

Volume 5, Issue 16 // September 13 - September 26, 2018



W ROGUE VALLEY T F MESSENGER

YOUR LOCAL, NON-PROFIT, INDEPENDENT NEWSPAPER



SOUND

SLOW CORPSE AND
BROTHERS REED INTERVIEWS

PG
16

FOOD

MAKING MEDFORD GREAT!

PG
18

SCREEN

KLAMATH FALLS FILM
FESTIVAL SPOTLIGHTS OREGON

PG
20

**OUR
ENTREPRENEURSHIP
ISSUE**

THE **BIG** BUSINESS
OF SMALL FARMS

PASSES ON SALE NOW.
FESTIVAL TICKETS ARE AVAILABLE 9/16/18



BEND FILM FESTIVAL

OCTOBER 11-14, 2018

CHANGE HAPPENS HERE.

BENDFILM!
a celebration of independent cinema

BendFilm.org



ACADEMY-NOMINATED DIRECTOR DEBRA GRANIK.



111 FILMS.



4 DAYS OF FILMS, CONVERSATIONS AND FUN!

THE ROGUE VALLEY MESSENGER

The Rogue Valley Messenger
 PO Box 8069 | Medford, OR 97501
 541-708-5688
 roguevalleymessenger.com
 info@roguevalleymessenger.com

THE BUSINESS END OF THINGS

SALES MANAGER Andrew Robison
WEB MASTER Tammy Wilder
OUR FINANCIAL WIZARD Sara Louton,
 Advanced Books
DISTRIBUTION Coleman Antonucci

OUR WORDSMITHS

PUBLISHER & EDITOR Phil Busse
MANAGING EDITOR Sara Jane Wiltermood
PRODUCTION MANAGER Katie Ball
CALENDAR EDITOR Jordan Marie McCaw
COLUMNISTS Rob Brezsny, Dan Smith and Tanya Reazor
FREELANCERS Catherine Kelley, Nolan Kenmonth, Nick Blakeslee and Vanessa Newman

GET IN TOUCH

EMAIL info@roguevalleymessenger.com
MUSIC music@roguevalleymessenger.com
EVENTS events@roguevalleymessenger.com
ADVERTISE advertise@roguevalleymessenger.com

SALES DEADLINE: 5 pm Thurs
EDITORIAL DEADLINE: 5 pm Thurs
CALENDAR DEADLINE: 12 pm Thurs
CLASSIFIED DEADLINE: 4 pm Thurs
 Deadlines may shift for special/holiday issues.

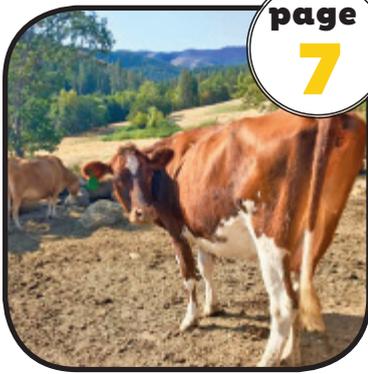
ON THE COVER:

By George Farm
 Photo by Eric Burg

CONTENTS

FEATURE

By George started as a love affair—both for the proprietors and for dairy farming. And it has grown into its own brand and cottage industry. A profile of the beginning of a cheese dynasty!



page
7

FOOD

We sat down with Chris Dennett, the founder of both Elements Tapas Bar in downtown Medford, and Beerworks, with locations in Medford and Jacksonville, to talk about what it takes for a small business to establish and flourish in the local scene.



page
18

SOUND

Being in a band is also running a small business. Interviews with local bands Slow Corpse and The Brothers Reed, about how they define their success, and with Duane Whitcomb, who teaches violin to kids through Creekside Strings and an online curriculum.



page
16

SCREEN

Creating short films about long plays. An interview with Laney D'Aquino, part of a team of videographers and filmmakers who produce trailers for the plays at Oregon Shakespeare Festival.



page
20

NEWS	5	CULTURE	19
FEATURE	7	SCREEN	20
OUR PICKS	9	WELLNESS	21
LIVE MUSIC AND NIGHTLIFE	10	TALENT HEALTH CLUB BUDTENDER	22
EVENTS	12	YUKI	22
SOUND	16	FREE WILL ASTROLOGY	22
FOOD & DRINK	18	REC ROOM	23

Beneficiaries Include:
 Asante Foundation and
 Mt. Ashland Association

TRAILS FROM MT. ASHLAND INCLUDE:
 Bull Gap, Missing Link, Catwalk, Toothpick, Caterpillar, Lizard, Jabberwocky, Alice in Wonderland, and BTI

Register online today at:
CANCERBIKEOUT.ORG

PROUDLY SUPPORTED AND PERMITTED BY:

SPONSORED BY:

RABBIT EARS TO BEERS
 A CANCER BIKE OUT EVENT

SHUTTLES FROM CALDERRA BREWING CO. & LITHIA PARK AM & PM RIDES AVAILABLE

SEPT. 22nd Mt. Ashland
 Ashland, Oregon
 4600 FOOT DESCENT

Home & Business
Solar Made Easy

Call us today for a free consultation
800.947.1187 | truesouthsolar.net

truesouth SOLAR **SUNPOWER®**
 Elite Dealer

Good Earth Gardens

Regenerative Horticulture
Edible Gardening
Permaculture

Services Include:

- Sustainable Garden Design
- Organic Garden Maintenance
- Soil Health Regeneration
- Holistic Plant Care
- Garden Coaching
- Consultations
- Educational Workshops

Summer Tea Special!
Compost Tea Tutorial & Setup



Lion Waxman

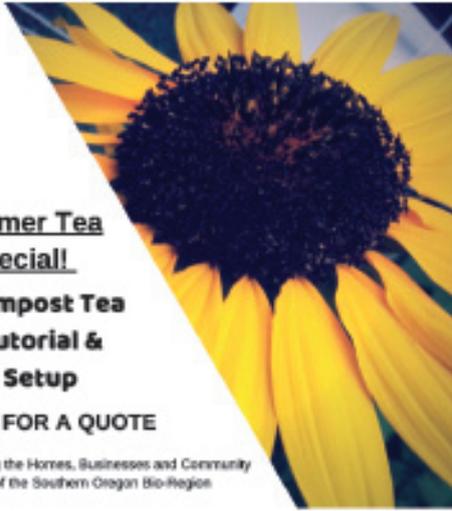
Call: (631) 836-9907

Email: lionwaxman@gmail.com

Good Earth Gardens 1

<< CALL NOW FOR A QUOTE

Serving the Homes, Businesses and Community of the Southern Oregon Bio-Region



Talent Health Club

Southern Oregon's Most Trusted Dispensary

DAILY DEALS:

Mon: 20% OFF Edibles and Topicals
 Tue: ANY (2) grams for \$20 (tax incl.)
 Wed: Special PreRoll Joints only \$5
 Thur: 20% OFF ALL Cartridges
 Fri: \$40 and \$50 1/4oz's of Flower
 Sat: 20% OFF ALL Dabbable Extracts
 Sun: Essence Farm Flower: \$3/g & \$8/g

One Gram of Extract
 or
 1/8th oz. of Flower
 or
 One Cartridge

\$25 or less...ALWAYS

Happy Hour 2-4pm MONDAY - SATURDAY +++ Rotating DEALS GONE WILD!!!



Open 7 Days
Mon-Sat
 10am-8pm
Sundays
 10am-6pm

Check out our budtender reviews of local products in the Weed Garden section at the end of every Messenger!



1007 S. Pacific Hwy + Talent, Oregon + 541.897.4111

VIDEO EXPLORER

Rent and buy
 dvds, blu ray
 new releases, foreign
 diverse selection
 of movies new and old

Winter Hours
Noon - 9
Sunday-Thursday
Noon - 10
Friday and Saturday

320 Oak st. between A and B st 541-488-9317



From Top (details): Vija Celmins, *Desert O38c-VC71*, edition 27/65, lithograph, 21 x 27 3/8", 1971, from the Collections of Jordan D. Schnitzer and His Family Foundation. Patrick Collier, *Gate Burn*, digital print, 40 x 60", 2017. Carl Diehl with Videography by Adam Simmons, *The Hidden Dimension*, Digital Video, 2015.

SCHNEIDER MUSEUM of ART

OREGON CENTER FOR THE ARTS
 AT SOUTHERN OREGON UNIVERSITY

FALL EXHIBITIONS

Terrain: The Space Between from the Collections of Jordan D. Schnitzer and His Family Foundation. Featuring work by Vija Celmins, Judy Pfaff and Ed Ruscha

Field Burns, a solo exhibition by Patrick Collier

Outland About, a two person exhibition featuring Carl Diehl and Susan Murrell. Curated by Patrick Collier

SEPTEMBER 28, 2018 – JANUARY 5, 2019

Opening Reception: Thursday, September 27, 5 – 7 pm

Museum Member and Volunteers VIP Reception: 4 – 5 pm

Weisinger Family Winery is generously donating wine at the opening.

Join us for our upcoming Free Family Days for hands on activities!

October 13, 10 am – 1 pm • November 10, 10 am – 1 pm • December 8, 10 am – 1 pm



MUSEUM HOURS: MONDAY – SATURDAY, 10 AM TO 4 PM • FREE AND OPEN TO THE PUBLIC

Address: 555 Indiana Street • Ashland, Oregon 97520

Phone: 541-552-6245 • Email: sma@sou.edu • Web: sma.sou.edu • Social: @schneidermoa

Parking: Complimentary 1 hour parking behind the Museum. When this is full, please use the metered parking.



PUBLIC PROFILE

Alaya Ketani,

Founder and Chair, Keeping Ashland Women Safe Task Force, Former Co-Chair Jackson County Council Against Domestic and Sexual Violence

INTERVIEW BY PHIL BUSSE

Rogue Valley Messenger: Last December, you founded and now serve as the Chair of Keeping Ashland Women Safe Task Force, K.A.W.S. How did this organization come about?

Alaya Ketani: As an Ashland resident for years, career social worker and hypnotherapist, I am aware of a lot that goes on that the general public may not know, including significant crimes against Women. I wondered how a town that prided itself on being filled with progressive women had not come together and found their power to bring this out and address it. I had known a fantastic woman, Jonnie McGowan, who was brutally beaten one block from her home and found dead a few months later. Women know serial date rapists, numerous cases where women are roofied and raped, teen luring, sex trafficking, predators, and more. Then in December 2017 there was a sexual assault in an Ashland restaurant against a female employee. I knew I had to do something.

I gathered a group of influential concerned citizens and announced that I was forming a task force to address this multi-pronged issue: Can we create a city where violence against women is not tolerated, a “not in my city” message, where the respect and safety of women is primary.

RVM: What has been the reception for the organization?

AK: Several Directors of key impactful organizations have contacted us with collaboration. Awareness is building. We are able to receive tax-deductible donations for empowerment trainers, a website, and more awareness raising events. The need is validated due to more news of more violence and threatening incidents. We must pay attention and act. Women’s lives are valuable.

RVM: You have an upcoming event. What is happening there? Who is invited? What will happen?

AK: We call it Deep Dialogue. We are holding a forum for both women and men to discuss many aspects of violence against women, experiences and ideas for action. Advocates from SART will be present for support.

RVM: This is the third public event hosted by Keeping Ashland Women Safe Task Force. What have you learned from hosting the previous two events?

AK: It’s time for frank feelings and discussion to increase awareness and involvement from the community, and for men to realize this is a man’s issue, not just a women’s issue.

RVM: K.A.W.S. is partnering with



Ashland Police Department. How do these organizations’ approaches differ to sexual violence, and where is the overlap?

AK: APD is working with K.A.W.S. to better understand the obstacles the female community members face in enjoying a safe community. We have collaborated successfully so far in a few small projects, and are increasing beneficial communication.

RVM: You also host not one but two shows on KXXQ. What are they—and how do they differ?

AK: The show I created focuses on people, ideas and action that is live changing. It’s called Empower Your Life. I am seen as a symbol of inspiration to many having resurrected from several catastrophic experiences. The show is about hope, getting clear and taking action. The other is a music/talk show.

RVM: How does—or doesn’t—sexual violence, and the responses to it, differ in southern Oregon as compared to other places nationally?

AK: In Oregon the estimated rate of reporting sexual assault is only 1 in 10 women report. Based on this estimate, a projected 150 sexual assaults took place in Ashland alone in 2017.

Violence against women is an epidemic with critical statistics nationally. The system can be brutal for women who report, and sentencing involves plea-bargaining. The equal rights amendment has yet to become legislation, statistically men who commit violent crimes against women receive lesser sentences than women against men. It’s a complex issue. There is also the issue of believing women victims. Women are not to blame for being assaulted. ❤️

Keeping Ashland Women Safe Task Force is hosting “Deep Dialogue,” on Thursday, September 20, 6:30 – 9 pm at Love Revolution, 383 E. Main, Ashland.

MEDFORD PARK(ING) DAY



SEPTEMBER 21, 2018

4PM-8PM

DOWNTOWN MEDFORD'S THIRD FRIDAY

#MEDFORDPARKINGDAY

CI.MEDFORD.OR.US/MEDFORDPARKINGDAY



COOKING FOR
Women's
Hormone Balance

Learn how to support various hormonal conditions with special recipes to balance hormones, alleviate symptoms and prevent food cravings.

Tuesday, September 25 • 6:30PM

Co-op Classroom | 300 N. Pioneer St., Ashland

Register online at www.ashlandfood.coop



ASHLAND
FOOD CO+OP
EST. 1972

**SCREENING IN THE US + CANADA
ONLY TWO SHOWS!!
9.20 + 9.23**

RDX
RAGLAND DIGITAL XPERIENCE

JOIN US FOR THE HIT BROADWAY MUSICAL FROM LONDON'S WEST END!

An American in Paris
The Musical



RRT The Ross Ragland Theater
218 N. 7th Street | Klamath Falls | 541.884.LIVE (5483) | www.rrtheater.org

 **Grins4Kidz** SPECIALISTS IN PEDIATRIC DENTISTRY

YOUR CHILD'S FIRST DENTAL VISIT SHOULD BE BY THEIR FIRST BIRTHDAY **1**

PAMELA J. ORTIZ, DDS, PC
541-773-2625 | www.grins4kidz.com
691 Murphy Rd., Ste 210 | Medford, OR 97504



 Spark Space will give kids and teens the skills and tools they need to thrive in a changing society.

SPARK SPACE
A STEM Center for Kids and Teens

Grand Opening Celebration

Join us for light refreshments, music, and a ribbon cutting

Saturday, September 29 from 12:00–4:00 p.m.
Central Point Library
116 South Third Street | 541-664-3228 | jcls.org/sparkspace




- Produce a music video
- Create a webcomic
- Program a game in Python
- Design custom birthday invites
- Learn to code with robots
- Start a blog
- Publish your short stories
- Free homework help
- Dream big!

Spark Space is supported by the Jackson County Library Foundation, Oregon Community Foundation, and Central Point Friends of the Library.

Humboldt Seed Organization is now providing stable THC and hemp genetics in the Rogue Valley and Southern Oregon. We specialize in regular, feminized and auto-flower genetic and grow consultation, seed production and SOP management. Email ras@humboldtseeds.net for more information.



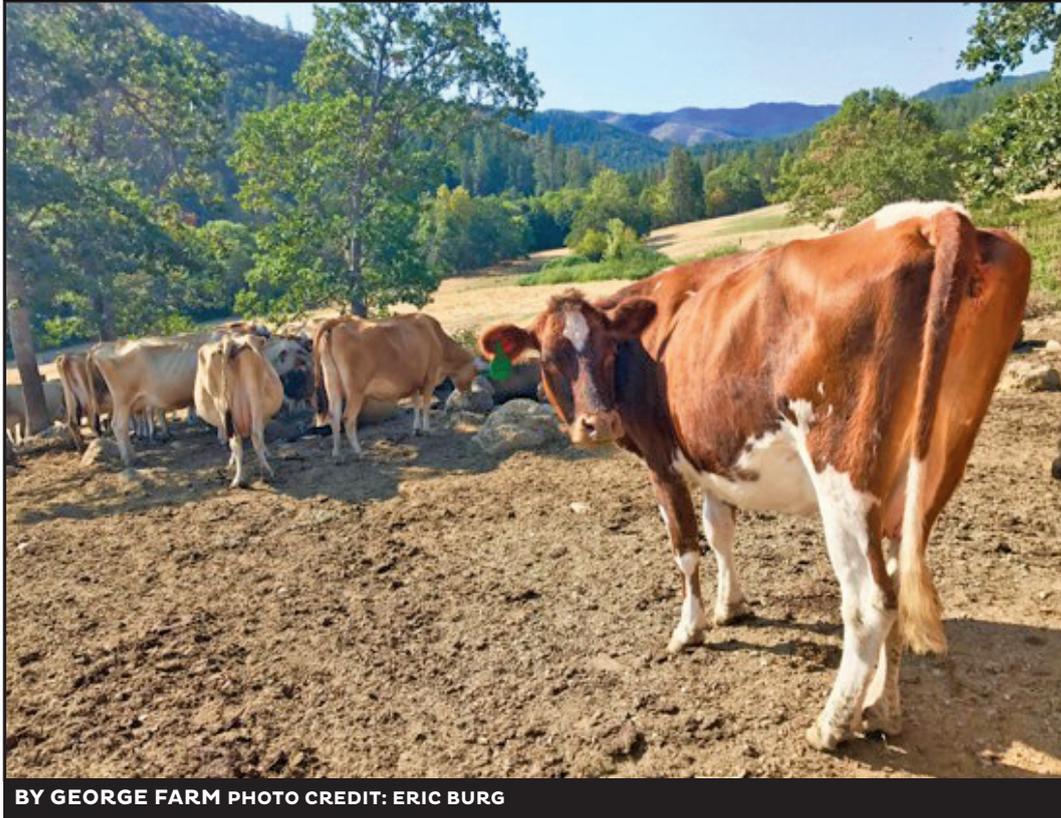
 **Humboldt**
Seed Organization

FEATURE

Cheese Straight Outta Wisconsin

By George Farm Makes the Grade

BY ERIC BURG



BY GEORGE FARM PHOTO CREDIT: ERIC BURG

Like any organically grown business, like every seemingly overnight success: By George Creamery has been years in the making—and like anything that comes from the heart: there's a story to be told beyond bottom lines, branding, and your basic cheddar. It was a crisp autumn night in the capital of cheese country—Madison, Wisconsin, to be precise. Our young cheesemakers, Tyson Ferhman and Jonny Steiger, neither of them knowing their cheesemaker fate, first met at martini night in their local bar, when Tyson was still a student, and Jonny a recent graduate of University of Wisconsin.

The farm-to-table movement was booming from its urbane enclaves, and its salt of the earth roots, and entrenching itself in American culture when those two foodies fell in love. Tyson and Jonny worked together after college in fine dining, but waiting tables in Madison was a job, and not a calling. Their real desire was to be a part of that movement growing food. Alerted to Southern Oregon by Tyson's sister Meghan, they secured jobs through Rogue Farm Corp, and for two years, worked on local organic farms, interning at Siskiyou Crest Farm, a goat dairy in the crook of a mountain outside of Jacksonville.

After two years of farming in The Applegate, the duo returned home with a new skill-set and a refined determination, leasing an acre plot near Madison to grow vegetables and raise poultry for the local fine dining scene. For another two years they grew into their own as food producers and small business owners, bankrolling sweat-equity into a beginning in Wisconsin. Jonny worked 40 hours a week in fine dining, and 20 hours a week on the farm, while Tyson worked 40 hours on the farm, and 20 in fine dining to make it all work.

They grew the vegetables, harvested the vegetables, cleaned the vegetables, sold them to chefs, and then served them to diners: all in the same long day. Jonny recalls a certain point when they had to don cotton gloves; not to be fancy for the patrons, but to hide the callouses and dirt filled cracks that couldn't be washed from their farmer's hands. They were making it work, but Madison was “cold and mid-wes-

ago they packed a carload of seeds, clothes, and tools, and drove straight to The Little Applegate from Wisconsin. They arrived at midnight. Tyson looked at Jonny and said, “we have to seed tomorrow. You seed onions in February, and this is March.” So the very next morning, not twelve hours into their residency as Oregonians, they sowed 10,000 onion seeds before ever unpacking their bags.

In year one, Loretta, their first cow, provided raw milk and cheese sold mostly to neighbors, but they soon happened upon a perennial problem for their business: too many eager customers, and not enough milk. At the end of year two, with four Jersey cows in their pasture, they purchased the first mechanical milker, saving hours of wrist wringing—and so the cheesemaking began in earnest. Before it became a market mainstay, Dutchman's Peak, an aged raw milk Tomme style cheese, was perfected through many trials and errors in a four gallon stockpot on the couple's stovetop.

By their third year on the land, By George became a fully-fledged creamery, securing a loan from Northwest Farm Credit in 2015, which was tailored towards younger first generation farmers seeking business development and infrastructure. They constructed a building which housed a small creamery, a milking barn, cheese storage, packing, and they bought more cows. The little building that could, has been designed with easy future expansion in mind: meaning removable

ty,” and the early glint of spring in the Rogue Valley beckoned them back again.

By George began as an opportunity to lease 85 acres of pastureland in a serene valley with the Little Applegate River coursing through its center, where the couple, now married, and their growing herd still reside. Six years

walls, and ready plots for concrete slabs to be poured. But the faith, the fate, and the aim of their business has always been slow and steady growth, and remaining grounded in the artisanal process of making good cheese. The feed, the sanitizers, even the essential oils that get sprayed on the heifers to abate the flies, are completely organic. The process will always require a knowing eye, and a human hand.

Feta, Fromage, and Brie are their fresh soft cheeses currently offered, and two aged alpine style hard cheeses: a swiss, and a tomme—in addition to about a hundred pounds of cheese curds a week being gobbled up by local connoisseurs. The fromage and curds also come in flavors infused by local produce and herbs grown on the farm. As demand increases, and as their ability to meet it grows: there's the task at hand of making more of the standards that have established them; but there's also talk of producing yogurt, bottled milk, and even ice cream.

The aim of By George is, and has always been, not to become cheese barons, but to just keep doing what they love doing — to be artisans providing for their community, and not an institution out to win global ribbons. With the herd presently expanded to twenty heifers, the magic number of cows to manage, and for the land to foster, would be somewhere around forty—which is still a lot of milk: enough to produce between 40,000 and 60,000 pounds of cheese per year.

The recent recipients of a Federal Value Added Producer grant, By George now has funding to develop and expand the brand throughout Oregon, with the main goal of bringing their wares to Portland, and establishing a meaningful presence in the city's restaurants and markets, with interest already expressed by New Seasons Markets, and Whole Foods.

In our neck of the woods, By George can be found Tuesdays at the Ashland Farmers Market, Thursdays at the Medford Growers and Crafters Market, and in Ashland and Grants Pass Farmers Markets on Saturdays. You can also find their cheeses any day of the week at Cartwright's, The Medford and Ashland Food Co-Op, and Market of Choice in Ashland, in addition to vineyards and restaurants throughout the Valley. 🍷



BY GEORGE FARM PHOTO CREDIT: ERIC BURG

FEATURE

The Business of Farming Locally Willow-Witt Ranch and Pheasant Fields Farm

BY JORDAN MARIE MCCAWE



PHOTOS COURTESY OF PHEASANT FIELDS FARM

With large corporations taking up most space in grocery stores, it's easy to forget the array of local farms in the Rogue Valley—and that local farms are more than beautiful wedding venues. They provide some of the most wholesome products people can buy, as opposed to the mass amount of products big corporations ship over many miles to our stores. Willow-Witt Ranch and Pheasant Fields Farm are two local farms spending long hours in the field reviving wetlands, growing produce, and raising animals that have learned to balance farming and business themselves.

“More than half of our property is in conifer forest, and another third in wetlands; we have worked on restoring forests and wetlands to health since 1987,” says co-owner of Willow-Witt Ranch Suzanne Willow. “The (small) farm portion of our land is dedicated to rotational grazing/browsing for dairy and pack goats and laying chickens, geese and ducks, and to organic vegetables and compost. We also raise a small pen of meat chickens for three months each summer.” At one point the ranch also raised pigs, but stopped in 2016.

Being a smaller ranch, they don't raise or grow enough to sell to a grocery store, but customers make the beautiful trip out to the farm or Ashland Grower's Market to enjoy their products. They also run a non-profit called The Crest at Willow-Witt that hosts events throughout the year, like “music events, farm-to-table dinners as fundraisers, and school-year and summer educational farm and nature programs and camps to cultivate connection to farm, forest, water, and each other.”

One of the biggest challenges to the ranch is being surrounded by BLM land. “Our biggest challenge is fencing (and keeping) ‘trespass’ cows off our land,” Willow says. “We are in ‘Open Range,’ meaning it is up to us to keep someone else's cows off our property by extensive fencing and repeated fence repairs.”

Despite the challenges, Willow doesn't forget about her favorite part about Willow-Witt Ranch. “Our biggest reward is to live on this unique and beautiful piece of the earth, and to work with the animals, forests, and nature, including abundant wildlife and birds.” The ranch is situated against an expanse backdrop of tree-lined valleys and wet fields teeming with wildlife.

As a local farmer, Willow is a firm believer in the importance in patronizing local farms in one's communi-

ty. “When we buy ‘distant’ foods, 90 cents of every dollar spent goes out of the area and out of our economy,” she says. “When we buy locally-raised foods, nearly the whole dollar circulates within our local economy—to workers, restaurants, local shops, transportation, etc. And locally-grown food maintains its flavor and vigor much longer; the ‘food miles’ our meals travel take a toll on the nutritional value and longevity of foods.”

Farmer of Pheasant Fields Farm Ric Reno holds the same beliefs as a local farmer in Medford. “We believe that local agriculture is critically important for individuals to see and understand where their food comes from,” he says. “If it's local, it's easy to speak with the farmer to learn more about the crops and farming techniques, and the produce is much fresher and better tasting too!”

Pheasant Fields Farm is primarily a pumpkin farm, growing over 30 different types. Along with growing pumpkins, the farm hosts the annual Harvest Festival beginning Sept. 30 and continuing every weekend in October. He says, “Our business focus is centered around educating young children and providing fall activities, including a five acre corn maze, hayride, pumpkin patches, kids activities, local artisan craft vendors,

food and drink, and live music. We sell tickets for activities, and do not charge admission to visit the farm.” The farm also offers field trips to educate children about their produce during the fall and in spring and summer they host weddings.

Finding help throughout the year has been a constant challenge for Reno. Competing with larger and newer farm organizations has posed difficulty in offering the same or better wages. Despite the challenges he says he enjoys “being able to share with our community the importance of local agriculture and providing an experience for families that creates traditions and memories.”

People can purchase Pheasant Fields Farm's pumpkins and winter squashes on their farm as well as in Harry & David's Country Store. To learn more about Pheasant Fields Farm and Willow-Witt Ranch's upcoming events, visit their locations or their websites. 🍂

WILLOW-WITT RANCH

658 Shale City Rd, Ashland
541.890.1998

PHEASANT FIELDS FARM

1865 Camp Baker Rd, Medford
541.535.3873



PHOTO COURTESY OF PHEASANT FIELDS FARM

[P] OUR PICKS



thurs 13
Jake Owen

MUSIC—Number one on the charts, and number one in country hearts, Jake Owen embodies the positive, fun-loving side of country music. His new hit single, "I Was Jack (You Were Diane)" based on the 1982 hit "Jack & Diane" has definitely gotten the smiles Jake seeks. Chance McKinney will also hit the stage with his "industrialized country." 7:30 pm. Britt Festival Pavilion, 350 First Street, Jacksonville. \$39 - \$99.



thurs 13
Carl Lee

COMEDY—Carl Lee of Black Market Comedy will have the sides of the audience aching by the end of the night with the help of special guest Mike Spark and host Levi Anderson. Specializing in bringing the audience into his odd world, Lee also excels in turning frowns upside down. 9 pm. Talent Club, 114 Talent Avenue, Talent. \$10.



fri 14 - sun 16
Southern Oregon Brew Fest

FESTIVAL—With over 60 local and regional beers on tap, the weekend also features the Battle of the Bones, an esteemed competition of barbeque. Music will be kicked off by none other than Toby Keith. Talk about the crème de la crème trifecta of beer, meat and country music. Jackson County Expo, 1 Peninger Road, Central Point. \$5 - \$25.



sat 15
Smoke and Fire Summit

SUMMIT—The alarming "new normal" of a smoke-encased Rogue Valley during fire season is not something many residents want to face, but the reality of the situation demands action and a clear plan. Oregon House Representative Pam Marsh will host this important event for the future. 9:30 am - 12:30 pm. SOU Stevenson Union, Rogue River Room, 1250 Siskiyou Boulevard, Ashland. Free.



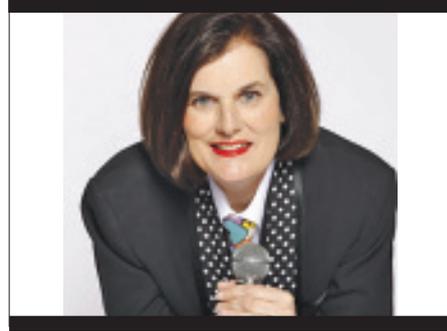
sun 16
Origami Ghosts

MUSIC—Encouraging fans of "antifolk" to get up and dance, Origami Ghosts will tap into their seemingly boundless energy as they plan to visit 19 states and perform 59 shows in the span of a few months during this tour. Dubbed "refreshingly strange" by a fan; they always manage to entertain. 7 pm. Oberon's Tavern, 45 N Main Street, Ashland.



thurs 20
Find the Gold Spot

FILM—Celebrating their inaugural movie night in the Nature Shop alleyway, the Northwest Nature Shop and the Siskiyou Film Festival will screen short nature films *Searching for the Gold Spot: The Wild after Wildfire* and *Last Stand: The Vanishing Caribou Rainforest* for this family-friendly event. 6:30 - 9:30 pm. Northwest Nature Shop, 154 Oak Street, Ashland. Free.



thurs 20
Paula Poundstone

COMEDY—She says what she means, and she means what she says. And what she has to say typically leaves the audience on the ground with laughter. The queen of improv, Poundstone interacts with her crowd like no other, rolling with the punches and always coming out on the comedic top. 7:30 pm. Craterian Theatre, 23 S. Central Avenue, Medford. \$27 - \$33.



fri 21
The Elephant

MUSIC—Hailing as "the funnest band in Southern Oregon," The Elephant doesn't have any qualms about having a good time on stage. They will be joined by satanic/folk/indie group (Sound Of) the Skeptic, indie/alternative band Death Plant, and funk/indie group Pretty Food. 8 pm. The Phoenix Clubhouse, 310 N. Main Street, Phoenix. \$7.



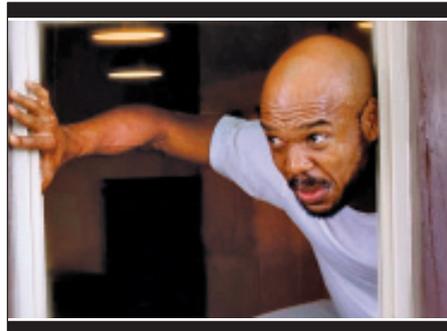
fri 21 - sun 23
Best of the Fests

FILM—While each film at the yearly Ashland Independent Film Festival is carefully selected, there are always a few standouts that begged to be viewed again. Time to curtain call the favorites, including: *Young Men and Fire*, *Mr. Fish*, *The Reluctant Radical* and selected shorts. Varsity Theatre, 166 E. Main, Ashland. Collaborative Theatre Project, 555 Medford Center, Medford. \$10 - \$12.



sat 22
Smoked Salmon and Music Fest

SALMON—If the alluring scent of smoking salmon doesn't draw in the drooling crowds, the music definitely will. This annual benefit for local non-profit the Maslow Project pits local salmon smoking gurus against one another to determine the very best. Tunes provided by The Ben Rice Band and Karen Lovely. 3 - 8 pm. Pear Blossom Park at the Commons, Medford. \$30 - \$50.



mon 24 & sun 30
Water Made to Rise

THEATRE—Award-winning playwright and OSF actor Barret O'Brien seeks to combat climate change with the stage. *Water Made to Rise* tells the tale of three strangers trapped in a bar during a massive flood. 7:30 pm, Monday, Sep. 24. Ashland Armory, 208 Oak Street, Ashland. 4 pm, Sunday, Sep. 30. Willow Witt Ranch, 658 Shale City Road, Ashland. \$10 - \$15.



tues 25
My Funny Valentine

MUSIC—Ireland's best trumpeter Niall O'Sullivan paired with internationally acclaimed singer Shona Henneberry present a timeless program of romance when Valentine's Day seems oh so far away. Time to rekindle the passion with stage and screen favorites Moon River, Stardust, My Funny Valentine, and more. 7:30 pm. Grants Pass Performing Arts Center, NE 8th and NE Olive Streets, Grants Pass.

BRITT music & arts festival
ESTABLISHED 1963 | LIVE PERFORMANCES
EDUCATION & ENGAGEMENT | BRITTS & MORE!

1-800-882-7488 | BRITTFEST.ORG | 216 W MAIN ST, MEDFORD

Thank you for another great Britt Season. You are the reason our non-profit organization has continued to shine bright for 56 years. We can't wait to see you on the Hill again in 2019!

Consider becoming a member. Membership helps us continue to bring great music to the region and offers many benefits such as ticket pre-sales, early entry, the hospitality deck and more! *Learn more and enroll today at brittfest.org/becomeamember.*

LIVE MUSIC *and Nightlife*



CHECK OUT JEFF KLOETZEL AT ONE (OR ALL) OF HIS SEVERAL SHOWS THIS MONTH.

THURSDAY, SEPTEMBER 13

ASHLAND

TRIVIA NIGHT WITH ERICA THOMPSON - Smithfields Pubs & Pies. 8 pm to 10 pm.

CRAIG MARTIN & FRIENDS - Wild Goose Cafe & Bar. 7 pm to 10 pm.

MCCOID-PELLICO - Oberon's. 8 pm.

NORMA BURTON AND ADEY BELL - Thalden Pavilion at SOU. 6 pm to 7 pm.

CENTRAL POINT

SIP & PAINT COLORFUL WOLF - Art 4 Joy. 6 pm. \$40.

GRANTS PASS

TINA & HER PONY - Grants Pass Museum of Art. 7 pm. \$15.

SWEET N' JUICY - The Sound Lounge. 9 pm to 12 am.

JACKSONVILLE

JAKE OWEN - Britt Festival. 7:30 pm to 10:30 pm. \$39 - \$99.

CHANCE MCKINNEY - Britt Festival Pavilion. 7 pm.

MEDFORD

JEFF KLOETZEL - Larks Restaurant. 4:30 pm to 6 pm.

SETH HANSSON - Fogline Saloon. 8 pm.

TALENT

CARL LEE - Talent Club. 8:30 pm to 11:30 pm. \$10.

ANDERSON BROTHERS TRIO - Paschal Winery. 7 pm to 9 pm. \$10-25.

FRIDAY, SEPTEMBER 14

ASHLAND

MICHAEL MAAG AND TODD BARTON - Lithia Park Bandshell. 7:30 pm to 10:30 pm.

DAVID SCOGGIN DUO - Wild Goose Cafe & Bar. 6 pm to 7:45 pm.

KARAOKE - Wild Goose Cafe & Bar. 8:30 pm.

CENTRAL POINT

TOBY KEITH AND NED LEDOUX - The Expo. 7:30 pm. \$55-150.

NE LEDOUX - The Expo.

SIP & PAINT HAPPY FALL Y'ALL - Art 4 Joy. 6 pm. \$40.

EAGLE POINT

FRET DRIFTERS - Agate Ridge Vineyard. 6 pm to 9 pm. \$5-8.

GRANTS PASS

BLUE LIGHTNING - Wooldridge Creek Winery. 6 pm to 9 pm.

LEIGH GUEST - The Sound Lounge. 9 pm to 12 am.

FRIDAY DANCE PARTY - Candela Dance

Studio. 7:30 pm to 11 pm. \$7-10.

JACKSONVILLE

LYLE LOVETT & HIS LARGE BAND - Britt Festival. 7:30 pm. \$32-276.

JEFF KLOETZEL - South Stage Cellars. 6 pm to 8 pm.

MEDFORD

SEPARATING THE SEAS, CATHEDRAL HILLS, AND SOMEONE ELSE - The Bamboo Room at King Wah's. 7 pm to 10 pm. \$5.

TINA & HER PONY - Firehouse Dance Hall. 6 pm to 8 pm.

LEE STEWART - Morrton's Pizza & Pub. 8 pm to 10 pm.

WILLIAMS

ALCYON MASSIVE AND EMILY TURNER - Cocina 7. 7 pm.

SATURDAY, SEPTEMBER 15

ASHLAND

KARAOKE - Wild Goose Cafe & Bar. 8:30 pm.

GENE BURNETT - Caldera Tap House. 10 am to 12 pm.

CENTRAL POINT

NOT TOO SHABBY - The Expo. 4 pm to 6 pm.

PERRY ROAD - The Expo. 7 pm to 9 pm.

EAGLE POINT

HIGHWAY 99 - Bayer Family Estate. 6 pm to 9 pm. \$5-10.

DAN HINKLE AND THE NO SHOW BAND - Pizza Schmizza. 8 pm to 11 pm.

GRANTS PASS

GEORGE WINSTON - Rogue Theatre. 8 pm. \$38-58.

FUNK DUB SHENANIGANS - Shenanigans Lounge. 9 pm.

AUSTIN MILLER - The Haul. 8 pm.

MEDFORD

HARDWAY BEND - Walkabout Brewing Company. 7 pm to 9 pm.

BOARD GAME NIGHT - Astral Games. 5 pm.

PIGASUS TRIO WITH THE REVERBERAYS - Johnny B's. 9 pm to 12 am.

HOLLOWBODYS AND JOHN DOUGH BOYS - Howiee's on Front. 9 pm.

MADLINE PEYROUX - Craterian Theatre. 7:30 pm. \$40.50-60.50.

TALENT

RICK MILLWARD AND NICOLE DAHL - Aurora Vines Winery. 3 pm to 5 pm.

CAITLIN JEMMA - Talent Club. 7 pm.

WILLIAMS

GRAYBACK MOUNTAIN JAM - Sugarloaf

Community Association. 4 pm to 10 pm. \$10.

SUNDAY, SEPTEMBER 16

ASHLAND

DIANE PATTERSON AND ALYCON - Ashland Hills Hotel. 12:30 pm to 3:30 pm. \$40.

CELTIC MUSIC SESSION - Black Sheep Pub & Restaurant. 2 pm to 5 pm.

JIM QUINBY - Wild Goose Cafe & Bar. 6 pm to 8 pm.

ORIGAMI GHOSTS - Oberon's. 7 pm to 10 pm.

GRANTS PASS

COMBE - River Valley Church. 7:15 pm to 8:30 pm.

PIGASUS TRIO - The Sound Lounge. 9 pm to 11 pm.

SEA TURTLE PAINT & SIP - Cedarwood Saloon. 3 pm. \$40.

MEDFORD

WILLOW CITY - Trinity OPC

Church. 6:30 pm to 8:30 pm.

OPEN MIC WITH ROBBIE DACOSTA - Jefferson Spirits. 7 pm to 10 pm.

CANVAS NIGHT - The Artist in You. 5 pm to 7 pm. \$30.

LIBERTY QUARTET - First Church of the Nazarene. 5 pm.

WILLIAMS

SWEETGRASS AT APPLE OUTLAW - Pacifica: A Garden in the Siskiyous. 5 pm to 7 pm.

MONDAY, SEPTEMBER 17

ASHLAND

OPEN MIC - Oberon's. 9 pm to 11 pm.

THE SULTANS - Wild Goose Cafe & Bar. 7 pm to 10 pm.

ROBBIE DACOSTA SOLO MONDAYS - Smithfields Pub & Pies. 8 pm to 11 pm.

WILD HONEY - Thalden Pavilion at SOU. 6 pm to 7 pm.

GRANTS PASS

LINE DANCING - Interplay. 6 pm to 7:30 pm. \$5.

TUESDAY, SEPTEMBER 18

ASHLAND

ROGUE POETRY SLAM - Black Sheep Pub & Restaurant. 8 pm to 10:30 pm.

THE WAILERS - Ashland Armory. 8 pm. \$25.

FREDERICKS AND WARNER - Wild Goose Cafe & Bar. 7 pm to 10 pm.

TUESDAY NIGHT TRIVIA - Louie's. 7 pm to 9 pm.

GRANTS PASS

TRIVIA TUESDAYS - Double Taps. 6 pm to 7:30 pm.

MEDFORD

BOARD GAME NIGHT - Astral Games. 5 pm.

SOJO - Grape Street Bar and Grill. 7 pm to 9 pm.

WEDNESDAY, SEPTEMBER 19

ASHLAND

BLADES OF GRASS QUINTET - Black Sheep Pub & Restaurant. 9 pm to 11 pm.

JEFF KLOETZEL - Luna's Cafe. 5:30 pm to 7:30 pm.

DAVID KAI - Thalden Pavilion at SOU. 6 pm to 7 pm.

10 STRING SYMPHONY - Mountain House. 7 pm.

CENTRAL POINT

SIP & PAINT WISH COME TRUE - Art 4 Joy. 6 pm to 9 pm. \$45.

JACKSONVILLE

ACOUSTIC OPEN MIC - Boomtown Saloon. 8 pm to 11 pm.

MEDFORD

COFFEE & CANVAS - Visions of Wonderland. 10 am to 1 pm. \$10.

YU-GI-OH TOURNAMENT - Astral Games. 5:30 pm to 9 pm. \$2.

OPEN JAM - Pier 21. 8 pm to 11 pm.

JERK - Johnny B's. 7 pm.

PHOENIX

NEBULA SIP & PAINT - Wine & Brush. 6 pm to 9 pm. \$25.

OPEN MIC HOSTED BY MICHAEL

LONGNECKER - Phoenix Clubhouse. 7 pm to 10 pm.

TALENT

ONE GRASS TWO GRASS AND EIGHT DOLLAR MOUNTAIN - The Talent Club. 8 pm.

THURSDAY, SEPTEMBER 20

ASHLAND

HOLLY NEAR - Havurah Synagogue. 6 pm.

DAYTON - The Loft. 7 pm to 9 pm.

GAME KNIGHT - Black Sheep Pub & Restaurant. 8 pm.

FILM NIGHT: FIND THE GOLD SPOT - Northwest Nature Shop. 6:30 pm to 9:30 pm.

CENTRAL POINT

SIP & PAINT BESSIE - Art 4 Joy. 6 pm to 9 pm. \$40.

JACKSONVILLE

ERIC LEADBETTER - Bella Union. 7 pm.

MEDFORD

CLOWNVIS - Johnny B's. 9 pm to 12 am.

SALVADOR THE SLOTH PAINT & SIP - Visions of Wonderland. 7:30 pm to 9 pm. \$25.

JEFF KLOETZEL - Lark's Restaurant. 4:30 pm to 6 pm.

PAULA POUNDSTONE - Craterian Theatre. 7:30 pm. \$27-33.

TALENT

GARCIA BIRTHDAY BAND - The Talent Club. 9 pm to 12 am. \$15.

FRIDAY, SEPTEMBER 21

ASHLAND

THOR POLSON TRIO - La Baguette. 7 pm to 10 pm.

DAVID SCOGGIN DUO - Wild Goose Cafe & Bar. 6 pm to 7:45 pm.

KARAOKE - Wild Goose Cafe & Bar. 8:30 pm.

CENTRAL POINT

SIP & PAINT MIXED MEDIA ROSE - Art 4 Joy. 6 pm to 9 pm. \$40.

GRANTS PASS

GYPSY GILLIS - Shenanigans. 9 pm.

JACKSONVILLE

DISPOSITION - J'Ville Tavern. 9 pm to 12 am.

MEDFORD

DANIELLE KELLY SOUL PROJECT - Dancing & Dining in the Street. 5 pm to 7 pm.

DRAFT AND STANDARD - Astral Games. 6:30 pm to 10 pm. Draft \$15, Standard \$7.

DOVES & VULTURES - Walkabout Brewing Company. 6 pm.

JEFF KLOETZEL - DANCIN Vineyards. 5:30 pm to 7:30 pm.

PHOENIX

SOSWING MONTHLY DANCE - Verve Pilates and Fitness Studio. 7 pm to 11 pm. \$10-15.

THE ELEPHANT, SOUND OF THE SKEPTIC, DEATH PLANT, AND PRETTY FOOD - Phoenix Clubhouse. 8:30 pm. \$7.

LIVE MUSIC



RICHARD MILLWARD AND NICOLE DAHL WILL PERFORM AT AURORA VINES WINERY SEPT. 15.

GRANTS PASS

EVERGREEN OREGON - Wine & Brush. 4 pm to 7 pm. \$45.

JACKSONVILLE

JEFF KLOETZEL - Daisy Creek Vineyard. 2 pm to 4 pm.

MEDFORD

OPEN MIC - Jefferson Spirits. 5 pm to 10 pm.

PHOENIX

SLEEP SIGNALS - Phoenix Clubhouse. 7 pm.

TALENT

WAKING HAZEL - Paschal Winery. 7 pm to 9 pm. \$10.

SATURDAY, SEPTEMBER 22

ASHLAND

KARAOKE - Wild Goose Cafe & Bar. 8:30 pm.

DANIEL NICKELS - Oberon's. 7:30 pm.

CENTRAL POINT

SIP & PAINT SUCCULENT - Art 4 Joy. 5 pm to 8:30 pm. \$40.

EAGLE POINT

DAN HINKLE AND THE NO SHOW BAND - Pizza Schmizza. 8 pm to 11 pm.

GRANTS PASS

STEVE KEIM - The Laughing Clam. 6 pm to 9 pm.

ROGUE RAGE DUO - Jammin Salmon. 8 pm to 10 pm. \$5.

ITAL VIBES - The Haul. 7 pm.

BEATLES VS. ROLLING STONES - The Rogue Theatre. 7 pm. \$33-53.

MEDFORD

BRASS ALIBI - Walkabout Brewing Company. 7 pm to 9 pm.

SLEEP SIGNALS - Howie's on Front. 8 pm to 1 am.

THE BEN RICE BAND AND KAREN LOVELY - Fifth Annual Southern Oregon Smoked Salmon & Music Fest. 3 pm to 8 pm. \$30-50.

TRUE REACTIONS - Grape Street Bar and Grill. 8 pm to 11:30 pm.

BOARD GAME NIGHT - Astral Games. 5 pm.

WEST COAST SWING LESSON AND DANCE - Firehouse Dance Hall. 7 pm to 11 pm. \$5-8.

PHOENIX

FALL WALK - Wine & Brush. 4 pm to 7 pm. \$20.

TALENT

GENE BURNETT - Downtowne Coffeehouse. 10 am to 12 pm.

JENNIFER HARTSWICK & NICK

CASSARINO DUO - Talent Club. 9 pm to 11 pm.

SUNDAY, SEPTEMBER 23

ASHLAND

CELTIC MUSIC SESSION - Black Sheep Pub & Restaurant. 2 pm to 5 pm.

CORNER BOY'S - Oberon's. 6 pm to 9 pm.

JIM QUINBY - Wild Goose Cafe & Bar. 6 pm to 8 pm.

DAYTON - Weisinger's Winery. 2 pm to 5 pm.

GINA VILLALOBOS AND AMEE CHAPMAN - Standing Stone Brewing Company. 7 pm to 9 pm.

CAVE JUNCTION

STRUMMIN' SUNDAY - Creative Self Collective. 6 pm to 9 pm.

MONDAY, SEPTEMBER 24

ASHLAND

OPEN MIC - Oberon's. 9 pm to 11 pm.

PEGGY ROSE'S SINGERS' SHOWCASE - Wild Goose Cafe & Bar. 7 pm to 10 pm.

GRANTS PASS

LINE DANCING - Interplay. 6 pm to 7:30 pm. \$5.

TUESDAY, SEPTEMBER 25

ASHLAND

OPEN MIC HOSTED BY ROBBIE DACOSTA - Black Sheep Pub & Restaurant. 8:30 pm.

RYAN JOHN APPLEBY AND TOMTEN - Brickroom. 9 pm to 12 am. \$5.

HA'ENA AND JEFF KLOETZEL - Grizzly Peak Winery. 6:30 pm to 8:30 pm. \$10.

TUESDAY TANGO PRACTICA - Ashland Community Center. 7:45 pm to 9:30 pm. \$5.

TUTUNOV PIANO SERIES: LISE DE LA SALLE - Oregon Center for the Arts. 7:30 pm to 9:30 pm. \$20.

GRANTS PASS

LARRY CARLTON - Rogue Theatre. 8 pm. \$49-79.

VAN GOGH POPPIES - Wine & Brush. 6 pm to 8:30 pm. \$40.

TRIVIA TUESDAYS - Double Taps. 6 pm to 7:30 pm.

NIALL O'SULLIVAN & SHONA - Grants Pass Performing Arts Center. 7:30 pm.

MEDFORD

BOARD GAME NIGHT - Astral Games. 5 pm.

FOGHORNS, WHOLE MILK, AND CRUSHINGCRAYONS - Johnny B's. 8 pm.

WEDNESDAY, SEPTEMBER 26

ASHLAND

THE PEOPLE'S OPEN MIC - Jackson Wellsprings. 8 pm to 10 pm.

BLADES OF GRASS QUINTET - Black Sheep Pub & Restaurant. 9 pm to 11 pm.

JOHN WHELAN AND HALEY RICHARDSON - Grizzly Peak Winery. 7 pm. \$22.

JACKSONVILLE

THE BROTHERS REED - South Stage Cellars. 6 pm to 8 pm.

ACOUSTIC OPEN MIC - Boomtown Saloon. 8 pm to 11 pm.

MEDFORD

YU-GI-OH TOURNAMENT - Astral Games. 5:30 pm to 9 pm. \$2.

OPEN JAM - Pier 21. 8 pm to 11 pm.

PHOENIX

OPEN MIC HOSTED BY DOMI RAMOS - Phoenix Clubhouse. 7 pm to 10 pm.

EVENTS

Art

DIANE MOLLER NATURE AND PET PHOTOGRAPHY

9 am to 1:30 pm. During the Jacksonville Market on Sundays, get high quality, professional photos of your pet offered by Diane Moller. For \$25 pet owners get a choice of the backdrop, one edited digital file, and a second digital file with the rest of the photos. Moller also offers prints of your photos, but they are not included in the fee. 100 percent of the fee for the first four pets goes directly to the Southern Oregon Humane Society and 5 percent of the fees are donated there as well. Although appointments are not required, to make one call (541) 499-7455.

NORIKO SUGITA AND CHERYL WILLIAMS

Friday, September 7 to October 2. Noriko Sugita is a printmaker who works with traditional Japanese woodcut in a playful way, with complex layers of color, form and mark-making. Sculptor, Cheryl Williams manipulates thrown ceramic forms into elegant, curving twists and circular shapes. Cheryl Williams was raised in California and spent time camping in the Sierra Mountains where she was influenced by the rivers, stones and light. She moved to Oregon to start a career in the Arts in the early 1980's. After many years establishing herself as a ceramic artist she started painting large abstracts works on canvas using acrylic and gold leaf. Now in her 50's, her art is shown around the world. Hanson Howard Gallery, 89 Oak St, Ashland.

SARA F. BURNS AND MEGAN MACDONNELL AT PROJECT SPACE

Friday, September 14 through Monday, September 17. Megan MacDonnell: "I paint the abstraction around me. I paint that which is better expressed with a brush than a pen. There is a sensitivity in nature that we should not be separate from... yet somehow we are. This sensitivity is revealed in natural processes such as the transformation of a larva into a butterfly or the passing of an animal after procreation--overwhelmingly beautiful and intensely powerful, yet somehow overlooked." Sara F. Burns: "I'm showing new landscape, figure and still life paintings all created in the past year. They fall into two camps; landscapes with lots of cool colors — blue and green and then still life and figure paintings made with lots of warm, rosy, neutral colors. This follows my yearly routine of painting outside when it's a pleasant temperature and inside when it's too hot or cold to paint outside." Project Space, 106 Talent Ave #5.

SECRETS OF THE FOREST

Friday, September 7 through Thursday, October 31. Ten of Southern Oregon's top photographic artists present their first group exhibition at The Photographers' Gallery. Come experience the sublime imagery that dwells beyond the limits of the naked eye. Art lovers will be able to meet and talk with the photographic artists at both the September 7th and October 5th First Friday events beginning at 5:00 pm. All exhibited images will be available for sale. Ashland Art Center, 357 E Main St.

GALE HOLT

For the month of September artist Gale Holt will be featured at Art du Jour Gallery in Medford. At a very young age, he had some of his art shown on a local television show. He has a natural talent for drawing and his teachers often asked him to draw for them. His passions changed as he got older and he spent most of his time playing tennis and drifted away from art. When he could no longer run on the tennis court his passion for art turned him towards pastels. Holt says he found working with pastels as difficult as playing good tennis. Describing himself as a self-taught artist, Gale now resides in Klamath Falls and loves painting landscapes, seascapes, and still life. Art du Jour Gallery, 213 E Main St, Medford.

LIBERATING SPIRIT: MULTIMEDIA WORKS BY JUDITH OMMEN

Friday, August 31 through Friday, September 28. Jacksonville artist Judith Ommen work in many media: collage, encaustic, oriental brush and printmaking. Her work begins with a realistic image which she alters repeatedly until it becomes an abstraction. Friday, September 21 will be Ommen's reception from from 5 pm to 8 pm. Rogue Gallery & Art Center, 40 S BArtlett St, Medford.

Classes

CERAMICS WITH LISA ELDRIDGE

Wednesdays from 4:00 pm - 6:00 pm. Relaxing days call for creative time. Spending a few hours spinning clay with Lisa Eldridge at Ashland Art Center is the perfect recipe for a Wednesday. "Learn fundamental skills, get ideas for your next project, collaborate, or work on your own during this drop-in session." The class accepts anyone 13 and older. Ashland Art Center, 357 E Main St.

SPANISH CONVERSATION GROUP

Thursdays from 3 pm to 5 pm. Work on your Spanish speaking skills in a comfortable setting at a meeting for those learning Spanish. "This group is for English speakers learning Spanish, and does not provide practice for Spanish speakers learning English. The group welcomes new participants interested in increasing fluency in Spanish through casual conversation." The class meets in the Guanajuato Room of Ashland Library, 410 Siskiyou Blvd.

COMMUNICATION SKILLS FOR CHALLENGING TIMES

Monday, September 10, 17, 24, and Monday, October 8 from 6 pm to 9 pm. This series of classes prepares you to prevent conflicts through the use of effective communication skills and to respond with clarity and compassion to conflicts that do arise. The classes are fun, engaging, and interactive, with in-class opportunities to bolster your confidence. Early bird: register with a friend 10 days prior to class and you will each receive a 25% discount, or individually for \$100. Work/trade available. Pre-registration required. Class size limited. For details go to www.growingpeace.net or call 541-301-7993. Cost: \$120. Heaven Hill Farm, Talent (The exact address is released after registration).

GOOD DOG SKILLS AND GOOD PUPPY SKILLS

Sunday, September 9 to Sunday, October 7 from 12:15 pm to 1:15 pm. Learn real-life training skills for dogs older than five months. Each week will include problem solving such as barking, jumping, chewing and more. This class is for owners 18 years and older with dogs older than five months. Owners and dogs will learn positive ways to train for SETTLE, STAY, COME, LEAVE IT, leash walking, no jumping, no counter surfing and more. Good Puppy Skills is for dogs two to five months. Cost: \$99. The Grove, Ashland Parks and Recreation, 2271, 1195 E Main St, Ashland.

ACRYLIC PAINTING FOR BEGINNERS

Tuesday, September 11 through Tuesday, October 16 from 9 am to 10:30 am. Students will learn basic acrylic painting techniques, color theory, and basic drawing as needed for studies. No prior experience necessary, this class is for those interested learning how to paint with acrylics. Please call APRC at (541) 488-5340 for a supply list. Cost: \$85. The Grove, Otte Peterson Room, 2271, 1195 E Main St, Ashland.

WATERCOLOR FOR BEGINNERS

Thursday, September 13 through Thursday, October 18 from 9 am to 10:30 am. Students will learn watercolor techniques, brush work, color theory and basic drawing skills as needed for class studies. Cost: \$85. Please call APRC at 541.488.5340 for a supply list. The Grove, Otte Peterson Room, 2271, 1195 E Main St, Ashland.

NEXT LEVEL PHOTOGRAPHY FOR INTERMEDIATE AND ADVANCE PHOTOGRAPHERS

Thursday, September 13 from 7 pm to 9 pm at the Rogue Studio, Saturday, September 15 from 10 am to 2 pm at Roxyann, and Saturday, September 22 from 10 am to 2 pm at Tom Glassman's studio. What you shoot is only the start. Learn techniques and how to ask critical questions to capture original artistic flare in your photography. Cost: \$120 for members, \$135 for non-members. Rogue Gallery & Art Center, 40 S BArtlett St, Medford.

COLLAGE WORKSHOP INTENSIVE WITH ARLENE WARNER

Session One: Saturday, September 15 and Sunday, September 16 from 9am to 4pm. Students will create painted papers using a variety of techniques including Gelli plate printing. Using the painted papers combined with other scraps and fragments, students will make abstract collage paintings in a variety of formats. Session Two: Saturday, September 22 and Sunday, September 23 from 9am to 4pm. The class will continue working on collage paintings, sketchbooks, and additional papers. Students will learn finishing techniques that add detail, texture, and depth to their work. Materials fee payable to instructor at first class. Both weekends: \$260 for members and \$300 for non-members; One weekend: \$150 for members and \$170 for non-members. Rogue Gallery & Art Center, 40 S BArtlett St, Medford.

ARABIC LANGUAGE FOR BEGINNERS

Monday, September 17 through Monday, November 5 from 5:30 pm to 7 pm. WHO: Adult or young student aiming at simply learning a foreign language for possible work or planning to travel to an Arabic speaking country. WHAT: Course introduces the Arabic alphabet. Students will develop vocabulary. Cost: \$80. The Grove, 1195 E Main St, Ashland.

WRAP BRACELETS WITH TALIA KEPLER AND SHIELA FILAN

Saturday, September 22 from 1 pm to 2:30 pm. Learn to

Email: events@roguevalleymessenger.com

EVENTS



ARLENE WARNER TEACHES STUDENTS EVERYTHING ABOUT COLLAGES AT ROGUE GALLERY & ART CENTER SEPT. 15 AND SEPT. 22.

make this popular beaded bracelet seen in department stores and boutiques. Using a simple weaving technique, you'll make a single wrap bracelet with glass beads and a leather cord, although it's easy to make a longer bracelet by increasing the number of beads and cord you use. Ashland Art Center, 357 E Main S.

Community

SILENT DISCO IN THE PARK

Friday, October 5 from 5 pm to 11 pm. In its third year, silent disco has become a highly anticipated summer event in Ashland. Held in Lithia park, participants enjoy music and movement. Local DJs facilitate the music and a \$5 donation comes with wireless headphones. With these participants can go as far as the playground to Butler Bandshell, where the DJs perform. "In addition to fundraising for the Ashland Parks Foundation, proceeds will help fund youth DJ workshops and build interactive art installations being featured monthly at the events." Butler Bandshell, Lithia Park, Ashland.

DANCING AND DINING IN THE STREETS

Every Friday in September from 5 pm to 7 pm. "Imagine yourself arriving downtown with the streets and alleys alive with the sound of music. You follow the tunes and sit at a table located near the entertainment. On the table is a menu filled with items from restaurants close to the venue. You call the restaurant with the phone number provided on the menu, order and pay for what you would like and...VOILA...it's delivered to your conveniently numbered table," says DMA spokesperson Lindsay Berryman. "And then we dance!" The events take place in the streets and alleys of Downtown Medford, at a different location each week. The entertainment is free and the food prices are determined by participating restaurants. Attendees are encouraged to bring non-perishable canned food to help fill ACCESS' food barrels. Locations change each Friday. Go to <https://www.facebook.com/DancingAndDiningInTheStreets/> to find out the location of the event on the respective Friday.

MEDERI CENTER OPEN HOUSE

Friday, September 28 from 4 pm to 7 pm. We're excited to unveil our brand new beautiful center. Please join us for an open house to celebrate! The whole community is invited including clients, practitioners and anyone interested in health and vitality. Please join us for an afternoon of food, music and holistic health. Enjoy live music with Jeff Kloetzel, hors-d'oeuvres, and meet our practitioners. We can't wait to enjoy this fun afternoon with you and our community. Mederi Center, 478 Russell St, Suite 101, Ashland.

PHOENIX FIESTA

Saturday, September 22 from 12 pm to 4 pm. Hosted by Phoenix Counseling Center, this fiesta will include food, live music, dancing, crafts, and educational events throughout the day. To volunteer or register for a booth, call (541) 621-2135. Blue Heron Park, 4385 Pacific Hwy, Phoenix.

SANCTUARY PICNIC FRIENDSHIP DRIVE

Saturday, September 22 from 1 pm to 4 pm. The Equamore Sanctuary and Foundation is dedicated to caring for unwanted horses in the United States. This picnic will gather those who want to help a foundation passionate about caring for horses without homes. This event will have food from Confident Caterers and Eddie Lopez as

Master of Ceremonies. Registration is required by Sept. 15 here. Equamore Sanctuary and Foundation, 4723 Hwy 66, Ashland.

HOW-TO FEST

Saturday, September 22 from 10 am to 4 pm. This event features short sessions taught by local experts sharing practical, hands-on skills. The Applegate and Ruch Libraries will transform into classrooms with sessions held throughout the buildings as well as outside. Local community members volunteer to offer free demonstrations, entertainment, and practical life skills classes lasting from 20 to 90 minutes each. Participants are encouraged to start at the Applegate Library to learn how to knit, take care of horses, and drive a scoop loader. There will be opportunities to view art or learn about genealogy, surfing, woodworking, and how to propagate rose cuttings in a potato. In the afternoon, participants can visit the Ruch Library, where 20 classes will be offered on topics like wood burning, noxious weeds, felt making, magic tricks, smartphone videos, making liqueurs, computer coding, and much more. 10 am to 1 pm is at Applegate Library, 18485 N Applegate Rd. 1 pm to 4 pm is at Ruch Library, 7919 Hwy 238.

VICTORIAN DAYS

Saturday, September 15 from 11 am to 3 pm. We are partnering with the Southern Oregon Historical Society to present items from their collection that depict the evolution of 19th Century fashion from the 1830s to the 1890s with mannequins displaying vintage clothing from SOHS and Historic Jacksonville docents wearing period reproductions that showcase appropriate attire for a typical day's activities. This was a unique period in history and these 1-hour tours provide a unique opportunity to explore aspects of it. Tours begin every 15 minutes. Cost: \$5. Beekman House Museum, 470 E California St, Jacksonville.

FALL BOOK SALES HOSTED BY JACKSON COUNTY LIBRARIES

Are you a book lover? Then you will not want to miss these upcoming book sale events, hosted by the Friends of Jackson County Libraries. Each sale features new or gently-used books, DVDs, and CDs, and your purchase supports Jackson County Library programs, activities, and special library collections. Friends of Shady Cove Library Book Sale Shady Cove Library, 22477 Highway 62 Every Friday from 10 am to 5 pm. Eagle Point Friends of the Library Book Sale Eagle Point Library, 239 West Main Street Every Wednesday from 1 pm to 3 pm. Central Point Friends of the Library Monthly Book Sale Central Point Library, 116 S 3rd Street Third Friday of each month from 1 pm to 4 pm. Friends of Ruch Library "Bonanza Book Sale" and "Book Barn Grand Opening" Ruch A-Frame Bookstore and Book Barn, 7919 Highway 238 Friday, September 14 and Saturday, September 15 from 10 am to 5:00 pm. The sale will feature audiobooks, CDs, DVDs, and books of all genres for children, teens, and adults. Prices range from \$0.25 to \$2.00. On Saturday a bag of books will be \$5.

Kids & Family

NINJAKIDS

Mondays and Wednesdays from 4 pm to 5 pm. Children walk away from this class with a tough workout under his and her belt and having developed basic Ninjutsu skills.

This class is not only to teach children these, but also to build self esteem, encourage exercising, and discipline. The first week is free. Cost: \$50. Rogue Protection Group, 2185 #A1, Spalding Ave, Grants Pass.

ALICE AND WONDERLAND AT THE MEDFORD LIBRARY

The Medford Library will celebrate Lewis Carroll's 1865 classic novel, *Alice's Adventures in Wonderland*, this September at the Medford Library

Alice in Wonderland Scavenger Hunt: Throughout September, children can follow the clues to find the White Rabbit AND win a prize from the treasure chest in the Medford Children's Library.

Alice in Wonderland Preschool Storytime: Children ages 3-5 can enjoy an Alice in Wonderland-themed storytime and craft on Tuesday, September 18 from 10:30-11:30 a.m.

Mad Hatter Tea Party for Teens: Youth ages 12-18 years are invited to celebrate the new school year with tea, snacks, and a chat on Saturday, September 22 from 1:00-3:00 p.m.

Teen Movie Matinee: Join us for a Wonderland-themed matinee on Saturday, September 29 from 1:00-3:00 p.m.

Victorian Etiquette: Carolyn Kingsnorth of Historic Jacksonville will share the intricacies of calling cards, fan flirting, flower language, poise, and other ways to "mind your manners" in the late 1800s during her lecture on Tuesday, September 18 from 5:30-6:30 p.m. in the Large Meeting Room.

Guided Lecture on The History of the Teapot: Camille Korsmo will discuss the origins of tea drinking, tea culture, and teapot design on Wednesday, September 19 from 12:00-1:00 p.m. in the Large Meeting Room. Medford Library, 205 S. Central Ave.

PRESCHOOL PUPPET THEATER

Sept. 14, Nov. 9, and Dec.14 from 10:30 am to 11:45 am. Join Brenda Bear and friends as they discover the wonders of our natural world. A brief lesson will lead into a fun puppet performance and playtime. Snack and a hands-on craft/activity will follow. Reservations are guaranteed only until 10:30 am. Please arrive early, as space and parking are limited (no late seating). Children must be accompanied by an adult at all times during the program. Pre-register online or call the Nature Center at (541) 488-6606. Cost: \$6. North Mountain Park, 620 N Mountain Ave, Ashland.

ROGUE VALLEY MINI MAKER FAIRE

Saturday, September 29 from 10 am to 5 pm. The third annual Rogue Valley Mini Maker Faire (RVMMF), will take place at ScienceWorks Hands-on Museum on September 29, 2018. RVMMF is a collaboration of the many innovators, inventors and out-of-the-box-creative thinkers in Southern Oregon. Maker Faire showcases the amazing work of all kinds and ages of makers—anyone who is embracing the do-it-yourself (or do-it-together) spirit and wants to share their accomplishments with an appreciative audience. ScienceWorks Hands-On Museum, 1500 E Main St, Ashland.

CHILD & ME YOGA

Third Saturday from September through December from 11 am to 11:45 am. Share a fun class exploring yoga together, for you and your little one. Learn movement poses and breath awareness. Wear comfortable clothing for ease of movement. Yoga mat recommended. Pre-register online or call the Nature Center at (541) 488-6606. For adults with children ages four to seven. Cost: \$16 per class. North Mountain Park, 620 N Mountain Ave, Ashland.

Sports & Outdoor

MOUNTAIN BIKING IN JACKSONVILLE

Wednesdays, 6 pm, year-round. Cycle Analysis hosts an all ages, two hour group Mountain Bike ride on the Britt Trails in Jacksonville and John's Peak, which has over 200 miles of trail. Come enjoy good food, friends, and a great ride. Everyone is welcome. Helmets mandatory at all times, lights in the winter. Cycle Analysis in Jacksonville, 535 N Fifth St. www.cycleanalysis.net. Free.

FREE LITHIA PARK NATURE WALKS

10 am on Sundays, Wednesdays, and Fridays from Sept. 2 through Sept. 30. Rain or shine, trained volunteer naturalists from APRC lead an easy, interesting, 1.5-hour nature walk through Lithia Park. Topics include: trees, flowers, birds, climate, water, geology and the history of the park. Nature walks are free and all ages are welcome. Please meet at the park entrance, across from the Plaza in Ashland. Pre-registration is not required.

BEGINNER WOMEN'S GOLF

Sept. 7, 14, and 21 from 5 pm to 6 pm. Novice women golfers wanting to learn the basics of golf in a relaxed and fun environment. WHO: Women 18 and up wanting to learn the basics of golf. WHAT: Develop the basic skills to pick up the game of golf. All equipment provided.

INSTRUCTORS: Tom Cronin and volunteers from the Oak Knoll Women's Golf Association. Tom Cronin has been the Golf Course Coordinator at Oak Knoll Golf Course for the past nine years. He has extensive youth coaching experience and has been playing golf at Oak Knoll since 1990. Cost: \$40. Oak Knoll Golf Course, 3070 OR-66, Ashland.

BEGINNING PICKLEBALL

Sunday, September 16 from 9 am to 11 am and Friday, September 28 from 5:15 pm to 7:15 pm. Students will learn the basic skills and strategies to play this new and popular game! You will learn proper techniques. All equipment will be provided. Cost: \$20 per session. Lithia Park Tennis Courts.

Stage

OREGON SHAKESPEARE FESTIVAL

Othello. Sense and Sensibility. Henry V. Manhatta. Rodgers and Hammerstein's Oklahoma! Romeo and Juliet. The Book of Will. Love Labor's Lost. The Way the Mountain Moved. Snow in Midsummer. Destiny of Desire. www.osfashland.org. #OSF2018.

PRIDE AND PREJUDICE

September 7 through September 23. Join us as we bring Jane Austen's beloved 1813 novel to life in this fun and fast-paced adaptation by Jon Jory. Finding a husband is not a priority for the independent-minded Elizabeth Bennet, but with a match-making mother, four unmarried sisters and several unsuitable suitors, it's hard for her to escape the subject. When Elizabeth meets the handsome but enigmatic Mr. Darcy, she is determined not to let her emotions rule over her good sense. However, in a society where snubs and deceit are commonplace, is it possible for Elizabeth and Darcy to look beyond his pride and her prejudice to make the best match of all?

LEND ME A TENOR

Friday, August 16 through Sunday, September 16. It's the biggest night in the history of the Cleveland Grand Opera Company. Tito Merelli (David King-Gabriel) is a world-famous tenor. He's been hired to perform at the 10-year anniversary season opener. Everyone waits in great anticipation of the famous singer's arrival. The opera's Executive Director Henry Saunders (Don Matthews) and his personal assistant Max Garber (Chris Hamby) know that this event will put the Cleveland Opera on the map. Maggie (Mia Gaskin) is Saunders' star-struck daughter, and she is transforming the Cleveland Hotel lobby into a shrine for the singer. Tito Merelli and his volatile wife, Maria (Rose Passione) arrive in a flurry of photographers and delicious opera guild ladies (Lauren Blair, CJ Reid and Catherine Hansen). Dancing maids and bellhops whisk Merelli to his suite and the multiple door-slaming farce is off and running! Cost: \$18-28. Collaborative Theatre Project, 555 Medford Center, Medford.

FORBIDDEN BROADWAY'S GREATEST HITS

Friday, September 7 through Sunday, September 23. If you enjoy Broadway musicals and hilarious satire, you will get a healthy dose of both of these in "Forbidden Broadway's Greatest Hits." This show is the "best of the best." Not only is it a spoof of Broadway shows, but it also has a phenomenal cast, and it is set in the intimate setting of the Randall's black box theater, which works as the perfect setting for this cabaret style show. This production of tackles the best and brightest of Broadway with vigor and enthusiasm. You don't have to be a musical theater expert to enjoy the show. It works on different levels: If you're an insider, you might get jokes others won't, but the lyrics explain everything you need to know. This show is perfectly suited for the Randall; this intimate theatre allows the energy of the five-person cast to permeate throughout the house to draw the audience into this witty show. To purchase tickets, go to www.randalltheatre.com/541-632-3258. Cost: Reserved tickets \$22, reserved tickets for Thursdays \$17, pay-what-you-want at the door. Randall Theatre Company, 10 E 3rd St, Medford.

WATER MADE TO RISE

Monday, September 24 at 7:00 pm and Sunday, September 30 at 3 pm. Water Made to Rise is the tale of three unnamed strangers trapped in a bar by the rising waters of a never-before-seen flood. As the men come to terms with the devastation all around them, they wrestle to recall the events that led them to be washed from their homes. Meanwhile, National Guardsmen scour the city for survivors and the men must decide whether to remain hidden in their newfound sanctuary or be taken back to the water and help soothe the anger of its waves. Cost: \$10-15. Sept. 24 performance at Ashland Armory, 208 Oak St. Sept. 30 performance at Willow-Witt Ranch, 658 Shale City Rd, Ashland.

THE BEST LITTLE WHOREHOUSE IN TEXAS

Wednesday, September 5 to Sunday, September 23.



LOS ANGELES: In an effort to raise awareness, protect access and encourage action on behalf of the arts, Ovation, America's only arts network, is expanding its national arts advocacy platform called Stand For The Arts by launching a new "Arts Across the Heartland" initiative. In addition, Ovation has added more members to the Stand For The Arts coalition and will continue its Stand For The Arts Awards program for Spring and Fall 2018.

"Arts Across the Heartland" aims to shine a light on the places and people who elevate and enrich their communities through the arts. Ovation recognizes that the contributions of local arts organizations and cultural institutions do not often benefit from exposure on a national platform, and the "Arts Across the Heartland" initiative provides this kind of support. States being highlighted through national PSAs under this initiative for 2018 include Mississippi, Tennessee, South Dakota, Utah, Virginia, and Oregon, among others. The Rogue Valley Symphony is one of a dozen organizations across the country chosen for this unique opportunity.

We are honored to be included in Ovation's 'Arts Across the Heartland' featuring our education program, LINK UP! Arts Education is more important than ever.

"As a champion of the arts, we recognize the immense impact art has on American lives. That's why we created Stand for the Arts and are so pleased to be introducing the 'Arts Across the Heartland' initiative," said Liz Janneman, EVP of Network Strategy, Ovation. "The arts are beneficial across all socio-economic backgrounds and have a positive impact no matter where you are in the country. That's why we have expanded our commitment to support those who are contributing to their communities through the arts and invite everyone to Stand For The Arts."

In October, Ovation will visit the Rogue Valley to shoot footage of the Symphony at work in the classroom at on the stage, leading to a feature in a documentary they are producing about the Heartland Arts Organizations. We are so proud to be a part of this project. We stand for the arts with all across the country.

www.ovationtv.com/sfta/heartland



so float spa
Flotation & Massage Therapy

Are you...

Stressed? In pain? Experiencing a mental block? Overwhelmed?

THEN IT'S TIME TO TREAT YOURSELF TO A FLOAT

JUST A FEW OF THE BENEFITS OF FLOATING IN A SENSORY DEPRIVATION TANK:

- Pain relief
- Increased healing from injuries
 - Improved sleep
 - Athletic recovery
- Lowers high blood pressure
- Reduces stress and anxiety levels
 - Migraine and PTSD relief
- Arthritis and Fibromyalgia relief
 - Promotes creativity
 - Clarity and improved focus
- Easier and deeper meditations
 - Therapeutic relaxation

GIFT CERTIFICATES AVAILABLE

541-773-5132 // SOFLOATSPA.COM

everyone welcome
•ownership optional•



Medford Food Coop AND *The Café*

Open Daily 7 to 9 • 945 S Riverside Ave
(541)779-2667 • medfordfood.coop



Imagine

YOUR AD HERE!

The *Rogue Valley Messenger* reaches over 18,000 readers every issue. Folks pick up the *Messenger* to see what events to attend, where to eat dinner, where to grab a coffee and more. Don't miss out. Here is where you want to be. Our rates are truly unbeatable. Give us a call today!

ADVERTISE@ROGUEVALLEYMESSENGER.COM | 541.708.5688



INDEPENDENT BUILDERS
of SOUTHERN OREGON

Licensed ~ Bonded ~ Insured
CCB #218832

Casey Jones ~ (541) 690-0557
soindependentbuilders@gmail.com

Serving the Rogue Valley for ALL of your construction needs!

- New Home Builds
- Renovations & Remodels
- Pole Barns & Garages
- Decorative Beam Work
- Fences & Decks
- Foreclosure & Rental Repairs
- Greenhouses & Grow Rooms








SOUND

Happiness and Goals

How Slow Corpse and The Brothers Reed Determine Success

BY JORDAN MARIE MCCAWE



BROTHERS REED PHOTO COURTESY OF BROTHERS REED



SLOW CORPSE PHOTO CREDIT: ANOUK AUMONT

Regardless of the long tours or the constant weekend shows, success is determined by the goals set out by the performers and their happiness in the process. That's how the Brothers Reed and Slow Corpse define success.

Both bands play in completely different genres, and yet they've both found success locally and beyond the Rogue Valley. For the Brothers Reed, managing every aspect of a band as a whole has been a constant yet rewarding struggle, though that's not the only one.

"Right now our biggest challenge is making that leap from a fairly well known regionally successful band with a decent following to a more nationally renowned band capable of selling out 500-1000 person rooms everywhere we go," says Aaron Reed (as in one of the brothers). What started as a fun project between brothers has turned into a professional passion taking up most of their time. "Making a decent living playing songs that we wrote has been really satisfying," he adds.

For guitarist Brenton Clarke of Slow Corpse, he finds endurance to be one of the hardest parts for him. "While progressing, it's hard to live in the moment and see worth in the empty bar gigs and general stress of performing," he says. "We traveled to a small California gig at a bar and there was absolutely no one there for music. People were playing pool, drinking shots, smoking. This can take a toll on you when traveling. But in the back of the bar, there are two girls sitting at a table intently watching us. After striking up a conversation, I learned they traveled a good distance to see us, and have been fans for years. Incredible. Connecting with fans and friends through music is a surreal experience. That is the greatest reward."

Both bands agree the Rogue Valley is a supportive environment for artists. Reed says, "It's an extremely supportive environment for the arts and I can say from firsthand experience that it is a great place, with much opportunity, to be based out of."

Clarke has found great support from the venues Slow Corpse has performed. "Being a Rogue Valley band is great," he says. "The venues and bars here sincerely care about

the music and pay musicians very well, which is very rare when compared to venues in large cities." If anything, Clarke wishes there were more venues and bands in the Rogue Valley.

"If your band is accomplishing what it wants for itself, I would consider that success," says Reed. "Whether it's playing gigs every weekend, or playing full time touring nationally, success is really in the eye of the holder. That being said, I had an idea of what I would consider 'success' for myself as a professional musician. Brothers Reed is the first band I've been in to achieve all the goals I set for myself even if the nuances of that success didn't come always as I had envisioned."

Where Slow Corpse wants to see themselves a year from now is playing bigger shows and festivals. As Clarke puts it: "Just so we get free admittance to see bands we love. In the long run, reside in Vegas, Elvis style. White tigers riding motorcycles through fire hoops while Dash plays a piano made of dinosaur bones."

While Reed doesn't explicitly say he hopes to see the Brothers Reed in a similar Vegas-style situation down the road, he also wants to see themselves playing bigger venues. "I would also like to collaborate with more folks who can help us get where we are headed," he adds. "I just want to keep chipping away, laying pavement, and see where the road unfolds."

As long as the Rogue Valley grows its support for artists, then hopefully more bands will find their way here, or more people will be encouraged to form a band. "A band is successful if they're happy doing what they do," Clarke says. Equally important is a community constantly supporting and encouraging local artists to create, share, and perform.

Slow Corpse is currently on tour in support of their new album "Fables." The Brothers Reed's next show is at South Stage Cellars on Sept. 26.



Biscuits & Vinyl

Locally owned and operated Independent Record Store carrying a carefully curated selection of New and Used Vinyl Records and goods.

WE PAY CASH FOR YOUR WELL PRESERVED RECORDS! ANY SIZE COLLECTION CONSIDERED. CALL FOR AN APPOINTMENT!

Located in Downtown Talent just a few miles north of Ashland.



Hours: Tue - Sat 12-6pm | Fri 12-8:30
541.897.4429 | 103 Talent Ave.



Instagram

Grateful Deals

- Special Menu Items
- Happy Hour Prices
- Pizza by the Slice
- Appetizers

Monday-Thursday 3-5 p.m.

Kaleidoscope
Pizzeria & Pub

Dine In:
3084 Crater Lake Hwy

To Go:
1923 Delta Waters Rd

www.kaleidoscopepizza.com | 541-779-7787

SOUND

Fiddler on the Rogue

Profile of An Entrepreneur: Duane Whitcomb, Creekside Strings

INTERVIEW BY PHIL BUSSE



PHOTO SUBMITTED BY DUANE WHITCOMB

Rogue Valley Messenger: You started Creekside Strings and FiddleQuest. Are they different organizations?

Duane Whitcomb: Creekside Strings is a violin school I started about 15 years ago. We are four teachers: Jessie Monter, Rachel Buklad, Monica Smith and myself. We teach over 100 children and adults and put on dances, jams and fiddle camps throughout the year.

Over the years, I was able to refine the songs and skills and teaching tools into a curriculum that other teachers could easily use. I formed a company, FiddleQuest, with my business partner, Darren Jahn, to make the curriculum available online to other teachers and students. Now it is taught by teachers across the country.

RVM: There seems to be an emphasis on not just learning to play music, but playing in a group. Why is that?

DW: The short answer is that it is a lot more fun to play music with others than on your own.

The “pedagogical” answer is a little more complicated. The statistics for violin students are rather sobering. Over 90 percent of people that take up the violin quit before they leave high school. To improve on those results, I studied the small group of violinists who continued playing as adults. Whether they were classical or non-classical players, one important difference is that they have the skills to play music socially (off-stage) with others.

Our prevailing education model teaches students to play in performance settings with little emphasis on playing informally. Creekside Strings takes a different approach. We play mostly in informal settings (jams, dances) and have just a few formal performances.

RVM: At the same time that you emphasize playing in a group, you also have developed an online curriculum. First, explain how learning an instrument works online and, second, talk about how this differs from learning “in-person”?

DW: FiddleQuest is used by teachers who all teach “in-person.” It is similar to using a traditional book (e.g. Suzuki), but the web “book” provides a collection of tools that extend beyond what a traditional book can provide.

But to answer your question of how it works, it basically looks like this: The student and I are both sitting facing each other. We catch up on what has happened during the week, tune the instrument and then start playing. The learning process is simple: I’ll repeat a phrase of the song on my violin and the student will

learn to play it with me. I don’t let them look at my fingers—they have to problem-solve it with their ears. (In the first year, it is only a 2-3 notes at a time. As their ears develop, they can learn lengthy phrases by ear very quickly.)

During the lesson, I will pull up the student’s FiddleQuest practice page on my iPad and have them play along with the slow recording of that song. During the week, they can slowly get the song to tempo. We also will work on skills like scales, improvisation and sight-reading on their practice page. They will use that same practice page at home to review what we did in lessons. For young students, their parents will help them practice using the recordings on their practice page. As a teacher, I take comfort in being able to know that they have all the tools they need to keep learning with their ears throughout the week.

RVM: The emphasis also seems to be on classical and traditional music. What do you say to the teenager who wants to learn, but also wants to play Led Zeppelin on her violin?

DW: For a number of years, the conventional wisdom of creating adaptable violin players has been that students should learn to play classical first so they will be well-prepared to play other things like folk or Led Zeppelin. What I’ve discovered is that studying classical music is an effective way to become a classical violinist. But it is not an ideal path for students who wish to participate in music beyond the orchestra or chamber music group.

My advice for a teen who wants to play other styles of music is this: develop your hand-ear coordination playing the music you love—Led Zeppelin, Tchaikovsky, Irish, etc. That is, teach your fingers to play what you hear. For students who have already learned to read, this is a difficult challenge. It is much easier to read the notes. The problem that classically-trained violinists face is that most non-classical music is not written out. Even when the music is easier than what they have played before, many violinists feel totally unprepared to play it when there is no written music available.

Developing your ear is worth the effort. When you have strong hand-ear coordination, a door opens to a world of music. You will be able to play what you hear on Spotify, play what you want with friends, sit in on any music session, travel anywhere in the world and play with musicians there. It is the single most important musical skill you can have. 🎻

For a complete transcript of the interview, tune in to RogueValleyMessenger.com

Enter **OMAR'S DRAWING**

Mail or bring in this coupon
FOR YOUR CHANCE TO WIN!
Drawing at the end of September

Name

Phone

1380 Siskiyou Blvd Ashland
541-482-1281
www.omarsrestaurant.com

SIMPLE MACHINE
WINERY & TASTING ROOM

Open Wed-Sun 12-6pm
Talent, Oregon
SimpleMachineWine.com

JOSEPHINE COUNTY **Cultural COALITION**

PO Box 1086
Grants Pass, OR 97528
jococulturalcoalition.org
info@jococulturalcoalition.org

OVER 20,000 READERS!

ON STANDS FOR 2 FULL WEEKS!

ONLY FREE PUBLICATION IN THE REGION!

PLACE YOUR AD HERE!

HALF THE PRICE, QUADRUPLE THE IMPACT!

The best thing about our paper is our over 20,000 readers are *willingly* picking the paper up. This is not something that is sent to their mailbox and recycled; it is purposefully picked up and read.

Contact us today:
Advertise@RogueValleyMessenger.com

FOOD & Drink

Interview with an Entrepreneur

What it Takes to Make it in the Valley

INTERVIEW BY ERIC BURG

The *Rogue Valley Messenger* sat down with Chris Dennett, the founder of both Elements Tapas Bar in downtown Medford, and Beerworks, with locations in Medford and Jacksonville, to talk about what it takes for a small business to establish and flourish in the local scene.

Rogue Valley Messenger: I suppose the Beerworks saga has to start with Elements, considering that twelve years ago, it came first. Tell me about the genesis of these businesses. What got the ball rolling? How did you make it happen?

Chris Dennett: The story of Elements starts in 2005. Me and my girlfriend at the time, who's now my wife, we're sitting around on a June afternoon, just lazily throwing the ball for the dog. She wanted to go get a drink, and I say, "what about this place?" "No, the food is no good." "What about that place?" "No, too smoky." "What about this bar?" "I don't really want to go to a dive."

I got up, went into the house, got a bottle of wine, and a poured a couple glasses. I asked her, "if you could go anywhere, what would it look like?" And then we just started talking about it. And then a bottle later, we had an idea.

We had this feeling that you could lead, follow, or get out of the way. If there wasn't a place we wanted to go to, then we should try to make the type of place we wanted to go. For both Elements and Beerworks, it was born out of an idea that I wanted to leave Medford a better place than I found it.

RVM: Medford, like a lot of communities, seems a place in recent decades dominated evermore by chains, big box stores, and corporatism: what needs to happen on the macro and the micro levels to counter that in a community? Is it more capital investment in small businesses? Is it on local government? Is it up to consumers?

CD: That's a big question. I think the answer probably has a piece of all of those things in it—but more than any-

thing else, it comes down to consumers having an interest in that. I think it's dangerous to think about large corporate restaurants as not being locally owned, because a lot of those are locally owned. Red Robin for instance, is all over the place, but the Medford location is a locally owned franchise. You can't be upset at that kind of thing.

The biggest battle we have with corporations is in marketing presence. A small business like ours has to think really carefully about how to spend even a thousand dollars on advertising, where some of these companies come with millions of dollars in advertising budget, and they can spill \$45k into a small market and not even feel it.

I think probably the most important thing would be for people to understand there are different kinds of experiences. If your concern is an expectation that the menu is never going to change, if that's what's comfortable for you, then that's going to be more appealing. People would have to make the decision that they'd want something made with a little more love, in a kitchen that's a kitchen, and not a bank of microwaves. And most of our ingredients are sourced as locally as possible; at most within a hundred miles.

I don't know what tax breaks or policies local government could implement to benefit some small businesses that would be even remotely fair to other businesses. The federal government considers anything less than 500 employees a small business, and how do you establish what's small, what's local, and what's not? Do you give the same property tax break to Red Robin as you do to Elements? That seems a slippery slope. And what if you don't own the building? Then it just benefits the property owners, rather than the business owner. Subsidize leases? Then you'd just drive lease costs up for those not receiving subsidies.

It has to do more with people creating habits, and habits take a while for people to change. We're just trying to get into their habit of being the place they like to eat or drink. I think one of the myths is that these large places are not as

expensive as the small places, and that's just not true. You might spend \$6 more on an entire meal at a place that's locally owned, but then it goes into a bank account in this Valley, and those dollars are spent again, in this Valley. I think we'd have an opportunity to support a stronger local economy if more people got onboard with that.

RVM: Downtown Medford has always had good bones. With Elements in 2006, and with Beerworks in 2011, you've sort of been at the vanguard of businesses revitalizing and establishing downtown Medford as a hip place to be. It seems like the face and the future of downtown Medford is becoming brighter with more options for food and drink—what do you think needs to happen most, to ensure that it keeps on happening?

CD: I think people need to not give up on downtown Medford. I'll occasionally have people in here who say, "oh, you should open one of these up in Ashland!" And I'll ask, "you live in Ashland? Well thanks so much for coming to Medford, we appreciate it." It's not necessary. It's pretty common, and was more common when we first opened, for people to say, "there's nothing in Medford, it sucks, why would we go there?" But that's exactly why we started this. If there's nothing in Medford, then why don't we do something in Medford? I'm proud of this town. My wife was born and raised here. I moved here in 1982 when I was nine, and again, I want it to be a better place when I left it, than when I found it.

Sometimes it feels like the Medford City Government is a little behind the times. I think what we're seeing now is a revolution in places to eat and drink in downtown Medford, and I'd like to think that's the first stage of things happening. Because you don't build the health of a downtown core through antique shops and jewelry stores. I think you base that health on whether people are coming down after work. And that brings people downtown on their days off; on their weekend. It would be great if Medford was actually open on Sundays. 🍷

No Smoke, No Joke Connor Fields Brewing at The Haul in Grants Pass

BY NICK BLAKESLEE



like the climate at all. I had no idea what the whole hub-bub is, to be honest. At least until this last visit.

I live in Ashland, which for the last eight weeks has been the general color and flavor of my Grandmother's well used 120-year-old Victorian fireplace. Anyone who lives here during the summer knows that the smoke can be a real downer. I'll go the mailbox, grab my daily bills, return to my home and promptly hack up a lung because

The first thing anyone says when I bring up Grants Pass is that phrase, "It's the Climate!" They either say this with a knowing chuckle, or in a sort of sardonic way that makes me wonder if they actually

I feel like I've just spent the morning smoking several packs of cigarettes. The sun is nothing more than a red orb dully glowing in the sky, reminding me of the Marscape scenes from Arnold Schwarzenegger's *Total Recall*. Every morning I get a notification from my phone that tells me just how stupid I'd have to be to go outside into the smoke. I have a friend who bought a pair of blue tinted glasses so she could remember what the sky used to look like.

Basically, the smoke has started to take a small bit of my sanity.

One particular day, I had had enough. I told my cat farewell, got in the car with a friend and drove north until I found some reprieve from our Ashtray home. Turns out I really didn't have to go far.

I stopped by The Haul in Grants Pass and, boy, was I pleased. The Haul is a counter service restaurant/bar that has over a dozen beers on tap and a large selection of menu food items. They make a killer margarita and their wood fired oven means their pizzas are top notch too. But, let's be honest, I wasn't there for the food. I was there for the beer (beer has food calories in it, which means I get to count it as a meal). The Haul is the where Connor Fields Brewing pours all of their beers. Currently, the beer is brewed in the Applegate area, Brittany the bartender told me they're building a second location nearer to the brew-

ery to feature their beer there as well.

I tried a handful of their beers. Their styles range from sours to browns, from porters to pales. The staples for modern breweries. Their "Afterglow" dry hopped pale had a delicious subdued body that left room for the hoppy flavor and piney aromas to seep through. The "Dry Stout" had a lovely sweet, yet bitter dark chocolate flavor, and a surprisingly mild body that meant it went down easy. But my favorite was their "Cream Lager," a session ale the specialized in a more refreshing flavor. Something that went well with clear skies and 90-degree weather. I liked it so much my friend had to drive us home. I even took some with me.

The Haul was everything it boasted to be and more. Great beer, lovely service and an array of food to help get more beer in me. More importantly, it was a little bit of heaven, beneath the clear blue skies of Grants Pass, sipping on great beer, breathing in that fresh, Grants Pass air. All of the sudden, I understood just what the whole hubbub about the climate was about. 🍷

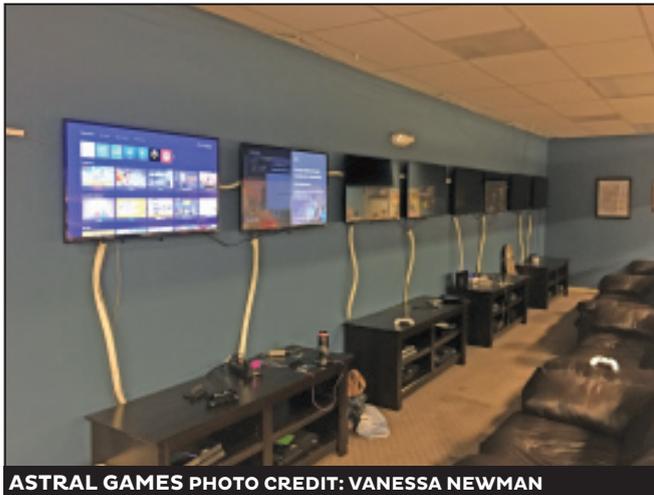
THE HAUL

11 am - 10 pm, Sun., Wed., Thurs.
11 am - 12 am, Fri. and Sat.
11 am - 9 pm, Mon.
121 SW H Street, Grants Pass
541.474.4991

CULTURE

Going Analog in a Digital World Local Gaming Centers Keep it Real

BY VANESSA NEWMAN



ASTRAL GAMES PHOTO CREDIT: VANESSA NEWMAN



FUN-AGAIN GAMES PHOTO CREDIT: VANESSA NEWMAN

Americans shop online, communicate through text, slack and e-mail, converse with Alexa and drive connected to GPS. Is the writing on the wall? Are board games and card games a thing of the past? Not in the Rogue Valley where some gaming centers are thriving. These centers specialize in

analog entertainment—puzzles, card, roleplaying, and board games.

“We do not sell video games. We have a running joke on how many phone calls a day each of us will get asking if we do. We kindly let people know on the phone or in the store, ‘Sorry, no we don’t carry video game related items.’ We do comics, board games, miniatures, and card games,” says Aaron Hassell, owner of Astral Games in Medford. He has been at the helm for the past ten years with no end in sight for analog adventures. They do have a game center next door that has digital stuff too where you can use gaming systems and even VR.

When asked what is the most unique, bizarre and/or interesting game that he has at Astral Games? Hussell says, “We have an arcade game that is pretty unique and interesting. Killer Queen; it is a two to ten player game that is akin to classic joust. Sure, it is not a classic board game, but it gets people down here Mondays 7 -9 pm.”

Playing games in person with other people you can see, joke with, and get to know fosters social interaction and builds relationships according to manager, Richard Scovill, from Fun-Again Games in Ashland. “What you experience playing board games helps you determine if you want to be friends with players. Are they cooperative? How do they handle accomplishment and competition? You find a whole lot about the people you are playing with.” He believes that in the digital gaming world this is not always the case.

Fun-Again Games in downtown Ashland is having a fantastic year according to Scovill. “Business has tripled” since they moved to their downtown

location a year ago. The manager attributes this to location, exposure, foot traffic and smoky days. While other close-by businesses are struggling with a Summer downturn, he has not noticed. Fun-Again Games attracts families with their wide selection of board games from classics like Monopoly to escape games like Unlock or Exit. College students come in for the beer, wine and pizza and participate in role-playing games like Dungeons & Dragons or Captain Sonar—a live time game with a lot happening at once. Older adults visit for the convenience and proximity to restaurants and theater. Anyone can partake of the gourmet box lunches that can be delivered along with other yummy goodies like ice cream or chips.

Gaming centers can be experiential havens, but people may want to choose their type of experience wisely. Scovill describes a memorable encounter he had with a game called, This War of Mine, that gave him bad dreams. “It was a very bleak and dark existence where I was a civilian survival of war hunkered down in a city. It is an adventure-type game encounter that left me feeling desolate.” On a positive note, he believes it is amazing that people can share in events they have not personally gone through to build awareness and compassion for others. For those who want to get their game on, visiting either Astral Games or Fun-Again Games can be an analog dream. 🍷

ASTRAL GAMES

125 South Central Ave, Suite 110, Medford, 10 am - 9 pm, Mon., Wed., Thurs., 10 am - 12 am, Tues., Fri., 11 am - 10 pm, Sat., 12 - 7 pm, Sun.

FUN-AGAIN GAMES

149 E. Main St., Ashland, 10 am - 8 pm, Monday - Sunday

Art Watch

One Artist’s Entrepreneurial Spirit Creative Marketing & Design

BY JORDAN MARIE MCCAWE



LAUREL BRIGGS
COURTESY OF LAUREL BRIGGS

When we see a logo of a local or nation-wide business, we don’t often think about the thought that went into designing it. Sometimes the logo is as simple as the business’s name in a timeless font, yet someone still spent time creating it.

Since 2009 Laurel Briggs of Creative Marketing & Design is all about designing logos and marketing brands for businesses in the Rogue Valley. She also works with businesses in California, Arizona, Utah, and Las Vegas.

Briggs was born in Jacksonville, where she spent much of her childhood creating flyers for events and fundraisers as well as taking art classes and spending time in 4-H. “In college, at Willamette University in Salem, I worked for the on-campus magazine and loved working on both the content and layout,” she says. At California State in Fullerton, she improved upon her designing and marketing techniques. “I also really enjoyed the grad work I did that focused on audience behavior and marketing planning. There is a lot of psychology and research that can and should go into marketing efforts.”

From an idea to a young business, she enjoys witnessing their successes. “I’ve witnessed many people’s lives change for the better and its really fun to be a part of that process. I

assist in bringing people’s great ideas to the marketplace and then supporting them as they grow,” she says. “It is rewarding to witness a ‘brand’ emerge that is professional and really hits the mark in conveying the brand essence to its customers.”

Her favorite part about her job is conveying a complex idea in the simplest way possible. She says, “Sometimes this process takes minutes or it can take months. I love web because it allows a lot of layers of information to be laid out in a beautiful and functional way.” Several logos she designs ends up on wine labels, on the internet, on billboards, and more. At Creative Marketing & Design she only has one other full-time employee. With a small team, she contracts videographers, SEO writers, and photographers periodically.

Briggs’s passion for design and marketing has improved multiple businesses in the Rogue Valley. She adds, “I love seeing a new business or idea emerge and take off.” Her clients would say the same thing after working with her. 🍷

CREATIVE MARKETING & DESIGN

9 am - 5 pm, Monday - Friday
541.261.8294

SCREEN

Oregonians Rule, The Klamath Falls Independent Film Festival Celebrates Us

BY VANESSA NEWMAN



2017 FILMMAKER AWARDS CEREMONY PHOTO CREDIT: JESSE WIDENER

Bigfoot, The Ducks, Ty Burrell from “Modern Family,” Don Pedro Colley from *Dukes of Hazzard*, Truffles, and the Klamath Independent Film Festival (KIFF)—all Oregon treasures. For the second year in a row KIFF is the only film festival that is Oregon-centric. And the Festival plans to keep this niche going strong into the years ahead.

Jesse Widener, Executive Director for KIFF says, “We think that Oregon has been under-served in the film festival circuit.” With over 120 Oregon film submissions this year, excitement is in the air and soon to be on screen for the 6th annual event. Only a dozen entries came from outside the state including one from a New York filmmaker who came back to Oregon to produce the film, *Seaside*, about love and betrayal in a coastal town.

When asked why the director thought so many filmmakers were concentrated here, Widener speculated, “Oregon is a varied state. It is less populated than California, so filming is easier and there is overall less red-tape to get in the way, like obtaining permits or driving to locations.”

According to Widener, the whole event is an opportu-

nity for people to come explore Klamath Falls and get to know the area. “You don’t want to go to a festival and see films and then go back to your room and hang out. The point is to experience the community.” This year, the film festival programs will have a list of unique businesses to check out while in town including, “Everybody’s Vintage” which is an antique shop with cool items like vinyl records and “Cranberry Station Soap Company” which carries striated rainbow-colored soaps.

For those who are new to attending a film festival, KIFF takes place at Ross Ragland Theater and Pelican Cinema and is about meeting filmmakers and making connections as well as seeing films. If you have an interest in how to make movies, show up because you could meet someone eager to assist according to Widener. Unfortunately, there is a wide chasm between those producing, and those watching, films at festivals. It tends to be young filmmakers and older festival attendees. But this does not have to be the case. Widener views KIFF as an opportunity ripe for students, families, area businesses and tourists to take advantage of an incredible talent pool.

Festivals are not just about documentaries. In fact, many upcoming filmmakers create narrative films Widener explains. Why does this Executive Director have such a passion for film over photography (he is a photographer)? “Because the number of people who would go stand in front of one of my photographs for 10 minutes and get something out of it, is a sliver compared to the number of people who will sit in an audience and be engaged by film,” he says. “The chance that someone would go to a gallery and stand in front of my photographs for ten minutes is not likely. They will go see a film.”

Whether people are interested in vampires (*For the Road*); a behind the scenes look at the Britt Orchestra (*Symphony for Nature: The Britt Orchestra at Crater Lake*); adolescents struggling with loss or tough lives that leave them wanting (*Mr. Peterson and Soldier*); an aging musician still licking it up (*The Last Hot Lick*); Oregon’s great outdoors (*Protected: A Wild and Scenic River Portrait*), or movies with big name actors like Steve Buscemi (*Lean on Pete*), they will find it at this year’s festival. The opener, *Lean on Pete* is an adaptation of Portland writer, Willy Vlautin’s novel. There are also two Medford residents, Andrew John and Robert Thomas Preston, who teamed up to create a narrative film called *Obscura*, about a photography student involved in a terrifying serial-killer scenario.

To experience the festival does not require a major time commitment, there are even shorts (less than an hour). People can get a pass to one day or one show at the event or to attend the entire shebang including the opening night reception—which requires a festival pass. 🍷

KLAMATH FALLS INDEPENDENT FILM FESTIVAL

Friday, September 14 - Sunday, September 16
Ross Ragland Theater, 218 N 7th St., Klamath Falls
Pelican Cinema, 2626 Biehn St., Klamath Falls
\$10 - \$60

What If Shakespeare Was A Filmmaker? Producing Short Films About Long Plays

INTERVIEW BY PHIL BUSSE

Laney D’Aquino is part of a team of videographers and filmmakers who produce trailers for the plays at Oregon Shakespeare Festival. It is its own art form, creating short films about long plays. D’Aquino reflected on the challenges and rewards from the job.

Rogue Valley Messenger: Creating a good trailer is certainly an art form. It would seem like one big challenge is finding a balance between presenting enough of the story to be tantalizing, but making sure you don’t offer any spoilers or give away too much of the story.

Laney D’Aquino: People sitting together in the dark watching a story be presented to them is a truly compelling part of the human experience. I find it amazing, still, how powerful that experience is. The work of helping people know what the plays are “like” is a wonderful project. Theatre is a time and place specific event, if you aren’t there right then, you miss it so it becomes important that potential audience members know what is available to them before they opportunity is gone!

The trick to these trailers is to figure a way to present the core of the play without giving the play away. Some-

times when you see a trailer for a film it ends up feeling like a synopsis of the film, once it is over you feel like you have seen the film already, and it doesn’t leave you wanting to see the film at all! With this in mind, we constantly are looking for what is so special about this play, this production, what did this team of designer and creators have in mind when they created it, what is special about this cast and most of all what is an audience member going to want to know so they can be certain that this is a play they don’t want to miss, and when we find that we have the ground plan for the trailer. There is a bit of journalism in the process of filmmaking like this. You need to find the story. In another way, what could be better than to use the visually stunning work they are doing on stage and presenting that in film form, to me, these two art forms sleeve into each other quite beautifully.

RVM: What has been the most fun play to create a trailer for? Why?

L’DA: The play “Love’s Labour’s Lost” on the Elizabethan stage has been the most fun to create the trailer for. A wonderfully staged production, this show was a joy to shoot but wild to shoot as they had action all over the stage! The thrilling, creative element on this trailer

was using an original song that the boys in the story play for the ladies when they are in disguise as ‘the ‘muscovites.’ In fact, these talented cast members all played the instruments on it and sang! Such a dynamic way to present that traditional Shakespearean scene! It makes the trailer far more thrilling and interesting and I think captured the real experience of being at the play, which is the goal, after all.

RVM: Which has been the most challenging? Why?

LD’A: My favorite trailer this season was for “Henry V.” The director Rosa Joshi presented this historical production in a theatrical, spontaneous seeming way. If you have seen it you know that it is very powerful and significant, a fabulous play by any standard. The cast, led by Daniel Jose Molina as Henry was tight as a drum. The challenge was that it is in the small and intimate Thomas Theatre which is a thrilling place to watch a play. We were still in the process of discovering what the character of these trailers was going to be, how they would move, the pacing, the sound, the text elements. The trick to success on this piece was the combination of this particularly powerful theatrical production’s imaging worked amazingly well with the music created for

SCREEN

What If Shakespeare Was A Filmmaker? Cont'd



DANIEL JOSÉ MOLINA, ALEJANDRA ESCALANTE, WILLIAM THOMAS HODGSON, STEPHEN MICHAEL SPENCER, JEREMY GALLARDO. PHOTO CREDIT: JENNY GRAHAM

the play by Palmer Hefferan. We were able to replicate the mood, the pacing, the dramaticism of the play with the music from the show itself and it made all the difference. My favorite trailer of the season was about my favorite play!

RVM: Stage productions are such unique and “present” form of storytelling. How do you film so that the “immediateness” of a stage production is not lost in translation to film?

LD'A: Interestingly, one great difference between filmmaking in a traditional way and filmmaking of a play is that the process of filmmaking is so controlled, there is a lot of calculation in what you show and when. With a play you are presenting the entire stage at once and the challenge then is to translate the play and figure out a filmic method of capturing it. The shooters, Kirk McKenzie and Mark Brown and I work on a game plan of how we are going to approach each production. We get into the play, how the set moves, how the play unfolds in the space, the story itself, how the audience is oriented, the lighting, the costumes, the comedy, the dancing everything that makes this play what it is.

RVM: What sort of background prepared you for this?

LD'A: I was always into theatre. Once I got my grad degree from the University of Delaware in costume construction with an emphasis in crafts (which means making prosthetics, masks hats, armor, crowns, jewelry, anything you wear that isn't clothes) I worked all over the country as a trouble shooter until I landed my dream job at the world renowned Oregon Shakespeare Festival. I eventually got into filmmaking and presented the idea of making short documentary films about the artists who

create the plays as a way to demonstrate to prospective audience members what is so amazing about the shows individually. For the past 5 or 7 years I had been given the honor of crafting hundreds of short documentary films about the artisans who work to create the play behind the scenes, the painters, the costume creators, the innovators who make the stage units move, the lighting teams, the technicians that do the shifts between shows from matinee to evening performances, showcasing their amazing work that makes is even possible for this world class theatre to do such amazing productions in a small town in some remote valley.

RVM: What is the most valuable lesson or skill you've learned since starting producing these trailers?

LD'A: Honestly, this might seem strange but I have been learning in the creation of these trailers the power of teamwork. I have been working with Mark Brown, a local filmmaker in his own right has been doing the video work at the theatre since way before I got there, and he has a wealth of experience and ideas and an outstanding teammate. I have been thrilled to bring in the highly technical and creative work of Kirk McKenzie, another very talented local filmmaker to shoot the productions with me on the one time chance we have to be in the audience with cameras capturing the performance. And Julie Cortez from the marketing department at OSF is always at work on making sure we are showing these plays in the best light for the theatre and for the audiences. This group has been working together this season in powerful way reinforcing the fact that theatre as well as filmmaking, is a team sport! 🍷

WELLNESS

Please Excuse Me For a Moment... A Natural Approach to Irritable Bowel Syndrome

BY DR. DANIEL SMITH



DR. DANIEL SMITH

Irritable bowel syndrome (IBS) is the most common gastrointestinal disorder and represents thirty percent

of all referrals to gastroenterologists. IBS has been attributed to physiological, psychological and dietary factors. In general, the diagnosis of IBS is often made by exclusion, as a result of ruling out other conditions that have a similar symptom picture to IBS (e.g. diabetes, lactose intolerance, ulcerative colitis, Crohn's disease, diverticular disease, etc). These symptoms include but are not limited to abdominal distention, constipation, abdominal pain that improves with bowel movements and loose or frequent stools.

ropathic physician, there are a few highly effective treatments I will review here. First, I recommend getting tested for food sensitivities. In most cases the reactivity to these foods appears to be related to prostaglandin synthesis or to IgG reactions. Prostaglandins are inflammatory mediators that are often best managed with botanical treatments and an IgG reaction is a very specific immune reaction. This specificity is significant because IgE skin tests—the most common allergy panel offered by mainstream physicians—will not detect IgG sensitivities, thereby possibly missing relevant food reactions. For many patients, an Eliza IgG test may be a better indicator of the role that food plays in IBS. Further, many patients have noted marked benefit when using elimination diets such as FODMAPs or the Whole-30. While these programs may require a lengthy period of a restricted menu, the initial improvements can be seen in as few as two weeks.

Second, I recommend avoiding refined carbohydrates. Meals high in refined sugar contribute to IBS symptoms and lead to inappropriate growth of yeast and bacteria in the gastrointestinal tract that impact proper GI motility. Also, inclusion of fiber in the diet is an important part of the treatment plan. It is important to consider the best type of fiber to use. Wheat bran, for instance, should not be used as grains such as wheat are among the most commonly implicated foods in IBS. In general, fiber from fruit and vegetable sources should be increased. Acacia fiber also tends to be well tolerated.

Third, IBS is often associated with cramping, pain and intestinal spasm. These symptoms are frequently improved by taking enteric coated peppermint oil between meals as menthol is highly effective at relaxing smooth muscle contraction. It is important to use enteric coated oil as otherwise menthol will result in relaxation of the esophageal sphincter, causing heartburn. An additional benefit of such volatile oils is their efficacy against *Candida albicans*, one of the underlining factors that contribute to IBS. For a similar reason, a potent probiotic that contains *Lactobacillus acidophilus*, *Bifidobacterium* and *Saccharomyces* is important to include.

Finally, because emotional stress (anxiety, depression, sleep disturbances, feelings of hostility) are triggers for IBS, relaxation therapies such as yoga, meditation, biofeedback and even a slow 30 minute daily walk offer significant benefits. 🍷

Dr. Daniel Smith practices at Bear Creek Naturopathic Clinic. His office is on 2612 Barnett Ave. He specializes in naturopathic oncology, but still maintains a strong family practice, treating all manner of conditions. He can be reached at 541-770-5563 or at drdanielnd@gmail.com. If you would like to schedule an appointment, please ask specifically for Dr. Dan.

(1) Food sensitivities: Many who suffer with IBS symptoms report being sensitive to certain foods, especially grains (50%) and dairy (42%).

(2) Changes in gastrointestinal muscle activity: Many with IBS experience either constipation due to increased GI muscle contraction and/or diarrhea due to changes in release patterns of hormones and enzymes.

(3) Digestive hypersensitivity: Those with IBS often report bloating, flatulence and abdominal pain after eating.

(4) Inflammation: Though not classically recognized as an inflammatory disease, individuals with IBS do tend to have more inflammation. This inflammatory state contributes both to intestinal pain and poor absorption of nutrients. It also leads to “leaky gut”, the phenomenon of poorly digested food particles passing from the GI tract directly into the bloodstream, where their undigested state causes immune reactivity.

(5) Altered gut flora: Individuals with improper balance of GI bacteria are more prone to IBS symptoms.

(6) Mental and emotional stress: Those who are more prone to anxiety, depression, and other forms of psychological distress are more likely to experience IBS type symptoms, as are those who have difficulty sleeping.

In order to effectively treat IBS, all of the above issues must be addressed. While this article is too brief to review all of the pertinent tests or therapies available to a natu-

Talent Health Club Budtender

JESSIE AKA @LADYKNIGHT_CANNABIS



LOCAL ROGUE VALLEY PRODUCT:
"GM x GG4 Live Resin"
 Grown and Processed by **Dirty Arm Farm - Ashland, OR**



Dirty Arm Farm's GM x GG4 is great for clearing your mind. Once you exhale you can feel all your problems go with it. I always get a light and happy high. It hits me hard but I'm always ready to go if I need to. This strain has a relaxing, de-stressing effect on the body with a heavy head high that makes me calm and sometimes forget what I'm doing. I love this one for after work, or a really long day. I love smoking this one before movies or going out with friends. The combination of two already heady strains was perfect! I had to try this one and I highly recommend it if you get a chance. This flavor from DAF is definitely one of my new favorites. 🌿

FREE WILL ASTROLOGY

VIRGO (Aug. 23-Sept. 22): Your keynote is the Japanese word shizuka. According to photographer Masao Yamamoto, it means "cleansed, pure, clear, and untainted." One of his artistic practices is to wander around forests looking in the soil for "treasures" that emanate shizuka. So in his definition, the term isn't about being scrubbed or sanitized. Rather, he's interested in pristine natural phenomena that are unspoiled by civilization. He regards them as food for his soul. I mention this, Virgo, because now is an excellent time for you to get big doses of people and places and things that are cleansed, pure, clear, and untainted.

PISCES (Feb. 19-March 20): Stanley Kubrick made masterful films, but most of them bore me. I regard John Ashbery as a clever and innovative poet, but I've never been excited by his work. As for painter Mark Rothko, I recognize his talent and intelligence, but his art leaves me empty. The music of Nora Jones is pretty and technically impeccable, but it doesn't move me. In the coming weeks, Pisces, I invite you to make the kinds of fine distinctions I'm describing here. It will be important for you to be faithful to your subjective responses to things, even as you maintain an objective perspective about them and treat them with respect.

LIBRA (Sept. 23-Oct. 22): Libran blogger Ana-Sofia Cardelle writes candidly about her relationship with herself. She keeps us up to date with the ever-shifting self-images that float through her awareness. Here's one of her bulletins: "Stage 1. me: I'm the cutest thing in the world. Stage 2. me, two seconds later: no, I'm a freaking goblin. Stage 3. me, two seconds after that: I'm the cutest goblin in the world." I'm guessing that many of you Libras have reached the end of your own personal version of Stage 2. You've either already slipped into Stage 3, or soon will. No later than October 1, you'll be preparing to glide back into Stage 1 again.

ARIES (March 21-April 19): Author Anne Carson describes part of her creative process in this way: "Sometimes I dream a sentence and write it down. It's usually nonsense, but sometimes it seems a key to another world." I suspect you might be able to benefit from using a comparable trick in the coming days. That's why you should monitor any odd dreams, seemingly irrational impulses, or weird fantasies that arise in you. Although they may not be of any practical value in themselves, they could spur a train of thought that leads you to interesting breakthroughs.

SCORPIO (Oct. 23-Nov. 21): "There's no such thing as love," said Scorpio painter Pablo Picasso, "there are only proofs of love." I'm tempted to believe that's true, especially as I contemplate the current chapter of your life story. The evidence seems clear: you will thrive by engaging in practical demonstrations of how much you care. You'll be wise to tangibly help and support and encourage and inspire everyone and everything you love. To do so will make you eligible for blessings that are, as of this moment, still hidden or unavailable.

TAURUS (April 20-May 20): "The idea of liberation through the suppression of desire is the greatest foolishness ever conceived by the human mind," wrote philosopher E. M. Cioran. I agree that trying to deny or stifle or ignore our desires can't emancipate us. In fact, I'm inclined to believe that freedom is only possible if we celebrate and honor our desires, marvel at their enigmas, and respect their power. Only then can we hope to refine them. Only then can we craft them into beautiful, useful forces that serve us rather than confuse and undermine us. The coming weeks will be an excellent time for you to engage in this spiritual practice, Taurus.



SAGITTARIUS (Nov. 22-Dec. 21): According to a Pew Research Study, nearly 75 percent of Americans say they talk to God, but only 30 percent get a reply. I'm guessing the latter figure will rise dramatically for Sagittarian Americans in the next three weeks, however. Why? Because the astrological indicators suggest that authorities of all kinds will be more responsive than usual to Sagittarians of all nationalities. Help from higher powers is likely to be both more palpable and more forthcoming. Any communications you initiate with honchos, directors, and leaders have a better-than-normal chance of being well-received.

GEMINI (May 21-June 20): "Remember that sometimes not getting what you want is a wonderful stroke of luck," says the Dalai Lama. Ain't that the truth! When I was 22 years old, there were two different women I desperately yearned for as if they were the Muse Queens of Heaven who would transform me into a great artist and quench my infinite passion. Fortunately, they both rejected me. They decisively set me free of my bondage to them. Later, when I was older and wiser, I realized that blending my fortunes with either of them would have led me away from my true destiny. I got lucky! In a similar but less melodramatic way, Gemini, I suspect you will also get lucky sometime soon.

CAPRICORN (Dec. 22-Jan. 19): One day in October 1926, author Virginia Woolf inscribed in her diary, "I am the usual battlefield of emotions." It was a complaint, but also a brag. In fact, she drew on this constant turmoil to fuel her substantial output of creative writing. But the fact is that not all of us thrive on such ongoing uproar. As perversely glamorous and appealing as it might seem to certain people, many of us can do fine without it. According to my analysis, that will be true for you in the coming weeks. If you have a diary, you might justifiably write, "Hallelujah! I am NOT a battlefield of emotions right now!"

CANCER (June 21-July 22): Don'ts for Boys or Errors of Conduct Corrected was an advice book for boys published in 1902. Among many other strictures and warnings, it offered this advice: "Don't giggle. For the love of decency, never giggle." There was additional counsel in the same vein: "Don't be noisy. The guffaw evinces less enjoyment than the quiet smile." Another exhortation: "Don't tease. Be witty, but impersonal." In accordance with astrological omens, I hereby proclaim that all those instructions are utterly wrong for you right now. To sweetly align yourself with cosmic rhythms, you should giggle and guffaw and tease freely. If you're witty—and I hope you will be—it'll serve you well to be affectionate and personable.

AQUARIUS (Jan. 20-Feb. 18): Anthropologist Margaret Mead had definite ideas about "the ways to get insight." She named them as follows: "to study infants; to study animals; to study indigenous people; to be psychoanalyzed; to have a religious conversion and get over it; to have a psychotic episode and get over it." I have my own list of ways to spur insight and inspiration, which includes: to do walking meditations in the woods on a regular basis, no matter what the weather; to engage in long, slow sex with a person you love; to spend a few hours reviewing in detail your entire life history; to dance to music you adore for as long as you can before you collapse from delighted exhaustion. What about you, Aquarius? What are your reliable ways to get insight? I suggest you engage in some of them, and also discover a new one. You're in the Flood of Radical Fresh Insights Phase of your astrological cycle.

LEO (July 23-Aug. 22): "Simplicity is about subtracting the obvious and adding the meaningful," writes designer John Maeda. "The ability to simplify means to eliminate the unnecessary so that the necessary may speak up," says artist Hans Hofmann. "Simplicity strips away the superfluous to reveal the essence," declares a blogger named Cheo. I hope these quotes provide you with helpful pointers, Leo. You now have the opportunity to cultivate a masterful version of simplicity. 🌟

HOMework:

Make two fresh promises to yourself: one that's easy to keep and one that's at the edge of your capacity to live up to.



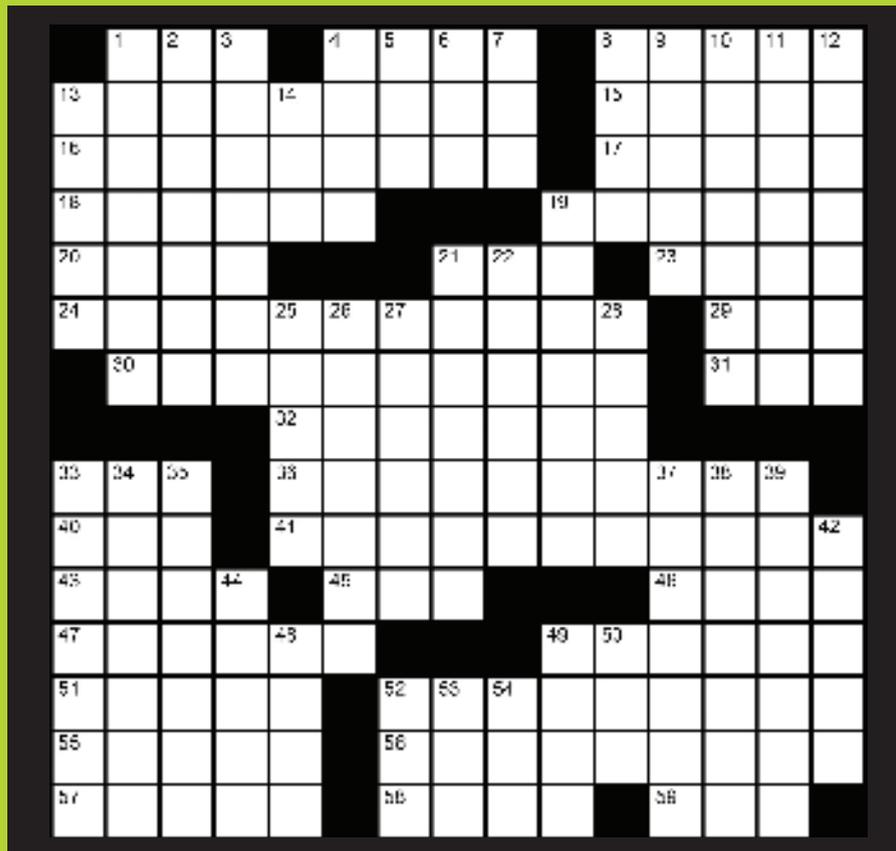
YUKI DESTROYER

www.yukithedestroyer.com

REC ROOM

LETTER CHOP

"FREE STUFF"--A BIG FREESTYLE FOR THE 900TH JONESIN' PUZZLE. -MATT JONES



ANSWERS AT ROGUEVALLEYMESSENGER.COM

Across

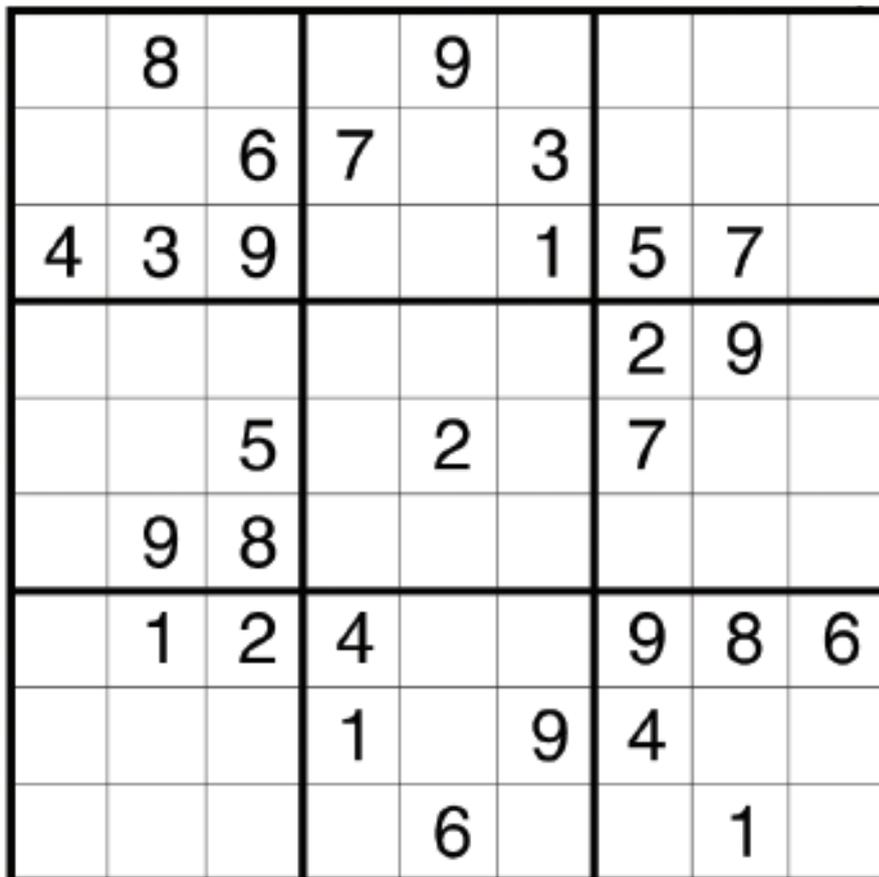
- 1 URL component
- 4 Writer Bombeck
- 8 Flat floaters
- 13 Longtime Jets QB who led the NFL in passer rating in 1985
- 15 "Ran" director Kurosawa
- 16 Put into a different envelope
- 17 Uncompromising
- 18 For each
- 19 Slowdowns
- 20 ___-days (heavy practices for football teams)
- 21 Letters on NYC subways
- 23 Woody Guthrie's kid
- 24 2008 puzzle game for the Wii that relied heavily on multiplayer modes
- 29 Velvet finish
- 30 "Jackass" costar who had his own "Viva" spinoff on MTV
- 31 Droop
- 32 "No ___ way!" (self-censorer's exclamation)
- 33 Big figure
- 36 Night away from the usual work, maybe
- 40 Hotshot
- 41 "Things will be OK"
- 43 Charity calculation
- 45 Ex-NHL star Tikkanen
- 46 Magazine that sounds like a letter
- 47 Supporting bars
- 49 Congenitally attached, in biology
- 51 Coloraturas' big moments
- 52 "Can't eat another bite"
- 55 Norse goddess married to Balder
- 56 Many seniors, near the end?
- 57 Feline "burning bright" in a Blake poem
- 58 "Good for what ___ ya"
- 59 Jekyll creator's monogram

Down

- 1 Hard-to-search Internet area "just below the surface" in that iceberg infographic
- 2 The slightest bit
- 3 Record player component
- 4 Perry Mason creator ___ Stanley Gardner
- 5 2016 Olympics city
- 6 "Au revoir, ___ amis"
- 7 Suffix after hex- or pent-
- 8 Seldom seen
- 9 AKC working dog
- 10 "Yeah, just my luck ..."
- 11 One step below the Majors
- 12 Elegy, perhaps
- 13 Surname of brothers Chris and Martin, hosts of "Zoboomafoo" and a self-titled "Wild" PBS Kids show
- 14 Discreet way to be included on an email, for short
- 19 Where the military goes
- 21 Harvard's school color before crimson
- 22 Hesitant
- 25 Plant firmly (var.)
- 26 Artillery barrages
- 27 Spruces up
- 28 "Crazy Rich Asians" actor Jimmy O. and comedian Jenny, for two
- 33 "Don't Worry, He Won't Get Far on Foot" director
- 34 Cube origin?
- 35 Taking a close look
- 37 Precede, as at a concert
- 38 Pita filler
- 39 Snapchat features
- 42 Saxophonist's supply
- 44 Gregg Allman's brother
- 48 Peter I, e.g.
- 49 "Hole-in-the-wall" establishments?
- 50 Really liked
- 52 Strong pub option
- 53 Test for internal injuries, for short
- 54 Fa follower

SUDOKU

NO. 207 - EASY



To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Sudoku you'll really like 'Str8ts' and other puzzles, Apps and books.

Visit str8ts.com

Previous solution - Very Hard

1	4	3	2	5	9	7	8	6
5	8	7	1	6	3	9	4	2
6	2	9	8	7	4	1	3	5
8	3	4	7	1	2	5	6	9
7	5	6	4	9	8	2	1	3
2	9	1	6	3	5	4	7	8
3	6	2	5	4	1	8	9	7
4	7	8	9	2	6	3	5	1
9	1	5	3	8	7	6	2	4

With the most affordable rates in the Rogue Valley, we engage more readers (and potential clients for you!) than any other publication. The Messenger is a nonprofit organization. We're not out to make anyone rich, but we are here for you! Get more BANG for your advertising buck with the Messenger.

Contact us today to learn more:
advertise@roguevalleymessenger.com

Coming Soon . . .

BLU ROOM[®]

AUTHORIZED SITE

Narrow-band, ultra-violet **BLUE LIGHT**



Cascade Alternative Therapies, llc
2718 N. Pacific Hwy., Medford, Oregon

Watch for our **GRAND-OPENING!**

ADVERTISING SPACE AVAILABLE!

This is a great spot to advertise if you host any sort of weekly events.
Great prices and maximum exposure. Contact us today!

advertise@roguevalleymessenger.com



Tickets at
gpmuseum.com



229 SW G Street
Grants Pass
541-479-3290

13 Artists - 10 Studios - 2 Days
Open Studios Sep. 29 & 30

\$20, tickets at Gallery One, Oregon Books, and the GP Museum of Art

Craniosacral Therapy for infants

A newborn CST session can minimize or eliminate the repercussions of difficult births and help ensure good health for well babies. CST can optimize the alignment of baby's palate and skull bones providing support for Mom and Baby to bond at ease. Give your newborn child a gentle beginning, on their journey into the world.

For more information visit
www.harmonyoltman.com



Heard from Ashland
to Rogue River and
from the Mountain
Lakes to Applegate



community radio

Broadcasting in the Rogue
Valley on 89.5 and 94.1
FM and Streaming to the
World at kskq.org

Listen to Democracy
Now, with Amy Goodman.
Monday - Friday at Noon

541-482-3999 | 330 E Hersey St #2 | Ashland, OR

Alternative News, Local Public
Affairs, Americana, Blues, Jazz, Rock,
Reggae, World and so much more!