

YOUR LOCAL, NON-PROFIT, INDEPENDENT NEWSPAPER



W H Y R O G U E V A L L E Y T H E M E S S E N G E R

Volume 6, Issue 12 // August 15 - September 11, 2019

SOUND

*Yah, mon. Like Father,
Like Son: Julian Marley!*

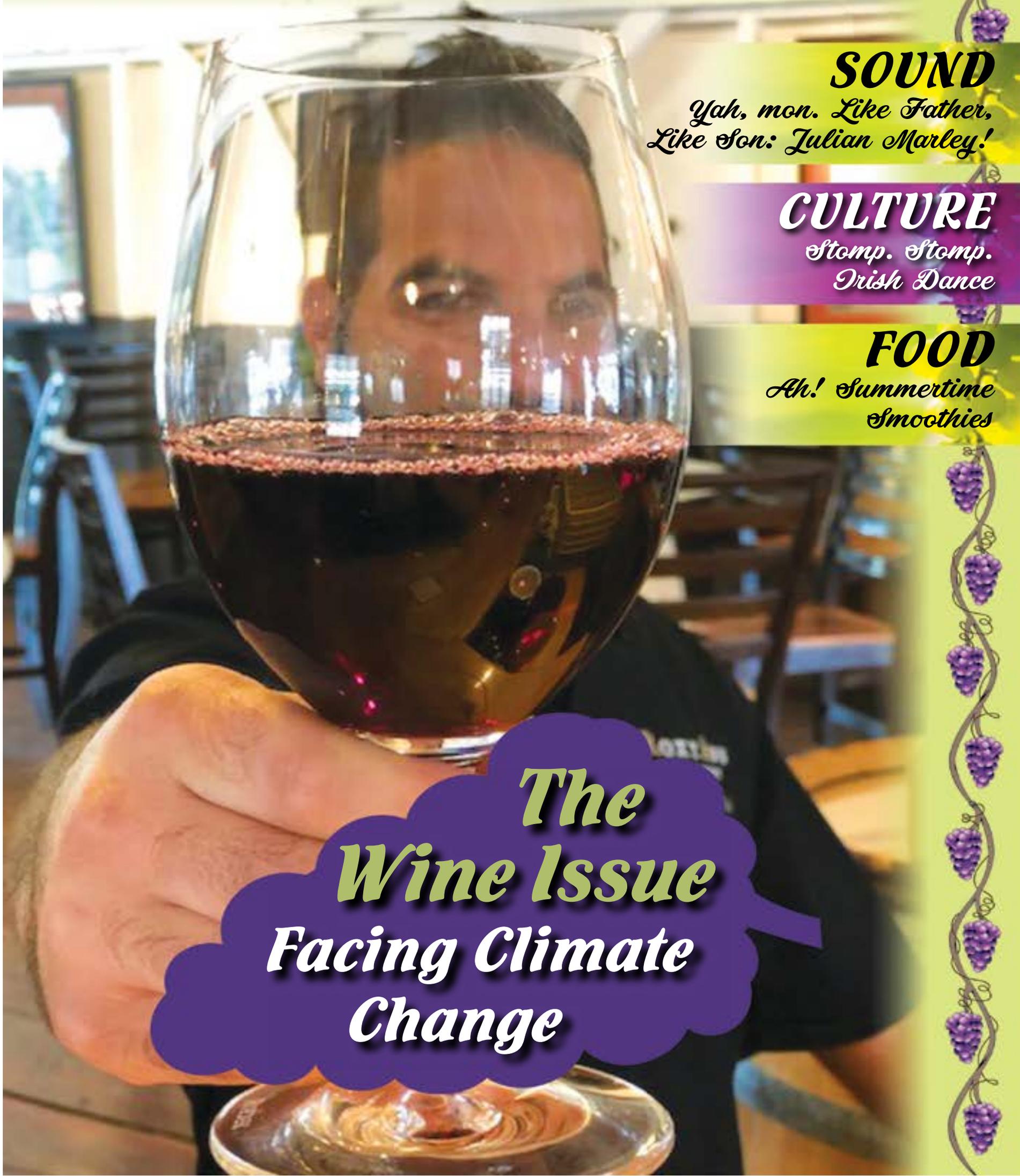
CULTURE

*Stomp. Stomp.
Irish Dance*

FOOD

*Ah! Summertime
Smoothies*

*The
Wine Issue
Facing Climate
Change*



KLAMATH INDEPENDENT
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FILM FESTIVAL 2019

THE PREMIER OREGON CENTRIC ALL GENRE FILM FEST!

Friday thru Sunday
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Opening Feature:
PHOENIX, OREGON
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SPECIAL THANKS TO:
 KLAMATH FILM, RRT, TRAVEL OREGON, SMITHBATES, OMPA, KCEDA, COMING ATTRACTIONS THEATRES, MILLER, FILM, First Interstate Bank, DORSEY

This project is supported in part by a grant from The Klamath County Cultural Coalition, Oregon Arts Commission and Klamath County Tourism.
 Visit Klamathfilm.org/festival for more information or contact info@klamathfilm.org

THE ROGUE VALLEY MESSENGER
 The Rogue Valley Messenger
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info@roguevalleymessenger.com

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 Deadlines may shift for special/holiday issues.

ON THE COVER:

Iman Pirasteh, Asst. Tasting Room Manager for RoxyAnn Winery.
 - Photo by Catherine Kelley.

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FEATURE

The recipient of numerous accolades and awards, including Decanter Magazine's 2009 Power List for top 50 most influential people in the world of wine, Dr. Greg Jones travels the globe extensively, but took time between flights to share some ideas with the Messenger about wine, climate and the potentially bright outlook for southern Oregon's wine industry.



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SCREEN

Gorilla Girl is the pilot for Grants Pass-based Heartisan Films' nature series *In Our Element*, which will focus on people with unique perspectives and approaches to their relationship with nature. The kickoff documentary spans four decades of a heart-touching work of "animal relations specialist," Ann Southcombe.



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ROGUE SOUND

Derek Deon has a sound: He calls it "dream-pop." And the Ashland singer/producer puts his confidence and talent on full display in his debut album, *Floating in the Backseat While the World Goes By*.



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OUTDOORS

To catch a drift about what is going on with the local rafting industry, the *Messenger* caught up with Mike Slagle with Orange Torpedo Trips in Merlin, who has been riding the Rogue River for nearly 50 years. Yes, since, oh, about the time of Woodstock (the first one!).



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RVT D

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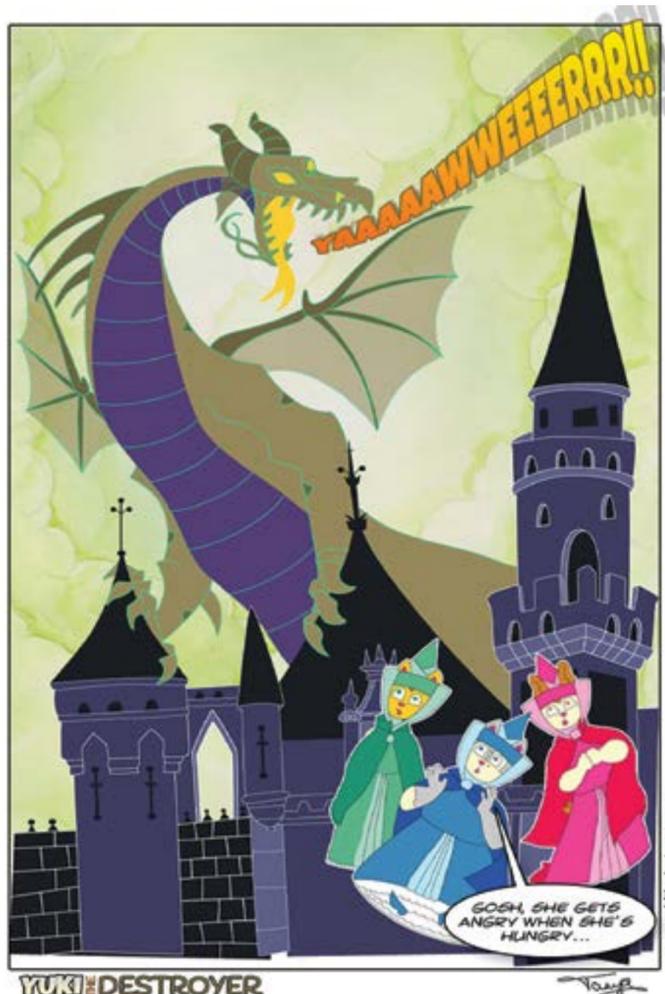
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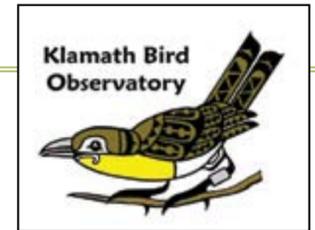
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PROFILE

John Alexander

Executive Director Klamath Bird Observatory

BY PHIL BUSSE



Rogue Valley Messenger: Your organization indicates that birds are indicator species. What are birds in southern Oregon currently telling us?

John Alexander: Results from our long-term monitoring and research show that many western forest birds are in decline, likely as a result of intensive forest and river management, including fire suppression and dam building. Many of our declining bird species benefit from conservation and management efforts designed to protect and restore old-growth, oak woodland, and riverine forests. Disturbance from naturally occurring fires and floods is an important process that helps to maintain these habitats. We have shown time and time again that investing in conservation saves species and results in greater sustainability and resilience for the forests that surround us.

RVM: You host educational programs. Are there some coming up in late summer and fall?

JA: In addition to our Wings and Wine Gala on September 22 at Grizzly Peak Winery in Ashland, we are offering many other community education opportunities. This fall we are offering free public visits to our banding stations at Klamath Bird Observatory's Upper Klamath Field Station and at Crater Lake National Park. Also, our fall and winter Talks and Walks series will include two-part classes with an evening presentation followed by a field trip; these events feature local birding experts, conservation professionals, authors, and artists. We are also planning a new Pub Talks series later this winter. Visit our website for more information about KBO's Community Education Programs; from

there you can view and sign up for our Klamath Call Note Blog where we post the latest news about our upcoming events.

RVM: Is there one species that is particularly interesting or active right now?

JA: Birds are on the move, especially the migrants. Watch for Hermit Warblers bringing their young down from the tall conifers where they nest, down

into the lake, river, and streamside habitats where they are fattening up for their southward migration. Klamath Bird Observatory is using new technologies to track these birds so we can learn more about where specifically they spend their winters in western Mexico and central America.

RVM: Do you have a favorite hike for spotting or listening to local birds?

JA: The Upper and Lower Table Rocks are great places to hike and watch birds. The trails weave up to the two plateaus through oak woodland forests. These oak forests host the highest diversity of bird species in southern Oregon. Oak woodland restoration efforts at Table Rocks are helping some of our most at risk birds, including the Rufous Hummingbird, a long-distance migrant, and the Oak Titmouse, a year-round resident. Most of the oak woodlands in the western US have been destroyed, making the forests of the Table Rocks a rare treasure. Klamath Bird Observatory works with the Klamath Siskiyou Oak Network to protect and restore the oak woodlands at Table Rocks and throughout southern Oregon and northern California.

RVM: Birding has become high tech! What Apps are available to help people better engage as birders?

JA: eBird Northwest is part of a world-wide community science program. eBird transforms your bird sightings into science and conservation. You can also use eBird to track your bird lists, plan trips, find birds, explore range maps and bird migration, and learn more about and get involved with science-driven bird conservation efforts. The online website and telephone applications are free.



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FEATURE

First Crush

Science and Spirit Meet for the Love of Southern Oregon's Varietals

BY CATHERINE KELLEY

There is no turning back: Climate change is happening. And, along with the forest fires, it will hit southern Oregon in terms of, well, all aspects of agriculture; yes, including the burgeoning wine industry.

But Oregon's cultural heritage of perseverance, progressiveness and environmental awareness seem to be creating a storm wall against the impacts. From water conservation and climate research to investigating the microbiomes of soil, the science and spirit behind southern Oregon wine-making has it primed to become "the next Napa," in spite or even because of the climate changes.

Start with the terroir of a wine, which pays homage to its vineyard and the way in which it's processed. It's the characteristic flavor imbued by the natural and cultural environment from which the particular varietal is raised. Many factors produce a fine wine, including agricultural care, geology, and the ideal soil. But for 'wine climatologist' and Professor of Environmental Sciences, Dr. Greg Jones, climate plays the key role.

The recipient of numerous accolades and awards, including *Decanter Magazine's* 2009 Power List for top 50 most influential people in the world of wine, Jones travels the globe extensively, but took time between flights to share some ideas with the *Messenger* about wine, climate and the potentially bright outlook for southern Oregon's wine industry (and joked about not saying "terroirist" too loud in the airport).

As a young PhD student, Jones became interested in how climate influenced the intricate nature and growth of specialty crops, in particular wine grapes. Before becoming director of the Evenstad Center for wine education at Linfield College, Jones lived and worked in southern Oregon, teaching at SOU for 23 years and initiated the frame work that would become the basis for varietal suitability using historical data including climate, regions and wine production and quality. Jones discovered a climate niche that led him to the idea of suitability.

"If you plant the right grape in the right place then you're going to get more consistent quality and productivity over the long term," he says. "It's important in terms of where we decide a variety can grow and how it's being grown."

According to Jones, understanding how the changing climate affects wine quality and productivity is already a key element in the industry's future as varietals and suitability shift with the rising temperatures. Though the warming affect may potentially expand southern Oregon's season and varietals, there will be other considerations as well.

"Of course, water is clearly an issue in a drier summer climate like southern Oregon," says Jones. "Grapevines don't require the same amount of water as some other cultural crops do, but they still require water, and our knowledge of how and when to apply it and how to

manage it for optimal plant growth and fruit ripening has changed tremendously."

"The concern is not so much the supply of grapes as the supply of natural resources," says Dr. Alec Levin, Viticulturist and Asst. Professor at Southern Oregon Research and Extension Center.

As agricultural industries in Jackson County vie for water rights using the same water resources, Levin says there's a growing concern as to its distribution.

"How are water managers going to allocate this finite resource?" he asks.

Irrigation districts can measure very gross withdrawals, like from a reservoir or what's arriving at someone's diversion ditch. But they don't know how much water people are using after the ditch, or what they're using it on.

"This is concerning because it's difficult to manage what you don't measure."

Much of Levin's research program at the extension center focuses on conservation methods for water use on crops. He is also helping develop new technologies for monitoring water stress in vineyards and better soil moisture sensors that are affordable, automated and easy to use.

But conservation still has its challenges, like traditional water usage rights where people grow concerned that if they minimize usage they'll lose the amount they're allocated. Or irrigation system designs not having the flexibility to use less or put out more, limiting conservation efforts by water managers.

Sustainability and environmental practices through scientific research and agricultural methods could be the ties that bind southern Oregon's wine industry as it heads inevitably toward a warmer climate. As economical and ecological systems converge will the treatment of the terroir by winemakers pay off? Environmentally focused growers believe it will.

Troon Vineyard and Cowhorn Vineyard and Garden, both in the Applegate Valley, are certified as organic and Biodynamic farms. Biodynamic farming, developed by Austrian philosopher and spiritualist, Rudolf Steiner in the early 20th century, treats a farm environment as a single system, which includes keeping it free from synthetics and pesticides and humanely raising animals that supply the fertilizer and act as natural weed control.

Although the method goes so far as to advise sowing and planting according to celestial events, Craig Camp, general manager at Troon says they don't base their farming on the more esoteric aspects, but firmly believe the blend of organic with Biodynamics is the key to making exceptional wines.

"Quality and the environment; it's hard to separate the two, being a farmer," says Camp, who has worked in the wine industry for 35 years. "To me, what defines a Biodynamic wine is that it's got this extra dimension to it, this extra life," he adds. "It's spiritual in a sense in that it elevates the plants, the soil, the wine and the people that are doing the work. They feel like they're more engaged in a project that matters, not just a job."

Barbara and Bill Steele, owners of Cowhorn Vineyard, believe this way of working a farm and vineyard "brings to life a new vibrancy to the wine".

"We were leading a homeopathic, organic lifestyle in the Bay Area and Biodynamics just matched up with our philosophy," Bill shares. "We were fairly agnostic, as far as what to plant, and Barbara's philosophy was to analyze the land and let it tell us what to grow versus imparting our will."

Today, Cowhorn is approaching 100 wines that have reached 90 points or better.

According to Jones, understanding how the changing climate affects wine quality and productivity is already a key element in the industry's future as varietals and suitability shift with the rising temperatures.

Continued on page 9

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First Crush

Continued from page 7

"It's a reverence for the earth in a really common sense approach to farming."

The handling of the fruit, from vine to bottle, has become paramount for some winemakers, including Brian Denner, owner of Simple Machine Winery and Tasting Room in Talent. They create their hand-crafted wines with as minimal amount of processing as possible using fruit from vineyard sites Denner feels are exceptional.

"To us, it really allows the fruit to speak for itself," shares Arthur. "It is more labor intensive but we feel that the results are an honest reflection of what happened that year at that vineyard site."

Leaving the entire bunches of grapes intact, also known as whole-clustered, Denner foot-stomps the old-fashioned way in order to release enough juice to start fermentation, without breaking up the bitter stems and seeds.

"They're natural, vegan wines, not pushed through a membrane to filter them and no added fining agents" Arthur adds. "This results in complex wines with great colors and tannins."

While science and spirit improve the health and longevity of the land, the multitude of obscure, award-winning wines has seeded



IMAN PIRASTEH, ASST. TASTING ROOM MANAGER FOR ROXYANN WINERY
CREDIT FOR BOTH PHOTOS: CATHERINE KELLEY

creative entrepreneurs like Terry and Janie Pollard, owners of Rogue Valley Wine Tours. "When we were taking people on scenic tours we started to notice they'd be more interested in visiting vineyards than seeing Crater Lake," Terry says. The Pollards have owned travel and tour guide services for 20 years but have now shifted to an emphasis on personalized wine tours.

Premier Wine Tours is 6-years young and the first wine tour service in the region, yet co-owner and tour guide, Robbie Ross, says the business is bigger and better than ever. "A tasting tour just kind of takes you into a whole other world for a few hours," Ross says. "It's really enjoyable to watch the transformation of people who may have tasted wine all over the world, or they're connoisseurs and don't have high expectations about this region's wines, get blown away by the quality of the wines being produced here."

Dr. Jones encourages anyone who asks which wine is best to experience the obscure varieties that produce spectacular wines. "I think southern Oregon winemakers have started to reach recognition; they're going to be doing well for a long time to come."

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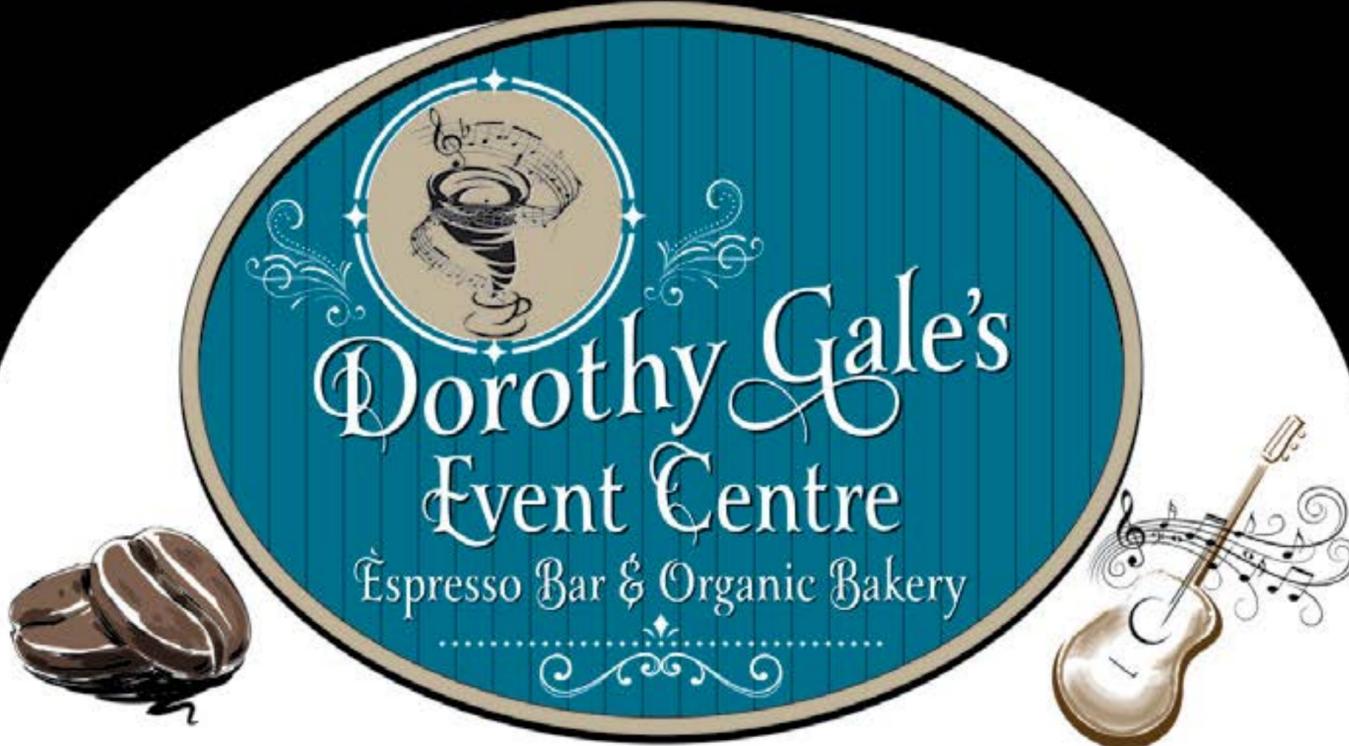
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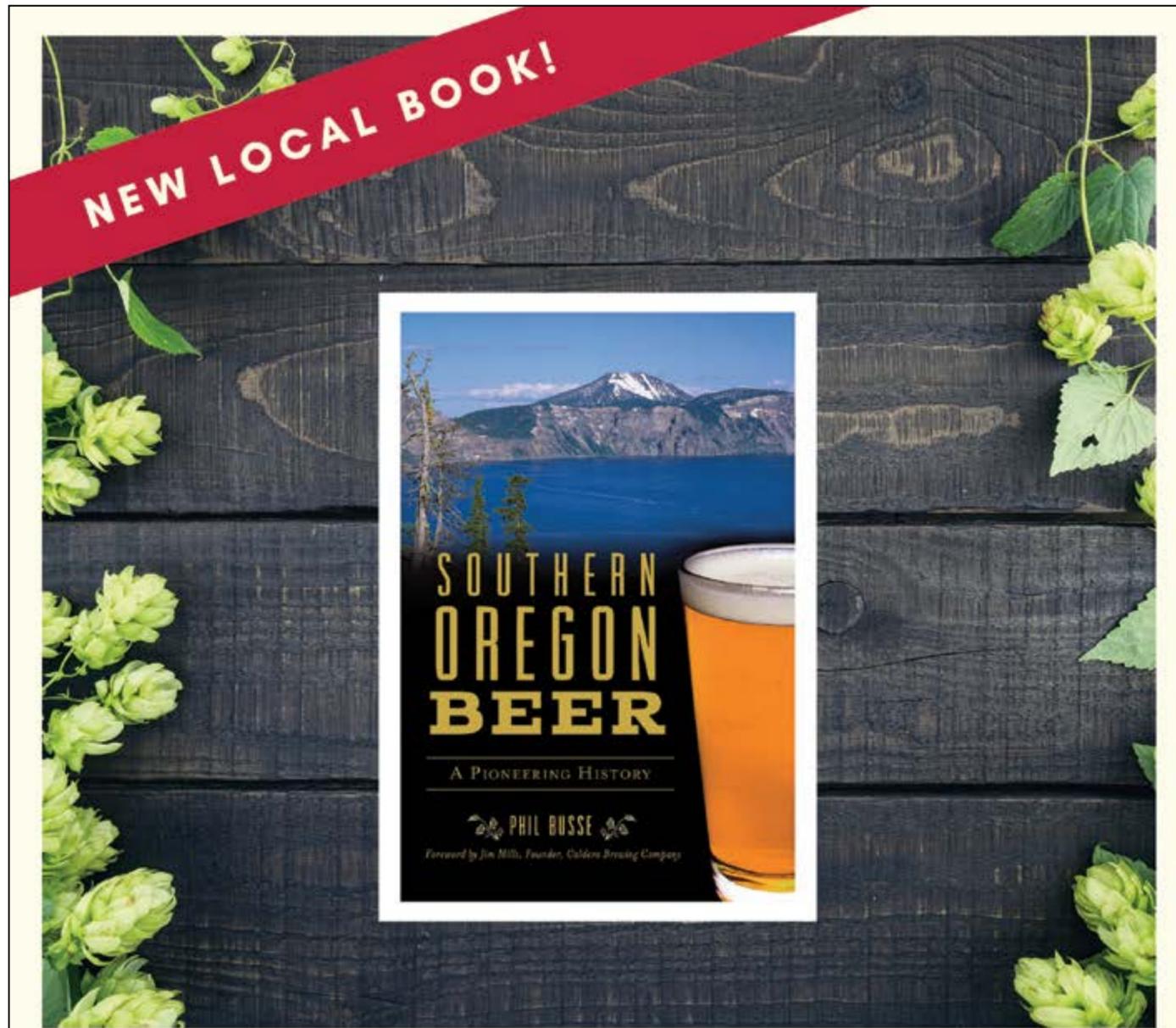
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[P] OUR PICKS



thu 15 - sep 29
Ocean Shorts

FILM—Covering the majority of our planet, but still largely scientifically mysterious, the ocean throughout the world is often best described through art. Specially curated by the Wandering Reel Film Festival, the film fare ranges from images of the “swash” zone to the mysterious tales told by the waves all over the world. 12 - 4 pm, closed Monday. Newport Visual Arts Center, 777 NW Beach Drive, Newport.



sat 17 & sun 18 & sat 24
Free Fishing Weekend & Rogue Salmon Derby

FISH—Teaching a person to fish is harder than it looks, but at least Free Fishing Weekend makes it affordable. Also, Restoring the Rogue Fishing and Steelhead Derby strives to keep fish and folks in the river. Check out myodfw.com and rogue-steelheaders.org for details and helpful fishing tips.



sun 18
Never Been Thawed

FILM—The Bad Film Society chooses a “winner” yet again, Never Been Thawed is a film that celebrates the fact that a TV dinner maintains its original state, along with a Christian hardcore punk band, and also happens to star Sean Anders, who moved up to make mainstream comedy films. 6 pm. Ashland Elks Lodge, 255 E. Main Street, Ashland. Free.



tue 20
Lindsey White

MUSIC—Lindsey White is having quite the summer. Her only stop in Southern Oregon is in Ashland, and this year marks songs “Let Love Lead the Way” and “The Hound”—two of her super singles in 2019. She also organized Lady Brain Presents, a collective of women-identifying creatives. 9 - 11 pm. Oberon’s Tavern, 45 N. Main Street, Ashland.



thu 22
Cake

MUSIC—Cake is pretty irresistible. Not only as a dessert, but also as a band that has been around for years and creates their music as sustainably as possible, and through defying the boundaries of genre and equals. They were initially created in response to grunge, but since they have made their own sound. 6 pm. Britt Festival, 350 S. First Street, Jacksonville. \$39 - \$69.



sat 24 - sun 25
Southern Oregon Relay for Life

RELAY—Formerly two separate events in Jackson and Josephine counties, the Southern Oregon Relay for Life embodies what the Relay is: a gathering of communities to fight cancer. Walking, running, or simply enjoying the free hourly entertainment, this annual uplifting event encourages and commemorates many. 10 am, Sat., Aug. 24 to 12 am, Sun., Aug. 25. Harry and David Field, 2929 S. Pacific Highway, Medford.



tue 27
Nat Miller and the Crop Dusters

MUSIC—Complete with banjo, upright bass, and lingering harmonies, Nat Miller and the Crop Dusters are farming the heck out of their soulful take on their country tunes. As for venue, take note that the Copper Plank is formerly known as the Rogue Growler. 6 - 8 pm. The Copper Plank, 454 Highland Drive, Medford.



fri 30 - mon 2
Stay Epic Festival

FESTIVAL—The Stay Epic Festival hangs on tight to the last scrap of summer this Labor Day weekend with karaoke, fire spinners, a drum circle, a costume contest, a scavenger hunt, and definitely epic music. Camping is also available for the full summer camp experience. 1955 E. Gregory Road, Central Point. \$25 daily pass (\$30 with camping). \$75 for four days with three nights camping. VIP extra.



sat 31
Spectrum

BOOK SIGNING—J.J. Welch is ahead of the game. He has completed his debut novel Spectrum, a dystopian science fiction tale that pushes the boundaries of the normal, well before many of us could string sentences together for a school paper. 11 am - 2 pm. Oregon Books and Games, 150 NE E Street, Grants Pass.



fri 6 - sep 29
The Lost Boy and Neverland

THEATRE—The classic and fascinating tale of Peter Pan will be told through two different lenses in September. The Lost Boy takes a peek into Peter’s early years. Sep. 6 - 22, Barnstormers Theatre, 112 NE Evelyn, Grants Pass. \$15 - \$18. Neverland explores Wendy’s perspective. Sep. 6 - 29, Longsword Vineyard, 8555 Highway 238, Jacksonville. \$15.



sat 7
Talent Block Party

PARTY—Boasting several official blocks, the quaint city of Talent may be small, but they know how to shut one of their few streets down for a party. Donations will be accepted for the musical talent for the evening, The Spiral Kings, and for the keg. And it wouldn’t be a block party without a potluck dinner. 4 - 10 pm. RSVP required via Facebook Message.



mon 9 & tue 10
The Blue Notes and Justin Gordon and the Holy Mackerels

MUSIC—The Blue Notes will be playing, you guessed it, the blues, on Monday (7 - 10 pm) and Justin Gordon and the Holy Mackerels will take the stage on Tuesday (8 - 10 pm). Gordon’s most recent release Backwater, is available for download on Bandcamp, or even as a cassette. 7 - 10 pm. Wild Goose Café and Bar, 2365 Ashland Street, Ashland.

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LIVE MUSIC *and Nightlife*



Thursday, August 15
APPLEGATE
Maxwell Hughes with Emyle - Applegate River Lodge. 7 – 11 pm. \$12-15. Singer-songwriter.

ASHLAND
Game Knight - Black Sheep Pub & Restaurant. 8 pm.
Karaoke - Oberon's. 9 pm.

GRANTS PASS
Mark Chesnutt - Josephine County Fairgrounds. 8 – 11 pm. Country.

JACKSONVILLE
The Evening Shades - Red Lily Vineyards. 6 – 8 pm. Alternative Rock.

TALENT
Yak Attack - Talent Club. 8 – 11 pm. Organic Electronica.

Friday, August 16
ASHLAND
Sweetgrass - AQUA. 8 pm. Roots.
Summer Colds - Brickroom. 9 pm. \$5. Indie Rock.
Muddy Souls - Oberon's. 9:30 pm. Roots.
Thank God It's Music - Wild Goose Cafe & Bar. 5 – 7 pm. Rock, Blues, Jazz.
Dan Engle and Friends - Oberon's. 6 pm.
L.E.F.T. - Black Sheep Pub & Restaurant. 11 pm. \$5. Rock.

JACKSONVILLE
O.A.R. and American Authors - Britt Festival. 6:30 pm. \$29-48. Alternative Rock.
Frankie Hernandez Band - J'Ville Tavern. 10 pm. Soul, Funk, Reggae.

MEDFORD
Jen Ambrose with Jon Galfano - The Urban Cork. 5 – 7 pm. Pop, Classic Rock.
Fret Drifters - Walkabout Brewing Company. 7 – 9 pm.
Tempest - Bear Creek Park. 6 – 8 pm. Folk Rock.
Danielle Kelly Soul Project - RoxyAnn Winery. 6 – 8 pm. Jazz, Soul.
Dead Lee - The Rogue Grape. 9 pm. Folk Rock.
Black Cadillac Kings - Grape Street Bar & Grill. 8 pm. Rock.
Something on the Wing, Psychotic Reaction, Not a Girl - Johnny B's. 9 pm. Hard Rock, Metal.
Phoenix Sigalove - Larks. 4:30 – 6 pm.
Salsa Brava! - Edenvale Winery. 6 – 9:30 pm. \$10.

Saturday, August 17
ASHLAND
Sweetgrass - Black Sheep Pub & Restaurant. 11 pm. Bluegrass Funk. \$5.

EAGLE POINT
Frankie Hernandez Band - Bayer Family Estate. 6 – 9 pm. Soul, Funk, Reggae.

GRANTS PASS
West Valley Shakers - The Sound Lounge. 9:30 pm. Rock.
The Mercy Duo - Laughing Clam. 6 – 9 pm.

JACKSONVILLE
Taj Mahal Quartet & Marc Cohn featuring special guest vocalists **Blind Boys of Alabama** - Britt Festival. 7 pm. \$43-260.

MEDFORD
Parole Denied - Howie's On Front. 9 pm. Rock.
The Antelopers - The Rogue Grape. 7 – 9 pm.

SHADY COVE
Disposition - Lucky's II. 6 – 10 pm. Rock.

Sunday, August 18
ASHLAND
Ed Dunsavage Trio - Luna Cafe + Mercantile. 5 – 7 pm. Jazz.
Danielle Kelly Soul Project - Belle Fiore Winery. 5 – 7 pm. Jazz, Soul.
Celtic Music Session - Black Sheep Pub & Restaurant. 2 – 5 pm.
The Maybe Sometimes - Black Sheep Pub & Restaurant. 9 pm. Modern Folk.

GOLD HILL
Sunday Jam - Lucky's. 3 pm.
Roadsters - Del Rio Vineyards. 3 – 5 pm.

GRANTS PASS
Dead Lee - Troon Vineyard. 1 – 4 pm. Folk.

JACKSONVILLE
Iration with Pepper, Fortunate Youth, and Katastro - Britt Festival. 6 pm. \$28-41.

MEDFORD
Steve Keim - Medford Center. 1 – 3 pm. Light Rock, Pop.
The Mercy Duo featuring **Lynda Morrison** - RoxyAnn Winery. 3 – 5 pm.
Board Games and Mead - Steamworks Meadery. 4 pm.

Monday, August 19
ASHLAND
Open Mic - Oberon's. 9 pm.
Antics Improv - Black Sheep Pub & Restaurant. 8 pm.
The Sultans - Wild Goose Cafe & Bar. 7 – 10 pm. Blues.

MEDFORD
Paul Turnipseed - Larks. 4:30 – 6 pm. Blues.

Tuesday, August 20
ASHLAND
Lindsay White - Oberon's. 9 – 11 pm. Singer-songwriter.
Rogue Poetry Slam with Slam Master Alex - Black Sheep Pub & Restaurant. 7:30 – 10:30 pm. \$5.
Tuesday Night Trivia - Louie's. 7 pm.

GRANTS PASS
Trivia Tuesdays - Double Taps. 6 pm.

MEDFORD
Paint & Sip Pottery - The Rogue Grape. 6 – 8 pm. \$40.

Find more at
RogueValleyMessenger.com

Wednesday, August 21
ASHLAND
Wild Goose Chase Trio - Wild Goose Cafe & Bar. 7 pm. Jazz, Blues, Rock.
Blades of Grass - Black Sheep Pub & Restaurant. 8 pm. Bluegrass.
The People's Open Mic - Jackson Wellsprings. 8 pm.

GRANTS PASS
Edda Glass and Max Hatt - Grants Pass Museum of Art. 7 – 9 pm. \$15.

JACKSONVILLE
John Butler Trio with Trevor Hall - Britt Festival. 7 pm. \$29-49.

MEDFORD
Open Mic Night - Bad Ass Coffee Company. 6 pm.
Rick Millward - RoxyAnn Winery. 4:30 – 7 pm.

Thursday, August 22
ASHLAND
Nicole Dahl and Rick Millward - Belle Fiore. Pop, Rock.
Game Knight - Black Sheep Pub & Restaurant. 8 pm.
Holus Bolus - Brickroom. 9 – 11 pm. Multi-Instrumentalist.
Karaoke - Obeorn's. 9 pm.
Sage Meadows and Jimmy Pinwheel Band - Wild Goose Cafe & Bar. 7 – 10 pm. Country, Folk.
Drink & Draw - Black Sheep Pub & Restaurant. 9:15 pm.

GRANTS PASS
DJ Finattik - Flespy's Bar & Grill. 9 pm.

JACKSONVILLE
CAKE - Britt Festival. 6 pm. \$39-69.

MEDFORD
Open Mic - The Rogue Grape. 7 pm.
Jen Ambrose - Larks. 4:30 – 6 pm. Singer-songwriter.

Friday, August 23
ASHLAND
The Rogue Underground - Black Sheep Pub & Restaurant. 9 pm. \$5. Rock, Soul, Rock & Roll.
Thank God It's Music - Wild Goose Cafe & Bar. 5 – 7 pm. Rock, Blues, Jazz.
Dan Engle and Friends - Oberon's. 6 pm.

GRANTS PASS
Frankie Hernandez Band - Cedarwood Saloon. 9 pm. Funk, Soul, Reggae.

JACKSONVILLE
J Brothers Trio - South Stage Cellars. 6 – 8 pm. Jazz, Blues, Rock.
Fourth Friday Open Mic - Pony Espresso. 5:30 pm.

MEDFORD
Duke Street - Walkabout Brewing Company. 7 – 9 pm. Blues.
Sonic Gravity - Dunbar Farms. 4:30 – 8 pm. Jazz.
Saucy - Habanero's Mexican Restaurant.

8:30 – 11:30 pm.
Blue Lightning - Bear Creek Park. 6 – 8 pm. Rock.
Jeff K & the Overtones - RoxyAnn Winery. 6 – 8 pm. Rock.
The Money Beats - Edenvale Winery. 4 – 7 pm. Rock.
Gabe Rutledge and Spenser O'Niell - Chadwicks Pub. 8 – 10 pm. \$10. Comedy.
The Rogue Pianist - Larks. 4:30 – 6 pm.

TALENT
Taurie Michele - Talent Evening Market. 6 – 8 pm. Folk, Light Rock, Pop.

Saturday, August 24
ASHLAND
Noctambule - Headwaters Building. 7:30 pm.
Julian Marley and the Uprising with Indubious - Ashland Armory. 7 pm. \$35-45.
The Maybe Sometimes - Lithia Artisans Market. 2:30 – 4:30 pm. Singer-songwriter.
Danielle Kelly Soul Project - Hearsay. 9 pm. Jazz, Soul.
Justin Gordon & the Holy Mackerels - Black Sheep Pub & Restaurant. 11 pm. \$5. Rock.

JACKSONVILLE
The Wood Brothers and Colter Wall - Britt Festival. 7 pm. \$29-44.
Starvation Light - Indigo Grill. 8 – 11 pm.
Mercy featuring Lynda Morrison - Boomtown Saloon. 8:30 – 11:30 pm. Rock.

MEDFORD
Silas Shand - The Rogue Grape. 7 – 9 pm.
Gabe Rutledge and Spenser O'Niell - Chadwicks Pub. 8 – 10 pm. \$10. Comedy.
Latino Night with DJV Coco - Habanero's Mexican Restaurant. 9 pm.

TALENT
Mark Charles Hill - StoneRiver Vineyard. 5 – 7 pm. Pop, Country.

Sunday, August 25
ASHLAND
Celtic Music Session - Black Sheep Pub & Restaurant. 2 – 5 pm.
Brian Freeman - Black Sheep Pub & Restaurant. 9 pm. Celtic.
The Rogue Speak Easy - Geo Institute. 6 pm.

CENTRAL POINT
The Money Beats - Rellik Winery. 4 – 6 pm.

GRANTS PASS
David Modica - Troon Vineyard. 1 – 4 pm. Acoustic.

JACKSONVILLE
Brett Young - Britt Festival. 7:30 pm. \$37-82.
Holly Gleason - Jacksonville Farmers Market. 11 am.

MEDFORD
Greg St Clair - Medford Center. 1 – 3 pm. Country.
Paint & Sip Pottery - Common Block Brewing Company. 2 – 4 pm. \$40.
Paint & Sip Pottery - RoxyAnn Winery.

LIVE MUSIC *and Nightlife*



5 – 7 pm. \$40.
Alissa Weaver, Holly Gleason, and Rick Millward - RoxyAnn Winery. 3 – 5 pm. Singer-songwriter.

Monday, August 26
ASHLAND
Hannah Cooper - La Baguette Bakery. 7 – 10 pm. \$20. Singer-songwriter.
Open Mic - Oberon's. 9 pm.
Peggy Rose's Singer's Showcase - Wild Goose Cafe & Bar. 7 pm.

MEDFORD
Maria Schafer - The Rogue Grape. 6 – 8 pm. Jazz.
Wild Pink and Ryley Walker - Johnny B's. 9 pm. Alternative Rock.

Tuesday, August 27
ASHLAND
Open Mic hosted by Robbie DaCosta - Black Sheep Pub & Restaurant. 10:30 pm.

GRANTS PASS
Chris Bernstorff, Common Folk, and Your Hands Write History - Eaden Ballroom.
6 – 10 pm. Spoken-word, Metal, Hard Rock.
Feud Time! - Double Taps. 6 pm.

MEDFORD
Nat Miller & The Crop Dusters - The Copper Plank. 6 – 8 pm.

Wednesday, August 28
ASHLAND
Blades of Grass - Black Sheep Pub & Restaurant. 10 pm. Bluegrass.
Blackfoot Gypsies - Brickroom. 9 – 11:30 pm. \$5. Rock.
Hanuman Project: Kirtan & Cacao - Jackson Wellsprings. 7 – 10 pm.

GRANTS PASS
Philip Reed - Wild River Pizza Pub. 6 – 8 pm. Folk.
Trivia Night - SpeakEasy Tap Room & Wine Bar. 6:30 pm.

MEDFORD
Hot Swing & Saucy Rockabilly - Grape Street Bar & Grill. 6:30 – 9:30 pm. Jazz, Folk, Punk.

Thursday, August 29
ASHLAND
Game Knight - Black Sheep Pub & Restaurant. 8 pm.
Trivia with Peter Bolton - bird & rye. 8 – 10 pm.
Karaoke - Oberon's. 9 pm.

GRANTS PASS
J'Villains - Cedarwood Saloon. 8 – 11 pm.
JACKSONVILLE
Lost 80's Live - Britt Festival. 6:30 pm. \$32-276.

MEDFORD
Open Mic Night - The Rogue Grape. 7 pm.

Friday, August 30
ASHLAND
Skylar and the Sketchy Kids - Black Sheep Pub & Restaurant. 11 pm. \$5. Rock, Funk.
Saucy - AQUA. 9 pm. Funk, R&B, Rock.
Danielle Kelly Soul Project - OSF Greenshow. 6:45 – 7:45 pm. Jazz, Soul.

CENTRAL POINT
Stay Epic Festival - 1955 E Gregory Rd. 10 am. \$70.
The Brothers Reed - Ledger David Cellars. 5:30 – 7:30 pm. Folk, Americana.

JACKSONVILLE
Gov't Mule - Britt Festival. 7 pm. \$29-46.

MEDFORD
Mark Charles Hill - The Urban Cork. 5 – 7 pm. Rock Country.
The Rogue Underground - Grape Street Bar & Grill. 9 pm. Funk, Soul, Rock.

The Deadlies - Pear Blossom Park Blocks. 6 – 8 pm. Rock.
Jake Anderson - Walkabout Brewing Company. 7 – 9 pm. Singer-songwriter.
The Money Beats - Edenvale Winery. 4 – 7 pm. Comedy Night - Chadwicks Pub. 8 – 10 pm. \$10.

Saturday, August 31
ASHLAND
Derek Deon & the Vaughns, Space Challenger, and Impulse Control - Ashland Armory. 8:30 pm. \$20-25. Neo-Soul, Pop.
The Giantess - Black Sheep Pub & Restaurant. 11 pm. \$5. Rock.
Danielle Kelly Soul Project - Willow-Witt Ranch. 5:30 – 8:30 pm. Jazz, Soul.

CAVE JUNCTION
Stephen Marley - EARTH People's Park. 7 pm. \$36. Reggae.

CENTRAL POINT
Stay Epic Festival - 1955 E Gregory Rd. 10 am. \$70.
The Money Beats - Rellik Winery. 4 – 6 pm.

GRANTS PASS
Zepparella - Rogue Theatre. 8 – 11 pm. Rock. \$25.
Sylent Storm, Gravewitch, and Attic - The Sound Lounge. 8 pm. Metal.



DEREK DEON & THE VAUGHN'S CELEBRATE THEIR NEW ALBUM RELEASE AUG. 31 AT ASHLAND ARMORY AT 8:30 PM.

LIVE MUSIC *and Nightlife*



BLAIR CRIMMINS & THE HOOKERS TAKE ON BRICKROOM SEPT. 3 AT 9 PM.

JACKSONVILLE

The Mercy Duo - Bella Union. 8 – 11 pm.

MEDFORD

Stevie Stone - The Bamboo Room at King Wah's. 8 pm. \$5. Dixieland Jazz.

Gypsy Gillis - Grape Street Bar & Grills. 8 pm. Rock.

Comedy Night - Chadwicks Pub. 8 – 10 pm. \$10.

Sunday, September 1

ASHLAND

Paul Turnipseed Trio - Luna Cafe & Mercantile. 5 – 7 pm. Jazz.

Celtic Music Session - Black Sheep Pub & Restaurant. 2 – 5 pm.

CENTRAL POINT

Stay Epic Festival - 1955 E Gregory Rd. 10 am. \$70.

Bishop Mayfield & Friends - Rogue Jet Boat Adventures. 2:30 – 8 pm.

GOLD HILL

Fret Drifters - Del Rio Vineyards. 3 – 5 pm.

GRANTS PASS

Sylent Storm and The Ghost Next Door - The Sound Lounge. 8 pm. Metal.

Robert Meade - Troon Vineyard. 1 – 4 pm. Rock, Pop.

MEDFORD

Board Games - Steamworks Meadery. 4 pm.

Monday, September 2

ASHLAND

Paint & Sip Pottery - Liquid Assets. 6 – 8 pm. \$40.

Open Mic - Oberon's. 9 pm.

ATM Trio - Wild Goose Cafe & Bar. 8 – 10:30 pm. Jazz.

TALENT

Blades of Grass - Pump House. 6 – 8 pm. Bluegrass.

Tuesday, September 3

ASHLAND

Blair Crimmins & The Hookers - Brickroom. 9 pm. \$5. Dixieland Jazz.

Open Mic hosted by Robbie DaCosta - Black Sheep Pub & Restaurant. 8:30 pm.

Tuesday Trivia - Louie's. 7 pm.

MEDFORD

Death Plant - Tribe Hive. 6:30 pm. Rock.

Southern Oregon Jazz Orchestra - Grape Street Bar & Grill. 7 – 9 pm. Jazz.

Rusty Tinder - Johnny B's. 8 – 11 pm. Folk, Rock.

Wednesday, September 4

ASHLAND

Blades of Grass - Black Sheep Pub & Restaurant. 8 pm. Bluegrass.

People's Open Mic - Jackson Wellsprings. 8 pm.

GRANTS PASS

The Brothers Reed - Climate City Brewing Company. 6 – 9 pm. Folk, Americana.

JACKSONVILLE

The Beach Boys - Britt Festival. 7:30 pm. \$33-304.

MEDFORD

An Evening with George Winston - Craterian Theatre. 7:30 – 9:30 pm. Acoustic. \$35-42.

Open Mic Night - Bad Ass Coffee Company. 6 pm.

Thursday, September 5

ASHLAND

Game Knight - Black Sheep Pub & Restaurant. 8 pm.

Karaoke - Oberon's. 9 pm.

Jimmy Pinwheel Band - Wild Goose Cafe & Bar. 8 – 11 pm. Country.

Trivia with Peter Bolton - bird & rye. 8 – 10 pm.

GRANTS PASS

DJ Finattik - Flespy's. 9 pm.

MEDFORD

Paint & Sip Pottery - Grape Street Bar and Grill. 6 – 8 pm. \$40.

Open Mic Night - The Rogue Grape. 7 pm.

Jen Ambrose - Larks. 4:30 – 6 pm. Singer-songwriter.

TALENT

Friday Dirt - Talent Club. 9 pm. Funk.

Friday, September 6

ASHLAND

Lithia Silent Disco - Lithia Park. 5 – 11 pm.

Southern Oregon Jazz Orchestra - La Baguette. 6 – 8 pm.

Rogue Suspects - Grizzly Peak Winery. 6:30 pm.

Lovely - Oberon's. 9:30 pm. Folk.

Ryan Cassata - OSF Green Show. 6:30 – 8:30 pm. Singer-songwriter.

Thank God It's Music - Wild Goose Cafe & Bar. 5 – 7 pm. Rock, Blues, Jazz.

Doug Warner - Ashland Art Center. 5 – 8 pm. Singer-songwriter.

MEDFORD

Money Beats - EdenVale Winery. 4 – 7 pm. \$8. Rock.

Mercy featuring Lynda Morrison - RoxyAnn Winery. 6:30 pm.

PHOENIX

Annunaki Child, Bremer, Cat Storm, Galxsee, JANA Raise, Namid Wolf, and Vortex Farmer - Phoenix Clubhouse. 6:30 pm. \$7.

TALENT

Nat Miller & The Crop Dusters - Trium Wines. 5 – 7 pm.

Saturday, September 7

GRANTS PASS

Dustin Clark - Double Taps. 6 – 8 pm.

MEDFORD

Demon Assassin with KL & CW - The Bamboo Room at King Wah's. 8 pm. \$10. Hip Hop.

SHADY COVE

Rewind - Aunt Caroline's Park. 3 – 6 pm. Oldies.

TALENT

Spiral Kings - Annual Talent Block Party. 4 – 10 pm.

Sunday, September 8

ASHLAND

Sister Ivy - Oberon's. 8 – 11 pm. Soul, Jazz.

Danielle Kelly Soul Project - Luna Cafe + Mercantile. 5 – 7 pm. Jazz, Soul.

GOLD HILL

Shybo Torres - Del Rio Vineyards. 3 – 5 pm.

MEDFORD

Incognito - Medford Center. 1 – 3 pm. Lt. Rock, Pop.

Monday, September 9

ASHLAND

Open Mic - Oberon's. 9 pm.

Blue Notes - Wild Goose Cafe & Bar. 7 – 10 pm. Blues.

Tuesday, September 10

ASHLAND

Open Mic hosted by Robbie DaCosta - Black Sheep Restaurant & Pub. 8:30 pm.

Justin Gordon and the Holy Mackerels - Wild Goose Cafe & Bar. 8 – 11 pm.

Tuesday Night Trivia - Louie's. 7 pm.

Wednesday, September 11

ASHLAND

Blades of Grass - Black Sheep Pub & Restaurant. 8 pm. Bluegrass.

Q&A Duo - Wild Goose Cafe & Bar. 7 – 10 pm.

MEDFORD

The Brothers Reed - RoxyAnn Winery. 6 – 8 pm. Americana, Folk.

Purusa - Johnny B's. 9 pm. \$5. Acoustic. 🍷

EVENTS

Art

WINNIFRED LIANG AND SHERI DINARDI AT ART DU JOUR

Through September. Wilson exemplifies diversity through her paintings. Dinardi's paintings are constantly inspired by the Jacksonville's surrounding beauty. Art du Jour, 213 E Main St, Medford.

LUCILLE BURKE AND JUDY BENSON LANIER AT ASHLAND ART CENTER

Through August. Burke is Ashland Art Center's featured gallery artist where her paintings will be on display. Lanier's is the featured photographer of the month. Ashland Art Center, 357 E Main St, Ashland.



DENISE KESTER'S COLORFUL ARTWORK CAN BE VIEWED AT ASHLAND ART CENTER THROUGHOUT SEPTEMBER.

SARA SWINK AND ALISON O'DONOGHUE AT HANSON HOWARD GALLERY

Through Sept. 3. Swink creates self possessed, colorful figures embedded with clues that they exist in a playfully subconscious world. The artwork of O'Donoghue can be described as contemporary folk art; partly naïve, sometimes illustrative, at times cartoony, with some of her pieces being heavily patterned. Hanson Howard Gallery, 89 Oak St, Ashland.

THE FUJI PRINTS: WORKS BY WALT PADGETT

Through Aug. 23. On his frequent travels to Japan, Northwest printmaker Walt Padgett finds inspiration in Japan's famous Fuji Mountain. Rogue Gallery & Art Center, 40 S Bartlett St, Medford.

THE LAND REMEMBERS: LANDSCAPES OF THE ROGUE RIVER WARS

Through Sept. 13. "The Land Remembers" is a series of black-and-white infrared landscape photographs by Rich Bergman inspired by significant events that took place during the Rogue River Wars of 1851-56. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

SILVIA TRUJILLO AT ART & SOUL GALLERY

Through August. "Land of My Heart" is one artist's discovery of homeland. To Silvia Trujillo, it's a place

that is both physical and spiritual, a connection found in land, sky, water and light. Art & Soul Gallery, 247 E Main St, Ashland.

PAINTING DEMO WITH LIVE MUSIC

Sunday, August 18 from 2 – 4 pm. Three artists, oil painter Jenay Elder, and watercolorists Bruce Barnes and Linda Boutacoff, paint and answer questions about their work and process while Peter Stone creates a live musical accompaniment similar to what one might here during a restorative yoga class. Art & Soul Gallery, 247 E Main St, Ashland.

MELODY BLORE, DENISE KESTER, AND DAN ELSTER AT ASHLAND ART CENTER

Through September. Blore creates acrylic paintings on canvas, mixed media, and collages. Kester also uses mixed media and monoprints. Elster's photography will feature Northern Spotted owls. Ashland Art Center, 357 E Main St, Ashland.

STROKES OF LIGHT

Through Sept. 20. Northwest artists Kristen Beck, Rich Bergeman, Jim Curtis, Nomeca Hartwell, Paul Jorizzo use cameras to explore their individual visions. Rogue Gallery & Art Center, 40 S Bartlett St, Medford.

Classes

TUTORIAL TUESDAYS

Join fellow genealogy researchers Tuesday evenings at the Jackson County Genealogy Library. For more information call 541-512-2340 or email reception.JCGL@gmail.com. Jackson County Genealogy Library, 3405 S Pacific Hwy, Medford.

ZENTANGLE BOOKS WITH CINDY HERNANDEZ

Saturday, August 17 from 10:30 am – 3:30 pm. Create two books the perfect size for small Zentangle drawings.

\$45-45. Sign up at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

REFLECTIVE JOURNALING

Tuesdays through August 27 from 5 – 6:30 pm. Reflective Journaling is a fun inclusive workshop for those who want to delve into free-writing and developing their creative potential in an accessible group setting. \$15. Jackson Wellsprings, 2253 Hwy 99 N, Ashland.

ELEMENTS OF ART: VALUE & CONTRAST

Saturday, August 24 from 1 – 4 pm. Value & Contrast do a lot of the work that color gets the credit for. \$30-35. Sign up at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

HOW TO SEE CREATIVELY WITH TOM GLASSMAN

Aug. 17, 18, and 24 from 12 – 3 pm. Learn to see your surroundings in creative ways to improve your compositions or even try something new. \$130-150. Register at roguegallery.org.

REALIZING THE AMERICAN DREAM

Saturday, September 7 from 9 am – 5 pm. This is for people who are interested in buying their first home and getting information that can assist them with the home buying process. \$45. Register at www.roguecc.edu/ce. Rogue Community

College, 3345 Redwood Hwy, Grants Pass.

OIL & ACRYLIC STUDIO WITH LINDA DIXON

Sept. 4, 11, 18, and 25 from 10 am – 12:30 pm. Select your own subject matter to work on. Linda will help you with your process and solve problems as needed. \$75. Ashland Art Center, 357 E Main St, Ashland.

Community

BALLROOM DANCING

Every Tuesday from 1:30 – 4 pm with lessons starting at 12:30 pm. \$3. Live music by Dave Flick. Square Dance Hall, 3377, Table Rock Rd, Medford.

WALKING HISTORY TOUR

Every Saturday at 10 am through Aug. 31. The tour visits government and commercial buildings, fraternal lodges, and homes that capture the stories of Jacksonville's National Historic Landmark District. Learn more at www.historicjacksonville.org.

HAUNTED HISTORY TOUR

Frist Friday of each month beginning June 7 and ending Sept. 6 at 7 pm. Four tours and two tour routes are offered each night. \$5. Go to www.historicjacksonville.org for more information.

DEMONSTRATION GARDEN TOUR

Wednesday, August 14 from 9:30 – 10:30 am. Soak up the sights and sounds of summer while learning about the gardens at North Mountain Park with volunteer docents and master gardeners. Register at North Mountain Park Nature Center or call (541) 488-6606. North Mountain Nature Park, 620 N Mountain Ave, Ashland.

INTRODUCTION TO THE ASHLAND FOREST PLAN

Friday, August 23 at 6 pm. Gain an insight into twenty-five years of forest management on City of Ashland lands. North Mountain Park, 620 N Mountain Ave, Ashland.



LEARN THE ART OF ZENTANGLE AT GRANTS PASS MUSEUM OF ART ON AUG. 17.

23RD ANNUAL THUNDERSTRUCK XTREME BIKE SHOW AND STREET PARTY

Saturday, August 17 from 11 am – 5 pm. Free family fun with food, drinks, live music, raffle and 50/50. Vendor booths, hot rods and classic cars, Oregon Vintage Motorcycles and so much more. Rogue Regency Inn & Suites, 2300 Biddle Rd, Medford.

FIRST ANNUAL DISC JAM

Saturday, August 24 from 8:30 am – 5:30 pm. ACCESS has partnered up with the Bear Creek

Golf Course and Rogue Valley Disc Golf Club for this exciting new disc golf fundraising event. Get your tickets at <http://www.accesshelps.org/evnter/discjamforaccess/>.

NATURE PLAY UPDATE

Monday, August 19 from 5:30 – 6:30 pm. Come join us for an update about our Nature Playground, a carefully designed play space which will enrich our community and support children's physical and emotional development. North Mountain Park, 620 N Mountain Ave, Ashland.

WAY OUT WEST: A MURDER MYSTERY PARTY

Saturday, August 24 from 5:30 – 9:30 pm. Escape Games, each guest in Way Out West will play a unique character. Purchase tickets 72 hours prior to the event to receive your character assignments before the event. Visit www.stumpt.fun for details. Visit www.stumpt.fun for details. 4 Daughters Irish Pub, 126 W Main St, Medford.

SUNDAYS AT THE FARM

Through Sept. 1 from 12 – 4 pm. Every Sunday, Hanley Farm is open for family fun and picnicking; docent-led house tours; and self-guided farm tours enhanced with brochures about the plantings and the Hanley Family. Hanley Farm, 1053 Hanley Rd, Central Point.

Kids & Family

FAMILY FUN ARCHERY

Saturdays from 11 am – 12 pm. Learn archery while having fun popping balloons & loosing arrows at creative targets! Rental equipment available. Children required to have an adult supervise and participate with them. More info at www.MoonbowArchery.com. The Grove, 1195 E Main St, Ashland.

SCIENCE WORKS SUMMER CAMPS

Science Works offers summer camps varying in activities and learn abilities. Learn more and register at <https://sales.scienceworksmuseum.org/PatronEducationList.aspx>.

DRAW FROM A PHOTO

Thursday, August 15 from 1 – 3 pm. Learn how to sketch, shade, and create a copy of any photograph. Bring your own photo, or choose from one of ours. \$15. Learn more at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

WATERCOLOR

Tuesday, August 20 from 1 – 3 pm. We'll explore watercolor for fun. How to arrange pieces for painting and how to sketch before applying color. \$15. Learn more at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

POP-UP CARDS

Tuesday, August 27 from 1 – 3 pm. Learn a variety of ways to create pop-up cards. Kids will complete a variety of projects while trying out different styles.

\$15. Learn more at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

COLORED PENCILS

Thursday, August 29 from 1 – 3 pm. Make a colorful drawing. Learn how to blend colors, and create layers with colored pencils. Try out ways to color, then create a colorful drawing of your own. \$15. Learn more at gpmuseum.com. Grants Pass Museum of Art, 229 SW G St, Grants Pass.

EVENTS

RED CROSS PILLOWCASE PROGRAM

Wednesday, August 21 from 2 – 3 pm. Kids ages 8–21 years can build their own emergency supply kit, and learn how to prepare for emergencies or disasters. Pre-registration required at jcs.org or by calling 541-774-8678. Medford Library, 205 S Central Ave, Medford.

FAMILY BACK TO SCHOOL EVENT

Friday, August 16 from 4 – 7 pm. Haircuts, vision and hearing screenings, immunizations and other school year necessities are being supplied for little or no cost at the event. Well child exams will be provided for free, and sports physicals are \$10. Free tacos and fresh vegetables will be available. First United Methodist Church, 175 North Main Street, Ashland.

— Sports & Outdoor —

ARCHERY OPEN SESSION

Wednesdays from 6:30 – 8 pm. Hone your archery skills and learn techniques from other archers, both traditional and modern, while having fun popping balloons and loosing arrows at creative targets! Rental equipment available. The Grove, 1195 E. Main St, Ashland.

TAI CHI WITH PETE

Wednesdays, 10:30 – 11:45 am. Everyone welcome! If you need more info, call director Rick Patsche, 541-702-2585. \$5. Jacksonville Community Center, 160 E Main St, Jacksonville.

GUIDED RANGER WALKS IN CASCADE-SISKIYOU NATIONAL MONUMENT

Every Saturday and Sunday through Labor Day from 9:30 am – 12 pm. Enjoy the Cascade-Siskiyou National Monument this summer by going on a Ranger-led hike! Sign up at cascadesiskiyou.eventbrite.com.

EXPLORE THE ROGUE: SPRINGS IN SUMMER

Saturday, August 17 from 9 am – 1 pm. Join Medford Water Commission Watershed Administrator Craig Harper and two staff and board members from Rogue River Watershed Council on a four-hour tour of the beautiful springs and waterfalls in the Upper Rogue River Basin. Learn more and register at http://bit.ly/Registration_SpringsInSummer.

— Presentations —

STAR PART AND PRESENTATION: CONSTELLATIONS

Saturday, August 24 from 8:30 – 10:30 pm. Learn about summer constellations as well as mythology, how to locate constellations and some interesting types of objects found within these star patterns. North Mountain Park, 620 N Mountain Ave, Ashland.

EMERGENCY PREPAREDNESS WITH THE AMERICAN RED CROSS

Wednesday, August 21 from 12 – 1 pm. Are you ready for an emergency or natural disaster? Learn what you can do to be prepared during a free program. Medford Library, 205 S Central Ave, Medford.

INTRODUCTION TO STRAW BALE BUILDINGS

Tuesday, August 20 from 6 – 8 pm. Learn how straw bale buildings are designed and built. Presentation includes a look at a few of nearly fifty, permitted straw bale homes in Jackson County. Register online or call the NMP Nature Center at (541) 488-6606. North Mountain Park, 620 N Mountain Ave, Ashland.

RAINWATER CATCHMENT SYSTEM DESIGN

Wednesday, August 21 from 6 – 8 pm. Participants will learn about rainwater catchment system components, beneficial uses, appropriate collection surfaces, pre-storage filtration and tank storage options. Register online or call the NMP Nature Center at (541) 488-6606. North Mountain Park, 620 N Mountain Ave, Ashland.

AUTHOR ANN SOUTHCOMBE AT OREGON BOOKS AND BLOOMSBURY BOOKS

Saturday, August 17 from 11 am at Oregon Books and Thursday, September 5 at 7 pm at Bloomsbury Books. Southcombe is the author of a touching memoir called "Tales From Gorilla Girl," talking about her many years working with various animals from the Cincinnati Zoo, to Wildlife Images and everywhere in between. Oregon Books, 150 NE E St, Grants Pass.

AUTHOR RON PRIDMORE AT OREGON BOOKS

Saturday, August 24 from 11 am – 2 pm. Pridmore hopes his first book about brave Templeton will foster a fondness for animals among young audiences. Oregon Books, 150 NE E St, Grants Pass.

AUTHOR J.J. WELCH AT OREGON BOOKS

Saturday, August 31 from 11 am – 2 pm. Welch's debut novel entitled "Spectrum" is a thrilling look about what happens when you exile all the law breakers, murders, thieves, to a world where chaos is King. Oregon Books, 150 NE E St, Grants Pass.

AUTHOR ERICA ELLIOTT AT BLOOMSBURY BOOKS

Monday, September 9 at 7 pm. Erica Elliott is a medical doctor with a busy private practice in Santa Fe, New Mexico. She has served as a teacher for Indigenous children on the Navajo Reservation in Arizona and in the mountains of Ecuador. Bloomsbury Books, 290 E Main St, Ashland.

LEARN ABOUT MASSAGE THERAPY

Thursday, August 22 from 1 – 2:30 pm. Rogue Community College invites you to an information meeting to learn about the massage therapy certificate program. Learn more at www.rogucecc.edu/massage. Rogue Community College, Building M, Room 1, 3345 Redwood Hwy, Grants Pass.

THE GRAND DAMS OF THE UPPER ROGUE

Sept. 4 at Medford Library and Sept. 11 at Ashland Library from 12 – 1 pm. Join Author Dennis Ellingson with Larry Sweem, who will talk about the construction of the dams, and USCofAE Ranger Joya Szalwinski, who will discuss current issues and flood control.



"SWEENEY TODD" WILL ENTERTAIN AND TERRORIZE AUDIENCES AT CABARET THROUGH NOV. 10.

— Stage —

OREGON SHAKESPEARE FESTIVAL

March through October. Hairspray: The Broadway Musical. Macbeth. Cambodian Rock Band. All's Well That Ends Well. As You Like It. How to Catch Creation. Between Two Knees. Mother Road. Alice in Wonderland. Indecent. La Comedia of Errors. Visit osfashland.org for tickets and more information.

THE LOST BOY

Sept. 6 through 22. Haunted by the tragic accident and his mother's harsh words, James M. Barrie slowly begins to confront his family's tragic past with the help of an unexpected friendship and his own gift for storytelling. \$15-18. Go to <https://www.barnstormersgap.org> for more info. Barnstormers Theatre, 112 NE Evelyn Ave, Grants Pass.

SWEENEY TODD

Aug. 29 through Nov. 10. "Sweeney Todd" stars Cabaret favorites Galloway Stevens as Sweeney and Valerie Rachelle as Mrs. Lovett. The London-inspired dinner menu for Sweeney Todd includes freshly baked meat pies. \$12-43. Learn more at oregoncabaret.com. Cabaret Theatre, 241 Hargadine St, Ashland.

NEVERLAND

Sept. 6 through Sept. 29. "Neverland," is a brand new adaptation of J.M. Barrie's Peter Pan that tells the iconic story from Wendy's perspective. Audience members will begin on LongSword Vineyard's patio and then physically travel with Wendy and the Darling children as they fly to Neverland. \$15. Learn more at www.wanderlusttheatre.co. LondSword Vineyard, 8555 Hwy 238, Jacksonville.



"SPOTLIGHT ON THE MAMAS & THE PAPAS" PERFORMS AT CAMELOT THEATRE THROUGH SEPT. 1.

SPOTLIGHT ON THE MAMAS & THE PAPAS

Through Sept. 1. Celebrate more than 50 years of the pop-folk-rock group that defined an era, as Camelot Theatre presents "Spotlight On The Mamas & The Papas." \$10-36. Learn more at camelottheatre.org. Camelot Theatre, 101 Talent Ave, Talent.

starting at 6 pm. Aug. 21 is thin sliced BBQ beef brisket, French green beans, cucumber and red potato salad, and Jalapeno cornbread. Aug. 28's dinner is cilantro marinated chicken skewers with romesco sauce, Mediterranean rice salad Watermelon, and feta and mint salad. Call (541) 535-7957 for more info and reservations. Paschal Winery, 1122 Suncrest Rd, Talent.

— Meetings —

WOMEN'S FEMINIST CONSCIOUSNESS - RAISING GATHERING

Sundays from 3:30 – 5:30 pm. This group is for women to gather and discuss feminist issues amongst one another. Boss Up Studio, 1 W 6th St, Medford.

ASHLAND DEATH CAFE

Wednesday, September 4 at 7 pm. Explore how death can inform and inspire the way we live. Come together in a relaxed setting to discuss death, drink tea, and eat delicious sweets. Space limited, registration required. Go to AshlandDeathCafe.com for more info.

— Food —

ROGUE VALLEY GROWERS & CRAFTERS MARKET

March 7 – Nov. 21 on Thursdays from 8:30 am – 1:30 pm. Hawthorne Park, Medford.
March 5 – Nov. 26 on Tuesdays from 8:30 am to 1:30 pm. National Guard Armory, 1420 E Main St, Ashland.
Mid-April to late September on Fridays from 4 pm – 7 pm. Jubilee Park, 307 S Junction Ave, Cave Junction.

WINE WEDNESDAYS AT THE ROGUE GRAPE

Wednesdays from 5 – 7 pm. Enjoy complimentary tastings from local wineries while chatting with the winemakers and learning about the wines. Visit us at www.theroguegrape.com. The Rogue Grape, 36 S Central Ave, Medford.

CORK 'N' FORK

Creative Celebrations will prepare August's dinners

— Film —

BAD FILM SOCIETY: NEVER BEEN THAWED

Sunday, August 18 at 6 pm. The Bad Film Society will meet to watch the frozen food aficionado film "Never Been Thawed." Bring a dish for the potluck and stay for the bad film and good times. \$4. Ashland Elks Dungeon, 255 E Main St, Ashland.

— Wellness —

COMMUNITY COUNSELING CENTER

The Community Counseling Center offers low cost, sliding-scale, professional counseling for individuals, couples, adolescents, families and children. \$40. Visit www.ccofashland.com or call 541-708-5436 for more information. The Phoenix Clubhouse, 310 N Main St, Phoenix.

AWARENESS THROUGH MOVEMENT WEEKLY FELDENKRAIS CLASS

Tuesdays from 6:30 – 8 pm. Unwind Your Spine! Mindful moves to regain lost mobility. We've all been brainwashed to believe decrepitude in inevitable after 50. Learn resilience for flexibility in mind and body. \$15-50, free for veterans. Learn more info at www.gabriellepullen.info. Feldenkrais Studio, 135 W. Main St., Jacksonville.

NATURE MEDITATION

Thursday, August 22 from 5 – 5:30 pm. Tune into nature with a guided meditation beneath the shade of a giant oak tree in North Mountain Park. Please register online or call the NMP Nature Center at (541) 488-6606. North Mountain Nature Park, 620 N Mountain Ave, Ashland.



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SOUND

As He Is Julian Marley at the Ashland Armory

BY VANESSA NEWMAN



JULIAN MARLEY
PHOTO CREDIT: JOEY CLAY

It is not his first time in Ashland, but it has been “many moons” since his last performance here and Julian Marley is ready to bring the love on August 24. Born in 1975 to Bob Marley and Lucy Ponder, the apple has not fallen far from the tree. Marley is a Rastafarian with a budding recreational and medical marijuana business (JuJu Royal) who embodies his moral, spiritual and global mission completely measuring time by the phases of the moon rather than the ticking of a clock. He is also a Grammy Award nominated musician who performed at the 2008 Beijing Olympic Games.

The new album by Marley, *As I Am*, was released in January. When asked about the title, he responds, “It is my experience of life. When I say, ‘As I Am’ it is about the music and the feelings that the artist has. It is not too difficult, and there are a lot of sounds expressed.” Basically, drop the stress, strife and overinflated ego if necessary and just chill. The title is as authentic as Marley during a phone interview with the *Messenger*. And when you listen to songs like: “Hey Jack” the message is abundantly clear, “Can I depend on you? Watch my step, can I depend on you? Presenting that they care and their persona fades.”

“Broken Sails” refers to a journey of the people that has been rougher than it needs to be in a world that can be compassionate. Marley’s message to young musicians is, “Do not take the nature out of the music.” He feels that so much of today’s music is moving away from the organic and becoming more digital that we are losing our connections to Mother Earth. “Music is a life-force energy,” and “our music always gives you something.” Positivity and “we are one people” are Marley’s blessed offerings.

Although the yearnings for hope in Marley’s albums are consistent, the music is ever changing. You cannot be as dynamic and visionary as Marley without innovation. Every song is a unique gift with positive vibrations.

Marley explains, “The great thing is that you never have to do the same thing twice. That is the fun and mystical part of music.” He does not consider himself only an entertainer, “There is no place that cannot be travelled to in order to spread the message.” Marley’s business, JuJu Royal, which sells CBD products including infused olive oil made from hemp grown in Colorado is straightforward too, using natural, organic ingredients grown sustainably.

Along with Marley, Indubious will also be performing lifting spirits with their positivity and courage. For those who do not know the story of this Oregon-based band, the founders are brothers and bandmates who have overcome the odds of living with Cystic Fibrosis. Their Album, “From Zero” which came out in 2017 had several hits topping the Reggae charts. One in particular, “He Who Has Ears,” is a lovely meditation with uplifting affirmations embedded in the melody. The songs and the band encourage everyone to “live indubiously” as their authentic selves without fear. Even in the face of disease, poverty or violence, being yourself is a gift benefitting the planet and its people.

Marley signs off, “I don’t plan the next step, I just continue on with Jah Works and somehow things seem to just come together naturally that way.”

JULIAN MARLEY WITH THE UPRISING BAND AND INDUBIOUS
8 pm, Saturday, August 24
Ashland Armory, 208 Oak Street, Ashland
\$35, advance. \$45, day of show.

Rogue Sounds

Derek Deon debut album *Floating in the Backseat While the World Goes By.*

REVIEWED BY PHIL BUSSE

Derek Deon has a sound: He calls it “dream-pop.” And it is on full display in his debut album, *Floating in the Backseat While the World Goes By*.

“This is an album that arose out of wanting to create something that embodied a feeling of nostalgia for long drives home in the backseat of my grandparent’s car,” he explains in an email to the *Messenger*. “The feeling of being a kid and finding peace in the low rumble of the engine, the quiet mumbling of their voices, and sometimes, the faint chatter of the radio.”

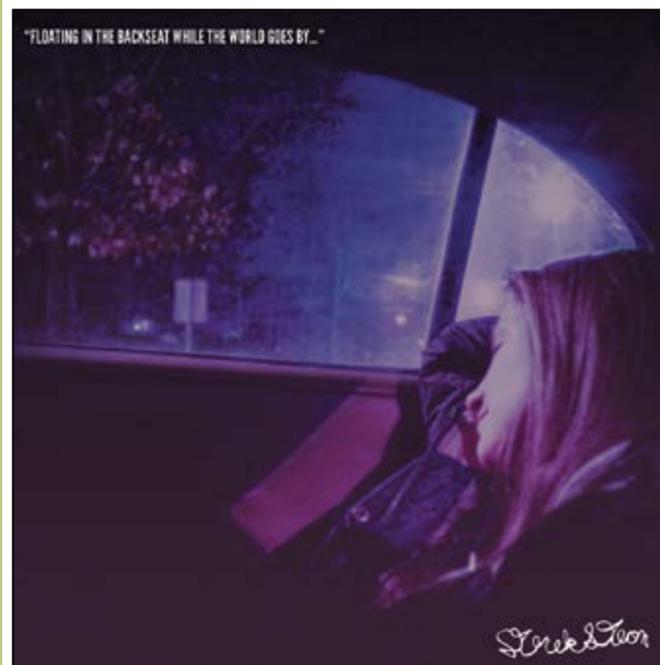
And certainly, *Floating in the Backseat While the World Goes By* captures that spirit of a summertime drive, with shadows and sunshine flitting through the windshield. The album—which is best when consumed whole, as one complete work of art, as opposed to individual tracks—starts with his voice, unhurried and with an easy-going confidence, set against an easy-going lounge backbeat; not tuxedoed cheesiness, but in the very best way, a strong, slow cadence that is simultaneously soothing and rocking. In his email to the *Messenger*, he calls it “neo-soul.”

His voice, the strong song writing, and the high quality of instrumentation (pulling in musicians from the likes of 100 Watt Mind), all combine for an overall likeability. But it is really the cleverness and confidence in the production decisions that make this record stand out, and one that is not always/often found with a debut album; layered, in the way that a summer day can seem simple and relaxed on its most accessible level, but reverberates with deeper satisfactions.

Track Two, “Melted Wax,” is my favorite. It starts with the same laconic sensibility and sound, but as the song progresses, lets out the reins a bit, building to an urging and yearning.

Likewise, each track clearly seems to start from this same musical sensibility, a certain mix of pithy brooding and self-satisfaction found in a Lana del Ray song or with a Justin Vernon album; but each track manages to wander in its own direction. The third track, for example, has the potential for a break-out song; a likeable melody with wry lyrics like, “I’d like to be there when you wake up, if only to make sure it’s me and not someone else.” While, the seventh track, “Everything Ends,” wanders off into surprising direction, introducing a wailing guitar that could just as easy back up a blues or country-western song. The variety is surprising, but also reminder that Deon isn’t a one-trick pony and exhibits a far-reaching love for music.

Deon will launch *Floating in the Backseat While the World Goes By* with a release party at the upstairs lounge at the Ashland Armory on August 31.



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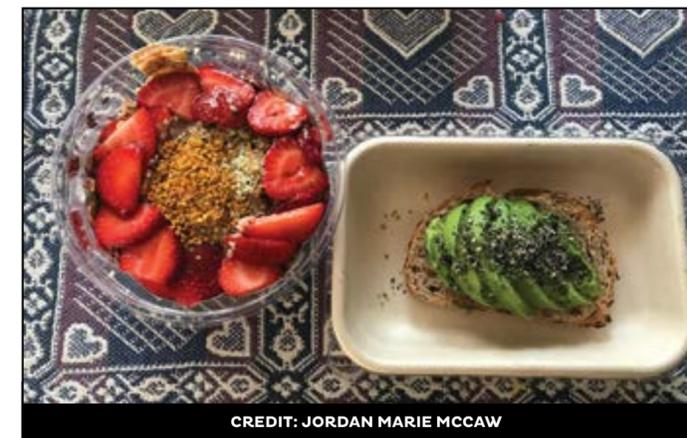


FOOD & Drink

Breakfast Bowls, Smoothies, and Toast

A Permanent Home for NorthWest Pine Apple

BY JORDAN MARIE MCCA



CREDIT: JORDAN MARIE MCCA

NorthWest Pine Apple has been around the Rogue Valley as a food truck for a few years, but has recently found a permanent location on N Riverside Avenue in Medford. The small building used to be a burger joint, but now has swung 180 degrees health-wise, and now serves hearty smoothie bowls.

The stand is drive-through only, making it perfect for a quick lunch break or an early morning grab. The simple yet rustic decor on the sign outside seems to continue its motif inside, at least that's what my husband and I could see while we were at the drive-through.

The menu is simple, compartmentalizing food into smoothie bowls,

smoothies, and avocado toast. The smoothie bowls are what landed the food truck on locals' maps. All smoothie bowls are available as small and large, and avocado toast can be ordered as one or two slices. Simple is as simple does.

I ordered a small Bee Love bowl (\$9). The smoothie base consisted of acai, cherry, and almond milk. Toppings included gluten free granola, almond butter, strawberries, hemp seeds, bee pollen, and raw honey. The base was mildly sweet and smooth, making it easy to dig my spoon clear to the bottom to get every ingredient in one bite. The mild sweetness of the base allowed the bee pollen and honey totally sweeten the

entire meal. It was my first time trying bee pollen, and it was one of my favorite parts of the bowl, paired perfectly with the almond butter, providing protein and making each bite creamy. The strawberries were fresh and the gluten-free granola was just the right amount by not taking over the dish.

My husband ordered a small Classic Acai bowl (\$7), which came with an acai, blueberry, and apple base. The apple got lost in the blueberry and acai flavors, but the base was sweet and thicker than the Bee Love Bowl. Gluten free granola, banana, blueberries, strawberries, coconut, and raw honey sat on top of the base. The coconuts were hearty shavings that added a nice crunchy texture with the granola. Like the Bee Love, the fruit was fresh and delicious. The raw honey was the icing on the cake, made even better when mixed in with the sweet base.

We also ordered one slice of avocado toast (\$5) with truffle, sesame, and sea salt. The ripe avocado was served sliced along the top of the multigrain toast. Everything else was sprinkled generously on top. The truffle and sesame complimented each other to deliver a toasty flavor. For \$5, however, the slice of toast was a bit underwhelming, size-wise; hardly the size of my hand. It's really the toppings one is paying for; even so, I was surprised to see how small the

actual slice of toast was. Nevertheless, it was tasty, fresh, and a nice flavor contrast to our bowls.

I also ordered nitro cold brew with coconut milk creamer from Griffin Creek Roasters. The nitro was wonderfully smooth made smoother by the coconut milk creamer. Many local cold brews pack a big flavor punch, but this smooth cold brew's flavors were on the softer side, down to the last drop.

Everything at NorthWest Pine Apple is gluten and dairy free. Many of the ingredients are also sourced locally. The smoothies also are generous, each one seems like a meal in itself. Flavors range from turmeric, black pepper, and cinnamon to mango, banana, almond butter, and blue algae. Kids smoothies are also available for \$3.50.

The service was friendly, helpful, and fast. I expected a little bit of a wait, assuming the bowls would take some time, but we waited only a couple minutes. If you're in a rush, though, you can call ahead to place your order. NorthWest Pine Apple is perfect for breakfast and pretty much any warm day of the week.

NORTHWEST PINE APPLE
7:30 am – 2:30 pm, Monday – Friday
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DRINK Local

Growing Up

Dana Campbell Vineyards in Ashland

BY NICK BLAKESLEE

This year, I invested in my own health insurance for the first time ever. This has less to do with me "growing up" or "having liquid funds" and more to do with my rate of injury since turning 30. I pulled a muscle the other day reaching down to pet a cat.

Depressing.

Other than the \$32,000 deductible, A perk of insurance is I get my very own doctor. Someone who can take a look at all those pulled muscles and growing rosacea patches on my face and diagnose me with "old age." I was feeling pretty good, and then I got to the section on the new-patient form for alcohol consumption. Call me sensitive, but I didn't really feel like my intake necessitated the "excessive" category. Two beers after work? And then a couple on the weekends? Don't they know that these drinks put food on my table? This column isn't going to write itself. I t didn't help that I was a couple of glasses of wine deep while filling out the form. I came clean to my doctor.

"Doc," I said. "I gotta be honest, I had a few glasses of wine at Dana Campbell before I got here."

"Dana Campbell?" He responded. "That place is great."

He's not wrong. I've been going to Dana Campbell since I learned about the fact that I had a vineyard less than a mile from my front door. It's practically in my backyard. My friends and I have watched many-a-sunset there.

Their property is absolutely stunning. Their staff very kind. And I've always enjoyed their affordable charcuterie.

Oh, and the wines are great too. I had a glass of their 2012 Tempranillo. A really well-balanced wine with a full-body, some fruit front flavors and a tiny bit of cinnamon and other spices as a finish. The second glass was the Mourvedre Rose, a perfect wine to pair with this hot summer heat. It had lovely floral notes, a rounder body and small hint of dark cherry. Most of all, refreshing. Finally, and my favorite, was the 2012 Malbec. Big, bold, a bit of blackberry, but no lingering tannin. I love to order this with their meatball plate, it holds up nicely. Honestly, this is usually all I drink. And yes, I have a bottle of it at my home.

Dana Campbell's greatest value, for me, comes most from its atmosphere. The large, expansive windows reveal the splendor our valley has to offer, even when forced to stay inside. And during the summer and spring, their patio is great to go with a few friends and share a bottle. They even have a firepit.

Being an adult doesn't have to be all bills, insurance, and health scares. There's some good stuff too. Sometime it means I get to go to my backyard vineyard, drag a chair to the edge of the patio, put my feet up and read my book while enjoying a glass of Malbec.

Growing up ain't half bad.



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SCREEN

A Woman for the Wild Gorilla Girl World Premier

BY CATHERINE KELLEY

Sometimes the bond between human and animal goes to such depths it can break barriers to our understanding. Heartisan Films and Wildlife Images announce the world premiere of *Gorilla Girl*, a documentary chronicling the life of animal relations specialist, Ann Southcombe, as she gives us an intimate glimpse into the intricate minds of these non-human earthlings.

Since childhood, Southcombe has held a special connection with animals and knew early in life all she wanted to do was to be with them and to help them.

“The only place to do that after I graduated high school was the local zoo,” she says. But in 1965 the Cincinnati Zoo didn’t hire women.

“I had to wait five years and then I became the second woman hired,” she recalls. “That’s when I raised all kinds of baby exotic animals like tigers and lions and gorillas.”

Southcombe’s love and admiration for gorillas took her into teaching them sign language. At the University of Tennessee she became a surrogate parent and teacher to Chantek, an orangutan she worked with for seven years. The journey, she admits, was emotionally hard.

“Anybody that has an animal knows the heart connection you have with them,” she says. “They’re very much like us; they think and feel on a heart-soul level. You get attached and then you have to leave or they die.”

Over the years she moved throughout the country and parts of South



THE WORLD PREMIERE OF GORILLA GIRL IS COMING TO GRANTS PASS
PHOTO CREDIT: MELANIE FINE

America, helping and teaching animals before arriving at Wildlife Images Rehabilitation and Education Center in Grants Pass where she worked in the wildlife hospital. Over a thousand animals are rehabilitated each year at the facility, with the goal of releasing them back to the wild.

“There aren’t many places like Wildlife Images,” she says. “You know, the way humans destroy animals, we need one place that puts them back.”

“We wanted to create a series about people having a unique connection to the earth, a special relationship to nature,” says filmmaker and co-director, Antonio Melendez. “To do the pilot, I reached out to Ann thinking we were just going to do a 10-minute film but her story was so rich we wound up doing a 45-minute piece about her.”

Melendez, founder of Heartisan Films in Grants Pass, co-directed the film with videographer and editor, Rob Grobman, to produce the documentary which spans four decades of Southcombe’s work.

“My biggest hope is that Ann’s message affects peoples’ lives in some way because she wants this event to raise awareness about animals’ consciousness,” says Grobman. “And for Heartisan, it’s always about finding ways that we can take our medium and make it more impactful and hopefully inspire action and change.”

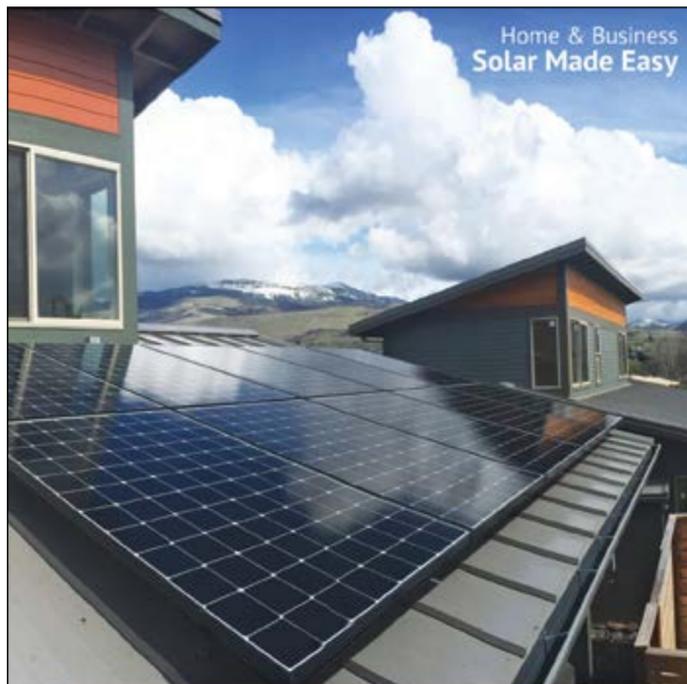
Gorilla Girl is the pilot for Heartisan Films’ nature series *In Our Element*, which will focus on people with unique perspectives and approaches to their relationship with nature. After producing numerous fund-raising films for local non-profit organizations in Jackson and Josephine counties, Melendez, who is also a professional photographer, musician and writer, says Heartisan Films is now transitioning into creating their own passion projects.

“I’ve always been a story teller and I love listening,” Melendez says. “Stories are sacred and it’s an honor to share them in an honest and beautiful way.”

All proceeds from the event will go to Wildlife Images and Coming Attractions Theatres of Ashland has donated their Southgate Cinemas in Grants Pass for the viewing.

Southcombe’s new book *Tales From Gorilla Girl: the Magic and Mystery of My Life with Animals* will be available for purchase. A Q&A with the directors and Southcombe, as well as an Animal Ambassador Encounter with Wildlife Images, will follow the film.

GORILLA GIRL WORLD PREMIERE
6 pm, Saturday, August 17
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CULTURE

Kick up Your Heels Dancing at Lughnasa Hits the Floor

BY VANESSA NEWMAN

Lughnasa is a Celtic Feast Day celebrated on August 1, so it is fitting that Medford’s Collaborative Theater Project would be opening its production of *Dancing at Lughnasa* in August. The play, written in 1990 by Brian Friel, starts August 22 and runs through September 15. Directed by Rick Robinson of Ashland’s Cabaret Theatre, this will be his third play for the Collaborative. Although he is usually directing comedy, he enjoys the opportunity to, “rip the pathos of human life out” as he puts it.

“The production is a drama,” he says. “There are tragic things happening in the piece. I don’t think you can have tragedy without joy. But there is real beauty and humor in this piece. Certain things turn tragic, but we are going to enjoy the whole story,” he explains.

When asked why this play was selected Robinson said, “Susan (Aversa-Orrego) knew she wanted me to direct and I wanted to direct here again. She gave me a big stack of plays and I chose the one that spoke to me the most out of the pile. Last year, we talked about doing *Translations* also written by Friel, but I like *Dancing* better. In Friel’s Tony award-winning play, the narrator Michael recounts his experience of spending a summer with his Aunt and her sisters when he was seven. The story takes place in 1936 in the imaginary town of Ballybeg, Ireland, and although the play was written almost thirty years ago, it is amazingly relevant. The five unmarried women wrestle with their ideas of love, romance, mothering, and morality.”

Robinson adds, “It is beautiful. It is authentic. It is like a dream. It is like you are being transported to this time period. It is a memory piece and when the actors are really in it, it is a beautiful piece.”

Robinson has worked with almost everyone in the cast before, but both Paul Cosca who plays the role of Gerry Evans and Sarah Clausen who plays Rose Mundy are new to Collaborative Theatre Project. In order to get ready for opening night, they have been hard at work. Robinson states, “I think I learned my lesson for *Lend me a Tenor*. I made concessions for people’s schedule. It did not feel fully baked. I started my rehearsal very early for *Dancing at Lughnasa* and did a lot of table work.”

One of the lead characters, Kate Mundy, is portrayed by Renee Hewitt. The



RICK ROBINSON
PHOTO CREDIT: LUCAS BLAIR



RENEE HEWITT
SUBMITTED BY: RENEE HEWITT

Messenger asked Hewitt about her experience working on this production with Robinson.

Rogue Valley Messenger: What is it like working with Rick as a director?
Renee Hewitt: Fantastic. Rick is wonderful. The way I work as an actress, I love a lot of back story and delving into subtext. He does a lot of table work and he is very collaborative. You will start on a certain page and everyone is reading their parts. Rick will stop you and say why did she say that and why is it important. And ask questions to get people talking and conversing and giving ideas. He will offer his ideas and be clear that he is not leading you to think his way but finding out what you think.

RVM: Being the main character in the play, do you feel extra responsibility to perform well?

RH: Well, it is such a real ensemble piece. There is really no one person, so I do not really feel extra responsibility in this case. I think it is a beautiful story about the relationships of these sisters. Typical relationships that are difficult but there is a lot of love. There is a lot of depth to the story and I like the depth.

DANCING AT LUGHNASA
1:30 and 7:30 pm, Thurs., August 22 through Sun., September 15
Collaborative Theatre Project, 555 Medford Center, Medford
\$15 – \$25

Art Watch

To Be Heard and to Listen Rogue Poetry Slam

BY JORDAN MARIE MCCAIG



SLAM MASTER ALEX BREHMER PERFORMING
PHOTO CREDIT: SUBMITTED BY ALEX BREHMER

Rogue Poetry Slam has been taking over Black Sheep Restaurant & Pub in Ashland the third Tuesday of every month since 2013. The scene often depicts an audience silently and attentively listening to an original poem recited by a single person.

Rogue Poetry Slam was founded by T-Poe Varnado. According to current Slam Master Alex Brehmer, “It was born out of need,” she says, adding

poets out of their comfort zone, but it’s not the money that matters. It’s the sharing of art, and the existence of a space in which it is safe to do so, that makes the slam worthwhile.”

Becoming Slam Master was something Brehmer wasn’t expecting, but accepted graciously. “In truth, the honor was bestowed upon me because I was a regular attendee (and had been for three years), was

well versed in the process, and all but cried when I got the offer.” Brehmer began writing poetry at 16. Slam Poetry brought her out of her comfort zone and challenged her to write outside of the classroom. “It was totally terrifying—and I absolutely loved it. I’ve been writing and performing poetry ever since!”

She says it takes strength to participate in a poetry slam. Brehmer hopes those who participate feel both relief and pride. “Pride, in that they had the guts to perform in front of a bunch of people, and relief in that they survived doing so.” She also hopes those who simply attend the event feel connected to those participating. She adds, “Poetry is a fantastic way to build empathy for our neighbors and to recognize the beauty within our own lives.”

ROGUE POETRY SLAM
8 pm, Tuesday, August 20
Black Sheep Restaurant and Pub, 51 N. Main Street,
Ashland

SPORTS & Outdoor

This Rogue was Made for Rafting

Interview with a Raft Guide

INTERVIEW BY SARA JANE WILTERMOOD

Known for the Rogue River tumbling through the region, and the tourist attraction it catches in its currents, local rafting companies have been enjoying a particularly high water mark this year, with record numbers of visitors and tourists. The *Messenger* caught up with Mike Slagle with Orange Torpedo Trips in Merlin, who has been riding the Rogue River for nearly 50 years. Yes, since, oh, about the time of Woodstock (the first one!).

Rogue Valley Messenger: This rafting season has obviously been stellar compared to the past couple of smoky summers. How has that difference impacted your business and what else about this season stands out to you?

Mike Slagle: I believe that our day trip numbers are up due to the better conditions. The past two years affected our day trips much more than the multi day trips. This season has been terrific in terms of weather and water conditions.

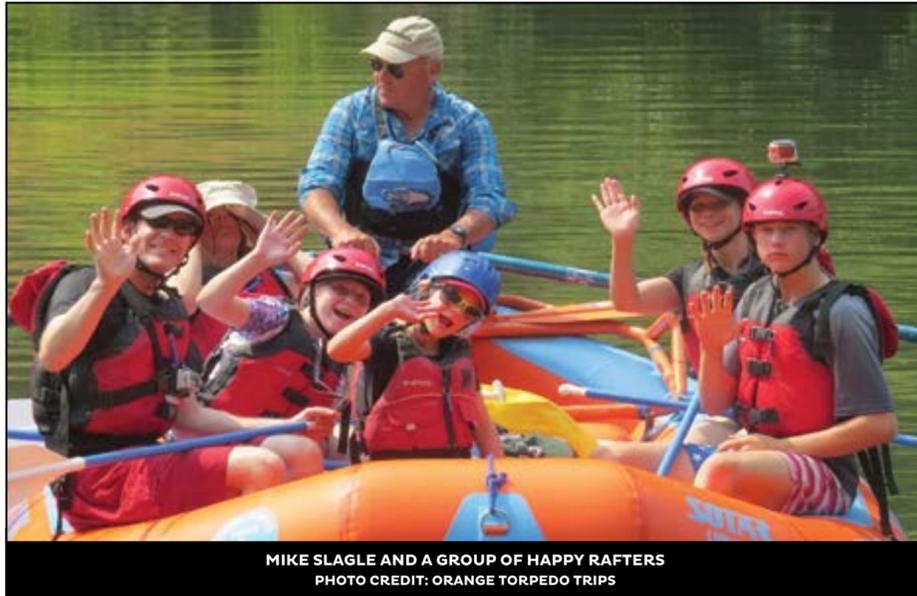
RVM: What is the ratio of locals versus out-of-towners that your business serves?

MS: On our multi day trips we probably have 90 percent of our guests from out of the area. They are almost unanimously in awe of the area and its natural beauty. On the day trips and rental business, we have a higher percentage of local guests.

RVM: Orange Torpedo Trips and White Water Cowboys have been around a long time (1969 for Orange Torpedo). What is the difference between the two, and what changes has the company had to make over the years? How do you think have those changes have influenced local recreation and tourism?

MS: Orange Torpedo Trips is our guided trip business. White Water Cowboys is the raft rental and shuttle service. Over the years both companies have improved and standardized their equipment. On the guided side, we have seen a change from almost all inflatable kayaks to a mixture of kayaks and paddle rafts. This has been a good change because it allows more families and “less adventurous” folks to experience the river.

RVM: What do you think the future of rafting on



MIKE SLAGLE AND A GROUP OF HAPPY RAFTERS
PHOTO CREDIT: ORANGE TORPEDO TRIPS

the Rogue River holds?

MS: I think the future of rafting on the Rogue River is good. We have a number of outstanding outfitters that run good trips. As long as we can keep the skies clear of smoke, I believe the rafting industry will thrive.

RVM: In your opinion, what is the best run on the Rogue?

MS: In my opinion, the best run on the Rogue is the Wild Section from Grave Creek to Foster Bar. Once you drop in to Grave Creek Rapid, it is like you are 10,000 miles away from civilization. I have done this run close to 700 times and it never ceases to amaze me.

RVM: What is your favorite rapid, and why?

MS: In a kayak, Mule Creek Canyon. It is long

and fun and feels like an amusement park ride that just happens to have world class scenery. In a raft, Blossom Bar. There is a great feeling of accomplishment getting a paddle raft through the maze of rocks that make up this rapid. 🍷

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WELLNESS

Got O2?

Taking a Deeper Breath

BY DR. DANIEL SMITH

In addition to water and sugar, oxygen is also necessary for the maintenance of optimal health. It should come as no surprise then, that a deficiency of oxygen in the tissues is a major contributor in the development and progression of degenerative and chronic disease. Many, if not all, progressive health issues can benefit from or be resolved with the assistance of Hyperbaric Oxygen Therapy (HBOT).

But what exactly is HBOT? Essentially, HBOT consists of a person entering a chamber that is then pressurized. While inside, the person breathes in higher concentrations of oxygen. This increase in both pressure and oxygen is the magic combination that leads to phenomenal health benefits! However, before I get into a review of the benefits, let me first review everyone’s favorite dinner topic: oxygen and physiology.

As pressure, oxygen concentration, or both increase, more oxygen is forced into the blood and subsequently the

tissues. Normally, oxygen is carried by our red blood cells. However, given that the red blood cells are typically already loaded up with oxygen, they have very little additional oxygen carrying capacity. As a result, the extra HBOT oxygen is forced into plasma –

HBOT has been meticulously demonstrated to reduce swelling and inflammation, up-regulate antioxidant levels, increase cellular respiration... and accelerate the ability of bones to knit together.

the liquid portion of the blood. With time, this extra oxygen easily seeps into even the smallest blood vessels of the

surrounding tissue, producing all kinds of beneficial effects.

There! That wasn’t so bad was it? So what are these beneficial effects? HBOT has been meticulously demonstrated to reduce swelling and inflammation, up-regulate antioxidant levels, increase cellular respiration and energy levels, protect cells from oxidation, stimulate repair of blood vessels, improve digestion, promote wound healing, improve immunity and accelerate the ability of bones to knit together.

When one considers that a large part of all chronic disease and infection is a function of the corrosive and oxidative effects of low oxygen, it becomes intuitive that improving oxygen saturation of tissues will help to reverse the debility of disease. This is true! The common link between a heart attack, a raging bacterial infection, cancer and traumatic injury is that each of these conditions progresses in part due to disrupted or reduced oxygen flow. Consider some of the following conditions that have been *medically approved* for HBOT treatment: severe anemia, carbon monoxide poisoning, crush injuries, advanced soft tissue infections, enhancement of poorly healing diabetic wounds and acute burn injuries. All of these conditions share the common link of poor oxygen delivery to tissues.

Research also demonstrates impressive benefits for “off-label” use of HBOT in conditions such as traumatic brain injury, cerebral palsy, stroke, lupus, recent myocardial infarctions, Lyme disease, autism, migraines, sports injuries, infectious illness, cancer and much more. Many of the benefits of HBOT in these conditions have been substantiated by SPECT scans, a type of nuclear imaging test that can show both blood flow and metabolic changes to tissues both before and after treatment. Such studies can easily be found on the internet.

When it comes to the actual design of chambers, there are two basic types – “hard” and “soft” shelled chambers. At Bear Creek Naturopathic Clinic we utilize a soft shell chamber. Soft shell chambers consist of a sturdy, flexible bladder that is air tight once zipped closed. These chambers operate at lower pressures compared to hard shell chambers and are always flooded with pressurized room air. An external



DR. DANIEL SMITH

Dr. Daniel Smith practices at Bear Creek Naturopathic Clinic. His office is on 2612 Barnett Ave. He specializes in naturopathic oncology, but still maintains a strong family practice, treating all manner of conditions. He can be reached at 541-770-5563 or at drdanielnd@gmail.com. If you would like to schedule an appointment, please ask specifically for Dr. Dan

oxygen concentrator attached to the chamber miraculously takes the 21% oxygen found in room air and concentrates it so that nearly 100% oxygen flows out into the delivery line.

The experience in the chamber is extremely relaxing. Both reading and watching a movie on your computer are common pastimes during HBOT session. Sessions typically are 90-120 minutes, although positive benefits have been demonstrated in as little as 30 minutes.

The time spent in an HBOT chamber is referred to as a dive. In a soft shell chamber, a dive subjects the participant to a pressure equivalent to what you feel under about 12 feet of water. Hard shell chambers subject the participant to much deeper dive pressures. It is important to note that the difference in pressures between soft and hard shell chamber likely has no impact upon efficacy of treatment, provided that the participant remains in the soft shell chamber for a bit longer than s/he would in a hard shell chamber. This extra time enables the participant to achieve an equivalent level of oxygen saturation in their tissues.

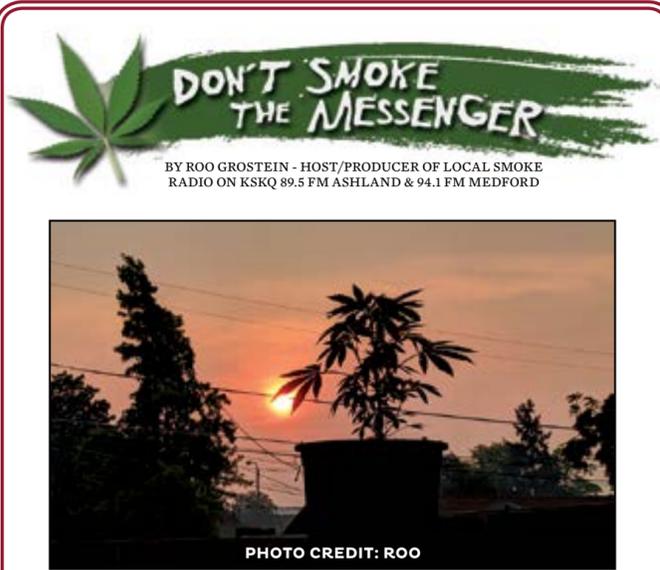
For those who are suffering from the conditions discussed here, consider HBOT to be a therapy that has the potential to achieve remarkable results in a very short period of time. 🍷

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Cannabis & Fire Season

The Milepost 97 Fire near Canyonville reminds me that our community now makes annual fire preparations a fact of life. Vineyard visitors and Shakespeare lovers alike have been overheard complaining of a smoky taste in the wine after a bad season of fires. Local businesses see sales dip. People generally dread going outdoors. The benefits of Southern Oregon summer living start to feel squashed.

Problems We All Face: Like everyone, cannabis workers dread smoky summers. Even with proper masks--choose an N95 or N100 mask--it's still miserable to spend your waking life immersed in harsh, acrid air. Energy levels, coping skills and general wellness are stifled. Less tourism means less \$\$\$ and that includes dispensaries. This pain trickles up through the cannabis business supply chain. The hurt comes back around to the many farms which support the greater local economy. But cannabis businesses and consumers should be raising some other concerns when it comes to this lung-tormenting onslaught.

Issues Unique to Cannabis: I have heard it enough to believe that a long period of smoke blocking the light will send plants into their flower cycle earlier. This could mean a few things including throwing a farmer's season schedule off or even lower yields from a shorter vegetative period.

But when smoke fills the air during harvest time, new problems are introduced, of which the cannabis community should be aware. Depending on what is burning in the fires many different chemicals and compounds might be floating around in the air, waiting to cling to the sticky resin of a cannabis cola ripe for harvest.

According to the U.S. Forest Service, "The wide variety of pollutants released by wildland fire include greenhouse gases (carbon dioxide (CO2), methane (CH4), nitrous oxide (N2O)), photochemically reactive compounds (e.g., carbon monoxide (CO), non-methane volatile organic carbon (NMVOC), nitrogen oxides (NOx)), and fine and coarse particulate matter (PM)."

But in the developed world, things can get worse. After the Santa Rosa fire last year, Leafly detailed potential dangers to cannabis consumers when modern civilization burns near grows. "... melted gas pipes, power lines, even a cellphone tower. The blaze ... scorched thousands of homes and cars, releasing metals into the air. When rubber, fiberglass, paint, and electrical equipment burn they release uncommon and highly dangerous toxins, such as dioxins and other biphenyl compounds."

What Can Cannabis Businesses & Consumers Do To Protect Themselves? When I called Greenleaf Labs in Portland, a representative, Julia said, "Unfortunately, we don't really know what we'd be looking for." She offered that perhaps an environmental testing lab might offer this sort of service.

In Oregon, testing for fire contaminants is not required for cannabis products. While it would be great if cannabis testing labs were able to provide this as a cost-effective service for those worried about possible contamination, this is not one of the headline concerns in our fledgling industry. So we are left to trust that good judgments will be made all around.

Consumption: If possible, avoid using combustion when consuming potentially smoke-tainted cannabis. Edibles or vaporization might be a better option as many toxins landing from fires can go through further chemical conversion often becoming more dangerous when combusted and inhaled. Be careful when consuming concentrates or extracts. If the potency of the medicine has been concentrated, so have the contaminants. Finally, knock on weed in hopes that we stay fire-free for the rest of this year!

FREE WILL ASTROLOGY Week of August 15

LEO (July 23-Aug. 22): Moray eels have two sets of jaws. The front set does their chewing. The second set, normally located behind the first, can be launched forward to snag prey they want to eat. In invoking this aggressive strategy to serve as a metaphor for you in the coming weeks, I want to suggest that you be very dynamic and enterprising as you go after what you want and need. Don't be rude and invasive, of course, but consider the possibility of being audacious and zealous.



gazing more deeply into your soul and entering into a more profound relationship with your mysteries. In other words, you have cosmic permission to be more forthcoming in showing people your beauty and value.

PISCES (Feb. 19-March 20): In his Anti-Memoirs, author André Malraux quotes a tough-minded priest who served in the French Resistance during World War II. He spent his adult life hearing his parishioners' confessions. "The fundamental fact is that there's no such thing as a grown-up person," the priest declared. Even if that's mostly true, Pisces, my sense is that it is less true about you right now than it has ever been. In the past months, you have been doing good work to become more of a fully realized version of yourself. I expect that the deepening and maturation process is reaching a culmination. Don't underestimate your success! Celebrate it!

VIRGO (Aug. 23-Sept. 22): It's relatively rare, but now and then people receive money or gifts from donors they don't know. Relatives they've never met may bequeath them diamond tiaras or alpaca farms or bundles of cash. I don't think that's exactly what will occur for you in the coming weeks, but I do suspect that you'll garner blessings or help from unexpected sources. To help ensure the best possible versions of these acts of grace, I suggest that you be as generous as possible in the kindness and attention you offer. Remember this verse from the Bible: "Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."

LIBRA (Sept. 23-Oct. 22): Libra-born Ronald McNair was an African American who grew up in a racist town in South Carolina in the 1950s. The bigotry cramped his freedom, but he rebelled. When he was nine years old, he refused to leave a segregated library, which prompted authorities to summon the police. Years later, McNair earned a PhD in Physics from MIT and became renowned for his research on laser physics. Eventually, NASA chose him to be an astronaut from a pool of 10,000 candidates. That library in South Carolina? It's now named after him. I suspect that you, too, will soon receive some vindication, Libra: a reward or blessing or consecration that will reconfigure your past.

SCORPIO (Oct. 3-Nov. 21): Scorpio author Zadie Smith wrote, "In the end, your past is not my past and your truth is not my truth and your solution—is not my solution." I think it will be perfectly fine if sometime soon you speak those words to a person you care about. In delivering such a message, you won't be angry or dismissive. Rather, you will be establishing good boundaries between you and your ally; you will be acknowledging the fact that the two of you are different people with different approaches to life. And I bet that will ultimately make you closer.

SAGITTARIUS (Nov. 22-Dec. 21): "Nothing fruitful ever comes when plants are forced to flower in the wrong season," wrote author and activist Bette Lord. That's not entirely true. For example, skilled and meticulous gardeners can compel tulip and hyacinth bulbs to flower before they would naturally be able to. But as a metaphor, Lord's insight is largely accurate. And I think you'll be wise to keep it in mind during the coming weeks. So my advice is: don't try to make people and processes ripe before they are ready. But here's a caveat: you might have modest success working to render them a bit more ready.

CAPRICORN (Dec. 22-Jan. 19): "For though we often need to be restored to the small, concrete, limited, and certain, we as often need to be reminded of the large, vague, unlimited, unknown." Poet A. R. Ammons formulated that shiny burst of wisdom, and now I'm passing it on to you. As I think you know, you tend to have more skill at and a greater inclination toward the small, concrete, limited, and certain. That's why, in my opinion, it's rejuvenating for you to periodically exult in and explore what's large, vague, unlimited, unknown. Now is one of those times.

AQUARIUS (Jan. 20-Feb. 18): "Look into my eyes. Kiss me, and you will see how important I am." Poet Sylvia Plath wrote that, and now, in accordance with astrological omens, I'm authorizing you to say something similar to anyone who is interested in you but would benefit from

(March 21-April 19): How did sound technicians create the signature roar of the fictional monster Godzilla? They slathered pine-tar resin on a leather glove and stroked it against the strings of a double bass. How about the famous howl of the fictional character Tarzan? Sonic artists blended a hyena's screech played backwards, a dog's growl, a soprano singer's fluttered intonation slowed down, and an actor's yell. Karen O, lead singer of the band Yeah Yeah Yeahs, periodically unleashes very long screams that may make the hair stand up on the back of her listeners' necks. In accordance with astrological omens, I'd love to see you experiment with creating your own personal Yowl or Laugh or Whisper of Power in the coming weeks: a unique sound that would boost your wild confidence and help give you full access to your primal lust for life.

TAURUS (April 20-May 20): "If your dreams do not scare you, they are not big enough," said Ellen Johnson Sirleaf, ex-President of Liberia. In accordance with astrological imperatives, I propose that we make that your watchword for the foreseeable future. From what I can tell, you're due to upgrade your long-term goals. You have the courage and vision necessary to dare yourself toward an even more fulfilling destiny than you've been willing or ready to imagine up until now.

GEMINI (May 21-June 20): How did our ancestors ever figure out that the calendula flower can be used as healing medicine for irritated and inflamed skin? It must have been a very long process of trial and error. (Or did the plant somehow "communicate" to indigenous herbalists, informing them of its use?) In any case, this curative herb is only one of hundreds of plants that people somehow came to adjudge as having healing properties. "Miraculous" is not too strong a word to describe such discoveries. According to my analysis of the astrological omens, Gemini, you now have the patience and perspicacity to engage in a comparable process: to find useful resources through experiment and close observation—with a hardy assist from your intuition.

CANCER (June 21-July 22): Today the city of Timbuktu in Mali is poor and in the throes of desertification. But from the fourteenth to seventeenth centuries, it was one of the great cultural centers of the world. Its libraries filled up with thousands of influential books, which remained intact until fairly recently. In 2012, Al-Qaeda jihadists conceived a plan to destroy the vast trove of learning and scholarship. One man foiled them. Abba al-Hadi, an illiterate guard who had worked at one of the libraries, smuggled out many of the books in empty rice sacks. By the time the jihadists started burning, most of the treasure had been relocated. I don't think the problem in your sphere is anywhere near as dire as this, Cancerian. But I do hope you will be proactive about saving and preserving valuable resources before they're at risk of being diluted, compromised, or neglected.

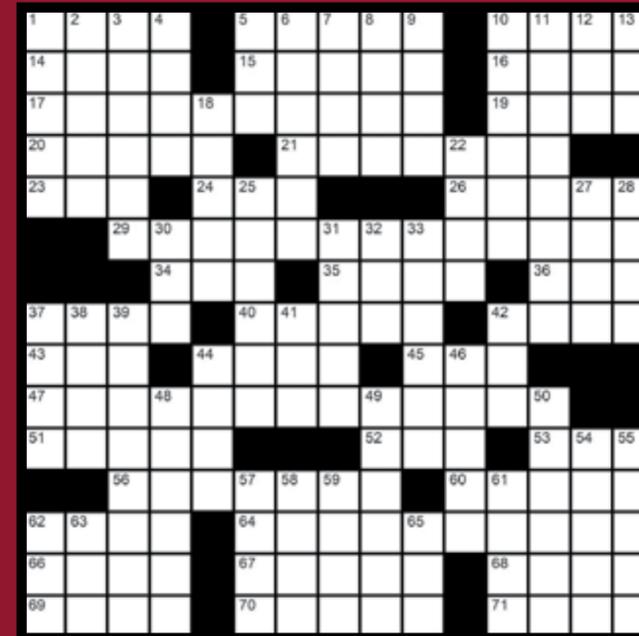
(Editor: Here's this week's homework.)

The Japanese poet Ikkyu said, "To all I care about, here's a friendly tip: enlightenment is gaffe upon error upon blooper." Do you agree? FreeWillAstrology.com.

REC ROOM

KICKIN' IT AROUND

VISUALIZE YOUR GOALS
— MATT JONES



ANSWERS AT ROGUEVALLEYMESSENGER.COM

Across

- Door piece
- "Good Eats" host Brown
- Geometric art style
- Miscellany
- Jordan heard in "Toy Story 4"
- Island WNW of Molokai
- Speedometer locations
- Sandpaper grade
- Song starter
- Oktoberfest snack
- Language suffix
- 2006 Nintendo debut
- High-priced Japanese beef
- Part of the French Revolution noted for guillotines
- Brad's "Once Upon a Time in Hollywood" costar
- New Zealander, informally
- Workout unit
- Corner office occupant
- Pageant wear
- Kiddo
- Waze, for one
- ___ Bizkit
- Intelligence-gathering org.
- Cheerleader's equivalent to "jazz hands"
- Willamette University locale
- Positive vote
- "Barry" network
- Canadian beer orders
- Word after trade or credit
- Pro sports org. with teams whose names begin the four theme entries
- Annual June celebration
- Leave suddenly
- Like almost all music
- ___ noire (fearsome thing)
- Overly ornate
- "Thong Song" performer
- Georgia used to be part of it

Down

- "Hotel Artemis" star Foster
- Alda and Arkin, for two
- Title that's usually abbreviated
- 1922 physics Nobelists Niels
- GI's address
- "___ lizards!" (comment from Annie)
- Oreg., formerly
- "Ye" follower, sometimes
- Fit like Russian dolls
- Folded-over page corner
- Tea flavored with bergamot
- Life force
- On loan
- Ziggy Stardust's alter ego
- Two, to Tom Tykwer
- Outfielder's yell
- Part of NYSE
- Instinctive impulse
- Golfer Ernie
- Giraffe-like creature
- Christmas tree type
- Like some country songs
- Les Claypool's instrument
- "___ Gangnam style ..."
- Tells a secret
- Global currency org.
- Steamrolled stuff
- Life partner?
- No-___ (gnat)
- "Are you kidding me?"
- Where Microsoft trades
- Polishes
- Bertie ___ Every Flavour Beans ("Harry Potter" candy)
- '___ Majesty's Secret Service"
- Units with nos.
- "Star Trek" counselor Deanna
- Sardine containers
- Celebrity chef Matsuhisa, or his restaurant
- Pelicans' gp.
- Kids' card game for two
- "Xanadu" group, initially

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SUDOKU

NO. 228 - MEDIUM

				2			3	
6	2							4
3		9	5					
	3		1	7		9		2
		5				7		
7		2		6	5		4	
					3	8		1
8							6	9
	6			4				

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Previous solution - Easy

3	4	8	7	6	9	1	2	5
9	7	6	5	2	1	3	4	8
5	2	1	4	3	8	9	6	7
7	6	5	8	1	4	2	3	9
1	3	9	2	7	5	4	8	6
4	8	2	3	9	6	7	5	1
8	9	4	1	5	3	6	7	2
2	1	3	6	8	7	5	9	4
6	5	7	9	4	2	8	1	3

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13	14	15
21	22	23
27	28	29

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