskiyou Blvd. Free showing.

MOSTLY PENGUINS

Thursday, February 25, 3 to 4 pm. Able to swim faster than many fish, to dive deeper than any other bird, and to survive in both temperate and polar climates, we have only very recently been able to understand how penguins survive. Join Dave Baker for this exciting family event as he presents his video "Mostly Penguins." Don't miss this chance to learn about these interesting, funny and curious birds. This program is for ages five and older. Ashland Branch Library, 410 Siskiyou Blvd. Free.

SPIRITUALISM IN SOUTHERN OREGON AT THE TURN OF THE CENTURY

Wednesdays, March 2 & 9, Noon. Jan Wright, board member for the Talent Historical Society and long-time local researcher will present a 'spirited' program on Spiritualism in Southern Oregon. Part entertainment, part reassurance, part lucrative, and at time deeply spiritual for its practitioners, Spiritualism spread throughout the Rogue Valley from the mid-1850s to well into the 1920s. Its stronghold was in the Talent area where table were raised, people spoke in tongues, and carried on circles, seances, and correspondences to and from the dead through Mediums. This "Windows in Time" noon lecture is offered on March 2 at the Medford Library, 205 S Central Ave., and on March 9 at the Ashland Library, 410 Siskiyou Blvd.

THAT SCREWBALL JEAN ARTHUR

Watch films on Wednesdays in March, from 2 to 4 pm. James Harvey once wrote, "No one was more closely identified with the screwball comedy than Jean Arthur. So much was she part of it, so much was her

star personality defined by it, that the screwball style itself seems almost unimaginable without her." We will be celebrating Jean Arthur's screwball films every Wednesday in March (March 2, 9, 16, 23 & 30) at the Talent Branch Library, 101 Home St. 541-535-4163. Free movies and refreshments.

organic, carefully sourced ingredients and includes coffee from Xase, Good Bean, Noble and Stumptown roasters, teas from Dobra, and handmade smoothies, lemonade and more! The Phoenix Clubhouse, 310 N Main St. Suite H, Phoenix. Minimum \$5 order.



FEBRUARY 24 - CLASSES - ESSENTIAL OILS FOR TRAVELERS CLASS AT THE MEDFORD LIBRARY, 7 PM

Food

AROUND THE WORLD WITH SOUTH STAGE CELLARS

Saturday, February 27, from 2 to 4 pm. You don't have to pack any bags for this trip, but some of the countries/regions you'll be visiting are: Portugal, South of France, Southern Italy, Chile, Spain, Australia, South

PHOENIX COMMUNITY DINNER

Thursday, February 25, from 5 to 7 pm. On the 2nd & 4th Thursdays of each month, the Phoenix Community Kitchen hosts dinner from 5 - 7 pm. Everyone is welcome, bring your neighbors and friends. First Presbyterian Church, 121 W Second St., Phoenix. For info: 541-535-1119.

PLATES & PINTS FOR SANCTUARY ONE



FEBRUARY 25 - COMMUNITY - CANNABIS GROWERS SYMPOSIUM IN GRANTS PASS

Africa, and more. We will be offering tastes from around the world along with food pairings from local restaurants. For the next six weeks, treat your palette! Feb 27: South America / South Africa / New Zealand. March 5: France Burgundy Northern. March 12: Spain & Portugal. March 19: France Bordeaux Region. March 26: Italy. April 2: France - Rhone region. \$25 per person, per class includes 3-4 tastings along with food pairings. 541-899-9120. South Stage Cellars, 125 S 3rd St. Jacksonville, Oregon.

ACOUSTIC AFTERNOONS

Every Sunday, from 12 - 3 pm. Acoustic Music and Organic Brunch come together to offer you a perfect, relaxing, Sweet Sunday Afternoon! Phoenix Press will be offering table service, with a special weekly brunch menu available. Our menu is always full of local,

Thursday, February 18, from 4 to 10 pm. The Haul will be donating a portion of food and drink sales from 4 to 10 pm to Sanctuary One, a nonprofit care farm providing a refuge for animals and a healing place for people while promoting environmental stewardship - Vegetarian and Vegan Specials, Raffles - Live music by the Catchin' Eddie's Band, and more! The Haul at 121 SW H Street in Grants Pass. No cover.

POTLUCK LUNCHEON

On the third Tuesday of each month, join LGBT Elders and Allies for a potluck luncheon from 11:30 am - 1 pm. Please bring your ideas for building the LGBT Community and a dish to share. A \$2 donation for drinks is suggested. Rogue Valley Unitarian Universalist Fellowship, 87 Fourth St, Ashland. Free.

SOUP FOR THE SOUL

Sunday, February 28, 5 pm. Join us at Climate City Brewing in Grants Pass for the 2016 Soul for the Soul. Admission includes a handmade bowl that is yours to keep, delicious endless soup, live music, a silent auction, and beer! All proceeds go to the ROC Food Pantry. Climate City Brewing Company, 509 SW G St. Grants Pass, Oregon.

Kids & Family

FAMILY FRIENDLY FAIRYTALE ICE SKATING AT THE RRRINK

Saturday, February 27, from 1:30 to 3:15 pm. Come dressed as your favorite fairy tale character and have fun skating! The price is \$9.75 each (over age 5), and \$2 (under age 5)...UNLESS your group is 15 people or more....then it's just \$5 per person! The Rrrink, 1349 Center Dr. Medford, Oregon.

GIRLS ROCK!

Saturday, February 27, from 9 am to 3 pm. Join us for the 8th Annual Girls Rock! This fun-filled event is for girls ages 9 to 13 and a parent or adult to participate in activities that foster communication and explore the fields of science, technology, engineering, and math. Doors open at 8:30 am. Workshops are from 9 am to 3 pm. The girls are parents select 5 out of 10 workshops offered to attend together, including Flash Mob, Solar Power, Music, Art, Boomerangs, Star Wars Computer Coding, Solar Power, Water Power, Wind Power, and Energy Conservation. This event is free and lunch will be provided. Hosted by AAUW, Soroptimist, and Zonta. For more information, please call 541-476-8676. Event is at Grants Pass High School, 830 NE 9th St. Grants Pass.

GREAT NORTHWEST MUSIC

220 SW G St in Grants Pass. First class is FREE for new students!

YOUTH CHOIR (ages 8-12)...Winter Term Theme (Jan-Mar): "Northwest Winters" including a medley of music from the movie "Frozen" - 4:30-5:30 pm on Wednesdays.

KINDERMUSIK: Music and Movement with Parent/Caregiver.

CUDDLE & BOUNCE (ages birth-1 and not yet walking)...February Theme: "Nighty Night" - 11:15-12 Noon on Wednesdays.

SING & PLAY (toddlers ages 1-2)...February Theme: "Family All Around Me" - 10-10:45 am on Wednesdays.

WIGGLE & GROW (ages 2-3)...February Theme: "Family and Friends" 11-11:45 am on Tuesdays.

WIGGLE & GROW FAMILY CLASS (ages 2-3 and families with children of multiple ages)...February Theme: "Family and Friends" 12:30-1:15 pm on Tuesdays.

LAUGH & LEARN FAMILY CLASS (ages 3-4, multiple ages) February Theme: "Wild Animal Park" 12:30-1:15 pm on Wednesdays.

MOVE & GROOVE (ages 4-6)... Music, Movement, and Piano Keyboard Exploration. February Theme: "Feel the Music" 3-3:45 pm on Tuesdays.

NEW CLASS - YOUNG CHILD (ages 5-7)...Music and Movement and Music Appreciation. Students learn to read music, play the glockenspiel and explore the piano keyboard. First semester of program lasts from Feb-June. 4:15-5 pm on Tuesdays.

MEDFORD YMCA FAMILY NIGHT

Friday, February 19, 6 to 8 pm. Bring the family for a FREE night of swimming, rock climbing, gym games and other activities! 541-772-6295 or rvymca.org. Rogue Valley Family YMCA, 522 W 6th St. in Medford.

THE JUNGLE BOOK

Saturday, February 27 at 4 pm and 6:30 pm. Craterian Performances and the Storytelling Guild present Tears of Joy Puppet Theater's "The Jungle Book." What is family? Explore the jungles of India with Mowgli as he tries to discover to which family he belongs. Monkey? Wolf? Man? The audience participates as members of the wolf pack as this powerful play unfolds. FREE ADMISSION with the donation of a new or gently-used children's book. Craterian Theater, 23 S Central Ave. in downtown Medford, Oregon.

TODDLEROBICS: MOVEMENT, MUSIC, & ME!

Every Tuesday beginning in January, from 11 - 11:30 am. Come exercise your mind, body, and spirit! Young children live to move, but the weather in Oregon often limits opportunities for outside play and exercise. Children ages 2 and older can exercise both mind and body by participating in a range of simple exercises such as the crab walk, bear crawl, jumping jacks, and many others. Attendees will also participate in music games so children can sing and dance to songs. Central Point Branch Library, 116 S Third St. Free admission.

EVENTS

YOUNG ARTISTS STUDIO

Wednesdays, Feb 17 & 24, and March 2, 9 & 16 from 3:30 - 5 pm. Children will have fun exploring their creativity in the Rogue Studio! In this class, young artists will work with clay, paint on a canvas, and more. The class is great fun for all youth as they learn and develop art skills. The cost is \$75 for members, \$89 for non-members. The Rogue Gallery & Art Center at 40 S Bartlett St. in Medford.

Meetings

BOOKS@4

Third Tuesdays from 4 - 5 pm. Join us for a monthly meeting of readers discussing books they have read in the previous month. If you enjoy talking about books, please join us on the third Tuesdays of each month. February 16, March 15, April 19, May 17, June 21 & July 19. Adams Meeting Room at the Medford Library, 205 S Central Ave.

BRAIN BOOKS

Gather on the fourth Tuesday of each month, from 1:30 - 3:30 pm, for Brain Books Discussion Group. Guanajuato Room of the Ashland Branch Library, 410 Siskiyou Blvd. Free.

CHESS CLUB

Grants Pass Chess is an informal group of local chess players and those wanting to learn more about the game. Every level is welcome! Meets every Saturday, from 4 to 7 pm at the new Rogue Roasters, at 6th and K St, Grants Pass. Free.

GREEN DRINKS

Rogue Valley Green Drinks fosters connections and raises awareness toward a more vibrant and sustainable Southern Oregon. Green Drinks is a prime networking arena for those looking for information and connections related to environmental and sustainability issues. A venue for both networking and education, each event features a presentation meant to provide information and time afterwards for further discussion. ASHLAND: Meets every 2nd Monday, at 6 pm. Ashland Food Co-op Community Classroom, 300 N Pioneer St. MEDFORD: Meets every 4th Monday, at 5:30 pm. Locations vary. 541-773-8200.

MAKERS AND HACKERS NIGHT

Do you enjoy DIY projects, tapping into your inner geek, and exercising creativity? Do you like hanging out with other people while figuring out how things work, re-purposing in unexpected ways, and collaborating on challenging problems? If the answer is yes, then come join us on the first Thursday of each month from 6:30 - 9:30 pm. Adams Community Meeting Room, Medford Branch Library, 205 S Central Ave. Free admission.

MYSTERY READERS ROUNDTABLE

Tuesday, February 16, 2 - 3 pm. The Mystery Readers Roundtable meets every third Tuesday of the month, from 2 - 3 pm in the Meyer Memorial Trust Community Meeting Room at the Phoenix Branch Library, 510 West 1st St. A bibliography for upcoming meetings is available in the foyer of the Phoenix Library. Mystery readers are encouraged to attend. This event is generously sponsored by the Friends of the Phoenix Library. 541-774-7090 or jcls.org.

RECORDER GROUP OF TALENT

Tuesdays, from 12 Noon to 1 pm. Come join us! The brand-new, all-ages, all-skills Recorder Group of Talent will be getting together to play music and have fun on Tuesdays. This will be an informal gathering of musicians with varied experience on this deceptively simply woodwind instrument. If you have a recorder please bring it along and join in. If you just want to show up and listen you are also welcome! For more information, please call the Talent Library at 541-535-4163. Talent Branch Library, 101 Home St. Free.

SCRABBLE CLUB

Are you a logophile (a lover of words) who knows that playing that word in Scrabble could score a minimum of 15 points? If you answered "yes," then you should join in a casual game (or two) of Scrabble on Saturdays from 12 Noon - 4 pm at the Talent Branch Library, 101 Home St. Free admission. A Scrabble group also meets in Grants Pass every Wednesday at 1 pm at Home Sweet Home, 1038 6th Street. Free.

TRANSPARENT SUPPORT GROUP

Second Tuesday of each month, from 6 pm to 7:30 pm in Ashland. We are parents, family members and allies of gender creative youth. TransParent Support Group offers a safe and positive place to talk, share, discover, learn and support each other. If you are a supportive ally of a child or youth who doesn't fit into current gender binary norms, come and exchange wisdom and experiences. You are not alone. There is a wealth of support, information and safety for your amazing child! Contact Emily Waymire at (Info@

MovementsOfTheSoul.org). You will receive a short email with some questions to ensure that this is a good fit for your needs.

AUTHOR TALK WITH MARSHA ERWIN BENNETT

Thursday, February 18, 7 pm. Author Marsha Erwin Bennett grew up in Juneau, Alaska. Her parents



MARCH 1 - HEAR ANI DIFRANCO WITH RUPA & THE APRIL FISHES AT THE HISTORIC ROGUE THEATER - 9 PM - \$32

TRANS TALK

Mondays at the QRC. For more information, please contact qrc@sou.edu. Stevenson Union, Southern Oregon University, 1250 Siskiyou Blvd, Ashland.

VETERANS FOR PEACE

First Wednesdays, 6:30 pm. The Rogue Valley Veterans for Peace Chapter 156 meets on the first Wednesday of each month at a rotating location. For further information or to arrange transportation to the meeting, call Jim Woods in Grants Pass at 541-956-5287, or Ivend Holen in Medford at 541-779-5392.

Presentations

AUTHOR TALK WITH DALE VIDMAR

Thursday, February 25, 7 pm. Meet Lenny Bender, a man who finds his basic freedom in life driving to and from work. He lives intuitively with an innate ability to flow with circumstance and relishes neither knowing nor controlling what comes next. "It's Not Supposed to be this Way" by Dale Vidmar is a black humor novel about postmodern America that intertwines social reality with driving, baseball, relationships, and the delicate balance of life held together by a thread. Lenny's tale is intricately crafted, weaving past and present in a tapestry that captures the heart and soul of experience. Bloomsbury Books, 290 E Main St. Ashland. Free and open to the public.

owned one of about 20 grocery stores operating in the 1930's in Juneau. Her book, "Pioneer Grocers of Alaska: Juneau in the 20th Century" tells the story of many of these grocery stores, told by their owners or employees. This little mining and fishing town was like thousands of towns across America with locally owned stores, but here there are some unique stories that are funny, nostalgic, inspiring and surprising. Bloomsbury Books, 290 E Main St. Ashland. Free.

AUTHOR TALK WITH TIMBER HAWKEYE

Sunday, February 28, 2 pm. Join Timber Hawkeye, bestselling author of Buddhist Boot Camp and Faithfully Religionless, for a book talk, discussion and Q&A. This is a free event, and everyone is welcome. Aquarius Books, 528 NE E St. Grants Pass, Oregon.

BOOK SIGNING WITH KUMUD GOKANI

Sunday, February 28, from 2 to 3 pm. Kumud Gokani loves to cook and provide food that nourishes the soul and the body. She will give a demonstration, food sampling along with a book signing of her second book, "Feed the Beloved Soul." Kumud says she cooks with love and "in a good mood, I can be singing, dancing in joy, listening to good music, or staying in a space of meditation, whilst I prepare the meal. I believe that that quality, in myself, creates the tasty, nourishing food that everyone loves. I am delighted to share my experience in 'Feed the Beloved Soul' with everyone." Kumud has taught Ayurvedic Vegetarian classes in many institutes and has been producing weekly TV shows on RVTV since the year 2000. Ashland Branch Library, 410 Siskiyou Blvd. Call 541-774-6996 or visit jcls.org for for information.

CHANGE THE WORLD, LOVE YOUR BODY: THE SOCIAL IMPACT OF BODY LOVE

Thursday, February 25, from 2 to 4 pm. Jes Baker is internationally recognized for her writing on her blog, THE MILITANT BAKER, the "Attractive and Fat" campaign, and her dedication to shifting social paradigms into a place where all people are offered the opportunity to love themselves just as they are. Baker explores the historical evolution behind our current idyllic body type, the stigma surrounding mental illness, and what we can do individually to reframe the way we perceive ourselves and others. She encourages each person to explore the correlation between weight and health, and discusses the "Health At Every Size" movement. This event is free and open to the public. Seating is limited to the first 200 people. If you need accommodations, please contact Disability Services by February 18 at 541-245-7537. Large Community Meeting Room, Medford Branch Library, 205 S Central Ave. in Medford, Oregon.

HAARP & MIND CONTROL

Friday, February 19, from 7 to 9 pm. Southern Oregon Blue Skies Project presents Dr. Nick Begich, a HAARP expert who will be speaking on what HAARP (High-frequency Active Auroral Research Program) and other devices that out low level frequencies can do to our weather (and climate) as well as our minds and health. He documents the discoveries, the history and the events governments are using to control our weather and climate. Dr. Nick Begich has spoken before the UN on this subject and also spoke with Bernard Eastland, who created HAARP. Seating is limited to 80 people. RSVP at 541-708-0339. The Haven, 1970 Ashland St. Ashland.

SHAKESPEARE'S ENGLISH

Sunday, February 21, 1 to 2:30 pm. The Friends of the Ashland Public Library will hold their annual meeting, open to all, followed by a presentation by Professor Ed Battistella on Shakespeare's English. Shakespeare's contributions to the English language are often condensed to a list of new words, durable figures of speech, and often ribald wordplay. Less studied is the contribution that the English of the day - early modern English - made on Shakespeare. Linguist and writer Ed Battistella looks at the linguistic resources available to Shakespeare and how he put them to use. Plus: Shakespearean phrases we still use today! Ashland Library, 410 Siskiyou Blvd. Free.

TAP HOUSE TALKS

Thursday, February 18, 6:30 pm. Join us for a ScienceWorks Tap House Talk: El Niño & The Pacific Northwest. The ongoing 2015-16 El Niño is projected to be one of the 3 strongest El Niño events on record since at least 1950. Join Brett Lutz, local Meteorologist, to learn more about the El Niño Southern Oscillation (ENSO) Cycle and how much of a dent it is expected to make in the ongoing drought across the region. Caldera Tap House, 31 Water St #2 in downtown Ashland. Admission is free.

TED TALKS: ASTRONOMY - THE MILKY WAY AND BEYOND

Tuesday, February 23, from 3:30 to 4:30 pm. Enjoy video lectures by Andrew Connolly: What's the next window into our universe?, Sean Carroll: Distant time and the hint of a multiverse, Patricia Burchat: Shedding light on dark matter, and Carter Emmart: A 3D atlas of the universe. Andrew Connolly is helping to build the Large Synoptic Survey Telescope in northern Chile, as well as tools to handle the massive datasets it will send our way. Sean Carroll is a theoretical physicist at Caltech in Pasadena, California, where he researches theoretical aspects of cosmology. Patricia Burchat is a member of the Large Synoptic Survey Telescope project, which will allow scientists to monitor exploding supernovae and determine how fast the universe is expanding. Carter Emmart coordinates scientists, programmers, and artists to produce scientifically accurate, yet visually stunning and immersive, space experiences in the American Museum of Natural History's Hayden Planetarium. Adams Room, Medford Branch Library, 205 S Central Ave.

TED TALKS: CAN WE CREATE NEW SENSES FOR HUMANS?

Wednesday, March 2, from 7 to 8:30 pm. Join the viewing and discussion, facilitated by Vitaly Geyman, of David Eagleman's recorded TED Talk on "Can We Create New Senses for Humans?" As humans, we can perceive less than a ten-trillionth of all light waves. "Our experience of reality," says neuroscientist David Eagleman, "is constrained by our biology" He wants to change that. His research into our brain processes has led him to create new interfaces - such as a sensory vest - to take in previously unseen information about the world around us. TED (an acronym for Technology, Entertainment, Design) is a nonprofit organization whose slogan is "Ideas Worth Spreading." Gresham Room, Ashland Library, 410 Siskiyou Blvd. Call 541-774-6996 or visit jcls.org for more information.

EVENTS

— Sports & Outdoor —

DIVE INTO VERNAL POOLS: FREE GUIDED HIKE AT LOWER TABLE ROCK

Saturday, February 27, from 9 am to approx 2 pm. Join Molly Morison, Stewardship Coordinator with The Nature Conservancy, to discuss the fascinating and changing nature of vernal pools along with the plants and animals that live there. Learn about their unique adaptations and try to spot the tiny vernal pool fairy shrimp and other residents in these shallow pools! The hike is three to five miles round-trip along a moderate grade trail. The hike generally lasts three to five hours. Participants should dress for the weather and bring plenty of drinking water, snacks or a lunch. NO dogs, mountain bikes, or OHVs. Space limited to 20 individuals. Register by 4 pm on Friday, February 26. 541-618-2200. Lower Table Rock: Take Exit 33 from Interstate 5, drive east one mile on E Pine St. then turn north at the signal onto Table Rock Rd. Drive 10 miles to Wheeler Rd and turn west. The trailhead is accessible off of Wheeler Rd. Free hike.

GROUP MOUNTAIN BIKING

Cycle Analysis hosts a two hour Mountain Bike ride on the Britt Trails in Jacksonville or John's Peak, which has 200 miles of trail. Come enjoy good food, friends, and a great ride. Everyone is welcome. Helmets mandatory at all times, lights in the winter. Wednesday nights at 6 pm. Cycle Analysis, 535 N Fifth St, Jacksonville. Free.

'MONKEY AROUND' 5K FUN RUN

Saturday, February 27, Race begins at 8 am, rain or shine. Celebrate Chinese New Year 2016 - Year of the Monkey! Our ninth annual race is an easy "in and out" 5K course through one of Jacksonville's beautiful historic neighborhoods. All participants age 12 and younger receive a monkey toy. Top 3 female and male winners receive prizes worth \$100, \$50 and \$25; top 3 in all age groups receive ribbons. Day of Race registration \$25 non-members / \$20 SOR members. Race day packet pick-up from 7 to 7:30 am. No bicycles, dogs, strollers/joggers. Race Director: Becky Grebosky 540-64502248. Starts at Bigham Knoll campus, 525 East E Street in Jacksonville.

PROJECT FEEDERWATCH

Saturday, February 20, from 9 - 10 am. On select Saturdays, help count birds that visit the feeders at North Mountain Park while learning to identify species with expert guidance. This is a great opportunity for all-level birders to get acquainted with local birds and mingle with other birders under a covered pavilion. The information collected will be submitted to Cornell University's FeederWatch project, a nation-wide bird-monitoring effort. Pre-registration is not required for this free program. For ages 10 and older. Join us on Saturday, Feb 20, and March 5 & 19. North Mountain Park Pavilion, 620 N Mountain Ave. in Ashland.

THE POLAR PLUNGE

Saturday, February 20. The Polar Plunge is a unique opportunity for individuals, organizations and businesses to support Special Olympics Oregon athletes by jumping, walking or slowly crawling into the frigid and icy Oregon waters. The event is open to the public, and all spectators are welcome free of charge. The best to take the Polar Plunge is with a team, so gather up your friends, family and co-workers! Each participant must raise a minimum of \$50 for the privilege of taking a wintry dip in an icy body of water in February. They're also receive a commemorative t-shirt and a bowl of soup, plus bragging rights! Pre-Event Check-in is on Feb 19 at North Medford Fred Meyer from 4 to 7 pm. Sat, Feb 20, from 8:30 - 10:45 am is On-site Check-in & Registration. Costume Contest at 10:30 am. Opening Ceremonies and Polar Plunge at 11am. Contact: hroberts@soor.org. Event is at the Jackson Aquatic Center, 815 Summit Ave. in Medford.

— Stage —

DEALING DREAMS

February 12 - 28. Thanks For The Memories Theatre Company presents its first show of the 2016 season, "Dealing Dreams" by Jeffrey Lo at SOU's Meese Auditorium. The story follows intelligent go-getters Zoe (Megan Daffron) and Trey (Eddie Lee) who are striving to keep their heads afloat in today's economy. They've graduated from elite schools only to face unemployment and chances at low-paying "McJobs." They're under-qualified for jobs they want, overqualified for jobs they don't want. 'Dealing Dreams' runs about 2 hours, with a 15 minute intermission. Performances Friday and Saturdays at 8 pm, Sundays at 2 pm, except Sunday the 28th at 8 pm. Tickets are FREE. Claim your tickets online or tftmtheatre.com or at Paddington Station in Ashland. SOU Meese Auditorium, 1250 Siskiyou Blvd. in Ashland.

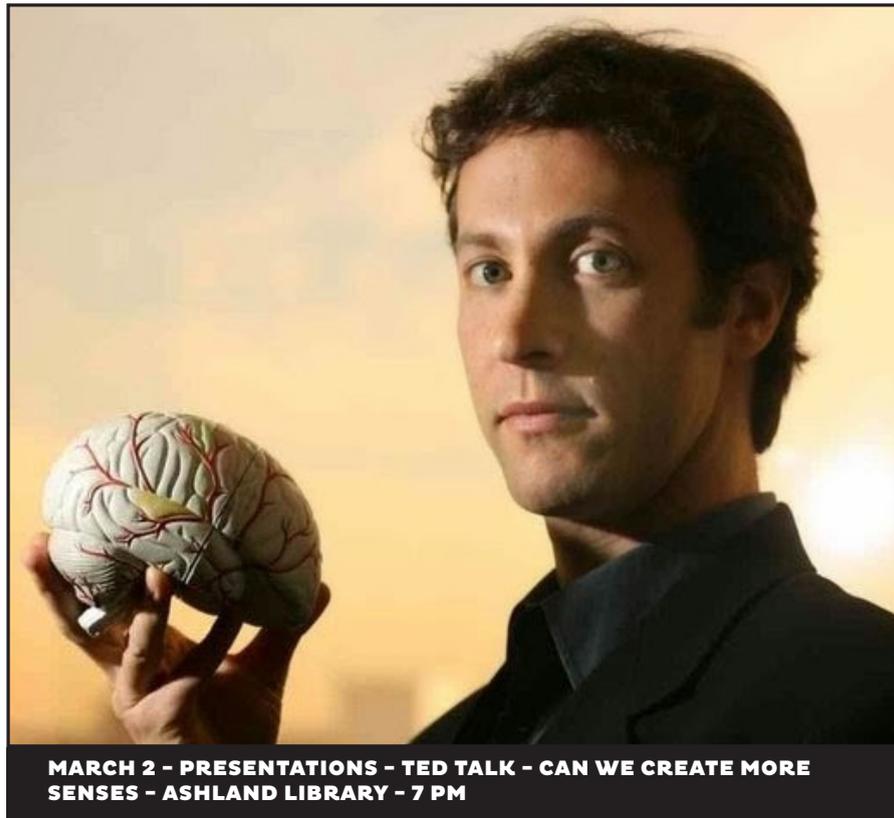
RING OF FIRE - THE MUSIC OF JOHNNY CASH

February 11 through April 17, various times. Hear more than two dozen hits, including "I Walk The Line," "A Boy Named Sue," "Folsom Prison Blues," and the title tune - performed by a multi-talented cast, which paints a musical portrait of The Man in Black that promises to be a foot-stompin', crowd pleasin' salute to the unique American legend. Ring of Fire has no nudity, profanity, or any strong adult content. Songs

and Jacob Wood, is a form of partner work that combines yoga and acrobatics. In each class you will learn the foundational work and basic poses for a fun and safe experience. No previous acro experience is required. Come alone or bring a friend, and be ready to have fun and challenge yourself. Rasa provides thick gymnastic mats for safety. Drop-in price: \$12. Rasa Yoga, 217 4th St, Ashland.

ALL LEVELS ACROYOGA

February 1 - 29. Monday & Wednesday evenings,



MARCH 2 - PRESENTATIONS - TED TALK - CAN WE CREATE MORE SENSES - ASHLAND LIBRARY - 7 PM

like Folsom Prison Blues contain adult lyrics and references to violence and drugs. Were it a movie, it would likely be rated PG. \$21-\$35. Oregon Cabaret Theatre at 241 Hargadine St. in Ashland. Box office: 541-488-2902.

SPELLBOUND CONTEMPORARY BALLET

Wednesday, February 24 at 7:30 pm. For over 30 years, Rome's Spellbound Contemporary Ballet has enthralled international audiences with its transcendent choreography and impeccable technique. Led by acclaimed Artistic Director Mauro Astolfi, this troupe's artistry and agility have made it "Italy's leading contemporary dance touring company." With an ever-evolving, dynamic and visionary repertoire, these nine dazzling performers will leave showgoers spellbound. Tickets \$38, \$35, \$32 / Youth (0-18) \$28, \$25, \$22. Craterian Theater, 23 S Central Ave. in downtown Medford, Oregon.

Wellness

ACRO YOGA

Tuesdays, 7:30 - 9 pm. Acro Yoga, with Jamie Cooper

from 6 - 8 pm. Come to feel challenged and empowered! This dynamic practice combines yoga, acrobatics, strength building and Thai Massage. Explore flying, basing, spotting techniques, choreography, flow, drills and improvisation. No partner or experience necessary! 1st month special rate. \$50 package deal for all 9 February classes. \$10 drop-in rate. FlipSide Studio, 255 Helman St. in Ashland.

CLAIM YOUR DIVINITY, CLAIM YOUR LIFE

Saturday, February 27, 2016, from 9 am to 5 pm. Experience life through your highest lens! In this workshop, you will learn to dialog with the Angels and Your Divine Self through a series of visualizations and exercises that will take you from three dimensional communication to fifth and beyond. The presenter is Annemarie St. Michael, Medical Intuitive, Angelic Telepath, Healing Facilitator and Author. Please bring your own lunch. Price is admission is \$88. Workshop includes all materials. Ashland Cultural & Healing Arts Center, 1970 Ashland St. Ashland. 541-201-3262.

FAMILY MASSAGE EDUCATION CENTER

77 Manzanita St., Ashland. Call 541-482-3567 to register.
Mondays: Singles Massage Classes (couples welcome)
Mondays: 9:30 - 10:30 am: T'ai-Chi for Daily Life with Gene Burnett, drop-ins welcome.
Tuesdays: Parent-Baby Massage Class Series
Wednesdays: Pregnant Partners Massage Classes
Wednesdays: 9:15 - 10:30 am: Human Yoga with Willow Humphrey, drop-ins welcome.
Thursdays: Couples/Pairs Massage Classes
Fridays: Beginner's Overview Massage Class (a one-time class, but you may retake it).
Sat/Sun Weekend Afternoons: Couples/Pairs Massage Class.
3rd Sunday of each month: Reflexology "Happy Hands & Feet"

FILIPINO MARTIAL ARTS

Fridays, 3:30 - 5 pm: Intro to Eskrima-Kali-Arnis.
5 - 6:30 pm: Yellow Belt & above in E-K-A. You will learn many techniques, forms, drills and concepts from our curriculum in a safe, encouraging community of martial artists. Our classes focus on Single Stick, Double Stick, Eskrido, Sword & Dagger, Kickboxing, Paddled Stick Sparring, Flexibility & Relaxation. \$15 Drop-in or \$12 with 10 class punch card. Private lessons available. 920-286-2759. Ashland Karate Academy, 644 Tolman Creek Rd. in Ashland.

GUIDED MEDITATION FOR BEGINNERS

1st Sunday of every month. Sessions led by Lama Chonam & Sangye Khandro. The monthly guided meditations involve instruction on the nine-round breathing purification, how to sit in the correct posture, and how to meditate. An outline explaining the nine stages of Shamatha meditation, Vipassana techniques, and resting in the mind's nature (rigpa) will be provided. There will also be time for questions and answers. This event is free of charge. Donations to the center or teachers are always welcome. Tashi Choling Center for Buddhist Studies, 2001 Colestin Rd, Ashland.

KUNDALINI YOGA AND MEDITATION

Mondays, 5 - 6:30 pm. Join Lindsey Roby for a unique, stress-relieving experience. For everyone. All levels welcome. The Haven, 1970 Ashland St, Ashland. \$10.

OUTDOOR MOVEMENT CLASS

Thursdays, 9 am - With Alissa Rae Hill, rain or shine. Awareness meets movement. Find your balance between relaxation and stress. Small group. Deep journey. Real practice. Heart conditioning, functional anatomy, whole body dynamic strengthening and stretching, beautiful fresh air and scenery! Space is limited, registration strongly suggested. Location may change weekly. Please visit www.alissarae.com or call 541-292-4998 for location.

RADHAKRISHNA HOLISTIC YOGA

Ashland Karate Academy, 644 Tolman Creek Rd, Ashland 920-286-2759 (limited class sizes).
Saturdays & Sundays at Noon (Gentle), 1:30 pm (Intermediate), & 3 pm (for Yoga teachers). Classical Raja Yoga from Sivananda Yoga Vendanta Ashrams International, now in Ashland. OM Shanti!



FEBRUARY 27 - SPORTS & OUTDOOR - GUIDED LOWER TABLE ROCK HIKE

SOUND

Animals and Numbers' Pink Bullets

Is This the Album Southern Oregon Has Been Waiting Decades For?

BY JOSH GROSS



Whether it's the perennial grey skies, or the plethora of dripping wet creepy forests to go be creepy in, or simply a backlash to the aging hippie population, southern Oregon has always had a really strong scene for toxic sludge-heavy doom and stoner metal. And while that community endures every Miley Cyrus album thrown at the world, and can be counted on to pack venues even on off nights, it's music that is often far from approachable. Which is odd, as grunge—which used many of the same principles in a poppier fashion—is now considered classic rock, and a major component of our culture.

That's what really stands out to me about *Pink Bullets*, a really excellent new album from Ashland band Animals and Numbers that was dropped in mid-January. It's all kinds of slow, heavy, and gnarly, with phenomenal overdrive and buzz tones and BPMs like the resting heart rate of an Olympian.

But it doesn't have the same vocal snarls that make doom so off-putting for the average listener. Instead, it has dark, twin melodic vocals similar to the interplay between Jerry Cantrell and Lain Staley in Alice in Chains, but not nearly as corny.

That interplay is clear right from the album's opener, "Gone I Say You," which begins with a lonely tamborine, before a buzzy bass line snakes in and singers croon.

Pink Bullets also brings in elements of electronic beats, like on the album's second track, "Headline News," which bumps like a hip hop tune, or its eleventh track, "Fire on the Lake," which could almost pass for a remix or reinvention of "Smoke on the Water," with its heavy backbeat and slow driving riffs.

The album closes with "A Brief History of Plants," and "Too Much," a pair of ambient sound and found noise tracks, merging bird sounds and heavily effected bass and vocals for a moody vibe, evocative of a mid-career ballad from Trent Reznor.

Pink Bullets is good from start to finish, and is heavy enough to keep its street cred, and melodic enough not to scare folks from walking down the street. Southern Oregon hasn't seen a band so effectively blend those two qualities for many years, if it ever has.

Pink Bullets is available as a pay-what-you-want download via Bandcamp. No word on whether Animals and Numbers plans a physical release, but if they do, expect to see this critic front-row. 🍷

Rogue Sounds

Gaze at the Majestic Shoes of Single Soul's New Album, "Cold Drone Blues Expanded"

BY JOSH GROSS

It's no secret that southern Oregon's generation gap is second only in size to Nietzsche's abyss. As a retirement mecca, the young are fine to keep around for washing dishes in cafes, but are politely invited to move to Portland if they want to be heard, not just seen. The result is something of a cultural echo-chamber, in which The Rogue Valley is a mecca for string bands and '70s-style rock, mostly because that's what it tells itself, even though it is just as rich with bands whose primary interest in classic rock is to take Fleetwood Mac's advice and "go your own way."

Such a group is Single Soul, whose new album, *Cold Drone Blues Expanded*, is both a step apart from the dominant local paradigm and a thoroughly enthralling listen in a vacuum.

The album starts with "Resilient Spirit," a slow, slow, slow synth line, with sparkling clean guitar and drums arriving mid-tune to pluck out a dreamy melody. It's called blues, but it feels anything but blue. more whimsical, or mystical.

The second tune, "New Wave Girl," launches with a burst of overdrive, and understated vocals buried in the mix. It's not exactly breaking new ground, pulling from the Pixies influenced lo-fi post-punk that dominated much of the indie world for the last decade. But it's solid.



That's followed by "Brookings," a moody acoustic ballad, that feels just like the foggy crags of the Oregon coast it is named after. That feeling is continued, though minus the ballad part on "Smoke Will Drift East," which sculpts haunting swells of reverb and pulses of analog delay into a moody chord cloud.

One of *Cold Drone Blues Expanded's* best tunes is its ninth, "Untitled Symphony 9," which begins as a synthy ballad, tricked out with descending slides on the guitar leading up to the beat dropping in.

Closes with "Abby is Pretty, Let's Go to Albertsons," a leisurely 14-minute musical stroll that moves from lazy, verbed-out arpeggios to giant crushing crescendos of rock guitar.

It's shoegazy as fudge. And if that's not your jam, then you'll probably be bored. Especially as like much of shoegaze, the one outstanding weakness is that if you strip away the production, then the root chords and vocals might not stick in your head. But the total package will, which makes *Cold Drone Blues Expanded* a solid new local entry in the local canon, and in this critic's mind, one of the most interesting releases of the new year.

Cold Drone Blues Expanded is available as a pay-what-you-want download via Bandcamp. Tragically, so far as I know, the band has no live performances on the agenda. 🍷

SOUND

A Wild Train Ride

Talking Geography With the Lower 48

BY TYRELL TRIMBLE



It not new news that Portland is a breeding ground for talented musicians.

But bands like the sixties-styled pop rock trio The Lower 48, who will be performing at the G Street Bar and Grill in Grants Pass on Wednesday, March 2, may be evidence that Oregon also is drawing talent away from other music cities, like Minneapolis, which has held one of the strongest music scenes in North America for the past three decades.

“We moved [to PDX] from Minneapolis when we were very young; we were 18,” says guitarist and singer Ben Brandon. “It was just a place on the west coast that wasn’t Minnesota.”

Since their transplant to Oregon the band has worked to carve out a spot in a competitive scene. “It took us a while to surface,” says Brandon. “There’s a lot of bands here so it took a couple of years to get together and learn how to be adults.”

But they have—and, hitting stride, the band is aiming to take their place in the spotlight with the release of their second studio album, *Hot Fool*. It’s a record that draws influence from a laundry list of classics, with a sound harkening back to the golden years of rock and roll.

“We definitely can’t help but love the Beatles, the Stones, the Kinks, Tom Waits and the Velvet Underground—big time,” says Brandon. The band’s sound bustles with those influences, and produces a sound more robust than you might expect from a three piece band.

“We try and sound like five or six people, everybody is singing and playing pretty much the whole time,” says Brandon. Maintaining such sonic diversity can be hard, but straying from adversity has never been a part of the Lower 48’s creative process. “It was challenging to learn how to do this with three people but I think it made us better musicians,” he says.

In spite of the confidence with the sound from their first album, Brandon assures that fans will be treated to a pleasant departure from the band’s previous work. *Hot Fool* is set to release March 31 and a west coast tour is currently under way.

“There’s a lot of different types of songs and processes we used to record them. At first I was worried. Does this sound like 12 different bands? But I definitely don’t think it does, there is a consistent common thread.”

And, as much as their two albums differ in sound—but have common denominators—their live shows are as much a familiar derivation. “It’s a blast” says Brandon. “It’s a really wild train to be riding when we are playing live.”

THE LOWER 48

8 pm, Wednesday, March 2
G Street Bar and Grill



**UPCOMING
EVENTS**

FEBRUARY 18TH
WORLD'S FINEST



American Ska Grass

MARCH 4TH
LIQUID



*Grateful Dead
Tribute Band*

MARCH 10TH
ABSINTH QUARTET



*The Preeminent
Inde-Grass Band*

MARCH 30TH
FARNELL NEWTON
AND THE
OTHERSHIP CONNECTION



*Jazz, funk, Latin music,
soul, hip hop & more*

**MILAGROS
AFTER HOURS**
1465 Siskiyou Boulevard
Ashland, Oregon 97520
(541) 708-0190

The First Rule of Theater-Going Never on an Empty Stomach

BY ZAC MOREL

With theater season starting back up, the Rogue Valley will once again become a major destination for locals and visitors alike to spend a night out on the town and catch some world-class plays and performances. But what night out to the theater is really complete without a nice meal at one of the many local restaurants in the valley? To help you find the best culinary opening act to your next show, here are suggestions near the theaters in Ashland, Medford, and Grants Pass.



ASHLAND

Smithfield Pub and Pies

Address: 23 S 2nd St, Ashland

Phone: (541) 482-7437

Hours: Noon - Midnight Daily

If you're going out to enjoy some 16th century English-based theater, may as well commit to the theme and stop by Smithfield Pub and Pies. Here, you can really get yourself in an English state of mind with a traditional cask ale and meat pie in a laid-back pub setting.

Standing Stone

Address: 101 Oak St, Ashland

Phone: (541) 482-2448

Hours: 11a m-Midnight Daily

Located just a block from Ground Zero of OSF, Standing Stone is a restaurant-brewery that is both convenient and offers a wide appeal, from wood fired pizza to locally sourced "One Mile" burgers and smoked salmon salad.

Agave

Address: 92 N. Main

Phone: (541) 488-1770

With stylish and substantive Mexican food, Agave is a sure-bet. And, while that second margarita wouldn't help you understand Shakespeare's Olde English any better, it will make the Bard a whole lot funnier!



MEDFORD

Elements Tapas Bar and Grill

Address: 101 E Main St, Medford

Phone: (541) 779-0135

Hours: 4 pm-Midnight Sunday-Thursday, 4 pm-1 am Friday-Saturday

Elements Tapas Bar and Grill is an authentic tapas grill just like one you would find in Andalucia. Spanish style tapas consist of multiple small, shareable plates that are enjoyed communally and paired with a drink, perhaps a glass of Spanish tempranillo.

Porter's

Address: 147 N Front St, Medford

Phone: (541) 857-1910

Hours: 5 pm-10 pm Daily

Traditional American steakhouse in a renovated train station; fine dining, upscale, yet affordable pub grub. I recommend coming for the "Get Giddy" happy hour specials from 4 - 6 in the afternoon, where delicious small plates come for under \$4 with a drink.



GRANTS PASS

Musashi Sushi Bar

Address: 314 SE H St, Grants Pass

Phone: (541) 955-8848

Hours: Closed Sunday-Monday, 11:30 am-8:30 pm Tuesday-Thursday, 11:30 am-9 pm Friday-Saturday

Fresh and authentic, Musashi Sushi Bar is the best place in Grants Pass for traditional rolls (such as the locally famous JD roll), sashimi, or teriyaki. Set in a comfortable and social atmosphere, a great opening act for the evening.

The Haul Gastropub

Address: 121 SW H St, Grants Pass

Phone: (541) 474-4991

Hours: 11:30 am-10 pm Sunday, 11:30 am-9 pm Monday, Closed Tuesday, 11:30 am-10 pm Wednesday-Thursday, 11:30 am-11 pm Friday-Saturday

The Haul brings the popular gastropub genre to Grants Pass, combining the laid-back atmosphere of a pub with affordable food made from quality ingredients; like a rom-com, it is the best of both worlds!

Drink Local

Gil's Growler's and Bottle Shop Springtime Selections

BY MAC GRAHAM



On the surface, the stylish, rustic Oregon taphouse set in Ashland's railroad district, with its handwritten chalkboard listing dozens of craft brews and a simple, relaxed atmosphere, could be just about anywhere. But, it's what isn't immediately evident that sets Gil's a world apart.

To start with, "beer manager" Josh Gehr holds bona-fide Cicerone certification—more than a mere "sommelier of beer," the term connotes expertise and guidance skills through a world of flavors and ingredients, brewing practices, food pairings, history, culture, folklore; more like a docent or curator of malt-based drinks. For Gehr, each brew is a universe unto itself, as complex, artistically combined notes intrigue or assault the palate. This deep appreciation and understanding of beer also translates into a far-reaching selection of drinks—from some of the more obvious selections to nano-production holes-in-the-wall across the Pacific Northwest.

That the brews at Gil's offer exceptional quality and variety is an understatement—and the variety here makes a strong argument that beers have achieved a broader range of sensory stimulus even than wine. (If you want to test that argument your-

self, Gil's offers a half-dozen top shelf local wines by the bottle or glass: Jaxon, Cowhorn, Cliff Creek, Quady North, to name a few. In addition, Ruby's next door shares management and a kitchen with Gil's, making this a twofer of rustic elegance, where back and forth traffic between establishments is allowed and encouraged.)

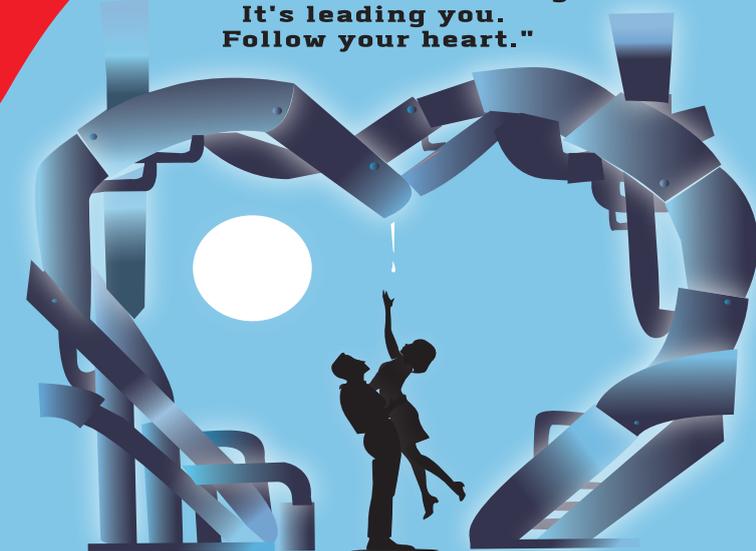
Notable beers for spring include the Santiam Flemish Red Sour, tang softened by woody wild cherry from its three-year slumber in oak; BTU Brasserie & Brewery's Ghost Man White Lager (Portland), whose Belgian-strain yeast induces character beyond expectation in a lager; Hood River's Pfriem Bretta Sour Blonde, named for the wild yeast strain that boldly suggests earth, straw, sweat—"under the saddle," as Gehr explained—an inexplicable sensation of sunshine and physical exertion satisfied; Elysian Barrel Aged Strong Ale, like the familiar Bifrost Ale but then aged in gin barrels—woody dry spice, nutmeg, anise, a wafting memory of sweetness—and, Wildcraft Blueberry Cider, as enchanting as a nap in a spring-green meadow.



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March 3 -\$5 Preview Night | March 10th -Pay What You Want Night

Book & Lyrics - Greg Kotis
Music & Lyrics - Mark Hollman
Directed by Davey Kashuba

Music Director: Jamie Banister
Choreographer: Sabina Magdalen

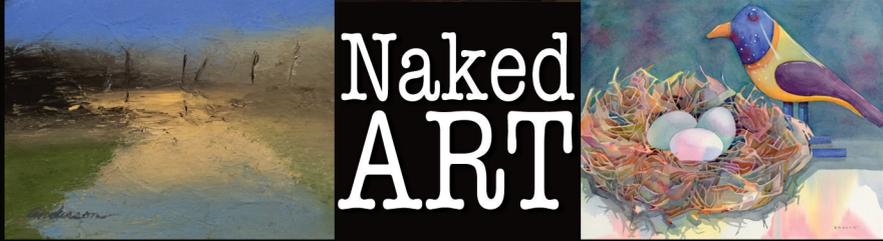
Urinetown is a hilarious satire of both musical theater itself as well as larger issues. The story takes place in a nameless city where drought has ravaged the city so thoroughly, the people must pay to use the bathroom. Bobby Strong who always listens to his heart wants to be the change the people need. Can our intrepid hero save today?

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March 5

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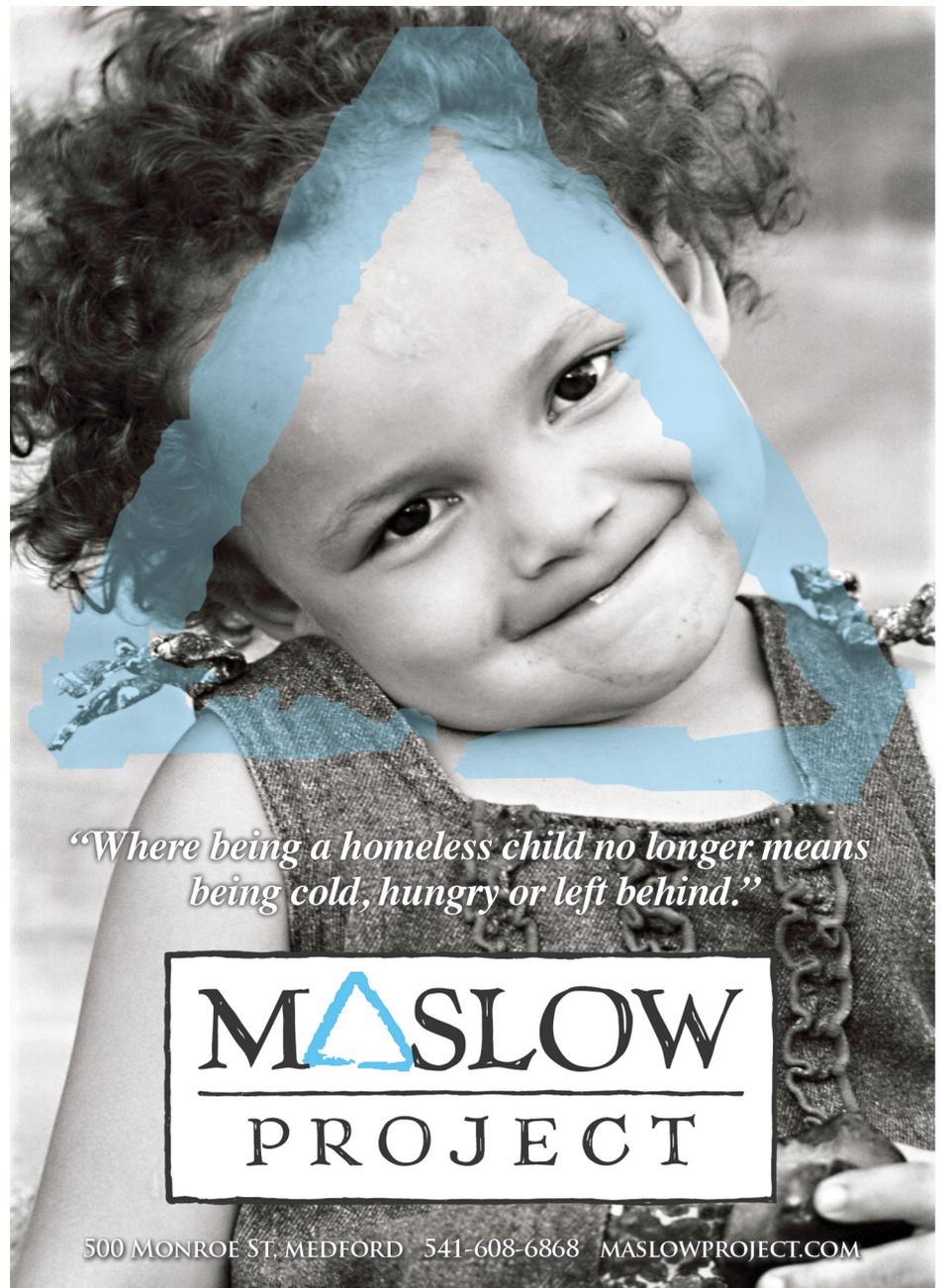
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CULTURE

Four Seasons in One Evening Spellbound Contemporary Ballet Takes Dance to the Next Level

BY J.J. ROWAN

Artistry. Vision. Charm. Prestige. Transcendence. These are some of the words that follow Spellbound Contemporary Ballet around the world. Born in Rome, this highly-acclaimed dance company has been building an international dance community and repertoire that stands out on the international dance scene. Soon, that scene will include the Rogue Valley. On February 24, this world-famous dance troupe will bring *Le Quattro Stagioni* (Four Seasons) to the Craterian Theater in Medford.

Eric Strahl, the Event Manager at the Craterian Theater, highlights the importance of bringing presentations like this to Southern Oregon: "Spellbound Contemporary Ballet comes to us from Rome, Italy. They create and perform from a perspective that is different than any we have at the Craterian previously. Bringing performers from different cultures expands the diversity in the storytelling and thus the experience for our audience."

Indeed, the reputation of Spellbound precedes itself, starting with its artistic direction. Artistic Director Mauro Astolfi, who founded the company in 1994, is the dynamic mind behind Spellbound Dance Company's renown. His choreographic vision places a balance of value on technique and natural expression: an aim to maintain the tension between precision and poetry keeps Astolfi's direction both impressive and interesting. His own international history of dance brings a background of knowledge and strength to what he does at Spellbound, as well as his continued work on the international dance scene.

For *Le Quattro Stagioni*, Astolfi's mastery and dynamism are no different. The presentation coming to the Craterian is billed as pushing past convention. By reimagining the iconic symbols of the four seasons through the bodies of his dancers, Astolfi's vision explores ritual, connection, and rebirth. With the help of a fragmented musical score, these dancers explore the very seasons that dominate human existence and the passage of time.

When asked why this particular performance is such a gem for the Rogue Valley, Strahl had this to say: "The Craterian Theater is the only Southern Oregon theater presenting national and internationally touring professional dance companies. If we weren't doing it, it simply wouldn't be available to our audience and community." 🍷



.....
SPELLBOUND CONTEMPORARY BALLET
 7:30 pm, Wednesday, February 24
 Craterian Theater, 23 S. Central Avenue, Medford
 \$22 - \$38

Art Watch

Putting the Real in Surrealism The Art of Micah Ofstedahl

BY AUBRY HOLLINGSHEAD

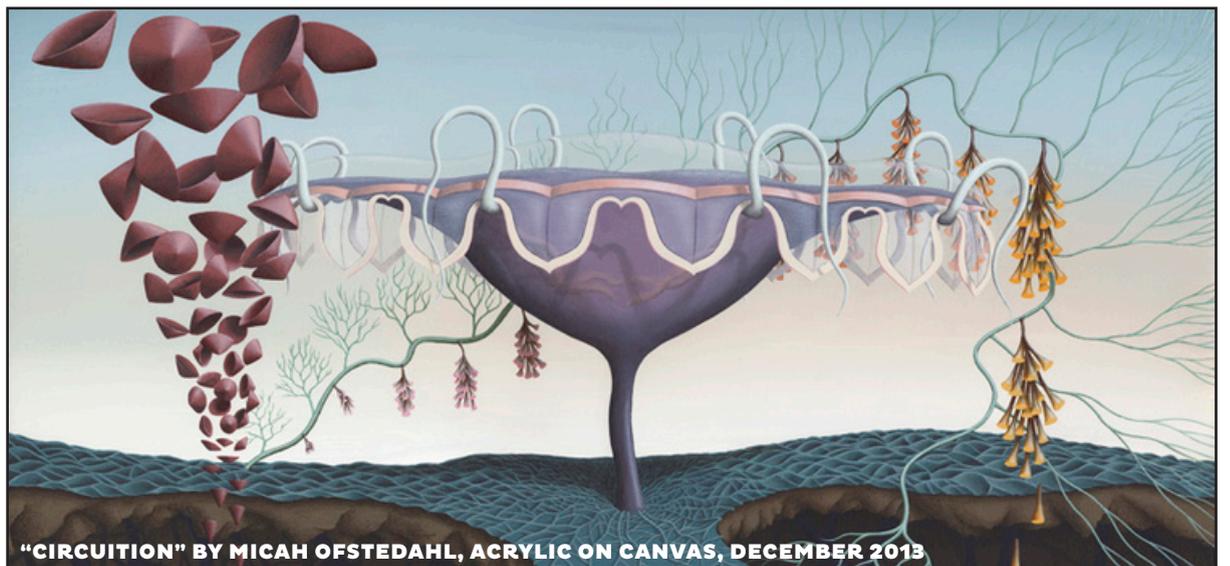
"Reality is not just what's in front of us and what's observable," says local surrealist painter Micah Ofstedahl. "There's that other side of reality that's kind of the unknown and mysterious."

Ofstedahl focuses his work on melding the known with the unknown by combining natural science with surrealism—a philosophy that has produced a body of visually intriguing work that feels at once illusory and deeply corporeal.

"You have that element of science, which is more about knowledge and concrete elements, facts and what we can observe about reality that's right in front of us," says Ofstedahl. "And then there's the surreal elements that I like to throw in there, because it adds that element of mystery—our subconscious and creativity."

Inspired at a young age by the art of Salvador Dali, Ofstedahl went on to study sculpture in college before focusing on surrealist painting. He explores in his work the hidden sides of reality—both the more ethereal unknowns and the concretely real, but often unseen—his focus often on such things as microscopic patterns in nature and the composition of the cells in our own bodies.

"Even though they're actually very real and observable concrete things, since it's something that we don't notice every day, often because it's microscopic or be-



"CIRCUITION" BY MICAH OFSTEDAHL, ACRYLIC ON CANVAS, DECEMBER 2013

neath the surface in one way or another, we kind of take them for granted," says Ofstedahl. "Since we don't think about them very often or see them as part of our reality, they seem surreal to us."

In this yin-and-yang pairing of concepts, there is a poetically optimistic takeaway: "Having an appreciation for those small things gives us an appreciation for the complexity of life and beauty of life," says Ofstedahl. "It makes us wonder, it inspires us and lets us

think beyond the reality that's immediately in front of us."

Ofstedahl's work is currently on display at Starbucks in downtown Ashland through April, with pieces consistently on display at Little Shop of Bagels. Ofstedahl will also be participating in the Disjecta Contemporary Art Center's Portland2016 Biennial exhibition July 9 - Sept 18. 🍷

SPORTS & Outdoor

King and Queen of the Mountain! Mt. Ashland to Host State Alpine Ski Racing Championships

BY DAC COLLINS

The fastest high school ski racers in Oregon will meet on Mt. Ashland during the first week of March to participate in the Oregon Interscholastic Ski Racing Association (OISRA) State Alpine Ski Racing Championships.

Starting on Wednesday, March 2 and ending on Friday March 4, the state championships will feature boys and girls categories in two events: the slalom and giant slalom, which, as its name suggests, features a steeper course than the traditional slalom and, with the gates spaced 25-30 meters apart versus the traditional 9-13 meters, that means wider turns, more speed; athletes competing in the giant slalom often reach blurring speeds of 40 miles per hour.

OISRA is a massive organization, representing approximately 75 teams from around the state—and this race is a big deal. Each year, the championship rotates to one of the regions in the state, which have spent the previous few months competing as teams and individuals against other skiers in their own region. This year, that responsibility—and opportunity—to host falls on the shoulders of the Southern Oregon League of Alpine Racing (SOLAR), which is headed by local ski coach Gary King.

Unlike the rest of the leagues competing in the state championships, King points out, all of the teams in SOLAR train together. “We are a ski racing community,” he says, “so the kids are kind of like ‘friend-emies’. They’re friends when they train together, and then when its time to race they want to beat each other.”

The ski coach is particularly eager to see the girls from Ashland High compete after taking home second place last year at Mt. Hood, which was an impressive accomplishment considering the rather tepid circum-

stances. “In the last two years we have barely had a chance to train,” says King. “Two years ago we had *no* snow at all...I think we had three days of training [at Mt. Hood and Mt. Bachelor] before we went to the state championships. Last year, we got up there as much as we could, but of course the conditions weren’t that great and they might have gotten in a total of five days of training.”

This winter has been a different story altogether, with snow-laden clouds finally having mercy on the drought-stricken Siskiyou’s. As of this writing, the snowpack on the summit of Mt. Ashland is just over 100 inches, and these ideal conditions are part of the reason that King is so excited about the upcoming state championships.

Of course, it takes more than just one ski coach to host an event of this magnitude. “It’s gonna take probably a hundred people to put on this race,” according to King, and nearly all of those people—parents, friends, ex-racers and local skiers—are volunteers. The employees of Mt. Ashland will also play a significant role in the race, especially the groomers who will ensure that the course stays fast and consistent. One of the head groomers even told King, “Gary, you guys are gonna have the best track to race on that you’ve ever had.”

The results for the slalom and giant slalom races fall into two different categories: individual and team. Each racer is allowed two timed runs in each event and the faster of the two is scored. The skier with the fastest time is named individual state champion of that event. For the team category, each high school is represented by five racers per event and the three fastest times count towards the team’s total score. 



Go Here

Springtime, and the Picnicking Begins Picnic In, Packin’ Out.

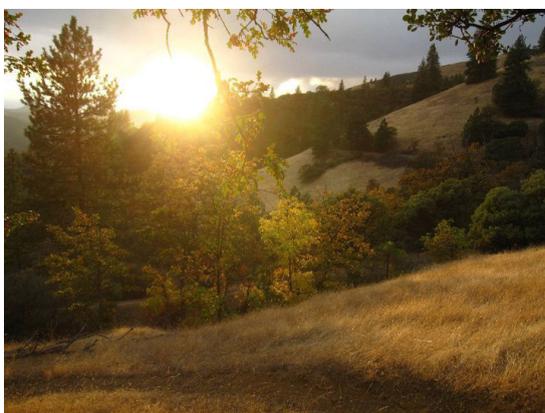
BY MIKE DICKENSON

Picnics combine two of the greatest things life has to offer: food and the great outdoors. With a little creativity, a person can fashion their own five-star restaurant anywhere they want. The ingredients may vary as much as the weather, but with the right place to picnic, it won’t matter what you bring with you, save good people.

Table Rock: Picnics taste even better after a rewarding hike. Upper Table Rock is an easy 2.8 mile round trip while Lower Table Rock is a moderate 5.4 mile hike. Enjoy the wildflowers along the way and soak in the views at the top.

Fish Lake: An excellent spot out of town where you can hang out on the beach, enjoy the cool air, and soak up the mountain vistas. From Medford, 30 miles up Crater Lake Highway.

Emigrant Lake: Another lake (with water in it!) offers some nice views of Mt. Ashland. Treat yourself to an outdoor meal on a blanket after some rock climbing, swimming, or fishing. Bring some Frisbees in the picnic basket for disc golf afterwards.



Queen of Hearts Trail above Ashland: Park your car at the White Rabbit parking lot and find a nice boulder with a pleasant seat among manzanitas, oak and madrone. Enjoy lunch while reminiscing about winter. Moss covered seats a bonus!

TouVelle State Recreation Site: Just outside Central Point, this beautiful day-use park is located right on the Rogue River just below Table Rock. Fishing, swimming, hiking, and plenty of spots for single or group picnics, make this an ideal afternoon basecamp. This place is also teeming with local and migratory wildlife.

Pacifica: Garden in the Siskiyou: With hundreds of acres of unaltered native habitat, spend the whole day here enjoying the quiet solitude while dipping your fishing pole into a pond stocked with bass and bluegill. 14615 Watergap

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SCREEN

More Money, More Films!

Offering a Rebate, Oregon is Steadily Building its Filmmaking Industry

BY PHIL BUSSE

In early February, a handful of filmmakers traveled from southern Oregon to Salem. It was a hectic day; film producers and advocates for a more robust film industry in Oregon scurried around the capital building, hoping to grab a few minutes from state senators and representatives, to bend their ears and explain why the state should sustain and even increase the so-called Oregon Production Investment Fund.

No one really opposes the idea, pointed out many of those attending the “Industry Day” in Salem, yet trying to convince lawmakers to budget funds to support filmmaking is far from a sure-thing when competing against requests for more funding for education and public safety.

The Oregon Production Investment Fund (OPIF) is both sexy, in terms of potentially luring TV and film stars to the state, and also practical, as a feasible means to invest public dollars to increase private industry in the state. The recent filming of *Wild* in southern Oregon, for example, dropped an estimated \$200,000 into the local economy in hotel bills and contract jobs, even though they only spent a few weeks of pre-production time and one day of actual shooting in the area. Even more

impressive, *Brothers in Law*, starring Bill Pullman was shot in Klamath Falls for a month and, according to Gary Kout, founder and former Executive Director for Southern Oregon Film and Media, “left behind \$700k in that community.”

Based on these successes, film industry advocates are hoping lawmakers will agree this session to expand available funds in OPIF from \$10 to \$14 million each year.

“At this time, the bill has broad bi-partisan support,” explained Kout, listing off Senators Arnie Roblan from Coos Bay and Alan Bates from Medford, as well as Representatives Wayne Krieger of Gold Beach and Peter Buckley from Ashland as co-sponsors of the bill. But, he added, “there is still much hard work to be done figuring out how best to spend the state’s money before the final vote.”

Over the past decade, Oregon has provided incentives and rebates for TV and film productions that work in the state—and the results from the program have been immediate and measurable; certainly an increase in the number of TV shows, films and commercials being produced in the state, but more convincingly for lawmakers, ratcheting up an industry from roughly \$10 million spent by film, TV and commercial producers in Oregon each year to \$170 million annually, and a six-fold increase in industry jobs from 500 to 3000. Beyond these direct and immediate cash flows to jobs and hotel bills, there also are spillover long-term benefits, like the tourism films

can generate for a region. In Astoria, for example, it has been estimated that as many as 30 people each month still visit the seaside town because *Goonies* was filmed there three decades ago.

Now, with a successful decade under their belts, film producers and advocates hope to increase that incentive program—and pump up the film industry even bigger in Oregon.

In its most basic terms, OPIF offers a 20 percent cash rebate on money paid to Oregon vendors and 10 percent of wages paid for work done in Oregon, with some additional incentives to hire Oregon-based workers. It is sort of a massive Groupon enticement to produce film and video projects in the state—and, in the process, pump

saving the producers nearly half their budget.

In Oregon, by 2003, the film industry in Oregon was also waning quickly from what had been \$32 million spent by out-of-state film production crews in 1997 to \$16 million, and the number of full-time jobs dropping from 500 to 250. Only two widely-released feature films were produced in Oregon that year—the forgettable *Thumbsucker* starring Keanu Reeves and the critically-acclaimed but little watched *Mean Creek*; and even both of those nearly skipped over Oregon for cheaper shooting sites in Canada.

Looking to keep costs low, the crew from *Thumbsucker* was ready to film in Vancouver, British Columbia. But at the last minute, then-Governor Ted Kulongoski

stepped in and quietly promised to rebate a portion of their production costs—in a sense, copying Canada’s program. He dipped into a special fund, financed by lottery sales, and offered as much as \$100,000 if they agreed to film around the Portland-area.

The following legislative session, that film incentive and rebate program was formalized by SB 2747—and that incentive program has helped bulk the film and TV industry in Oregon back up, with popular



ILLUSTRATION BY DANNY HELLMAN

more money into Oregon’s economy.

The currently pending Senate Bill 1578 would increase the allowable funds for the OPIF from \$10 to \$14 million—and, particularly interesting to filmmakers in southern Oregon, increase the incentives for filming in areas outside of Portland.

Oregon is not entirely unique—nor necessarily a leader—in offering incentives and rebates for film production; another 30 or so states offer some sort of enticement and two-third of those offering larger and more aggressive incentives than Oregon, like Louisiana, which has invested more than \$100 million to draw in TV and film productions, and has seen the industry grow to a level that supports nearly 20,000 jobs.

These programs grew from a concern a decade ago that a large segment of film productions and TV shows were rejecting Hollywood and sites in the States for cheaper venues in Canada or abroad. Starting in 1997, Canada began offering generous rebates when production companies spent money there—and the detrimental effects were nearly immediate on the film industry in the U.S.

Consider the 2003 Academy Awards: out of the five nominations for Best Film, only a few scenes were actually filmed in America. Except for two days of filming to capture landmarks like the “L” train and the Chicago Theater, the musical *Chicago* was ironically filmed in Toronto. Likewise, *Gangs of New York* was filmed in Italy,

TV shows “Grimm” and “Portlandia” filmed in Portland, and recent films like *Night Moves* starring Jesse Eisenberg, and Academy Award-nominated *Wild*—appropriately so, as writer Cheryl Strayed lives in Oregon and a bulk of the narrative occurs here, much of *Wild* was filmed in southern Oregon.

In an interview with the *Messenger*, David Cress, producer for “Portlandia,” pointed out that this growth has been incremental and steady—and additionally, it has been across a broad base of TV, film and commercials, which, like any diverse portfolio, creates a more stable foundation. “Trying to build a major industry overnight is hard,” he said. “In Oregon’s case we have developed slowly and tried to find a good situation that augments the natural indigenous growth instead of overwhelming it.”

“Its safe to say that Oregon’s program is modest,” he admitted, “the bottom third of what most states offer.” But Cress goes on to point out that Oregon offers many non-financial incentives for production companies. “We are fortunate,” he says, “in that we have some other things that help make our modest offer more enticing. Great locations, no sales tax, and a growing crew base and infrastructure. We do need to offer incentives however. States that offer nothing or less than Oregon see little activity.”





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WELLNESS

How Sesame Street Can Keep You Healthy
The ABCs of Vitamin D

DR. DANIEL SMITH



DR. DANIEL SMITH

As I write this, the sun is shining and the temperature reads 70 degrees. Although inside, I probably should be outside in short sleeves getting my daily dose of vitamin D. Vitamin D has been the subject of a tremendous amount of research in the past decade. Molecularly, vitamin D is closer to being a steroid than a vitamin and resembles cholesterol in structure. Most people understand that the sun stimulates the skin to produce vitamin D; the cultural norm that encourages avoidance of the sun through use of long sleeves and sun block has led to a chronic deficiency of vitamin D. While I understand the risks associated with sunburns, I feel that direct daily sun exposure is essential for health, and I am especially concerned about the compulsion to use conventional sun screens, which contain carcinogenic constituents. It has been estimated that the RDA of vitamin D (a paltry 200 IU for adults) can be synthesized with the exposure of 30 percent of a person's skin for 30 minutes at Oregon's latitudes.

Vitamin D plays a major role in bone metabolism by facilitating the absorption of calcium and phosphorus in bone mineralization. It regulates the release of parathyroid hormone, which pulls calcium from the bones to raise blood levels, and plays a role in muscle function, nerve function and proper immune function. There is also research supporting its role in the treatment of diabetes, multiple sclerosis and cardiovascular disease. Some researchers believe that Vitamin D deficiency could be associated with half of all cancers. It is involved with at least twenty genes that determine cell proliferation, differentiation and apoptosis (natural cell death) and there are at least eighteen cancers, especially colorectal cancers and hormonal cancers (e.g. breast and prostate cancer) that it may help to prevent and inhibit.

The best food source of Vitamin D is cod liver oil, which delivers 1300 IU per tablespoon, or about 30-80 percent of what I recommend for the average patient per day. Cod liver oil is also high in Vitamin A (about 1500 IU per tablespoon) as well as Omega 3 oils (over 2000 mg). Bone broth made from the bones of these fish not only will yield vitamin D, but will provide a source of calcium, phosphorus, magnesium, and potassium, all in forms

that your body can easily absorb. Sardines and mackerel also provide high doses. The food with the highest levels of vitamin D? Halibut liver, at 16,800 IU per 100 grams!

Vitamin D should be taken with calcium, magnesium, vitamin A and vitamin K. Doing so not only assists with proper absorption but also assimilation into bones. Some studies indicate that without these nutrients, patients are more likely to develop atherosclerosis (hardening of the arteries) or kidney stones, probably due to excessively high calcium levels. There has been considerable debate about the role of vitamin A in conjunction with vitamin D; the problem lies in the fact that taking high vitamin A in patients who are deficient in vitamin D can actually interfere with vitamin D assimilation. I generally recommend on supplementation in a 1:5 ratio of A to D. If you are taking Vitamin D for proper bone health, it is worth asking your doctor to perform a simple test that will deduce your vitamin K status. One-quarter to one-third of women tested have low activity of this protein. Because vitamin K activates osteocalcin, it is imperative that those who have low osteocalcin activity take vitamin K with vitamin D.

Prednisone and Dilantin (an anti-seizure medication) both interfere with vitamin D absorption. Those who are on these medications should also be on vitamin D. Regardless of your reason for supplementation, consult a doctor! Excessive vitamin D can be toxic, so testing should be done regularly. 📌

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Dr. Daniel Smith practices at Bear Creek Naturopathic Clinic. His office is on 2612 Barnett Ave. He specializes in naturopathic oncology, but still maintains a strong family practice, treating all manner of conditions. He can be reached at 541-770-5563 or at drdanielnd@gmail.com. If you would like to schedule an appointment, please ask specifically for Dr. Dan.
.....



Let's Grow Up Starting a legit marijuana business

BY OLIVIA DOTY

Some say the “Marijuana Revolution” is the next boom of industry in America, similar to the Internet and Tech boom, or the gold rush; many labeling it the Green Rush. That attitude was clear at the recent International Cannabis Business Conference in San Francisco. In addition to learning about some of the similar struggles that California is going through as it prepares to roll out legal adult use sale of marijuana—such as individual counties and cities opting out—it was enlightening to gain a broader perspective on what is going on in the rest of the world of cannabis.

Growing up pretty much sums it up. Those that came into the weed biz during the black market, looking for a way to have a big income with out all the normal efforts of creating a business, are now looking at rooms of men in suits as the future of their businesses. And just because you grow a great strain does not guarantee these suits will want to talk. In fact, they probably don't even care what your grass tastes like. They want to invest in business that they know have the potential to make them rich. While a level of idealism may cause many to opt out of these standard business practices, most will want to step up to the plate and see if they can strike it rich.

Here are some tips for those who feel ready to “grow up”:

Take your time. A well thought out plan will make sure a business survives in the long run. As they say, only fools rush in.

Follow the laws. Fill out the forms. Pay the taxes. Just like every other business out there, play by the rules.

Have the professionals on your side. Hire bookkeepers, and lawyers. They know what they are doing.

Get everything in writing. For a long time, not having a paper trail was a measure of security. And a hand-shake was all the agreement that was needed for partnerships and other agreements. That has changed.

Be a good neighbor. Especially in places like Jackson County, where are rules are regulations are complaint-driven, being a good neighbor will ensure that no one will complain, and that no agencies will have to stop by and investigate the problem.

Look the part. Show up to meeting looking professional. Show up to planning commission hearings looking professional. Its just easier to be taken seriously.

Have a realistic idea of the value of your business. Entrepreneurs can sometimes have an inflated idea of what their service or product is actually worth. A firm grasp on reality can help form a clearer picture of what amount of capital is actually necessary to get things going.

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FREE WILL ASTROLOGY

ARIES (March 21-April 19): "Old paint on a canvas, as it ages, sometimes becomes transparent," said playwright Lillian Hellman. "When that happens, it is possible to see the original lines: a tree will show through a woman's dress, a child makes way for a dog, a large boat is no longer on an open sea." Why does this happen? Because the painter changed his or her mind. Early images were replaced, painted over. I suspect that a metaphorical version of this is underway in your life. Certain choices you made in the past got supplanted by choices you made later. They disappeared from view. But now those older possibilities are re-emerging for your consideration. I'm not saying what you should do about them. I simply want to alert you to their ghostly presence so they don't cause confusion.

TAURUS (April 20-May 20): Let's talk about your mouth. Since your words flow out of it, you use it to create and shape a lot of your experiences. Your mouth is also the place where food and drink enter your body, as well as some of the air you breathe. So it's crucial to fueling every move you make. You experience the beloved sense of taste in your mouth. You use your mouth for kissing and other amorous activities. With its help, you sing, moan, shout, and laugh. It's quite expressive, too. As you move its many muscles, you send out an array of emotional signals. I've provided this summary in the hope of inspiring you to celebrate your mouth, Taurus. It's prime time to enhance your appreciation of its blessings!

GEMINI (May 21-June 20): Coloring books for adults are best-sellers. Tightly-wound folks relieve their stress by using crayons and markers to brighten up black-and-white drawings of butterflies, flowers, mandalas, and pretty fishes. I highly recommend that you avoid this type of recreation in the next three weeks, as it would send the wrong message to your subconscious mind. You should expend as little energy as possible working within frameworks that others have made. You need to focus on designing and constructing your own frameworks.

CANCER (June 21-July 22): The Old Testament book of Leviticus presents a long list of forbidden activities, and declares that anyone who commits them should be punished. You're not supposed to get tattoos, have messy hair, consult oracles, work on Sunday, wear clothes that blend wool and linen, plant different seeds in the same field, or eat snails, prawns, pigs, and crabs. (It's OK to buy slaves, though.) We laugh at how absurd it would be for us to obey these outdated rules and prohibitions, and yet many of us retain a superstitious loyalty toward guidelines and beliefs that are almost equally obsolete. Here's the good news, Cancerian: Now is an excellent time to dismantle or purge your own fossilized formulas.

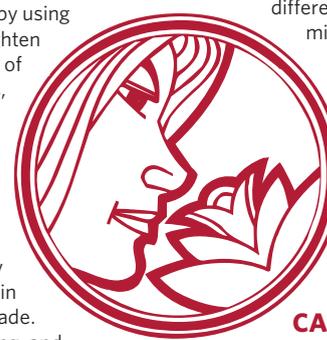
LEO (July 23-Aug. 22): "I would not talk so much about myself if there were anybody else whom I knew as well," said the philosopher and naturalist Henry David Thoreau. In accordance with your astrological constitution, Leo, I authorize you to use this declaration as your own almost any time you feel like it. But I do suggest that you make an exception to the rule during the next four weeks. In my opinion, it will be time to focus on increasing your understanding of the people you care about -- even if that effort takes time and energy away from your quest for ultimate self-knowledge. Don't worry: You can return to emphasizing Thoreau's perspective by the equinox.

VIRGO (Aug. 23-Sept. 22): You are entering the inquisitive phase of your astrological cycle. One of the best ways to thrive during the coming weeks will be to ask more questions than you have asked since you were five years old. Curiosity and good listening skills will be superpowers that you should strive to activate. For now, what matters most is not what you already know but rather what you need to find out. It's a favorable time to gather information about riddles and mysteries that have perplexed you for a long time. Be super-receptive and extra wide-eyed!

LIBRA (Sept. 23-Oct. 22): Poet Barbara Hamby says the Russian word *ostyt* can be used to describe "a cup of tea that is too hot, but after you walk to the next room, and return, it is too cool." A little birdie told me that this may be an apt metaphor for a current situation in your life. I completely understand if you wish the tea had lost less of its original warmth, and was exactly the temperature you like, neither burning nor tepid. But that won't happen unless you try to reheat it, which would change the taste. So what should you do? One way or the other, a compromise will be necessary. Do you want the lukewarm tea or the hot tea with a different flavor?

SCORPIO (Oct. 23-Nov. 21): Russian writer Ivan Turgenev was a Scorpio. Midway through his first novel *Rudin*, his main character Dmitrii Nikolaevich Rudin alludes to a problem that affects many Scorpios. "Do you see that apple tree?" Rudin asks a woman companion. "It is broken by the weight and abundance of its own fruit." Ouch! I want very much for you Scorpios to be spared a fate like that in the coming weeks. That's why I propose that you scheme about how you will express the immense creativity that will be welling up in you. Don't let your lush and succulent output go to waste.

SAGITTARIUS (Nov. 22-Dec. 21): Asking you Sagittarians to be patient may be akin to ordering a bonfire to burn more politely. But it's my duty to inform you of the cosmic tendencies, so I will request your forbearance for now. How about some nuances to make it more palatable? Here's a quote from author David G. Allen: "Patience is the calm acceptance that things can happen in a different order than the one you have in mind." Novelist Gustave Flaubert: "Talent is a long patience." French playwright Moliere: "Trees that are slow to grow bear the best fruit." Writer Ann Lamott: "Hope is a revolutionary patience." I've saved the best for last, from Russian novelist Irène Némirovsky: "Waiting is erotic."



CAPRICORN (Dec. 22-Jan. 19):

"If you ask for help it comes, but not in any way you'd ever know." Poet Gary Snyder said that, and now I'm passing it on to you, Capricorn. The coming weeks will be an excellent time for you to think deeply about the precise kinds of help you would most benefit from -- even as you loosen up your expectations about how your requests for aid might be fulfilled. Be aggressive in seeking assistance, but ready and willing to be surprised as it arrives.

AQUARIUS (Jan. 20-Feb. 18): For a limited time only, 153 is your lucky number. Mauve and olive are your colors of destiny, the platypus is your power animal, and torn burlap mended with silk thread is your magic texture. I realize that all of this may sound odd, but it's the straight-up truth. The nature of the cosmic rhythms are rather erratic right now. To be in maximum alignment with the irregular opportunities that are headed your way, you should probably make yourself magnificently mysterious, even to yourself. To quote an old teacher, this might be a good time to be "so unpredictable that not even you yourself knows what's going to happen."

PISCES (Feb. 19-March 20): In the long-running TV show *M*A*S*H**, the character known as Sidney Freedman was a psychiatrist who did his best to nurture the mental health of the soldiers in his care. He sometimes departed from conventional therapeutic approaches. In the series finale, he delivered the following speech, which I believe is highly pertinent to your current quest for good mental hygiene: "I told you people something a long time ago, and it's just as pertinent today as it was then. Ladies and gentlemen, take my advice: Pull down your pants and slide on the ice." 

HOMEWORK:

What good thing would you have to give up in order to get a great thing? Testify at Freewillastrology.com. Click on "Email Rob."

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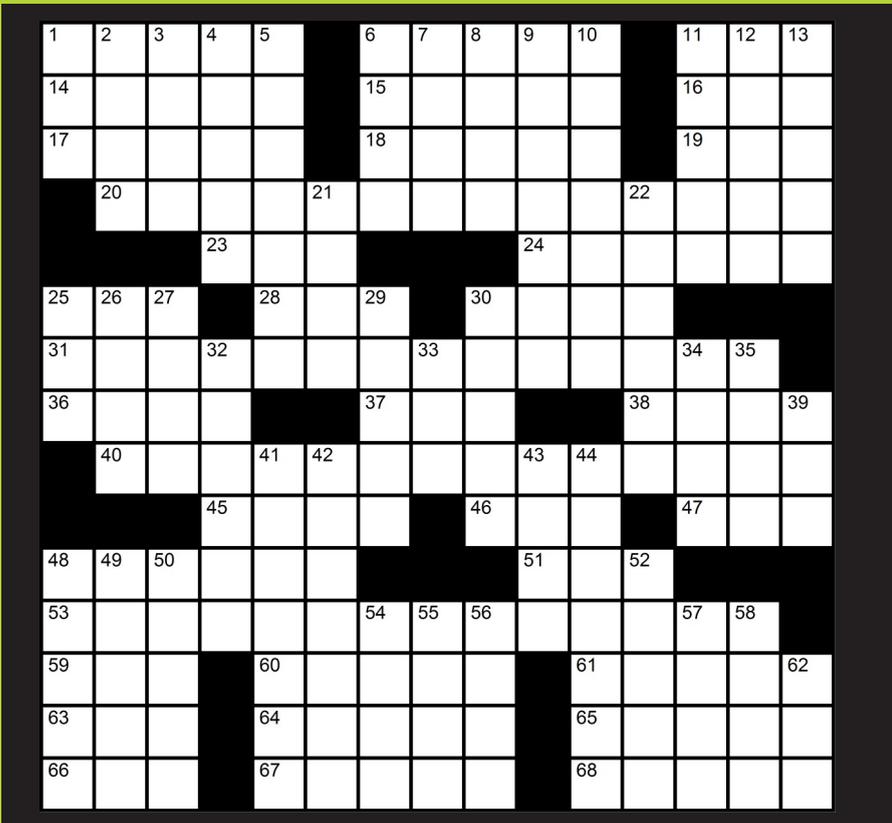
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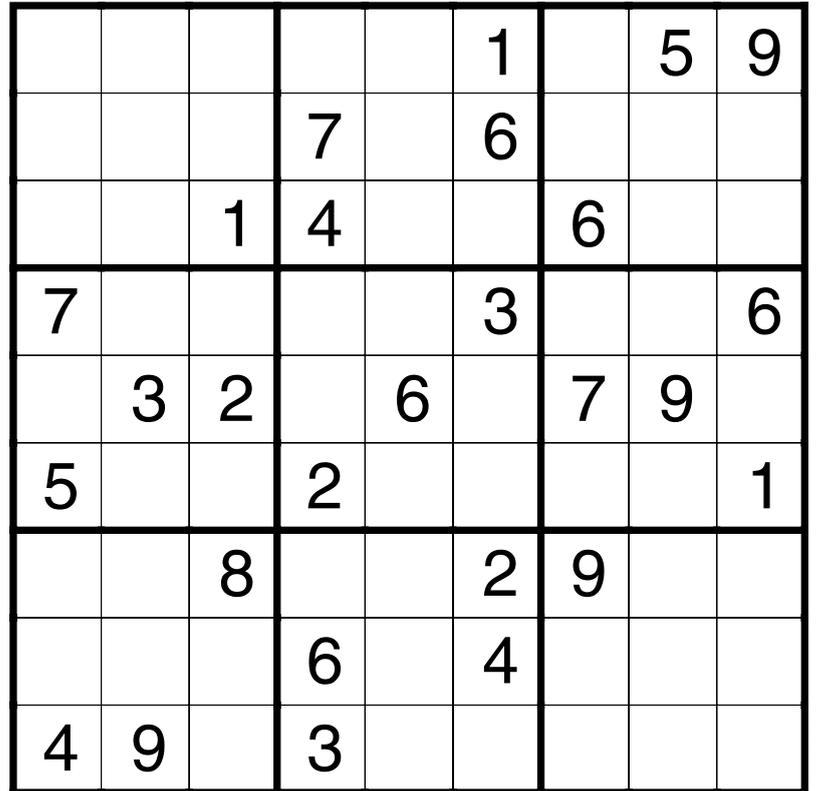
- 1 Humor, casually
- 6 Build ___ (bird's job)
- 11 Tree stuff
- 14 Sans-serif Windows typeface
- 15 Wild card
- 16 Prepare to feather
- 17 Ernest or Julio of winemaking
- 18 Stadium
- 19 Undivided
- 20 Workweek closers that are a hit with everyone?
- 23 Green beginning
- 24 Some journalism
- 25 Concert souvenir
- 28 Just fine
- 30 Opportunity, in metaphor
- 31 Particle from a weekend coffee server?
- 36 Conservatory focus
- 37 Snooze
- 38 Shoot the breeze
- 40 Jennings sends packages when there's no mail service?
- 45 One of five lakes
- 46 Wouldn't stand for it?
- 47 Mighty tree
- 48 ___-Lytton Fiction Contest (competition to write terrible prose)
- 51 ___ Vegans (some Nevada residents)
- 53 Door opener that only works when the weekend's over?
- 59 Ashcroft and Holder, for short
- 60 Cedars-___ Medical Center
- 61 "Hand over the money!"
- 63 "Chi-Raq" director
- 64 Say "prob'ly," for instance
- 65 Wombs
- 66 Drug for Hunter S. Thompson
- 67 Coup ___
- 68 Labwork

Down

- 1 Fall behind
- 2 Part of UAE
- 3 Organizer
- 4 Not genuine
- 5 Hobbyist's racer
- 6 Not quite shut
- 7 Seaweed, or a phrase of denial
- 8 ___ out a living
- 9 Elizabeth Warren, e.g.
- 10 Martin killed in 2012
- 11 Rock
- 12 Root beer brand
- 13 Weightlifting exercise
- 21 Word after fast or (more recently) slow
- 22 Fortify
- 25 Bag-screening gp.
- 26 Dumbo's claim to fame
- 27 Part of Caesar's last question
- 29 West of award show antics
- 30 Tricks
- 32 ___ & World Report (defunct print magazine)
- 33 Himalayan beast
- 34 Where Buckeyes hail from
- 35 "Sideways" valley
- 39 Vowelless reproach
- 41 Decent, so to speak
- 42 Unit for a frequent flier
- 43 "The Lion King" role
- 44 Remain in place
- 48 Hoops
- 49 Pushes
- 50 Exposed to light
- 52 Take to the rink
- 54 "I'll get right ___!"
- 55 Nothin'
- 56 Nonfiction bestseller topic, often
- 57 "___ Wide Shut"
- 58 Nomad's tent
- 62 Greek letters

SUKOKU

NO. 141 - TOUGH



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Previous solution - Medium

7	8	3	2	1	9	6	4	5
9	2	4	6	8	5	1	7	3
1	5	6	3	4	7	9	8	2
2	1	5	9	6	8	4	3	7
4	7	8	1	3	2	5	9	6
3	6	9	7	5	4	2	1	8
6	4	2	8	9	3	7	5	1
8	9	1	5	7	6	3	2	4
5	3	7	4	2	1	8	6	9

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

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