



W ROGUE VALLEY TIMES MESSANGER

PEEKING BEHIND
THE CURTAIN

*Our Theater Issue
Goes Backstage*

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**Final Days to
vote for the
Best of The
Rogue Valley!**
*Details on
next page!*

IT'S HERE



PRESENTS

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ABOUT THE COVER:

Scenic Carpenter, James Chandler building escape stairs for the trap in *Mojada: A Medea in Los Angeles*

Photo Taken By: Kim Budd

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As the Cultural Outreach Coordinator for the Medford Police Department, Lilia Caballero serves as a critical link for the Latino community to connect and understand the law enforcement community. Our reporter Charles Fischman checks in with the veteran of the police department.



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SOUND

Chrysalis do not cleanly fit in the mold of a metal or a rock band, but somewhere politely in between. "A lot of people only like one type of music," says vocalist and keyboardist Yessi Burton, "but we'd get bored if we only played one style. We're also not afraid to admit that we like catchy music."



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FEATURE

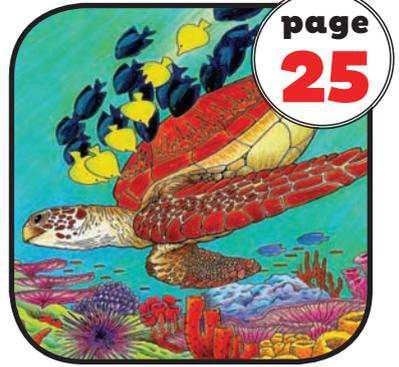
OSF kicks off a robust season of Shakespeare and Shakespeare in Love, but they aren't the only show in town: Culture Editor Sara Wiltermood picks five red-hot theater companies in the region producing five smokingly good productions this spring and summer.



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ART WATCH

Our Art Critic Jordan Marie Martinez checks in on the trend of adult coloring books, and a local company, Chickadee Creative Coloring, that entered the fray with its publication Wild Women last year.



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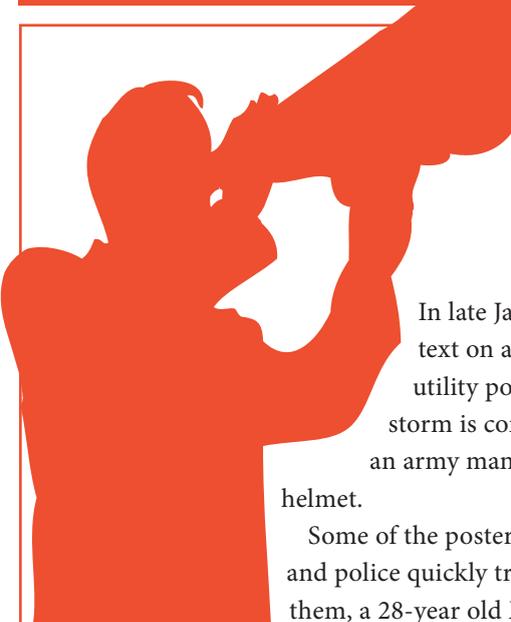


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Image: Max Reinhardt, *Nightmarks*, 2016, digital print, 30" x 40", detail

DON'T SHOOT THE MESSENGER



Love Trumps Hate

In late January, a few fliers—simple black text on a white background—showed up on utility poles around Ashland. They read “a storm is coming,” and featured the silhouette of an army man, with a swastika emblazed into his helmet.

Some of the posters also included a Twitter handle, and police quickly tracked down the person behind them, a 28-year old Medford resident. It was the latest in a hodgepodge of disturbing racist and neo-Nazi statements around the state—and many people are concerned that Donald Trump’s election has unleashed and emboldened such hatred. In the week after Trump’s election, for example, there were 19 racist or anti-immigration incidents reported throughout Oregon to the Southern Poverty Law Institute.

“We know racist activists have championed Trump and likely feel emboldened to act out because of his success,” explains Randy Blazak, a former Portland State professor who earned his PhD infiltrating Nazi skinhead gangs in Georgia, and who heads the Oregon Coalition Against Hate Crimes.

Specifically talking about the neo-Nazi posters in Ashland, Blazak also points out that it is an odd and antiquated form of communication to post fliers, especially when social media allows for much quicker and wide-spread distribution of statements. There is bitter comfort in that observation: That the person may be such a loner and aberration that he does not have a community, on-line or otherwise. “When flying happens,” Blazak points out, “it is often a solo actor or a very small group acting independently of a larger hate group, even if the fliers have that group’s name on them.”

Underscoring this assessment, the man who placed the neo-Nazi flier in Ashland only had 24 followers in his Twitter account.

Yes, it is concerning—and it is unwise to simply discount fliers as isolated incidents of lonely and disillusioned men; after all, the dozens of mass shootings committed over the past several years (and historically) have commonly been committed by men fitting this very profile.

But it is equally and perhaps more important to remember that these incidents do not represent the overall tenor and strength on the community—and the *Messenger* continues to hope and believe that, indeed, love will trump hate.

For the past two months, many/most Americans have been pulled into the den of an internet troll; that is, our peculiar president, a man who has disrupted national security and sanity by his barrage of Twitter postings, who has attacked everyone from federal judges to Hollywood icons (again in tweets), and who has tried to set policy not by listening to other people and considering facts, but by impetuous and headstrong (anti)social media statements. It has been stressful and disturbing, and for many Americans, the equivalent of seeing a neo-Nazi poster while walking to your favorite coffee shop on an otherwise sunny morning.

But bullying is most successful when we engage in the “game”—when we let the bully get under our skin, when we lock horns, when we spend our entire day responding and talking about Trump’s tweets.

Certainly we believe in pushback—and have been attending marches, and donating money to the ACLU—but we also think that living one’s life is, in a sense, an act of defiance and strength. And, in that spirit, we are happy to present our annual Theater Issue, and to recognize in how many forms and fashions that theater is what holds this community together—from gathering residents together for a shared emotional experience, to creating the backbone of the economy for the region.

Going to a play is not whistling through the graveyard. It is not ignoring reality. It is joining a community; it is supporting the creative and financial heartbeat of this region, and we hope that it is reminder about what and who are good, hopeful and welcoming in this community. 🍷

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LETTERS



HAVE SOMETHING TO SAY?

Speak Up

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editorial@roguevalleymessenger.com

Letters must be received by noon Friday before next print date for inclusion in the following week's paper. Please limit letters to 250 words. Submission does not guarantee publication.

RE.:RE.:RE.: SARCASTIC WEED

This letter is in response to Daniel MacSweeney's December 15 submission and to Michael Johnson's January 5 submission. It is my impression that many folks in the marijuana industry (such as Mr. Johnson) perceive the public of the Rogue Valley to be overwhelmingly accepting of their presence and activity. This sentiment is expressed in comments made by Mr. Johnson such as, "The truth has won out" and "Embrace the future or go move to Idaho because the cannabis industry in Oregon is here to stay." On the contrary, the conversation regarding the future of the marijuana industry within the valley is still young and it is my intent with this letter to help facilitate dialog. After all, this is a diverse community and it is only reasonable for some to be dutifully critical towards the recently legal recreational marijuana industry. To those growers; it would be advantageous and wise of you to address the questions and criticisms the public has about the marijuana industry in a responsible manner. Mr. MacSweeney asked some of these questions (albeit with a good helping of sarcasm) and I found some of the responses lacking, disingenuous, and inflammatory towards those asking.

To reiterate: How do we ensure all the weed grown in Oregon stays in Oregon's legitimate markets? How does this community ensure that growers and seasonal workers are paying their fair share of income taxes? How do we minimize conflicts between the marijuana industry's seasonal workers and others living in and visiting the area? What are the effects of the marijuana industry on property prices and taxes within the valley and how do we ensure that non-growers (other farmers specifically) avoid being priced-out of the region? How does the community plan to mitigate environmental degradation caused by the marijuana industry? What are the moral implications?

It is discouraging to facilitate dialog when individuals in our community want only to present the marijuana industry as a life-saving endeavor. It's indicative that Mr. Johnson wishes to support this sentiment with his statement, "You're wrongly assuming that Oregon doesn't need a lot of cannabis. It does. For many this is life-saving medicine." It is my impression that in terms of consumption, marijuana is primarily an intoxicant and secondarily a medicine. I do not say this to discredit or trivialize marijuana as a useful medical substance but rather to better define the industry. To

paint pot growers as a key sector of the medical industry would be akin to the *Rogue Valley Messenger* claiming to distribute fire-starter.

Finally, it is difficult to facilitate dialog when growers pose to be a certain buzzword (carbon-neutral, organic, sustainable, GMO-free, etc) to gain the moral high-ground and sympathy of environmentalists. Not all growers are sensitive to these matters. I've personally witnessed atrocious practices in the cultivation process of marijuana and I know people that are reluctant or afraid to use marijuana sourced from specific or unknown growers for some of these reasons. However, these issues should diminish as more growers begin following regulation provided by legalization.

Without a conversation informing the direction of this industry and those who operate it, we could see a future in this valley as bleak as places such as where I grew up: Southern Humboldt County. There is no acceptance without a plan. There are legitimate social concerns associated with each question and it is incumbent upon those who wish to profit from the industry to take the lead in addressing them.

**Thank you for your time,
 Shannon Filbey**

HEY MESSENGER



Advice from the *Rogue Valley Messenger*

BY ALEX OWL

Hey Messenger: People around me always accuse me of talking too much, babbling, ranting, etc. I've even had a girlfriend break up with me for it. I know my brothers and sisters are annoyed by me because sometimes I don't get invited to major family events. I noticed that I don't invited to the events that specifically involve big dinners of a bunch of people sitting around a table or events where there are maybe a bunch of people in a small space. They also accuse me of not thinking before I talk and just saying whatever pops into my head. Sometimes I will even make tasteless jokes and immediately regret it, or worse, not notice til someone mentions it later. I've made entire rooms go silent and women turn red. My job involves talking to people and selling things, so in that area of life at least I am making money off it. Is there any advice you can give me on this? Can people change something like this?

-Anonymous

Dear Anonymous: "Can people change something like this?" Not without some serious willful intent. Personally, I would not worry about it. Human beings being annoying is just normal. Also, there are much worse things to be if you think about it. Like an actual bad person. You said "a girlfriend," which means you have had more than one. You can't be that bad if you have a dating life. You have a job that you are doing well in, which also means you can't be that bad. Similarly, brothers and sisters do shady shit like not inviting each other to events all the time, also completely normal. Regarding the concern of not thinking before you speak, that is actually a basic characteristic of extroversion, which applies to half the population. Stop worrying.

Hey Messenger: I have a significant other who always farts in bed and I think it's disgusting. They think it's funny. I haven't said anything because I was raised in a family where we just don't confront people about embarrassing things. I know my mom hid the fact that she thought my dad smelled like "beef chili" if he didn't shower that day for like, three decades. I don't want to end up like that! I don't know if it's easier to summon the courage to confront this, or to learn to not let it bother me like it did my mom.

-J.N.

Dear J.N., For you? It sounds like learning not to let it bother you might actually be easier.

I'm kidding! This is a pretty silly problem, but a problem that could certainly grow as years pass. Might I suggest a silly solution to match? Decide on a day to have this conversation, but make sure you pick a day at least a week from now to prep yourself mentally. Circle it on your calendar and put an alarm in your phone. On the day of, put on the outfit that makes you feel strong and powerful when you look in the mirror. Play the soundtrack from *Rocky* in your car. Punch the air a few times at stoplights on the way to work. Play the *Rocky* soundtrack again when you get home and punch the air a few more times. Eat something invigorating for dinner, whatever this might be for you. A bloody steak or maybe some nasty kale shake? It really depends on how you roll. When the time comes for the big confrontation, stay in this character to ensure a confident delivery laced with humor. 🦉

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NEWS

PUBLIC PROFILE

A Rogue Valley Diplomat

Connecting the Latino and Law Enforcement Communities

BY CHARLES FISCHMAN



LILIA CABALLERO PARTICIPATES IN THE "BREAKFAST IN THE GREENWAY," AN ANNUAL RVTD EVENT PROMOTING ALTERNATIVE WAYS OF TRANSPORTATION. SGT. FURST OF THE MPD IS ON HER LEFT, EDEN GOMEZ OF THE RVTD IS TO HER RIGHT. PHOTO PROVIDED BY MEDFORD POLICE DEPARTMENT

When Lilia Caballero first started as the Cultural Outreach Coordinator for the Medford Police Department, she struggled to answer Latino community members' traffic ticket questions. Unable to read the citation in English, they often could not tell her which agency had even issued it: Jackson County Sheriff? Oregon State Police? Medford Police Department? Caballero learned to ask, "what color was the car?" She continues to explain with a smile, "if they answered, 'blue and white,' then I knew it was one ours."

In her nearly 10 years at the MPD, not only has Caballero learned the ins-and-outs of police operations, but the Latino Community has come to trust her experience and expertise in equal measure. In fact, as one of the few native Spanish speakers in any governmental agency, she receives calls from all over the Rogue Valley, from Central Point to Talent. The Valley's roughly 30,000 Latino residents (2015 US Census Bureau estimates) rely on Caballero as a primary liaison with government agencies and service organizations of every kind.

"I will walk people over to the Municipal Court," says Caballero. "I will walk people over to Jackson County Health and Human Services. I want to make sure that people who come to my window actually get seen, get talked to, and get answers to their questions." Caballero's active network extends from the Police Department to La Clinica, to the Center for Non-Profit Legal Service, to the State Bureau of Labor and Industries, and beyond.

Caballero has built that trust over her 25 years in the Rogue Valley. A native of Sonora, Mexico, she joined her brother in Medford as an adult. Coming from the desert climate of northwest Mexico, she found it "so green here. It made a big impression on me. The Rogue Valley is a beautiful place." She earned her degree in Respiratory Therapy from RCC and worked in healthcare for over eight years. She is continuing her studies toward her bachelor's degree and also serves on the Medford

School Board.

When Caballero's predecessor in the Cultural Outreach position left the Department, Caballero knew how critical it was for the Latino community to continue to have direct contact with the law enforcement community. "People trusted me," she explains. "I had connected with people through home care. I had helped them to breathe." The MPD relies on Caballero, too.

When a murder occurred in the Latino community back in 2013, Medford investigators had few leads and immediately contacted Caballero for help. Unfortunately, she was out of town and could not return to Medford until several days after the crime. With each hour that passed, the chances of finding the assailant dimmed.

As soon as Caballero made it back, she attended the MPD's daily 8:00 AM briefing to provide any help she could. She listened to the progress of the search and asked, had the Department contacted Le Gran D, 610 AM, Medford's Spanish radio station? Caballero immediately arranged for Le Gran D to broadcast a request for help in Spanish and for a live, call-in show at 10 o'clock. Caballero was actually on the way to the studio when a tip came in to the station, and the suspect was arrested shortly thereafter. Not only was Caballero gratified that the Latino community had given critical help to the Medford police, but she was even more impressed when the individual who had provided the tip refused to accept any reward.

From organizing outreach events, to introducing Latino residents to MPD's bilingual police officers, to visiting Medford schools or ESL classes at RCC, Caballero strives to open doors, to bridge differences, and "to lower barriers to services," as she puts it. She is a counselor, a translator, a friend, an event organizer, a public relations expert, and a thorough professional. "I love my job," Caballero concludes. "I like helping people. What better way to help than to get people important information straight from the source." ♥

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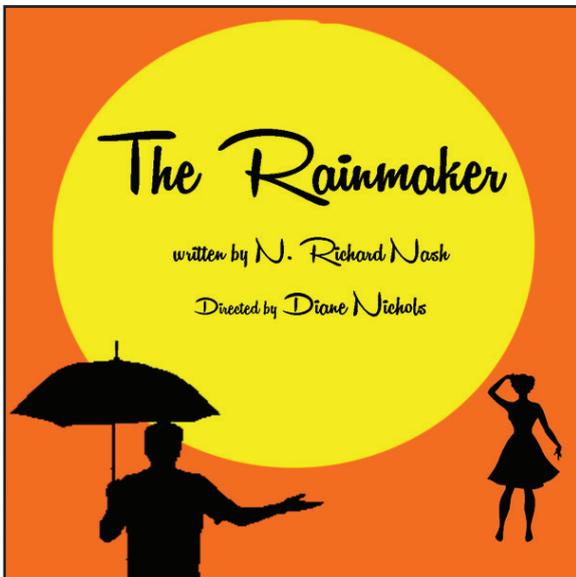
FEATURE

A RED-HOT HANDFUL OF ROGUE VALLEY THEATRE

Five Plays Not to Miss This Season

BY SARA JANE WILTERMOOD

As OSF's opening weekend approaches, curtains are going up all over the region, revealing shows that just cannot be overlooked. With so many talented individuals and groups, it is impossible to mention them all, but attending at least these five will provide a starting line for the marathon of great theatre happening this year.



THE RAINMAKER

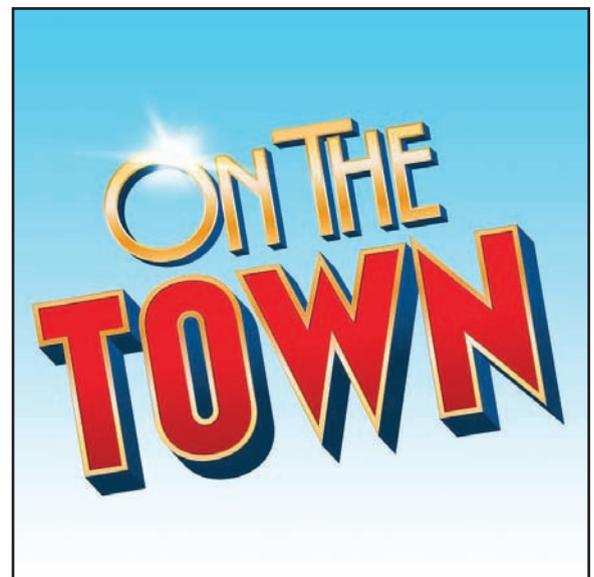
(Barnstormers Theatre, Grants Pass, barnstormersgp.org, March 3 - 19):

Love is possible, even during the Great Depression in Western America. A drought doesn't help conditions for the Curry family, who own a cattle ranch, but their biggest challenge is finding a husband for Lizzy, who is quickly approaching spinster age. When Bill Starbuck comes to town, he promises to bring rain for \$100, but ends up meeting more needs than one. Written by N. Richard Nash, *The Rainmaker* premiered in 1954, and enjoyed revival on Broadway in 1999-2000 with Woody Harrelson and Jayne Atkinson.

ON THE TOWN

(Randall Theatre, Medford, randalltheatre.com, May 5 - 28):

First produced on Broadway in 1944, *On the Town* enjoyed 462 performances in its first run, with multiple revivals; the most recent being in 2014. This notable musical claims classic songs such as "New York, New York," "Lonely Town," and "I Can Cook, Too," written by Leonard Bernstein. A 24-hour tale of three American sailors on a shore leave in New York City during wartime 1944, *On the Town* notably employed a racially diverse cast in its opening season, purposefully avoiding stereotypes.



MONTY PYTHON'S SPAMALOT

(Camelot Theatre, Talent, camelottheatre.org, June 21 - July 23):

Not only a tribute to the inspiring film Monty Python and the Holy Grail, *Spamalot* equally farces the pizzazz of Vegas and the classics of Broadway, because, well, because they can. And apparently with much success, as the first production on Broadway in 2005 won three Tony Awards, including Best Musical. The first run was over 1,500 performances. Though differing from the 1975 film, *Spamalot* keeps the main characters: killer rabbits, accused witches and the Knights Who Say Ni. 🍷

FEATURE



DROWSY CHAPERONE

(Oregon Cabaret Theatre, Ashland, theoregoncabaret.com, July 6 – September 3): Theatre as can only be appreciated by a true theatre fan. This parody of the American musical comedies of the 1920s is narrated by a dry but witty die-hard fan of the stage who is listening to the score from his favorite (fictitious) musical from 1928, *The Drowsy Chaperone*. As he reminisces and critiques, the plays come to life in his apartment. First appearing on stage in 1998, *The Drowsy Chaperone* then opened on Broadway in 2006, to the tune of five Tony Awards and seven Drama Desk Awards.

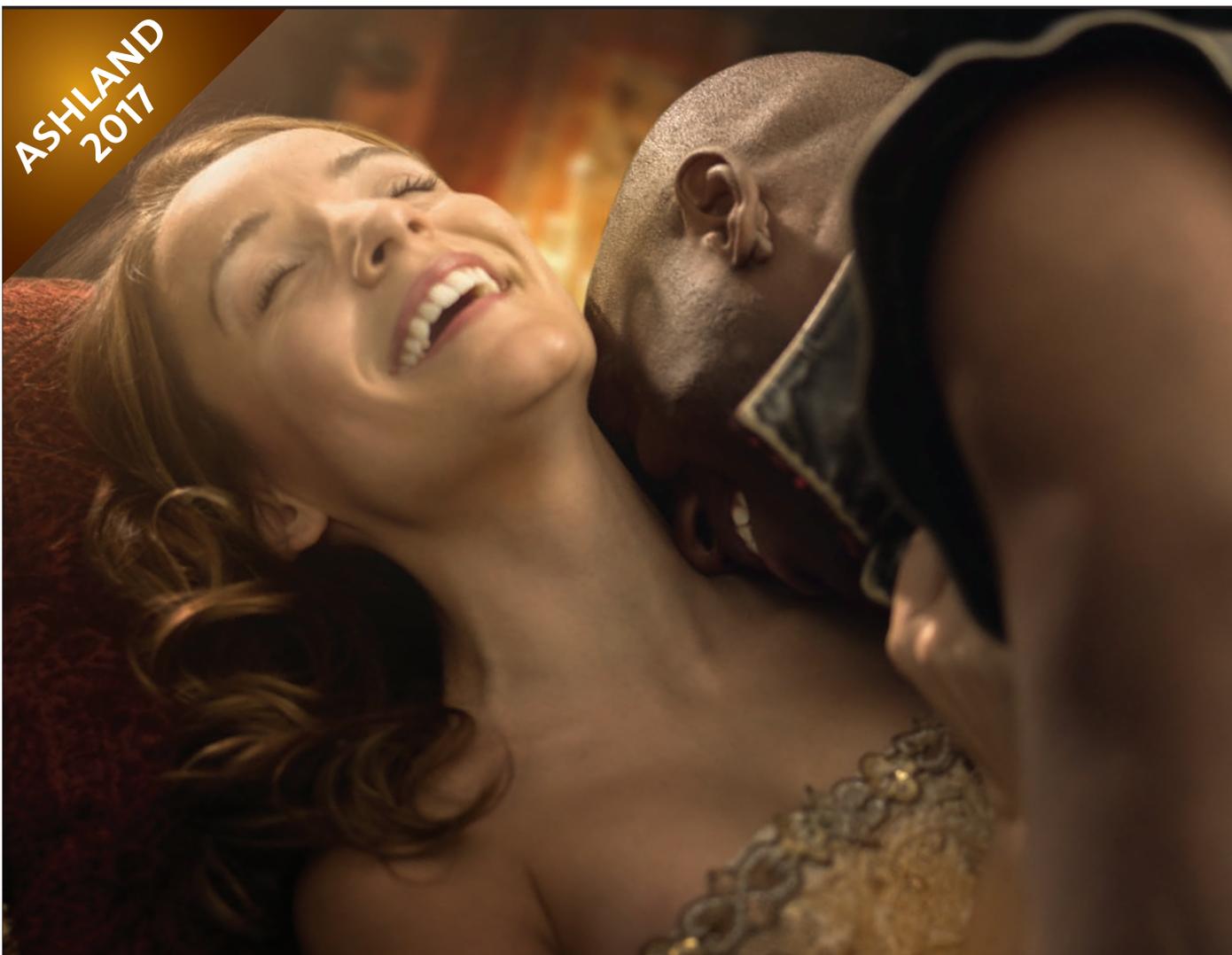
SEVEN DREAMS OF FALLING

(Collaborative Theatre Project, Medford, ct-poregon.org, Opens September 14):

Life is a series of fall after fall out of the sky for modern-day Icarus. The obvious answer is a career change, but to what? And will his family and friends approve? Though his aim is to simply take flight and escape the downward spiral he sees himself in, he wonders if he should leave behind those that are dear to him. The comedic story holds an element of mythic mystery in the Minotaur, who has a secret that can decide the fate or salvation of them all.



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Jamie Ann Romero in *Shakespeare in Love* (Also pictured: Christopher Henry Young)



FEATURE

CAPTURING EVERYTHING IN THE BACKGROUND

The Hard Work of Set Designers at Oregon Shakespeare Festival

BY JORDAN MARIE MARTINEZ, PHOTOS BY KIM BUDD

The model of the *Julius Caesar* set shows multiple broken white walls—almost resembling smashed cardboard—reflecting a tiny city in need of repair. It also represents a system with a lost foundation, or a lost purity. Behind them is the statue under construction—never to be finished.

With the 2017 season at the Oregon Shakespeare Festival there's so much to look forward to. Of course, there are the plays, the actors, the directors. And then there are the sets.

In her 10th season with OSF, Rachel Hauck is designing the set for the second production ever of *Shakespeare in Love*. "The set is a modernist take on the Elizabethan period and the Tudor style," she says. "Because the text is based on the film in which the concern about locations and how many and how quickly you go from screen can be cut, we had to find a solution to that that worked on stage. We always call it the Donald Judd take on the Elizabethan. I think it evokes the Elizabethan and the Tudor without specifically quoting it."

When comes to the beginning stages of designing a set, Hauck explains how she reads the play once then discusses it with the director, "because the director's interest will completely change the design." After getting a sense of what the director is excited about, as well as herself, then comes heavy amounts of research.

"This design is all about functionality," she describes. "The demands of the text are massive and it needs basically to do scenery gymnastics. We chose the ground plan for functionality combined with aesthetic. The strict period function is coming through the clothes and the set is evocative, but is definitely of that period."

Her descriptions of the clothes are marvelous and intricate, depicting the garish style of the period. With a more minimalist set, the characters and their costumes will only be more accentuated. Hauck says, "I hope [the play] gives a kind of emotional arch of the play [that] is so funny I hope the set gives it a kind of levity, it gives it [room to] breathe."

The model re-

veals a set similar to that in the film with the multiple stories for the audience and the stage on the bottom floor. While the structure resembles a simple stage and structure, the set allows less restrictions to the actors and provides a kind of blank canvas for their more detailed costumes.

Hauck adds, "Nobody else in the country does what OSF does. It's remarkable."

Sibyl Wickersheimer, set designer for *Julius Caesar*, says OSF has "some of the best technicians there that I've worked with ever." While this is her fifth season at OSF, she's been involved in productions throughout the U.S., such as in Chicago, Washington D.C., and San Francisco.

The story of Julius Caesar is so well-known, there's a timelessness to it Wickersheimer aims to capture in her set designs. "I would say it's contemporary," she explains. "We're not really putting a time frame on it." Julius Caesar is "in his prime, but he's about to get his accolades and becomes even more powerful and is struck down by men. And I think that is what's timeless."

She also explains the misery and guilt many of the characters wrestle with in this time. The struggles and actions they go through are



RACHEL HAUCK



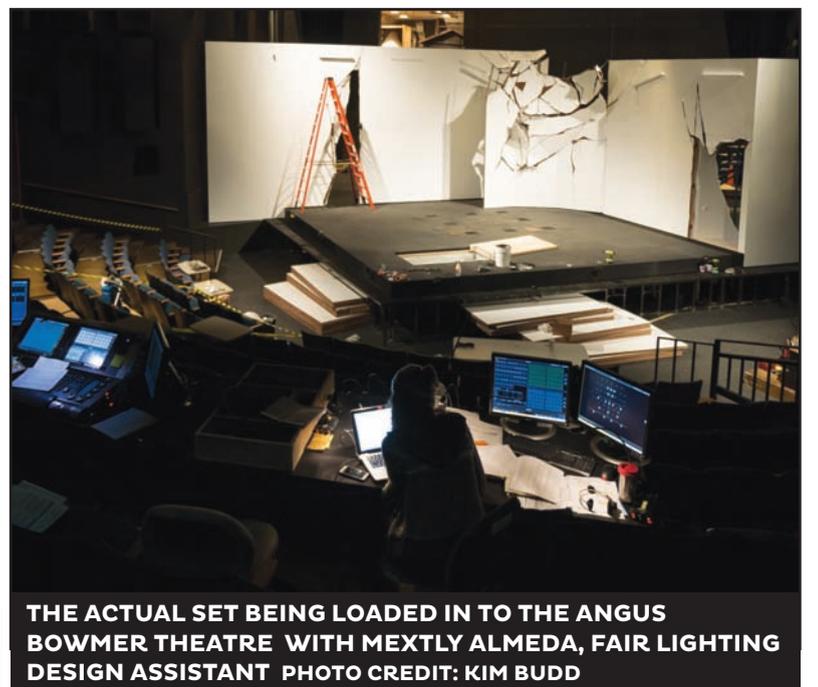
SIBYL WICKERSHEIMER

not so different than what many experience today. She says it's a "cycle that we're in."

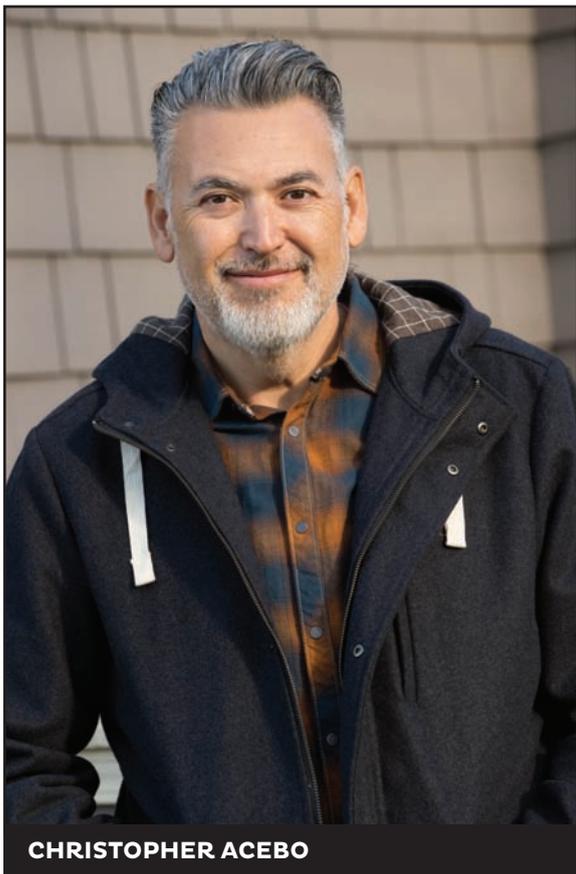
"My focus was really bringing to light the fact that we're constantly taking leaders out of power and erecting new images of a leader and we always fall short," she says. "The icon of this giant statue, which is in some ways represents Caesar's statue coming into urban landscape that they're about to install, so it transforms into nothing. I latched onto that idea. It is very conceptual and emotional."

Comparing set designing to fine art, her research consists largely of art history, though in her first reading of the play she utilizes the dictionary. "It's all about the words and the texts," she says. She hopes the audience will "look at our actions as a people. About our choices and our leaders."

Riding "a fine line between being poetically expressive and really reflective of it's time and

SET MODEL FOR SYBIL WICKERSHEIMER'S SET DESIGN
PHOTO CREDIT: KIM BUDDTHE ACTUAL SET BEING LOADED IN TO THE ANGUS BOWMER THEATRE WITH MEXTLY ALMEDA, FAIR LIGHTING DESIGN ASSISTANT
PHOTO CREDIT: KIM BUDD

FEATURE

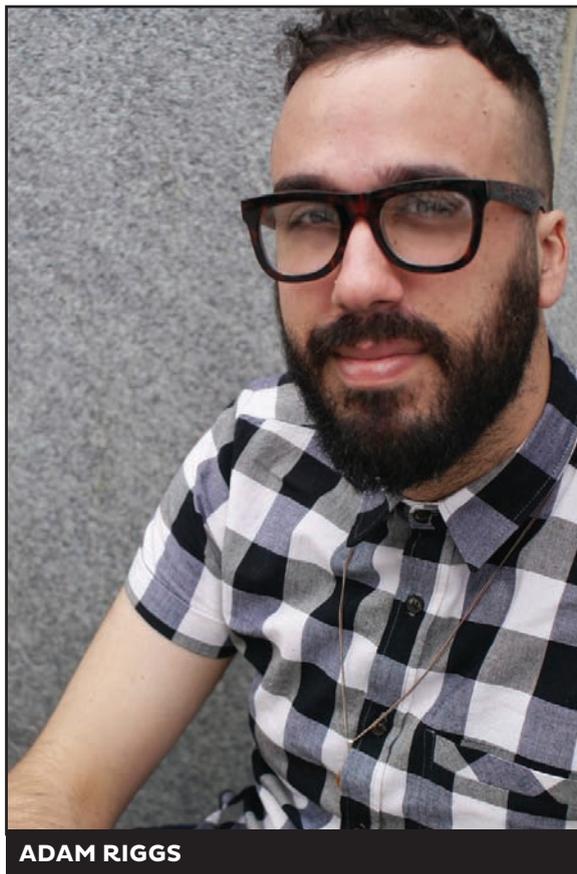


CHRISTOPHER ACEBO

place,” set designer for *Mojada: A Medea in Los Angeles*, Christopher Acebo says, “It definitely leans more into the actual reality of what the play is.”

Like *Julius Caesar*, this play deals with current issues, such as immigration. Acebo hopes the audience will gain “a different perspective of what it means to be an immigrant in this country.” Comparing the ancient story to this version that’s set in present day, he believes the comparison is very intriguing.

“One of the challenges is in the Greek theatre; there’s a little bit of separation between you as the audience member and your experience. What’s different about this play because it’s set in [a] very modern time of people who will be familiar, how you figure out the violence then is



ADAM RIGGS

tricky because it becomes a little more immediate.”

Focusing on the location of the play is set in, he says, “I’m inspired by artists, visual artists, painters,” he says. “That’s kind of where I start in terms of my own design work. If I knew what time period the play is being set in. I look at what the artists were creating. I match that kind of energy with also geographic or real locations.”

Looking at Chicano art in the L.A. area, he gathered a sense of what the play should look like. He studied current architecture of the area and surrounding neighborhoods, “looking at how artists were interpreting their own city based on color and texture and angles.” The model set for the play shows a small house vaulted above the ground, as well as random pieces

of furniture outside beneath it, such as a table and couch.

Another classic play set in modern times is *Henry IV, Part One* and *Henry IV, Part Two*. Set designer for both plays Adam Riggs explains the struggle he has to not express his political opinions in such a political play.

One of the challenges he faces with these plays are the different sets and locations throughout the story. “I read the play once and I try not to picture too much in my head before I get to talk to the director. Usually in those conversations I’m not asking about what color or material. I’m really trying to nail down the action and the event it wants to be.”

He describes his style as “the idea of material honesty.” Using raw materials, like plywood and steel, he describes this as a more modern theatre style fitting perfectly into what the play captures. When researching and getting ideas for designing a set, he reaches for more tangible ideas he can touch and feel rather than what he may find in books.

Concerning the historical political aspect of the play, he says, “We look at all political activities and we simplify it down to end results, and what I think is interesting about history plays is we get a long, rambling explanation of how things happen.” Especially for these two plays, he adds, “The sense of it is really complicated... It’s never clean and easy.”

While “clean and easy” may never be the complicated and hard-working process of a set designer, the end results at OSF are always stunning. With the vast differences in stories and styles of these plays, there’s an unlimited amount of talent to witness this season. 📍

For more information about the 2017 OSF season, visit osfashland.org.

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JOHN PERKINS
DANIEL SHEEHAN
JENNIFER MARGULIS
FOSTER GAMBLE
NASSIM HARAMEIN
WILL WILKINSON
PANEL MODERATOR
JOEL GARBON
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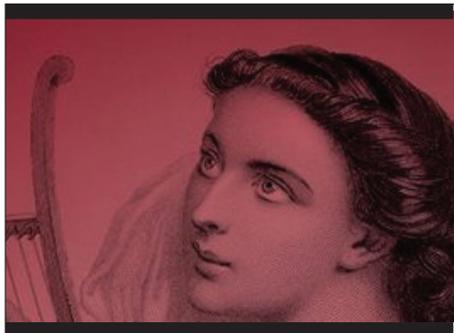
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[P] OUR PICKS



thurs 16 - sun 19 Shakespeare's Other Women

MONOLOGUES—For those who think they know Shakespeare, think again. This performance will be the “deleted scenes and outtakes” from the Bard’s editors themselves, particularly in the form of women’s speeches. Written and directed by OSF’s Scott Kaiser. 8 pm, Thurs - Sat. 2 pm, Sat - Sun. Stevenson Union Arena, SOU, 1250 Siskiyou Blvd, Ashland. \$6, student. \$18, senior. \$21, regular.



fri 17 Sweetgrass

MUSIC—Truly original roots music. As evidenced by a baritone ukulele, a cajon (a box-shaped drum that the drummer can sit on), a kazorn (a cross between a kazoo and a horn) and a good, old-fashioned washboard. Originally formed in Hawaii, and including bluegrass tones. Now that’s some roots. 7 pm. Kindred Spirits Art, Ales and Wine, 106 Talent Avenue, Suite 2, Talent.



fri 17 & sat 18 Quartet

THEATRE—The Déjà vu Theatre Company presents a funny and touching story about art, set in a retirement home for musicians, so also about aging. The story begins with three former opera singers, and based on the title of the play, one can only guess the drama and effort needed to complete the group before the upcoming gala concert! 7 pm. Central High Auditorium, 815 S Oakdale Avenue, Medford. \$16.



sat 18 Polar Plunge

PLUNGE—It doesn’t matter how many layers of striped socks, tutus, and tiaras plungers wear, that water is still going to be COLD. But all for a good cause! Benefitting Special Olympics Oregon, this annual plunge separates the brave from the warm. And aside from the satisfaction; there are also prizes! 9 am - 2 pm. Jackson Aquatics Center, 815 Summit Avenue, Medford.



sat 18 Starting Your Spring Garden Class

CLASS—No excuses this spring. White Oak Farm and Education Center has a class featuring everything needed for green thumbs and non to plant a garden. Or, if building a tiny house, perennial crop care, fabulous ferments or natural building are more your style, stay tuned for more classes coming up. 9 am - 1 pm. White Oak Farm, 1940 Kincaid Road, Williams. \$40.



sat 18 Bavarian Night

FUNDRAISER—This annual, family-friendly fundraiser for the Mt. Ashland Ski Patrol turns our beloved local mountain into the Alps for a day. Brats, beer, a raffle, a torchlight parade, fireworks and live music by Colin & Company. Plus: Twilight Skiing! 3 - 9 pm. Mt. Ashland, 11 Mt. Ashland Ski Road, Ashland.



mon 20 Parsonsfield

MUSIC—Named for the rural Maine town where they cut their debut, “Poor Old Shine.” This folk/bluegrass/rock group is more than a group; they are a family. Not in the blood sense, but their tight harmonies and ability to switch instruments and general comradery speak for themselves. 9 pm. Brickroom, 35 N. Main Street, Ashland. \$7, presale. \$10, door.



tues 21 Banff Mountain Film Festival

FILM—For those who cannot make it to Canada, yet still wish to experience the most isolated, breathtaking, and action-packed mountain landscapes in the world, the Banff Mountain Film Festival features the very best from the top of the world in 36 countries. 7 pm. Southern Oregon University Music Recital Hall, 1250 Siskiyou Boulevard, Ashland. \$17, advance. \$20, door.



fri 24 - sun 26 Southern Oregon Symphony Masterworks 4

MUSIC—Beethoven and Brahms will sandwich local trumpet maestro Dan Kocurek accompanying Vasilenko and Piazzolla pieces. Would you like chips with that? Fri, 7:30 pm, SOU Music Recital Hall, 1250 Siskiyou Blvd., Ashland. Sat, 7:30 pm, Craterian Theatre, 23 S. Central Ave, Medford. Sun, 3 pm, Grants Pass High School Performing Arts Center, Corner of NE 8th and NE Olive Streets, Grants Pass. \$16 - \$55.



fri 24 - sun 26 OSF Opening Weekend

THEATRE—And so it begins. The first four plays in yet another thrilling season of the Oregon Shakespeare Festival. Fri, 8 pm, *Julius Caesar*, Angus Bowmer Theatre. Sat, 1:30 pm, *Henry IV, Part I*, Thomas Theatre. Sat, 8 pm, *Shakespeare in Love*, Angus Bowmer Theatre. Sun, 1:30 pm, *Mojada: A Medea in Los Angeles*, Angus Bowmer Theatre. \$30 - \$106.



fri 24 Mike Watt and the Missingmen

MUSIC—Bassist, vocalist and songwriter Mike Watt has been around the musical block a time or two: he was the cofounder of the rock bands Minutemen, Dos and Firehose, and he also is the bassist for the reunited Stooges and a member of the art rock/jazz/punk/improv group Banyan. 9 pm. Rocky Tonk Saloon and Grill, 333 E. Main Street, Medford. \$15.



sat 26 Oscar Night Gala

GALA—Celebrate the Oscars in style, from the convenience of the Rogue Valley, and while benefitting the Ashland Independent Film Festival. The posh evening will not only be expressed in dress, but also a five-course dinner by Smithfields, specialty cocktails by Indio Spirits Distillery and an Oscar prediction challenge. 4:30 - 9:30 pm. Historic Ashland Armory, 208 Oak Street, Ashland. \$95.

the **Sound Lounge**

Where the Music Matters

THE HERBAL CREW

2/17

DJ Finattik

2/18

2/19

Burlesque

Bingo

2/23

The Bill Town Boys

2/24

Sexy Saturday Night

Hip Hop

2/25

LIVE MUSIC *and Nightlife*



PARSONSFIELD WILL BE AT BRICKROOM ON FEBRUARY 20

THURSDAY, FEBRUARY 16

ASHLAND

JOHN HOLLIS - Acoustic Guitar - Callahan's Mountain Lodge - 6 to 9 pm.

CHARLES GUY AND LINDA POWERS - Belle Fiore Winery - 6 to 8 pm - No cover.

DART TOURNAMENT - The Black Sheep Pub & Restaurant - 7:30 pm - \$5 cover.

FLAT FIVE FLIM FLAM - Swing music - Loft Brasserie - 8 pm.

GAYLE WILSON TRIO - The Wild Goose - 8 pm - Never a cover.

LEFTOVER SALMON / WORLD'S FINEST - Rock, Folk, Bluegrass and more at the Historic Ashland Armory - Doors at 8 pm - \$25 Day of Show.

TRIVIA NIGHT - Hosted by Miriam Lanning, Thursdays at Smithfields Pub & Pies - 8 to 10 pm.

KARAOKE - Thursdays at Oberon's Tavern - 9 pm - 21 and over.

DJ VEACH - DJ Veach spinning hip hop and top 40's every third Thursday of the month at Standing Stone Brewing Company - 9 pm to midnight - No cover, all ages.

DEADLY D - Seattle-based Hip-Hop crew at Brickroom, stage show includes live instruments, female vocalists and a live DJ - 9:30 pm to midnight - \$5 cover.

JACKSONVILLE

THE BROTHERS REED - Bella Union Restaurant & Saloon - 8 to 11 pm.

GRANTS PASS

OPEN MIC - Ambur Rose hosts open mic at The Haul - Sign-up at 6:30 pm.

AJ'S THURSDAY NIGHT JAM - The Cedarwood Saloon - 7 to 11 pm - No cover.

CHRYSALIS / DEMON IN ME - "Reminder" Album Release Tour - G Street Bar & Grill - 9 pm to midnight.

KERBY

OPEN MIC - Thursdays at The G Spot Fine Bar & Grill - 7 pm.

MEDFORD

DAVID OUELLETTE - Thursday mornings at Limestone Coffee - 9:30 am.

TINA N THE MIX - Ladies Night at Grape Street Bar and Grill - 7 to 11 pm.

DJ JIM - 80's, Alternative and Dance Night - Thursdays at Howiee's On Front - 9 pm until close - No cover.

FRIDAY, FEBRUARY 17

ASHLAND

JEFF KLOETZEL - Belle Fiore Winery - 6 to 8 pm.

JOHN HOLLIS - Callahan's Lodge - 6 pm.

RETRO VALENTINES PARTY - Retro-themed Valentine's Day party at Circuit Youth. Video game challenge at 8:30 pm. Live music by DJ Sylvah Sol, followed by an hour for Karaoke. Snacks and soda provided. 8:30 pm until late. Tickets are \$7 each, but only \$5 if you're part of a group of 5. Nobody under age 14 allowed.

PHOENIX SIGALOVE - Smithfields Pub & Pies - 9 to 11:30 pm.

DOS TACOS - Southern Oregon Alternative Rock - Milagro's - 9 pm to 2 am - \$5 cover.

KARAOKE WITH QUEEN BRI - The Wild Goose - 8:30 pm.

GRANTS PASS

YOUTH SYMPHONY OF SOUTHERN OREGON

Mozart's Violin Concerto No. 4 in D Major featuring Lily Dunlap, violin (2016 Concerto Competition Winner), plus Beach, Hill, Brahms, and more at the Performing Arts Center at GPHS - 7:30 pm - \$10 Adults, \$5 Students with ID.

MAX'S MIDNIGHT KITCHEN - Folk, Bluegrass, Country string band trio from Portland - The Haul - 8 pm - Free & all ages.

THE HERBAL CREW - Southern Oregon-based Reggae, Rock, Hip-Hop and Funk - The Sound Lounge - 9 to 11 pm - Free show.

WESTERN SETTINGS / CASKITT - G Street Bar & Grill - 8:30 pm to midnight.

JACKSONVILLE

SON RAVELLO - Mysha Caruso at South Stage Cellars - 6 to 8 pm.

THE BROTHERS REED - Bella Union Restaurant & Saloon - 8 to 11 pm.

MEDFORD

PHOENIX SIGALOVE - Live music & Happy Hour at Lark's Restaurant - 4:30 to 6 pm.

THE ROGUE SUSPECTS - RoxyAnn Winery - 6 to 8 pm - \$5.

INCOGNITO DUO - Light Rock - Morrton's Pizza & Pub - 8 to 10 pm - No cover, all ages.

ROGUE BIG BAND - Swing-era music at Guadalajara Family Mexican Restaurant - 8 to 9 pm.

ANTHONY PRESTI - Johnny B's - 9 pm.

HOT GOSSIP - Grape Street Bar & Grill - 9 pm to 1 am.

CHRYSALIS / DEMON IN ME - CD Release show - Howiee's on Front - 9 pm to 1 am.

CHADWICKS COMEDY NIGHT - Headliner: Andrew Rivers - Opener: Peter Hall - Chadwicks Pub & Sports Bar - Show starts at 9 pm - \$10 cover.

KRANK IT UP KARAOKE - Pit Stop Tavern (and Barkley's Bar in Phoenix) - 9 pm.

TALENT

[P] SWEETGRASS - Original Roots music by Ben Gaskin, Anthony Cusenza, Chari Weatherford, and Frankie Hernandez - Special appearance by Mia Gaskin playing kazorn - Kindred Spirits Art, Ales & Wine - 7 to 9 pm.

THE CULTIVATORS - Positive Original Reggae Music - The Talent Club - Doors at 8, Show 9 pm to 1 am - \$5 cover.

SATURDAY, FEBRUARY 18

ASHLAND

OLD TIME FIDDLERS - Saturdays at Milagro's - 4 to 6 pm.

TIM CHURCH - Standing Stone Brewing Company - 5:30 pm.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 to 9 pm.

BOB RAWLINGS AND ALAN BERMAN TRIO - Belle Fiore Winery - 6 to 8 pm.

KARAOKE WITH QUEEN BRI - The Wild Goose - 8:30 pm.

DJ SYLVAH SOL - Old School Hip Hop and Neo-Trap on Saturdays at Granite Taphouse - 10 pm.

GRANTS PASS

JOSHUA GIBSON - The Bohemian - 6 to 9 pm - No cover.

ALTERBEAST / DEPTHS OF HATRED / AETHERE / AENIMUS / ATTIC - Real Party Animal Tour 2017 - The Haul - 7 to 11 pm - \$7 cover, all ages.

KINGSBOROUGH - "Old soul and rock n' roll" - G Street Bar & Grill - 8 pm to midnight

DJ FINATTIK - The Sound Lounge - 9 pm to 2 am.

JACKSONVILLE

SHAE & THE SUSPECTS - South Stage Cellars - 6 to 8 pm - No cover.

THE BROTHERS REED - Bella Union Restaurant & Saloon - 8 to 11 pm.

MEDFORD

YOUTH SYMPHONY OF SOUTHERN OREGON

Craterian Theater at the Collier Center - 7:30 pm - \$10 Adults, \$5 Students with ID.

100 WATT MIND / CAMBRIAN EXPLOSION - Johnny B's - 9 pm.

HOT GOSSIP - Grape Street Bar & Grill - 9 pm to 1 am.

CHADWICKS COMEDY NIGHT - Headliner: Andrew Rivers - Opener: Peter Hall - Chadwicks Pub & Sports Bar - Show starts at 9 pm - \$10 cover.

KRANK IT UP KARAOKE - Pit Stop Tavern (and Barkley's Bar in Phoenix) - 9 pm.

DJ CHUCK - Every Saturday night at The Edge Nightclub & Patio - 10 pm.

ROGUE RIVER

HOG WILD - Classic Rock / Pop - Homestead Pub - 9 pm to 1 am - No cover.

TALENT

CHRIS WILLIAMS AND ED DUNSAVAGE - "Mostly Mercer" - The music and lyrics of Johnny Mercer - Paschal Winery - 7 to 9 pm - \$25 General, \$10 Students.

SUNDAY, FEBRUARY 19

ASHLAND

CELTIC MUSIC SESSION - Live at the Black Sheep Pub & Restaurant - 2 pm.

YOUTH SYMPHONY OF SOUTHERN OREGON

SOU Music Recital Hall on Mountain Avenue - 3 pm - \$10 Adults, \$5 Students with ID.

KEN HART - Callahan's Lodge - 6 pm.

BIL LEONHART - 12 - 2 pm, and the Bear Creek Jazztet Trio from 5 - 7 pm at Belle Fiore Winery

THE BROTHERS REED - Smithfields Pub & Pies - 7 to 9 pm.

JIM QUINBY - 6-8 pm, Little Thom's Open Mic with Dave Hampton at 9 pm - The Wild Goose.

THE CORNER BOYS - Traditional Irish music, Sundays at Oberon's Tavern - 6 to 8 pm.

100 WATT MIND / NEW MOVE - New Move is an independent American classic pop quintet from Portland - Oberon's Tavern - 8 pm to 2 am - Free show.

CAVE JUNCTION

CELEBRATION & BOOK SIGNING - Acoustic performance by The Dome School Kids around 1 pm. Stories with Grandmother Agnes Baker Pilgrim, featuring her new book. Raffle & Dessert! Celebration from 12 to 3 pm at the Takilma Community Center / Dome School.

GRANTS PASS

FUN JAM - Hosted by Eric Maynard, Anthony Cusenza, Frankie Hernandez, Brian Risling and friends at The Sound Lounge - 8 to 11 pm - Free.

MEDFORD

OPEN MIC - Hosted by Robbie DaCosta at Jefferson Spirits - 7 to 10 pm.

KRANK IT UP KARAOKE - Karaoke at the Pit Stop Tavern - 9 pm.

MONDAY, FEBRUARY 20

ASHLAND

KEN HART - Callahan's Lodge - 6 pm.

MONDAY MUSIC JAM - Monthly Jam Night



FEBRUARY 23 - MARBIN WILL BE AT G STREET IN GRANTS PASS

LIVE MUSIC *and Nightlife*



FEBRUARY 23 - THE BONES OF J.R. JONES WILL BE AT THE HAUL

at Squawking Hawk Acres - 7 to 10 pm - Bring an instrument to play and a snack or drink to share!

PAUL SCHMELING TRIO - Jazz - Martino's Restaurant - 7 pm.

OPEN MIC - All ages at 5 pm, 21 and over at 8:30 pm - Oberon's Tavern.

THE SULTANS - Old School Rhythm & Blues - The Wild Goose - 7:30 pm - No cover.

[P] PARSONSFIELD - "They back their songs with crickets and squeaking screen doors, they are boisterously youthful yet deftly sentimental" - Brickroom - 9 pm to midnight - \$7 advance, \$10 at the door - 21 and over.

ROBBIE DACOSTA & FRIENDS - Mondays at Smithfields Pub & Pies - 8 to 11 pm.

GRANTS PASS

DEAD LAKES / SHINE BRIGHT / YOUR HANDS WRITE HISTORY / ARROWHEAD TRAIL - The Eaden Ballroom - 6 to 10 pm - \$7 suggested donation.

MEDFORD

PAUL TURNIPSEED - Jazz every Monday at Lark's Restaurant - 4:30 to 6 pm.

TRIVIA NIGHT - "Geeks Who Drink" Pub Trivia at 'BricktownE' Brewing Company - 7 pm.

TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm.

TUESDAY, FEBRUARY 21

APPLEGATE

BLUEGRASS FESTIVAL: GRATEFUL BALL - The Travelin' McCourys and Jeff Austin - The Applegate Lodge - Doors at 8, Show at 9 pm - \$33 Advance, \$35 at the door.

ASHLAND

KEN HART - Callahan's Lodge - 6 pm.

TRIVIA NIGHT - Louie's Restaurant - 7 pm - Free to play, plus prizes!

THE JEF FRETWELL BAND - The Wild Goose - 8 pm - No cover.

KARAOKE - Hosted by Legendary-Oke at Smithfields Pub & Pies - 9 to 11:30 pm.

CENTRAL POINT

KARAOKE - Tuesdays at the Corner Club - 9 pm.

JACKSONVILLE

OPEN JAM - Hosted by T.J. Elton, Tuesdays at the J'ville Tavern - 7 pm - No cover.

MEDFORD

TRIVIA NIGHT - Monthly at Walkabout Brewing Company - 6 to 8 pm - Door prizes for the top two teams!

PAINT NIGHT & TRIVIA - Grape Street Bar & Grill - 7 to 9 pm.

TALENT

MAPPAMUNDI, A MUSICAL TRAVELOGUE - World-renowned musicians Shira Kammen and Kim Oakden present a concert and workshop

exploring a wide span of time and space from the Middle Ages through the Renaissance.

They will be joined by Kevin Carr and Pat O'Scannell - Paschal Winery - 7 pm - Tickets \$20 at the door, or \$25 for both the show and workshop (the following day).

WEDNESDAY, FEBRUARY 22

APPLEGATE

DANNY BARNES & DEAD WINTER CARPENTERS - "Tell-it-like-it-is Alt. Country that is as hard-hitting as it is whimsical" - The Applegate Lodge - Doors at 8, Show at 9 pm - \$27 Advance, \$30 at the door.

ASHLAND

OPEN JAZZ JAM - La Baguette Music Cafe - 10 am.

KEN HART - Callahan's Lodge - 6 pm.

ROGUE RAGE DUO - Country Blues and Delta Blues - Belle Fiore Winery - 6 to 8 pm.

MARACUJA - "From fiery Cuban son and Brazilian samba-funk to soothing bossa nova and wistful boleros" - Grizzly Peak Winery - 7 to 9 pm - \$15 admission.

FREE POOL - The Wild Goose - 7:30 pm - No cover - Free Pool from 6 pm to midnight on Wednesdays.

ART TRIVIA - Hosted by Bruce Bayard at Smithfields Pub & Pies - 8 to 10 pm.

THE ROGUE SUSPECTS - Rock and Blues - The Oregon Cabaret Theatre - 8 pm - Tickets are \$15.

GRANTS PASS

HOT TUNA - Lifelong members Jorma Kaukonen and Jack Casady formed this spin-off band in the late 60s after performing with Jefferson Airplane. They fuse "a variety of rock styles, free rhythmic techniques, and a collected timbre of instruments" - The Historic Rogue Theatre - 8 pm - \$38 - \$58.

JACKSONVILLE

HOLLY GLEASON - South Stage Cellars - 6 to 8 pm.

MEDFORD

HAPPY HOUR & LIVE MUSIC - Lark's Restaurant - 4:30 to 6 pm.

SOUTHERN OREGON JAZZ ORCHESTRA - Big Band music at Grape Street Bar & Grill - 7 to 9 pm.

TRIVIA NIGHT - Howie's On Front - 7 to 10 pm - No cover.

TRIVIA NIGHT - Portal Brewing Company - 7:30 pm.

OPEN JAM NIGHT - Pier 21 Tavern - 8 pm to midnight.

PHOENIX

OPEN MIC & JAM - The Phoenix Clubhouse - 7 to 10 pm - Free, all ages.

TALENT

TALENT MILLENNIALS MIXER - A night of mixing and mingling with other young professionals who live in Talent, hosted by Jeff Dorris of Kindred Spirits, Emily Berlant of Talent City Council, and Michelle Glass of Unite Oregon - Kindred Spirits Art, Ales and Wine - 7 to 9 pm.

THURSDAY, FEBRUARY 23

ASHLAND

JOHN HOLLIS - Callahan's Lodge - 6 pm.

NOT TOO SHABBY - Jazz - Belle Fiore Winery - 6 to 8 pm.

THE BFA READINGS - Enjoy past and present SOU students' reading of original poetry, prose, fiction and other works of creative writing - 7 pm to 9 pm - No cover, minors welcome - Show up early for sign-ups - Sponsored by Craig Wright, second and last Thursdays monthly - Caldera Tap House.

DART TOURNAMENT - The Black Sheep, 7:30 pm, \$5.

TRIVIA NIGHT - Thursdays at Smithfields Pub & Pies, hosted by Miriam Lanning - 8 to 10 pm.

KARAOKE - Thursdays at Oberon's Tavern - 9 pm - 21 and over.

CENTRAL POINT

KRANK IT UP KARAOKE - Pizza Schmizza - 9 pm.

GRANTS PASS

AJ'S THURSDAY NIGHT JAM - The Cedarwood Saloon - 7 to 11 pm - No cover.

BURLESQUE BINGO - Burlesque dancers tantalize with bingo and prizes at The Sound Lounge - 7 to 9 pm - \$5.

MARBIN - Progressive jazz-rock band based in Chicago, Illinois - G Street Bar & Grill - 8 to 11 pm.

THE BONES OF J.R. JONES - Roots, Blues, Folk, Country from Brooklyn, New York - The Haul - 8 pm.

JACKSONVILLE

ERIC LEADBETTER - Bella Union Restaurant & Saloon - 8 pm.

KERBY

OPEN MIC - Thursdays at The G Spot Fine Bar & Grill - 7 pm.

MEDFORD

DAVID OUELLETTE - Limestone Coffee - 9:30 am.

LADIES NIGHT - Thursdays at Grape Street Bar & Grill - Music by Dysfunktion - Starts at 7 pm.

RAIN: A TRIBUTE TO THE BEATLES - "A live multi-media spectacular that takes you on a musical journey through the life and times of the world's most celebrated band" - Craterian Theater - 7:30 pm - Tickets \$42 - \$48.

DJ JIM - 80's, Alternative and Dance Night - Thursdays at Howie's On Front - 9 pm until close - No cover.

KRANK IT UP KARAOKE - The Bohemian Club - 9 pm.

KARAOKE - Pier 21 Tavern - 9 pm to 1 am.
BOSS' DAUGHTER / THE JOHN DOUGH BOYS / STEAKSAUCE MUSTACHE - The Bamboo Room at King Wah's - 9:45 pm.

FRIDAY, FEBRUARY 24

ASHLAND

JOHN HOLLIS - Callahan's Lodge - 6 pm.

JEFF STANLEY - Belle Fiore Winery - 6 to 8 pm.

ANNUAL VALENTINE'S DANCE - SOU's Council for Exceptional Children invites you to their Annual Valentine's Dance. There will be food and drinks, plus goodie bags, Pixy Prints Photo Booth, DJ Hope, and more! For age 18 and over, plus caregivers. Admission is free. 7 pm to 9 pm in Diversions Night Club at the Stevenson Union at SOU.

[P] THE ROGUE VALLEY SYMPHONY:

MASTERWORKS 4 - Former Dallas Brass lead trumpeter Daniel Kocurek will be the featured soloist for Sergei Vasilenko's Concerto Poem for Trumpet and Astor Piazzolla's Libertango. Also on the program: Ludwig van Beethoven's Leonore Overture No.3 and Johannes Brahms' Symphony No. 4. SOU Music Recital Hall - 7:30 pm - \$36-\$55, Youth (age 6-18) \$10.

KARAOKE WITH QUEEN BRI - The Wild Goose - 8:30 pm.

G_RAD - Dance Music & Top 40 Remixes - Every 2nd & 4th Friday at Granite Taphouse - 10 pm.

GRANTS PASS

THE BILL TOWN BOYS - The Sound Lounge - 9 pm to midnight - Free show.

ORCHARDS - Post-Shoegaze from the Willamette Valley - The Haul - 8 pm - Free, all ages.

JACKSONVILLE

JEFF KLOETZEL - South Stage Cellars - 6 to 8 pm.

ERIC LEADBETTER - Bella Union Restaurant & Saloon - 8 pm.

MEDFORD

COLONEL MUSTARD - RoxyAnn Winery - 6 to 8 pm - \$5.

ALICE DIMICILE - Featuring Mikey Stevens on trumpet and guitar and Nick Kirby on bass and backing vocals at Rasa Yoga Center - 7:30 pm to 10 pm - \$20 suggested donation, nobody turned away for lack of funds.

[P] MIKE WATT + THE MISSINGMEN /

TOYS THE KILL - Punk - The Rocky-Tonk Saloon & Grill - Doors at 8 pm, Show at 9 pm - Tickets \$15 - 21 and over.

SAVANNA DUO - Light Rock / Pop - Morrton's - 8 to 10 pm - No cover - All ages.

FOGLINE - Country - Grape Street Bar & Grill - 9 pm to 1 am.

FORTUNE'S FOLLY - Alt-rock from Eugene - Howie's on Front - Doors at 9 pm - Free show.

THE PEARLS - Johnny B's - 9 pm to 1 am.

CHADWICKS COMEDY NIGHT - Headliner: Steven Briggs - Opener: Steven Tye - Chadwicks Pub & Sports Bar - Show starts at 9 pm - \$10 cover.

KRANK IT UP KARAOKE - Pit Stop Tavern (and Barkley's Bar in Phoenix) - 9 pm.

DJ RUKUS - Every 2nd & 4th Friday at The Edge Nightclub and Patio - 10 pm.

ROGUE RIVER

DOS TACOS - Alt Rock at Cattlemen's Bar - 8 pm to 1 am.

TALENT

DRUM CIRCLE - Fridays at Kindred Spirits Art, Ales & Wine - 8:30 pm.

SQUIRREL SOUP TRIO - "The SOUP is the mix of genres, styles and influences in the music along with the occasional musical guest ingredient to spice up the soup. And the SQUIRRELINESS comes from a desire to run and play free and wild, ride the wave of the universe, be silly, flirt with disaster and let the music reflect all the trouble, pain, beauty and glory of life" - The Talent Club - 9 pm to 2 am - \$5.

SATURDAY, FEBRUARY 25

ASHLAND

A WISP OF BEAUTY - The Southern Oregon Repertory Singers - SOU Music Recital Hall - 7:30 pm.

OLD TIME FIDDLERS - Saturdays at Milagro's - 4 to 6 pm.

TIM CHURCH - Standing Stone Brewing Company - 5:30 pm.

DAN FELLMAN WITH STOLEN MOMENTS - Belle Fiore Winery - 6 to 8 pm.

KEN HART - Callahan's Lodge - 6 pm.

KARAOKE WITH QUEEN BRI - The Wild Goose - 8:30 pm.

DAVID PINSKY & PHIL NEWTON - Blues at Smithfields Pub & Pies - 9 to 11:30 pm.

LIVE MUSIC *and Nightlife*



FEBRUARY 24 - THE PEARLS STOP BY JOHNNY B'S

DJ SYLVIAH SOL - Saturdays - Old School Hip Hop and Neo-Trap at Granite Taphouse - 10 pm.

CAVE JUNCTION

16TH MARDI GRAS MASKED BALL - Acoustic Swing with Flat Five Flim Flam at 8:30 pm / DJ GALxSEE at 11 pm - Takilma Community Center - Doors at 8 pm - \$10-\$20 sliding scale - 18 and over.

GRANTS PASS

FORTUNE'S FOLLY - Alt Rock at The Haul - Show at 8 pm - Free & all ages.

SEXY SATURDAY NIGHT HIP HOP - Hosted by D-Loc and MC's Da Tycoon, B-Style, Big Quintt, Lost Child, Jodie Jo, DJ Kenobi and more at The Sound Lounge - 9 pm to 1 am - Free show!

JACKSONVILLE

INCOGNITO DUO - South Stage Cellars - 6 to 8 pm.

THE ELEPHANT - 2-piece eclectic, acoustic / electric rock band - Bella Union Restaurant & Saloon - 8 pm.

MEDFORD

[P] THE ROGUE VALLEY SYMPHONY - Conductor Martin Majkut will give pre-concert lecture one hour before each performance - Craterian Theater - 7:30 pm - Tickets \$15-\$48, Youth \$10.

FOGLINE - Country - Grape Street Bar & Grill - 9 pm to 1 am.

EL CHAPO / SOMETHING ON THE WING

- "Ashland trashy garage punk and Siskiyou County punk rock" - Johnny B's - 9 pm.

MARDI GRAS

Masquerade Party hosted by Southern Oregon Nightlife, DJ nOfUx and **NOX** - Face painting, aerial silk performances throughout the night, plus special guests at The Edge Nightclub & Patio - 10 pm to 2:30 am - 21 and over with ID - \$5 cover.

CHADWICKS COMEDY NIGHT

Headliner: Steven Briggs - Opener: Steven Tye - Chadwicks Pub & Sports Bar - Show starts at 9 pm - \$10 cover.

KRANK IT UP KARAOKE - Pit Stop Tavern - 9 pm.

DJ CHUCK - Every Saturday night at The Edge Nightclub and Patio - 10 pm.

ROGUE RIVER

THE SPIRAL KINGS - Classic Rock / Hard Rock - Live music and dancing every Saturday night at Homestead Pub - 9 pm to 1 am - No cover.

SUNDAY, FEBRUARY 26

ASHLAND

DAVID PINSKY AND PHIL NEWTON - 12-2 pm - Kat Man D from 5-7 pm - Belle Fiore Winery.

CELTIC MUSIC SESSION - Live at the Black Sheep Pub & Restaurant - 2 pm.

A WISP OF BEAUTY - The Southern Oregon Repertory Singers - SOU Music Recital Hall - 3 pm.

[P] 2017 OSCAR NIGHT GALA - The 89th Annual Academy Awards Broadcast will be projected on two large screens at the Historic Ashland Armory. This is a benefit for the Ashland Independent Film Festival. Five-course dinner by Smithfields Restaurant. Specialty cocktails by India Spirits Distillery. \$95 per person / \$720 table of 8 - 4:30 pm to 9:30 pm - Gala attire, black tie optional.

KEN HART - Callahan's Lodge - 6 pm.

JIM QUINBY - 6-8 pm, Little Thom's Open Mic with Dave Hampton at 9 pm - The Wild Goose.

THE CORNER BOYS - Traditional Irish music, Sundays at Oberon's Tavern - 6 to 8 pm. - Historic Ashland Armory - \$25 Adv / \$30 Day of show - Doors open at 8 pm.

CENTRAL POINT

PERRY ROAD - Southern Oregon Rock and Country at the Touvelle Lodge - 2 to 6 pm - Free show!

GRANTS PASS

[P] THE ROGUE VALLEY SYMPHONY - Grants Pass Performing Arts Center at GPHS - 3 pm - Tickets \$15-\$37, Youth \$10, \$5 for OTC holders - Visit rvsymphony.org or call 541-708-6400 for all performances.

CATHEDRAL HILLS / WITHIN SIGHT / THE WORLD OVER / CRITIC THE CANNIBAL - The Sound Lounge - 8 pm to midnight.

MONDAY, FEBRUARY 27

ASHLAND

KEN HART - Callahan's Lodge - 6 pm.

PAUL SCHMELING TRIO - Martino's Restaurant - 7 pm.

PEGGY ROSE'S SINGER'S SHOWCASE Sign-up at 7 pm, Show at 7:30 pm - The Wild Goose - No cover.

OPEN MIC - All ages at 5 pm, 21 and over at 8:30 pm - Oberon's Tavern.

ROBBIE DACOSTA & FRIENDS - Mondays at Smithfields Pub & Pies - 8 to 11 pm.

MEDFORD

PAUL TURNIPSEED - Mondays at Lark's Restaurant - 4:30 to 6 pm.

TRIVIA NIGHT - "Geeks Who Drink" Pub Trivia at 'Bricktowne' Brewing Company - 7 pm.

TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm.

YAIRMS / ALHHLA - Johnny B's - 9 pm.

TUESDAY, FEBRUARY 28

ASHLAND

KEN HART - Callahan's Lodge - 6 pm.

TRIVIA NIGHT - Louie's Restaurant - 7 pm - Free to play, plus prizes!

JUSTIN GORDON AND THE AAA ALL-STARS - The Wild Goose - 8 pm - No cover.

KARAOKE - Hosted by Legendary-Oke at Smithfields Pub & Pies - 9 to 11:30 pm.

CENTRAL POINT

KARAOKE TUESDAYS - The Corner Club - 9 pm.

JACKSONVILLE

OPEN JAM - Hosted by T.J. Elton, Tuesdays at the J'ville Tavern - 7 pm - No cover.

MEDFORD

ASHLAND BLUES SOCIETY - The Rogue Suspects at Grape Street Bar & Grill - 6:30 to 9:30 pm.

DOWNTOWN BLUES ASSOCIATION - 2nd & 4th Tuesdays at Howie's On Front - 6:30 to 9:30 pm - All ages - No cover.

THE DOPE MATRIX - Guest performances by Phatty Robby, Josia, Lupus, G-go, Rayven, Lil C, and Sarah Savage - The Bamboo Room at King Wah's - 8 to 11 pm - \$5 at the door - 21 and over.

WEDNESDAY, MARCH 1, 2017

ASHLAND

OPEN JAZZ JAM - La Baguette Music Cafe - 10 am.

KEN HART - Callahan's Lodge - 6 pm.

LIVE MUSIC - Belle Fiore Winery - 6 to 8 pm.

WEST MY FRIEND - "Described as everything from indie roots to chamber folk, West My Friend has an acoustic blend of instruments and four-part harmonies that challenges the conventions of popular music." - La Baguette Music Cafe - 7 pm to 9 pm - \$10 suggested donation.

FREE POOL - The Wild Goose - 7:30 pm - No cover - Free Pool from 6 pm to midnight on Wednesdays.

JEFF PEVAR AND INGER JORGENSEN - A night of great music at the Oregon Cabaret Theatre - 8 pm - \$15.

GRANTS PASS

THE IRISH ROVERS - The Rogue Theatre - 8 pm - \$28 General Admission.

JACKSONVILLE

JEFF KLOETZEL - Wednesday Wine 'n Dine at South Stage Cellars - \$10 - 541-899-9120, reserve by 1 pm on Wednesdays.

MEDFORD

HAPPY HOUR & LIVE MUSIC - Lark's Restaurant - 4:30 to 6 pm.

TRIVIA NIGHT - Howie's On Front - 7 to 10 pm - No cover.

TRIVIA NIGHT - Portal Brewing Company - 7:30 pm.

OPEN JAM NIGHT - Pier 21 Tavern - 8 pm to midnight.

PHOENIX

OPEN MIC & JAM - The Phoenix Clubhouse - 7 to 10 pm - Drums, amps, keyboard and more available for use - Free, all ages.



MARCH 1 - THE OREGON CABARET THEATRE HOSTS BOHEMIAN SOUL'S JEFF PEVAR AND INGER JORGENSEN

Playing a show? Let us know!

Email: events@roguevalleymessenger.com

EVENTS

Art

BORDER CROSSINGS

Through February 28, 2017. Betty LaDuke's series, "Border Crossings," is a symbolic portrayal of the emotional anguish experienced by mothers, children and families as they desperately seek refuge from violence, hunger and despair. "While often speaking to the trials that humans face, there is also a celebration of spirit present in each large, vibrantly painted panel." Hanson Howard Gallery, 89 Oak St., Ashland, Oregon.

THE FLOCK

Ashland artist Suzanne Etienne and her longtime student "flock's" charming art show depicts adorable woolen creatures. Exhibit will be on display through February. Shepherd's Dream, 629 A Street, Ashland. Tues-Sat, 10am-6pm.

JOURNEYS OF THE HEART

"As with my life, my journey focuses on the positive, and dwells in hope, even in a piece entitled Scar Tissue. My goal is for each viewer to experience an emotional response of their own. Of course, the secondary goal of all artists, is for the viewer to want to have that emotional response every time they view the painting in their own home" -John Lambie. Tues-Sat, 10am-5pm, and Sunday 12-4 pm. Art & Soul Gallery, 247 E Main St., Ashland.

PASSION AND POLKA DOTS

On February's Feature Wall, Art du Jour artists contributed whimsical paintings, endeavoring to bring a happy smile to your face. Enjoy the light-hearted works of art by Millie Clarke, Connie Fribance, Ruth Heath, Dick Woods, Ginny Matheson, Carol Sharp and Mary Jo Heath. Join us on Third Friday, February 17, from 5-8 pm, and meet guest artist Doug Wallace (Magical Fantastical Art) along with other featured artists and gallery artists. Music by Minstrel Streams. Regular hours 10-4 pm, Tues-Sat. Art du Jour Gallery, 213 E Main St., Medford, Oregon.

SHAPES OF CURIOSITY

Through March 11, 2017. This exhibit features David Bithell, Cody Bustamante, Garrick Imatani, Miles Inada, Kyle Peets, Max Reinhardt, Margaret Sjogren, Robin Strangfeld, and Summer Ventis. Free admission / donation request \$5. Hours 10 am to 4 pm, Mon-Sat. Schneider Museum of Art at Southern Oregon University, 1250 Siskiyou Blvd.

ROGUE STUDIO LIFE DRAWING SESSIONS

Tuesdays, February 21, 28, and March 7, 14, 21 & 28, from 6 to 8:30 pm. Drop-in on Tuesday evening for two and a half hours of uninstructed life drawing. Ideal for beginner to advanced artists. Drop in or register for one session or for the series. The Rogue Gallery and Art Center in Medford, 40 S Bartlett St.

ART EXTRAVAGANZA

February 17-18, 2017. Over 15 vendors will showcase over 50 different products at Central Art Supply's 6th Annual Art Extravaganza. Enjoy free product samples, demonstrations, drawings and savings throughout the store! Friday 9 am - 4 pm, Saturday 10 am - 3 pm. Central Art Supply, 101 N Central Ave., Medford.

Classes

EXPERIMENTING WITH VLOGGING

Friday, February 17, from 5 to 6 pm. Review how to capture professional quality videos by utilizing the right lighting, sound and video equipment. This workshop is free to members, \$15 for non-members. Visit www.parakeet.studio. Parakeet Studio, 1752 Redwood Ave., Grants Pass, Oregon.

SUSTAINABLE LIVING SKILLS

Saturday, February 18, from 9 am to 1 pm. Check out "Sustainable Living Skills" spring classes at White Oak Farm in Williams. February 18: Starting Your Spring Garden, with Taylor Starr and Sarah Shea. March 25: Building A Tiny House, with Casey Wright and Nicole Kraft. April 15: Perennial Crop Care, with Taylor Starr and Brian Geier. May 13: Fabulous Ferments, with Brian Geier. TBD: Intro to Natural Building. Tuition is \$40 for all classes, except the 3-day Natural Building Workshop. Sign up for all four half day classes for \$20 off. All classes will take place at White Oak Farm and Education Center, 1940 Kincaid Rd., Williams, OR. 541-846-0776. Please Pre-register.

POPPING SEEDS

Tuesday, February 21, from 6 to 6:30 pm. Learn the benefits and hazards of starting plants from seed, plus different methods, tips and tools for increased success. This class is part of a year-long series of classes designed to improve success for all types of growers. \$10 per class. Ruch Hardware, 181 Upper Applegate Rd., Uptown Ruch, Oregon. 541-899-1113.

WHOLESALE SUCCESS TRAINING

Friday, February 24, from 8:30 am to 5:30 pm. Taught by Atina Diffley, a nationally known farmer and wholesale development expert, this workshop will help you decide which markets are right for your farm, and will cover intentional crop planning to meet market needs and maximize profits, postharvest handling, sorting and packing for wholesale markets, and designing your packing shed. This workshop is designed to increase the profitability of small-scale, diversified produce farmers. Separate sessions in other parts of Oregon will focus on food safety. Location: SOREC 569 Hanley Rd., Central Point. Contact Sara Mosser at Thrive for additional information, 541-897-0612.

SOUTHERN OREGON ALLY TRAINING

Friday, February 24, from 6:30 to 9 pm. Ally training is designed to promote equality and the social and cultural equity of the lesbian, gay, bisexual, transgender, queer/questioning (LGBTQ) community, and may be of special interest to healthcare providers, public and mental health agency employees, teachers and students. All are welcome to attend this interactive educational event to learn about culturally competent care, to gain knowledge, and foster empathy and understanding in our community. Free event, registration required. Call Alex Krach, RN at 541-789-2900. Asante Smullin Health Education Center, 2825 E Barnett Rd., Medford.

HUNKER DOWN DAYS

Sunday, February 26, 2017, from 11 am to 1 pm. Every participant is a teacher. Gather to share skills and expand community - no experience required. Skills might not be determined ahead of time (go with the flow). Of course you can always bring whatever primitive skills projects you are working on, and anyone around might share their knowledge. Dates: 2nd & 4th Sundays, January - April, 2017. Free, donations encouraged (\$10/individual, \$20/family) for use of supplies, tools, and facilities. All ages (and everyone will be required to sign our quick Permission & Release waiver). Pre-register if you can, but walk-ins are also accepted. Coyote Trails Nature Center, 2931 S Pacific Hwy., Medford.

NATURAL DYEING WITH LICHENS

Saturdays, February 18 and 25 from 10 am to 2 pm. Instructor Rachel Winters will lead a walk in the woods and an old orchard to show which lichens can be used to create luminous colors to dye wool for knitting, weaving, felting and more as well as the procedures used to dye with them. For information, visit www.roguecc.edu/CommunityEd/Lichens. Pre-registration is required. Call 541-956-7303. Tuition is \$45. Rogue Community College, Redwood Campus, 3345 Redwood Hwy., Grants Pass.

GROWING FRUIT IN THE ROGUE VALLEY

Tuesday, February 28, from 6:45 pm to 8:15 pm. Learn about preventing peach leaf curl and keeping your apples free from codling moth and other diseases. We will discuss how to ensure good crops, and learn the challenges and joys of any fruit that grows on a tree, vine or bush. Please register online at www.ashland.or.us/register or call 541-488-6606. Cost is \$15. Ages 13 to adult. North Mountain Park, 620 N Mountain Ave., Ashland.

STICK FIGHTING CLASSES

January - March, 2017. Learn techniques, forms, drills and concepts from our E.H.A.M.A. curriculum in a safe, encouraging community of martial artists. Fridays from 5 - 6 pm Intermediate Eskrima II, 6 - 7 pm Intermediate Eskrima I, 7 - 8 pm Intro to Eskrima. Private Sessions available on Saturdays from 4 - 10 pm (pre-registration required). Drop-ins \$15. Ashland Karate Academy, 644 Tolman Creek Rd. 920-286-2759.



FEBRUARY 21 - CATCH THE BANFF MOUNTAIN FILM FESTIVAL AT SOU IN ASHLAND

Community

SOUTHERN OREGON HOME SHOW

February 17 - 19, 2017. With over 10,000 attendees... The Home Show is a home-centric event designed for all stages of building, remodeling, landscaping and decorating. It includes hundreds of home improvement and landscaping exhibits with product demonstrations and sample interior and exterior vignettes. Jackson County Expo, 1 Peninger Rd., Central Point, Oregon.

[P] POLAR PLUNGE

Saturday, February 18, from 9 am to 2 pm. Get your costume ready and join the 2017 Polar Plunge, benefiting Special Olympics Oregon. Jackson Aquatic Center, 815 Summit Ave., Medford.

VOLUNTEER AT THE RANCH DAY

Saturday, February 25, 9:30 am. Come help put up fences, build animal pens and other fun farm activities. Wear warm clothing and 'muck' boots - it's muddy! CT Ranch is a small, family ranch which specializes in grass-fed beef, pastured pork and raw milk. CT Ranch is located on Peace Lane in Central Point.

ASHLAND WINTER EMERGENCY SHELTER

Monday - Thursday, November - April. "No frills" overnight shelters in Ashland. Mondays at Presbyterian Church (families and well-behaved pets allowed), 1615 Clark Ave., south of the college, open 7:30 pm. Tuesdays & Thursdays at Pioneer Hall (no families) in Lithia Park, open 7:30 pm. Wednesdays at Trinity Episcopal Church (no families), 44 N 2nd St. in downtown Ashland, open 7:30 pm. Volunteer opportunities abound. Contact Compassion Highway Project or Rogue Retreat Call Heidi Parker at 541-482-1520, or email parkershames@gmail.com.

MUSICIANS & BANDS NEEDED FOR SUMMER CONCERT SERIES

The Medford Parks and Recreation Department is seeking musicians and bands who would like to be considered for the Summer Concert Series, June - September, 2017. For more information email Michael at concerts@cityofmedford.org.

OREGON HUMANITIES SEEKS CONVERSATION LEADERS

Oregon Humanities is looking for people from all backgrounds and levels of experience who want to facilitate conversations to get people talking, listening, and connecting to one another in their communities. It works like this: a local nonprofit, community group, or business applies to host a Conversation Project program from our catalog on a topic of interest to their community. An Oregon Humanities leader goes to that community to facilitate a ninety-minute conversation. Conversation Project leaders are trained by Oregon Humanities to connect subjects to participants' experiences and to

the local community and challenge attendees to think in new ways without advocating a particular perspective. Interested? Visit oregonhumanities.org for application form, and complete it by February 28, 2017.

Film

A MATTER OF PERSPECTIVE

Saturday, February 18, 7 pm. A Matter of Perspective is a story about a middle-aged Christian gift company administrator who has drifted from the vibrant, contagious faith that he once had, and somehow has become dissatisfied. After a second chance, he is awakened to the immense treasure he possesses and the beauty of his beloved hometown. Trinity OPC Church, 100 Windsor Ave., Medford.

HUNTING FILM TOUR 2017: RIDGELINE REDEMPTION

Monday, February 20, 7 pm. Join us for the Hunting Film Tour Premier! Enjoy this two hour conversation-minded, fair chase hunting film filled with stories and breathtaking cinematography. Doors open at 6:30 pm, film begins promptly at 7 pm. Tickets \$18. Craterian Theater, 23 S Central Ave., Medford.

[P] BANFF MOUNTAIN FILM FESTIVAL

Tuesday, February 21, 7:30 pm. Banff Mountain Film Festival is an international film competition and an annual presentation of short films and documentaries about mountain culture, sports, and the environment. This is the SOU Outdoor Program's 6th year hosting one of the Banff Film Festival World Tour events. Tickets are available at the SOU Outdoor Program in Ashland, or at commerce.cashnet.com/SOU-OP. A pre-show social will be held at 6 pm in the SOU Stevenson Union, Rogue River Room. Pizza will be provided by Martolis, a salad bar (thanks Outdoor Program!), and beer and wine thanks to Gil's. SOU Music Recital Hall, South Mountain Ave., Ashland, Oregon.

IF YOU BUILD IT

Monday, February 27, 7 pm. If You Build It is "a captivating look at a radically innovative approach to education, following designer-activists Emily Pilloton and Matthew Miller to rural Bertie County, the poorest in North Carolina, where they work with local high school students to help transform both their community and their lives." Gather at 7 pm, film will start at 7:30 pm with community discussion afterwards. Squawking Hawk Acres, 4860 Hwy 66, Ashland.

Food

BREWHAHA WITH THREE CREEKS BREWING

Wednesday, February 22, 7 pm. 5 Brews, 5 Plates. \$65 includes gratuity. Call 541-857-1910 for reservations. Porters, 147 N Front St., Medford, Oregon.

EVENTS

HAUNTED HISTORY WINE TOURS

February 23 - March 9. Join Bacchus Winery Tours and Psychic Medium Jennifer Giles for local legends, ghostly tales and mysterious happenings in southern Oregon. Hear the stories of the haunted history while sipping some of southern Oregon's finest wines! Tours are at \$70 per person. Call Bacchus Winery Tours at 541-414-5274.

DESCHUTES BEER DINNER

Thursday, February 23, 6:30 to 7:30 pm. Enjoy a casual five-course dinner with food specially prepared to go with beer brewed by Deschutes Brewery. Tickets are \$45. Frau Kemmling Schoolhaus Brewhaus, 525 Bigham Knoll Campus, Jacksonville. 541-899-1000.

ZWICKELMANIA - OREGON BREWERY TOUR

Saturday, February 25, from 11 am to 4 pm. Oregon breweries open their doors once again for the 9th annual Zwickelmania! Now on two weekends, the tour begins in Portland Metro Breweries on February 18, 11 am - 4 pm. Breweries throughout the rest of Oregon welcome the tour the following weekend on February 25. In Ashland: Caldera Brewing Co. and Standing Stone Brewing Company. In Grants Pass: Climate City Brewing Co. and Wild River Brewing. In Medford: Opposition Brewing Co. and Walkabout Brewing Co. Visit OregonCraftBeer.org/Zwickelmania.

PRIX FIXE DINNER AT THE HAUL

Sunday, February 26, from 6 to 9 pm. Come to the upstairs lounge at The Haul for a six course Conner Fields Brewing Beer Pairing Prix Fixe Dinner. Tickets are \$42 each (beer included). RSVP The Haul, 121 SW H St., Grants Pass. 541-474-4991.

ROGUE VALLEY GROWERS & CRAFTERS MARKETS

Medford Thursday Market opens March 2, 8:30 am to 1:30 pm at Hawthorne Park, 501 E Main Street. Medford Saturday Market opens May 13, 2017 (new location at Hawthorne Park). Ashland Tuesday Market opens March 7, 8:30 am to 1:30 pm at the National Guard Armory, 1420 E Main Street. Ashland Saturday Market on Oak Street (downtown) opens May 6, from 8:30 am to 1 pm. Visit www.rvgrowersmarket.com

PHOENIX COMMUNITY DINNER

Thursday, February 23, from 5 to 7 pm. On the 2nd & 4th Thursdays of each month, the Phoenix Community Kitchen hosts dinner. Everyone is welcome, bring your neighbors and friends. First Presbyterian Church in Phoenix, 121 W Second St. Info: 541-535-1119.

COMMUNITY MEAL IN ASHLAND

Tuesdays, from 4:30 to 5:30 pm. Uncle Foods Diner hosts a Free community meal at Wesley Hall, First United Methodist Church in Ashland, 175 N Main St. Want to help? Cooks, servers, and volunteers are needed to help clean up. Contact Director of Uncle Foods Diner, Maren Faye, at marenfayecatering@yahoo.com.

WEEKLY MEAL IN ASHLAND

Fridays, 5 pm at Pioneer Hall, 73 Winburn Way in Ashland's Lithia Park. Sponsored by community volunteers. Everyone is welcome. This is a safe space. We respect everyone's right to share a meal and to simply exist. Volunteers and donations gratefully accepted. Call 541-690-2807.

Kids & Family

BEES & DIRT

Saturday, February 18, from 10 to 11 am. Join us as we learn all about bees and what we can do to help them survive and thrive. Bee Girl Organization will deliver super informative and fun information for all ages! Taste some honey and make crafts, too. Free of charge, open to all ages and designed to build community. Register at www.mydirtpark.org/programs. Central Point Library, 316 S Third Street.

PIRATES AND PRINCESSES BALL

Saturday, February 18, from 1 to 4 pm. Enjoy games, dancing, crafts and more during a special pirates and princesses themed family winter ball at the Medford Library, 205 S Central Ave.

REGIONAL FAMILY GATHERING

Thursday, February 23, from 11 am to 12:15 pm. Come to this free workshop by the Oregon Family to Family Health Information Center. Families will learn about dozens of local and state resources for children with developmental, health, or emotional/behavioral special needs. Especially helpful for families with a new diagnosis or on the "diagnostic odyssey." Childcare is not available for this event, but babies in arms are welcome. To RSVP, call 855-323-6744 (leave message with name and phone number). Visit www.oregonfamilytofamily.org. The Bear Hotel, 2101 NE Spaulding Ave., Grants Pass.

OPEN HOUSE AT NORTHWEST COLLEGE OF BEAUTY

Thursday, February 23, 3 pm Open House, 4 pm Runway Show. If you have been dreaming of an education/career in Cosmetology, come to Northwest College's Open House! Meet the instructors, find out about classes, and enjoy the talents of our students as they create Disney Princesses and Villains with an exciting runway show at 4 pm. Plus refreshments and raffle prizes! Northwest College, 2231 Tower East, Medford, Oregon. 541-772-8937. www.nwcollege.edu.

TOGETHER FOR CHILDREN CONFERENCE

Saturday, February 25, from 8 am to 3:30 pm. Free Parent Education Day! Anyone with a child in their life may register for free for this workshop. There will be fun, interactive classes on: Self-care, stress-management, being your child's health advocate, early childhood learning activities, emergency preparedness, and more! Free lunch and free swag bag. Craterian Theater, 23 S Central Ave., Medford, Oregon. Clases disponibles en español, Ayuda con registro contacto maria. arroyo@socfc.org, 541-734-5150, x1998.

GIRLS ROCK!

Saturday, February 25, from 8:30 am to 3 pm. A day of fun-filled, hands-on workshops related to science, technology, engineering and math for girls ages 9-13. Call Nancy Lester at 541-476-4334. Free. Must attend with an adult. Visit Facebook.com/GirlsRockGrantsPass. Grants Pass High School, NE 9th St.

STORIES ALIVE WORKSHOPS

Saturdays, February 4 - March 18, from 10 to 11 am for 5 to 8 year olds, and 1 to 3 pm for 9 to 13 years olds. Children 5 to 13 years old are invited to Stories Alive workshops where they will be assisted in writing high-quality stories and then transform their stories into a shadow puppet show. Children's Department, Ashland Branch Library, 410 Siskiyou Blvd.

YOUNG ARTISTS' STUDIO

Wednesdays, February 22 and March 1, 8, 15 & 22, from 3:30 to 5 pm. This is the perfect class for young creative artists to explore plenty of different mediums while having fun! All materials provided, partial scholarships are available. Class is for ages 7-11. Lead by Jenny Calaba. Cost is \$75 Members, \$89 Non-members. Visit roguegallery.org. Rogue Gallery & Art Center, 40 S Bartlett St., Medford.

OUTDOOR ADVENTURE AT YALE CREEK FARM

Coyote Trails School of Nature's rural home school education program to the Applegate Valley blends together primitive skills, homesteading skills, and art. Pre-register or drop-in on Wednesdays, Thursdays, and/or Fridays, January 11-March 24, 2017, from 9 am to 3 pm. Open enrollment! Drop-in rate: \$40-50/day. Yale Creek Farm, 724 Yale Creek Rd, Applegate.

TEEN WRITING GROUP

Saturday, February 25, from 1 to 2 pm. Do you enjoy reading and writing stories? Come to the Teen Writing Group on the second and fourth Saturdays of each month, from 1-2 pm at the Medford Branch Library, 205 S Central Ave. Join in the fun writing activities, opportunities to share your writing or listen to other teen authors share their writing. It does not matter what level of writing skill you currently have. Local young adult author Leah M. Berry mentors the group and offers her expertise. Call the Medford Teen Library at 541-774-8685 or visit jcls.org.

Meetings

HIKER'S RENDEZVOUS: CRATER LAKE

Thursday, February 16, from 6:15 to 9:15 pm. Come to the Southern Oregon Hikers Rendezvous on the third Thursday of each month. On February 16, join Ski Patrol and outdoor guru Eric Peterson to get everything you need to explore Crater Lake National Park this winter. This event caters to all skill levels and abilities. Come for the raffle and a chance at memberships and gear! Proceeds go to restore, maintain and promote trails in Southwest Oregon. The Ashland Outdoor Store, 37 N 3rd St., Ashland.

THE THIRD RECONSTRUCTION

Sunday, February 19, 12 to 1 pm. The RVUUF Adult Education Committee will host a book reading and discussion in the Emerson House. Our Common Read book is "The Third Reconstruction: How a moral movement is overcoming the politics of division and fear" by the Reverend Dr. William J. Barber II with Jonathan Wilson-Hartgrove. You are invited to share in the discussion regardless of whether you finish the book or not. RVUUF, 87 4th St., Ashland.

GREEN DRINKS MEDFORD

Monday, February 20, from 5:45 pm to 7:30 pm. Come to the next Green Drinks meeting in Medford and learn more about Building a Straw Bale Home! Capers Dining, 35 N Central Ave., Medford.

ROGUE VALLEY FOOD SYSTEM NETWORK

Wednesday, February 22, from 12 to 1 pm. Come to the Rogue Valley Food System Network's networking event, where the new officers will share the plan for this year. Bring your lunch and your ideas about how to strengthen the food system and how we might be able to work together. Free parking is available in the garage (see front desk). Jackson County Health and Human Services, 140 S Holly St., Medford.

COMMUNITY ADVISORY COUNCIL: JOSEPHINE COUNTY

Wednesday, February 22, from 5:30 to 7:30 pm. AllCare CCO sponsors a Community Advisory Council (CAC) for each county they serve to ensure that the healthcare needs of consumers and their communities are met in accordance with the state of Oregon's regulations and initiatives. Community Room of the AllCare Health Grants Pass office, 1701 NE 7th St.

WOMEN'S NETWORKING: THE HEART LINK

Wednesday, February 22, from 6 to 8 pm. Join this networking meeting in Grants Pass and meet other female professionals in our area! \$20 to attend (Day-of is \$25). No membership fee is required. Only one woman per business/company. Meeting begins with a light meal and socializing. After the meal, each woman receives 3 minutes to showcase her business. Feel free to bring flyers, business cards, samples and other materials to hand out! Visit Facebook.com/GrantsPassHeartLink/ or www.theheartlinknetwork.com.

CONSERVATION BOOK CLUB

Love reading? Love nature? Consider joining the Conservation Book Club. This book club meets quarterly at a private residence. We discuss local and planet-wide conservation issues and are inspired by our readings, personal experiences, and good conversations. For more information, email kristi@landconserve.org or visit www.landconserve.org.

MEDFORD CHESS CLUB

Mondays, 6 pm. Free and open to Chess players of all levels. Diamond Medical, 1020 Knutson St. (off Biddle Rd), Medford. Chess at Rogue Roasters in Grants Pass has been cancelled due to lack of attendance.

VETERANS FOR PEACE

The Rogue Valley Veterans for Peace Chapter 156 meets on the first Wednesday of each month at 6:30 pm at a rotating location. For further information or to arrange transportation to the meeting, call Iwend Holen in Medford at 541-779-5392 or visit veteransforpeace.org.

SOUTHERN OREGON SKYWATCHERS

Monthly gathering, star parties, telescope building, and more! Newcomers and visitors are welcome to join us. Meetings and programs are free of charge, and you don't have to be a member to attend! Visit www.orskywatchers.org.

Presentations

CREATIVE ARTS LECTURE: MILES INADA

Thursday, February 16, 12:30 to 1:20 pm. Come to an artist lecture featuring Miles Inada. "My work falls into two categories: interdisciplinary performance art and interactive sculpture/installation. I write code, develop electronic systems, generate and process sound, image, and video. I use digital fabrication techniques alongside traditional sculptural processes. I use all of this along with physical movement to create immersive narrative experiences." Lecture is in the Meese Auditorium, Arts Building at SOU, 1250 Siskiyou Blvd., Ashland.

KING OF DOUBT

Thursday, February 16, 7 pm. Ashland author, teacher and memoir coach, Peter Gibb, will conduct a dramatic "performance art" reading from his multiple award winning memoir, King of Doubt. King of Doubt is the true story of how a small boy inadvertently trades his soul to the devil. Bloomsbury Books, 290 E Main St., Ashland. Free and open to the public.

SISKIYOU BOTANICAL AREAS AND STEWARDSHIP

Thursday, February 16, from 7 pm to 8:30 pm. Jeanine Moy will discuss rare plant species of the Klamath-Siskiyou Mountains and examine a few of the 130 designated botanical areas created to protect our rare plants. Come learn about ways to participate in a community of stewardship for these special places! Refreshments at 6:45 pm, program at 7 pm. Room 161, Science Building at SOU in Ashland. Free and open to the public.

A LIFE LET GO

Monday, February 20, 7 pm. Join southern Oregon resident Patricia Florin as she reads from her memoir, A Life Let Go: A Memoir and Five Birth Mother Stories of Closed Adoption. Hidden by family at their home during her pregnancy in 1971-1972, she relinquished her baby for adoption and her secret until her daughter found her. Bloomsbury Books, 290 E Main St., Ashland. Free and open to the public.

A VISIT TO NEW ORLEANS

Tuesday, February 21, from 5 to 6 pm. Immerse yourself in the culture of the Crescent City in this special presentation. Dan and Carol Nielson will discuss historic locations around New Orleans, including Bourbon Street and the French Quarter, as well as the people connected to the city, such as Jean Lafitte. Shady Cove Library, 22477 Hwy 62.

SEARCH FOR THE NORTHWEST PASSAGE

Wednesday, February 22, from 12 to 1:30 pm. Dave Baker will take you away to the Arctic in the second of a two-part series, "Search for the Northwest Passage: A Tale of Murder, Mutiny and Madness." The lectures cover the geography of the Arctic and Arctic Exploration. Medford Library, 205 S Central Ave.

CONVERSATIONS WITH FUNDERS

Wednesday, February 22, from 2:30 to 5 pm. "Conversations with Funders" brings together representatives from seven funding organizations



FEBRUARY 18 - COME TO THE PIRATES AND PRINCESSES BALL AT THE MEDFORD LIBRARY

EVENTS

offering close to \$5 million in grants, such as the Oregon Cultural Trust and Oregon Humanities. Attendees will learn how to apply for grants and receive feedback on how well potential projects fit with organizations' areas of interest and funding guidelines. This free workshop, part of a statewide tour, will be held at the Medford Library, 205 S Central Ave. No reservations are required.

WONDERS OF THE ROGUE

Thursday, February 23, from 5:30 to 7:30 pm. Join Rogue Riverkeeper for an informal evening of education and socializing as local experts talk about our iconic fish and other curiosities of our region. Learn how native fish populations have changed in the Rogue basin and get an update from discoverers of the Rogue River's underwater mushroom, the only one in the world. Happy Hour at 5:30 pm, Panel Discussion at 6 pm, Socializing at 7 pm. Upstairs Meeting Room at 4 Daughters Irish Pub, 126 W. Main St., Medford.

LISTENING TO THE WISDOM WITHIN

Monday, February 27, from 6 to 8 pm. Often, we look "out there" for help with our challenges. But our own inner wisdom is a treasure just waiting to be accessed. Join us for a fun and enlightening workshop on the magic of a daily free-writing practice. Bring a notebook and pen, and expect to surprise and delight yourself. Lead by Chansonette Buck, poet, memoirist and writing coach. Free lecture at the Ashland Co-op Community Classroom, 300 N Pioneer St.

THE OREGON CONSERVATION STRATEGY

Tuesday, February 28, from 7 to 9 pm. The Oregon Conservation Strategy is an overarching plan to conserve Oregon's fish and wildlife, and their habitats. It combines the best available science and conservation priorities with recommended voluntary actions and tools, which enable all Oregonians to design their own conservation role. Steven Niemela's presentation will introduce the newly revised Oregon Conservation Strategy and discuss the important role of conservation groups and citizen scientists in the conservation of SW Oregon's wildlife species and habitats. Medford Congregational United Church of Christ, 1801 E Jackson St.

Sports & Outdoor

LUCKY ROOSTER 5K FUN RUN

Saturday, February 18, 9 am. It's the tenth annual Chinese New Year Race! The fast and easy 5K course is through one of Jacksonville's beautiful, historic neighborhoods. All participants receive a Lucky Rooster charm. The top three female and male winners receive prizes donated by Harry & David! Bigham Knoll Campus, 525 Bigham Knoll Dr., Jacksonville.

TRAIL BUILDING DAY: PART 2

Saturday, February 18, 9 am. The last trail maintenance day was a success! Join us in finalizing the Slalom Trail (jumps and berms) and possibly starting work on the Climb Trail. Stay for a BBQ, weather dependent. Sunset Mountain Bike Park, Sunset Drive, Grants Pass, Oregon.

ROGUE RIVER HALF MARATHON / ALYSSA WATSON MEMORIAL 5K

Saturday, February 18, 10 am to 1 pm. Join an out and back on Rogue River Greenway bike path. The half-marathon continues on North River Road and back. Half-marathon time limit is three hours. \$100 to the top female and male finisher in the half-marathon. \$50 to the top Masters finishers; ribbons for top 3 in each age group in both races. Medals for half-marathon finishers. Half-Marathon at 10 am / 5K at 10:30 am. Fleming Park, Rogue River, Oregon.

[P] BAVARIAN NIGHT AT MT. ASHLAND

Saturday, February 18, 2017, from 3 pm to 9 pm. Enjoy the festivities at this special fundraiser for the Mt. Ashland Ski Patrol. All Twilight ticket sales from 3 pm to 9 pm will be donated by Mt. Ashland to the Ski Patrol. Live music, fireworks, raffle, and much more at this family-oriented event!

SO DERBY 2017 SEASON OPENER

Saturday, February 18, from 5 pm to 9 pm. Come to SO Derby's first bout of 2017 in the newly remodeled Medford Armory, 1701 S Pacific Hwy. Visit www.facebook.com/SouthernOregonDerby.

CRATER LAKE SKI & SNOW ADVENTURE

Sunday, February 19, from 10 am to 4 pm. Nathan Dwyer and staff from Main Street Adventure Tours will lead their 2nd annual Crater Lake National Park Cross-Country Ski and Snow Adventure. The Snow Bound Shuttle leaves at 10 am. If you need rentals, arrive at 9:30 am. Prices start at \$69-\$89, depending on your rental needs. Gourmet boxed lunch water provided. Call 541-482-9852 to hold your seat or visit ashland-tours.com.

SPORTSMEN'S & OUTDOOR RECREATION SHOW

February 24 - 26. View hundreds of exhibits, displays and attractions representing the breadth of the outdoor recreation industry: boating, camping, fishing, hunting, RVing, ATVing, cycling, kayaking, paddling, hiking, biking, climbing, travel agents, tour guides, guns, cabin life, wildlife art, taxidermy, outdoor clothing and gear, plus advocacy groups and governmental agencies and seminars. Lots of fun for the whole family! The Jackson County Expo, 1 Penning Rd., Central Point, Oregon.

DIVE INTO VERNAL POOLS

Saturday, February 25, 9 am. Dr. Michael Parker, SOU Biology Department Chair and aquatic ecologist and Molly Morison, The Nature Conservancy's Stewardship Coordinator, will lead a hike to observe the fairy shrimp and other small invertebrates and plants that thrive in the vernal pools at the top of the Upper Table Rock in Central Point. Hikers meet at the trailhead for a 2.5 - 4.5 mile round trip hike up 800 feet along a moderate grade trail. Dress for weather and bring snacks and water. No dogs allowed. This hike is free, but space is limited so reservations are required. Visit TableRockHikes2017.eventbrite.com or call the Medford District BLM at 541-618-2200.

PROJECT FEEDERWATCH

Saturday, February 18, from 9 to 10 am. Join an annual survey and help count birds that visit the feeders at North Mountain Park in Ashland and Coyote Trails Nature Center in Medford. The information collected will be submitted to Cornell University's FeederWatch project, a nationwide citizen-science bird monitoring effort. For ages 10 and older. Free. Pre-registration is not required. Plus Saturdays, March 4 & 18, 2017. North Mountain Park Pavilion in Ashland, 620 N Mountain Ave.

GRANTS PASS DISC GOLF CLUB

Every Wednesday. Sign-ups end at 5 pm. Throwing by 5:15 pm. Times will be adjusted for shorter daylight hours in the winter. Weekly prizes and more! Cost is \$7. For more info message A.E. Stevens at 541-659-6988. Tom Pearce Park in Grants Pass, 3700 Pearce Park Rd.

MOUNTAIN BIKING IN JACKSONVILLE

Wednesdays, 6 pm. Cycle Analysis hosts a two hour group Mountain Bike ride on the Britt Trails in Jacksonville or John's Peak, which has 200 miles of trail. Come enjoy good food, friends, and a great ride. Everyone is welcome. Helmets mandatory at all times, lights in the winter. Cycle Analysis in Jacksonville, 535 N Fifth St. Free.

Stage

[P] SHAKESPEARE'S OTHER WOMEN

February 16-18 at 8 pm, February 18-19 at 2 pm. A bountiful cast of actresses showcases the deleted, unpublished, and forgotten eloquence the Bard set down for dozens of female characters, lovingly rescued from the oblivion of time. Written and directed by OSF's Scott Kaiser. \$21 regular, \$18 senior, \$6 student. Stevenson Union Arena at SOU, 1250 Siskiyou Blvd., Ashland, Oregon. 541-552-6348.

CALENDAR GIRLS

February 8 - 26, 2017. After the death of her best friend's husband from cancer, spirited Yorkshire housewife Chris Harper hatches a scheme to raise money for a memorial to him. She encourages her friends to create a saucy calendar - using the middle-aged women of their village as nude models. The idea stuns the husbands and a wary young photographer. Gwen Overland directs this hilarious and touching play. Tickets \$18-\$24. The Camelot Theatre in Talent, 101 Talent Ave. 541-535-5250.

NOISES OFF

Through April 9, 2017. A classic door-slammung backstage comedy by Michael Frayn, Noises Off takes us behind the scenes of the mounting of a new farce, Nothing On. It's a story told in three acts with a rotating set, providing us looks both onstage and off as the ill-fated new farce careens from catastrophic dress rehearsals to historically hilarious failures during its run. \$22 - \$36. The Oregon Cabaret Theatre, 241 Hargadine St., Ashland, Oregon.

[P] QUARTET

February 17 -18, 2017. A wicked, funny, joyous play about art, the eccentricities of age, and the celebratory power of the human spirit! Starring Brandy Carson, Buzz London, Jack Seybold, and Dianna Warner.



FEBRUARY 21 - LEARN ABOUT NEW ORLEANS AT THE SHADY COVE LIBRARY

Tickets are \$15, groups of 10 or more \$13. To arrange for groups, email dejavutheater@gmail.com. This production is a benefit for the Oregon Conservatory of Performing Arts. Performances on February 17 & 18 at 7 pm. Central High Auditorium, 815 S Oakdale Ave., Medford.

SHERLOCK HOLMES & THE CURIOUS ADVENTURE OF THE CLOCKWORK PRINCE

Through February 26, 2017. Tickets are \$18. Performances Thursday through Sunday evenings at 7 pm, matinees at 1 pm. Randall Theatre, 10 E 3rd St., Medford. 541-632-3258.

HOW THE OTHER HALF LOVES

February 24 - March 19, 2017. Playwright Alan Ayckbourn's tale of three couples tangled up in cover-ups. Contains themes suitable for ages 14 and older. Performances Thursdays - Saturdays at 7:30 pm, Sundays at 1:30 pm. Tickets \$20 Adults, \$15 Children / Seniors. Collaborative Theatre Project, 555 Medford Center, Medford. Visit ctpregon.org.

[P] OREGON SHAKESPEARE FESTIVAL

Opening weekend is February 24, 2017, previews begin February 17. In the Angus Bowmer Theatre: Julius Caesar, 2/17 - 10/29. Shakespeare in Love, 2/18 - 10/29. Mojada: A Medea in Los Angeles, 2/19 - 8/6. In the Thomas Theatre: Henry IV, Part One, 2/22 - 10/29. Oregon Shakespeare Festival, 15 S Pioneer St., Ashland, Oregon. Box Office: 800-219-8161. www.osfashland.org.

Wellness

FOOD AS MEDICINE: HEALING THE DIGESTIVE TRACT

Thursday, February 16, from 6:30 to 9 pm. Learn how to restore digestive health to prevent your immune system from mounting unwanted inflammatory responses. Use food as medicine to heal the digestive tract, help assimilate nutrients, move forward with a clear mind and fully utilize the restorative process that occurs naturally in our body. Instructor is Victoria Markham. \$40 General Public, \$35 Owners. Ashland Food Co-op Community Classroom, 300 N Pioneer St., Ashland.

WEIGHT LOSS AND DISEASE PREVENTION

Thursday, February 23, from 6 to 7 pm. Join Certified Personal Trainer Brandon Bruce to discuss weight loss and how it can prevent disease and improve health. Free event open to Y members and the community. Conference room at the Ashland Family YMCA, 540 YMCA Way.

ACUPRESSURE & THE 12 RULERS OF THE KINGDOM

February 24 - 26, 9 am to 5:30 pm each day. Students will be engaged with hands-on practice of 100 plus acupressure points that involve the twelve meridian pathways. The physiology and psychology of these systems according to Chinese Medicine, will be vibrantly included. In addition, Qigong exercises that influence the circulation of Qi, will be practiced. Cost is \$449. Instructor is Luca Moschini, Dipl. ABT (Asian Bodywork Therapy). Family Massage Education Center, 77 Manzanita St., Ashland.

RED TENT TEMPLE IMMERSION

Saturday, February 25, from 5 to 9 pm. All female identifying humans are invited to an evening of sacred self-nurturance. Gather under the Dark Moon and join in sisterhood to honor women's sacred cycles. In addition to ceremony, dive deep into Red Tent / Moon Lodge Herstory. If you intend to start your own Red Tent Sister Circle or would like to deepen your current sisterhood circle, this event is for you. Jackson Wellsprings, 2253 Hwy 99 N., Ashland.

NONVIOLENT COMMUNICATION SKILLS FOR TODAY

Saturday, February 25, from 10 am to 5 pm. How to Listen to Someone Saying What We Don't Want to Hear; While creating connection; managing our reactivity, and remaining loyal to ourselves. Selene Aitken is an International Trainer certified by the Center for Nonviolent Communication. Event location in Ashland. Visit www.TheDanceofCommunication.com. Email selene.aitken@gmail.com or call 541-227-8818.

COMMUNICATION SKILLS FOR CHALLENGING TIMES

Sundays, February 26 and March 5, 12, and 19, from 2 to 5 pm. We can gracefully navigate these challenging times when we are equipped with high-level communication and conflict resolution skills. Prepare yourself to add to our collective ability to respond to conflicts with clarity and compassion, building a culture of peace and nonviolence. Taught by Anna Cassilly, M.A. The workshop cost is \$120. Pre-registration required. Visit www.growingpeace.net. 541-301-7993. Location in Talent, Oregon.

CLASSICAL SIVANANDA HOLISTIC YOGA

January - March, 2017. The classical hatha yoga of India is a meditative system of relaxing, gentle, slow movements and held postures. Flexibility and fitness are byproducts of these beautiful, graceful stretches, but not prerequisites. Saturdays from 10 to 11:30 am. Open to all levels. Drop-ins \$15. Private Sessions available Saturdays, 4 - 10 pm (pre-registration required). Ashland Karate Academy, 644 Tolman Creek Rd. 920-286-2759.

DEATH CAFE

At Death Cafes, people come together in a relaxed and safe setting to discuss life and death, drink tea and eat delicious sweets and cake. Suggested donation \$10. Monthly location sent with confirmation email. Please RSVP on the website, AshlandDeathCafe.com. Email AshlandDeathCafe@gmail.com.

NATURE-BASED MINDFUL MOVEMENT AND MEDITATION

The winter months provide us with a unique opportunity for introspection and deepening our connection with nature. Practice a new nature-based somatic (body-based) mindfulness exercise, followed by a guided meditation. Wear loose, comfortable clothing and dress to be outside for at least 30 minutes. Bring your yoga mat and a cushion to sit on. Please register online at www.ashland.or.us/register or call 541-488-6606. For 18 and older. Every other Thursday on February 23, March 9 & 23, and April 6 & 20, from 6:30 pm to 8 pm. Cost is \$15 / session. Lead by Stephanie Danyi. North Mountain Park, 620 N Mountain Ave., Ashland.

Email:

events@roguevalleymessenger.com

SOUND

Bringing Stony Back

Cambrian Explosion and the Return of Psych-Rock

BY JOSH GROSS



CHEESE! YEAH... CHEESE. THAT SOUNDS GOOD. LET'S GET SOME CHEESE. NO, SOME CHEETOS. YEAH. CHEETOS.
PHOTO COURTESY OF CAMBRIAN EXPLOSION

Cambrian Explosion's bio on their Facebook page doesn't mince words: "Cosmic sorcerers from Portland, OR." Anyone that attends the band's performance at Johnny B's on Saturday, Feb. 18 and gets an earful of the band's massive reverb-drenched guitars, keyboard drones and thundering drums will be hard-pressed to disagree. The band is a major player in Portland's psych-rock resurgence, and its 2016 release, *The Moon EP*, is as solid a recording as one is likely to find in the genre. The band's guitarist and vocalist, Nori Lockhart, took the time to answer a few questions for *The Messenger* to preview the show.

Rogue Valley Messenger: What drew you to playing psych-rock? Was it intentional, or just how things naturally played out when you started playing together?

NH: We experimented with more psych-pop type stuff at first, but we weren't quite happy with what we were coming up with in that particular style of music. Then we decided to go with what we came up with naturally instead

of trying to emulate a specific style. What we play now developed naturally over time.

RVM: The Deli wrote, "Portland psych can't really be discussed without mentioning Cambrian Explosion." Do you feel that there is a broader movement behind your band, or are you just playing what you like to play?

NH: In the beginning of Cambrian Explosion, we played with a lot of psych-pop bands that were popping up on the local indie scene. It's evident that there is a psych-rock movement in Portland, but we weren't really aware of it as we didn't know anyone in that scene. We just wrote whatever we felt sounded good, so it was more of a happy accident than a deliberate effort to lead or join that movement.

RVM: It's hard to separate psych-rock from psychedelics. Shortly after your band formed, pot was legalized. Would you like to take credit? Or has that had any effect on audience's reception of your music?

NH: Hell yes? We legalized pot, basically.

RVM: Where do you feel a sound like yours

fits into the contemporary music world? Or does it?

NH: Community is vital, but our songwriting is not motivated by the desire to fit a certain niche. We are still in the process of discovering who we want to be as a band, but we hope to continue growing in the direction that satisfies us creatively.

RVM: What is your goal when you step on stage?

NH: Not fuck up and ultimately have a good time.

RVM: Will this be your first time in Southern Oregon, or have you played here previously. Any thoughts or expectations?

NH: We've played in Medford before, but the turnout was not as good as it could've been. We hope we get to play to a crowd this time. 🍷

CAMBRIAN EXPLOSION, WITH 100 WATT MIND

9pm Sat., February 18
Johnny B's, 120 E. Sixth St., Medford
\$5

SOUND

Emergence of a Butterfly Chrysalis Return to the Valley With New Wings

BY JACOB SCHEPPLER



CHRYSALIS, COPPING A SQUAT PHOTO CREDIT: ADAM GELTCH

Despite the embellished stereotype of metalheads as anti-social basement dwellers, there is a softer side. It is the eccentricity of the movement that draws people in and eventually makes a home for them. A prime example is Chrysalis, who will return to Southern Oregon for shows at The Haul in Grants Pass on Thu., February 16, and Howie's on Front in Medford on Fri., February 17. Attendees to either show will notice they cleanly fit neither the mold of a metal or a rock band, but somewhere politely in between.

"We like all sorts of different types of rock music," says vocalist and keyboardist Yessi Burton. "That's probably why we blend so many different genres into our sound. A lot of people only like one type of music, but we'd get bored if we only played one style. We're also not afraid to admit that we like catchy music. So it's natural for our music to have some mainstream appeal even though it weaves in and out of many different styles."

Like many passionate musicians, they are inspired by religion, spirituality, and the human condition, which was represented in a maudlin way on their 2014 LP *Focus on the Center*. This contrasts with their brand new album *Reminder*, released on Jan. 13th, which touches on more personal and sentimental attributes of one's life. The production and playing is crisp and refined, but occasionally the songwriting leaves something to be desired. Still, Chrysalis col-

lectively smash the stereotype of metal being nothing but brutish X-games fodder, as they approach songwriting and lyricism as a way to tackle big concepts from a visceral perspective.

The band has toured the U.S. extensively and with big name bands such as Letlive, A Day To Remember, As Blood Runs Black, and a recent tour with "Headstrong" nu-rock giants Trapt.

"We played some pretty big shows on that tour and the crowds were really into it, but if I was going to pick just one [best] show it would be when we played with Anthrax in Idaho Falls," says Burton. "Idaho is always good to us, and that show was really intense."

At the very least, Chrysalis deserve praise for not compromising their artistic vision, in the face of a barbarous music industry. In order to promote their new vision in the form of *Reminder* they will be touring the country non-stop for over a month, and will even make two stops in our Rogue Valley.

"Hopefully we'll get to know the people there better soon," Burton says. "We played a great show at Howie's last year. The thing about being in a band and playing all over the country is that you get to know people all over the map. It's pretty cool." 🍷

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CHRYSALIS W/ DEMON IN ME
7:30 pm, Fri February 17
Howie's on Front, 16 N Front St, Medford, OR
\$10

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Rogue Sounds

The Ancient Wild something something

BY JOSH GROSS

Holidays can be a bit like black holes, sucking up all the attention for weeks around them. It's easy for new albums released into that madness to get lost in the noise.

For marketing reasons I may never fully understand, *Water in the Leaves*, the new album from Ashland duo The Ancient Wild was re-released on Dec. 21. Consequently, I just found it in my email here in February.

I'm glad I did because it's a pretty solid collection.



The 11-track nature goth collaboration between harpist and singer Kate Wilde and multi-instrumentalist Christophe Shepperdson feels like an acoustic industrial record, with heavy rock drums blended with harp and big ethereal vocals. There are obvious Celtic influences, as well as a general vibe of '90s underground left of the dial bands like Dead Can Dance, Tori Amos or Imogen Heap.

The album opens with an instrumental track, "Invisible Lines," before launching into its real start: "Circus World," a five-minute epic with big drums and sweeping vocals from Wilde.

That's followed by "Native Contract," a spooky harmonized duo that shimmering with echos and reverbs.

Those production echoes endure throughout the record, creating washes of texture that fill up a lot of space in the sound. Most of the songs follow a similar formula, the mish-mash of effects textures, with arpeggios from the harp or a guitar and lagging, trancey beats from the drums. Oftentimes, those washes or reverb or echo are used to disguise poor musicianship. That's not the case here. There is some excellent musicianship and vocal prowess on display throughout. But anyone looking for a singalong is likely to be disappointed. The songs are far more about the atmosphere than about hooks.

It closes with *Centuries*, an ambient piano ballad that floats in the ear like a half-remembered heartbreak.

But the thing that stands out most to me about *Water in the Leaves* is how many bands, especially locally, take those same influences, those same ideas, and just can't close the deal. This is not my favorite local record. Not by a long shot. But that's just because it ain't my jam. But what it is probably far more important: the total package. Vision, chops and execution.

Water in the Leaves is available for download via Bandcamp. 🍷

CHEAP *Eats*

\$10 Eats: Valentino's For a satisfying burger head to a parking lot in Grants Pass

BY MELISSA HASKIN

WHAT:
Valentino's

WHERE:
The Growers Market parking lot
(4th and F Streets in Grants Pass)

WHEN:
M-F 11 a.m. - 3 p.m.
(check Facebook for occasional
closures or extended hours)

WEBSITE:
facebook.com/valentinos.amore/

PHONE:
(541) 659-1862

PRICES:
\$6-13

KIDS MENU?
Yes

DEBIT/CREDIT?
Yes



**BRIAN CALLAHAN, 53, WITH HIS FOOD TRUCK, VALENTINO'S.
PHOTOS BY MELISSA HASKIN**



**THIS BBQ BACON BURGER HOLDS THE LAST OF THE 2016 ONIONS
FROM FORT VANNOY FARMS IN GRANTS PASS AND IS MADE FROM
MEAT SUPPLIED BY CHERRY STREET MEATS IN MEDFORD**

On a rainy day about a week ago, customers made their way towards a red food truck in a parking lot behind the post office in Grants Pass. At the window, owner Brian Callahan made talk with regulars, "Steve, I hooked you up," he said, handing a paper bag out the window.

Five days a week, Valentino's food truck parks in lot on 4th and F Streets in Grants Pass (also known as the "Growers Market lot" since it's where the Growers Market is held on Saturdays in warmer months). Opened in 2013, the truck is known for burgers, sandwiches, fries and onion rings.

Callahan owns Valentino's with his wife, Laurie. It's not his first foray into the service/dining industry. Callahan is of the Callahans known for Callahan's Lodge and Restaurant. He managed the Ashland business from 1986 until it sold in 1996.

Callahan's current venture fits into two parking spaces, four if you count the truck he uses to pull it. He says he loves the flexibility it gives him. On weekends he can take his business wherever he

needs to for whatever event he's catering.

At Valentino's, one can get a bbq bacon burger with fries for \$9. The burger comes on a seeded bun with crisp lettuce, thick slices of bacon, pickles, cheese and usually crisp onion rings. Sometimes Callahan runs out of onion rings and serves the burger with grilled onions instead. Considering the size of the burger, grilled onions only help the thing actually fit in a customer's mouth better. On first bite, sweet barbecue sauce spills out the bottom, puddling into the container the burger is

served in.

The menu also features several "meals" that come with a burger, a side (fries, onion rings, or salad). These meals are mostly \$10 and under, save "The Godfather" (double meat, double bacon, double cheese), which runs at \$13. We assume the extra charge is for insurance so that if someone has a heart attack while eating one, the business is covered.

The menu is short, between the burgers, sandwiches and kids' options, but understandably so: when you put too many things on a menu with a small space and a small staff, wait times get out of hand. At Valentino's wait times are spot on. A recent visit left just enough time to pick something up from the post office, a two-minute walk from Valentino's.

When Red Robin and In-N-Out open in Grants Pass, they're sure to draw large lines. If you want to duck a long wait but still

grab a burger, stop by Valentino's or one of the other Grants Pass joints like Jimmy's or the Whitehorse Country Store. Eventually, the hype for the new places will die down, making it much easier for one to pop in and get a double double or a Whiskey River bbq burger with endless fries. However, based on the relentless line of cars and people at the In-N-Out in Medford, it could be 3028 before that happens.... but we're patient, right? 🍷

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- Rogue Creamery Rogues Mary Cheddar
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Drink Local

Entrepreneurship on Tap Osmo's Joins Medford's Craft Brewing District

BY CHARLES FISCHMAN

Brewing beer requires four basic ingredients: water, malted barley, hops, and yeast. Starting a business has four basic parts, too: the product/service, distribution, marketing, and customer service. At Osmo's Alehouse, a new brewery and tasting room on downtown Medford's South Central Avenue opened in January by Southern Oregon natives Nick and Ali Hull, beer and business ferment in plain sight.



The product, obviously, is beer—seven variations brewed by Nick Hull 30 feet from where customers perch before the taps. He plans for freshness, change, and seasonality to distinguish Osmo's. "I wanted to make a really big, really fancy version of my garage," deadpans Hull.

After creating award-winning beers as a home-brewer, Hull learned the commercial

version working at Wild River Brewing in Grant's Pass. Osmo's operations fall just between nano- and micro- in size, a flexibility Hull designed intentionally in order "to bring the fun, experimentation, and diversity of home brewing into a commercial setting." A recent tap list included Osmo's IPA, Farmhouse, Pale Ale, Rye Amber, Extra-Special Bitter, Honey-Nut Brown, and Oat Stout.

Distribution and marketing at Osmo's are adventurous, too. Its renovated industrial space mixes well with the neighborhood's pawn shops, used car lots, and fruit-packing warehouses. "We like being part of transforming this area of downtown," says Ali Hull who handles Osmo's business side. As for the name, they dove deep into the great Finnish National Epic Poem, *The Kalevala*, to find Osmotar the Brewer. Exposed-filament lights and two bars fashioned from massive slabs of fir combine with rugged tables and benches and the stainless-steel brewing tanks to make an inviting space for beer geeks and the everyday-thirsty alike to drink beer.

And, beer is what Osmo's is all about. The Hulls plan a new release every Friday. Only the occasional Portland Timbers game on the lone television or food truck in the parking lot might distract from savoring the popular ESB and conversation (wine and hard cider are also available for the non-beer inclined). The Hulls plan a grand opening for March. Find Osmo's Alehouse at 522 S. Central Ave. in Medford—look for the brewing tanks in the windows. 🍷



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CULTURE

Herring Humor

Oregon Cabaret Theatre Launches Its Season with Laughter

BY CHARLES FISCHMAN

"*Noises Off* is well-known as a slam-bang comedy," affirms Director (and OCT Artistic Director) Valerie Rachele. Between crashing doors (all eight), flying props, perilous staircases, and sardine oil spills, the cast of Oregon Cabaret's 2017 season-opening show will do well to survive all 49 performances intact.

Or, the cast's skills and Rachele's choreography reflect how well they have created the illusion of mayhem. Playwright Michael Frayn's farce, first staged in 1982, follows a provincial theater troupe's woes as it stages its own farce, "Nothing On." Dubious talent, cast/crew romances, and unstable dramatic personalities threaten to undermine the enterprise.

Noises Off's first act depicts the troupe's final rehearsal, and the tour's prospects appear dim. The imperious Director, Lloyd Dallas, played by John Stadelman, struggles to keep the actors in-character and focused. The play is set in 1984, and a few touches on the OCT's clever set—a push button phone with a dangerously-long handset cord—and, in costuming—a bold-herringbone-patterned, pink and black women's suit—suggest the period well.

By the second act, a backstage view of the theater in dreary Ashton-under-Lyne, the tour has begun to unravel. The troupe's petty jealousies and slight character flaws intensify from an atmospheric disturbance into a hurricane. The Director's surprise return to restore calm only adds to the fire-axe-enhanced chaos. SOU alum Paul Michael Garcia (as Garry Lejeune/Roger), turns from an enthusiastic, well-intentioned thespian into a red-faced maniac. The troupe—except for Brooke Ashton/Vicki (played by Deanna Ott) who perseveres contentedly unaware of her colleagues' collapse—abandons all hope in Act Three and self-destructs in a final performance.

OCT's version of the durable *Noises Off*, as it gains momentum, inspires plenty of laughter. The verbal jousting, slapstick, and well-coordinated movements are



THE FULL CAST OF NOISES OFF AT THE END OF ACT 1
PHOTO CREDIT: CHRISTOPHER BRISCOE

lively and funny. Some audience members, clearly familiar with the play, chime in on famous lines, perhaps not unlike a Monty Python fan quoting favorite lines from the *Holy Grail*.

Presumably, unlike their fictional counterparts in "Nothing On," the *Noises Off* cast will continue to synchronize with each performance and a growing feel for audience reaction. "Comedy takes the energy of the audience to work," says Valerie Rachele. "Audience reaction is very important to how the timing works, to how the actors react to each other." Rogue Valley favorite, Livia Genise, plays Dotty Otley/Mrs. Clackett; Jessica Blaszk plays Poppy; and Galloway Stevens and Leah Kolb play the other two major roles, Frederick/Philip and Belinda/Flavia.

Frayn's play challenges an audience to shift its perspective multiple times. We (the audience) view the final rehearsal for "Nothing On" in Act One from the Director's view, perched in the balcony. He enters and exits several times before finally joining the troupe on stage. At that point, the troupe steps out of their "Nothing On" roles, and we observe the actors and their director attempting to soothe hurt feelings and save the play.

When the set revolves for Act Two (credit to Stage Manager Laura Judson), we instead view the troupe backstage (out of character but in costume) as they struggle through the scene rehearsed in Act One. Yet, glimpses through open doors and a window ask us to place ourselves in the imaginary audience watching "Nothing On" as well. Our viewpoint alternates from backstage to front-of-house.

For Act Three, we watch the scene a third time, and our split perspectives merge. Just as the actors fall in and out of character, literally can no longer find where there are in the play, we see both the disaster that "Nothing On" has become and the mental and physical collapse of the troupe. We, the audience, like the characters of *Noises Off*, have perhaps once had high expectations but little success. Then, as the house lights come up and the OCT *Noises Off* cast bows, our perspective shifts a final time. We compare notes with our companions, and we hope that the Actors Equity Association has a robust Worker's Comp benefit. 🍷



CLOCKWISE FROM LEFT: JAMES PAUL XAVIER, LEAH KOLB, JOHN LEISTNER, LIVIA GENISE, GALLOWAY STEVENS, JOHN STADELMAN, AND PAUL MICHAEL GARCIA IN A CONUNDRUM.
PHOTO CREDIT: CHRISTOPHER BRISCOE

NOISES OFF

8 pm, Thurs. and Fri. 1 and 8 pm, Sat. and Sun. Through April 9.

Oregon Cabaret Theatre, 241 Hargadine Street, Ashland.

\$22 - \$36

CULTURE

Art Watch

No One is Too Old to Color Chickadee Creative Coloring's Adult Coloring Books

BY JORDAN MARIE MARTINEZ

Adult coloring books have grown rapidly in popularity over the past couple years. Now one can walk into any bookstore--or just about any store, really--and find a shelf filled with books for adults with beautiful designs and detailed pictures waiting to be colored.

Chickadee Creative Coloring in Southern Oregon published its first adult coloring book in 2016, titled Wild Women and illustrated by Leia Pastizzo. The brainchild of married couple Linda Lowe and Michael Kozak, Chickadee Creative Coloring spurred from their own love for adult coloring books. "We wanted to offer a book that had hand-drawn illustrations and printed on 100# artist grade paper with a spiral binding so that the book lays flat for coloring," says Lowe. "The thicker paper allows for many forms of media used to color the art."

December of last year, they released Creatures of the Deep, illustrated by Southern Oregon University student Andrew Youngblood. "We liked the idea of using students since they are a largely undiscovered source of talent," Lowe says, "and we wanted to use local students as much as possible to support our community."

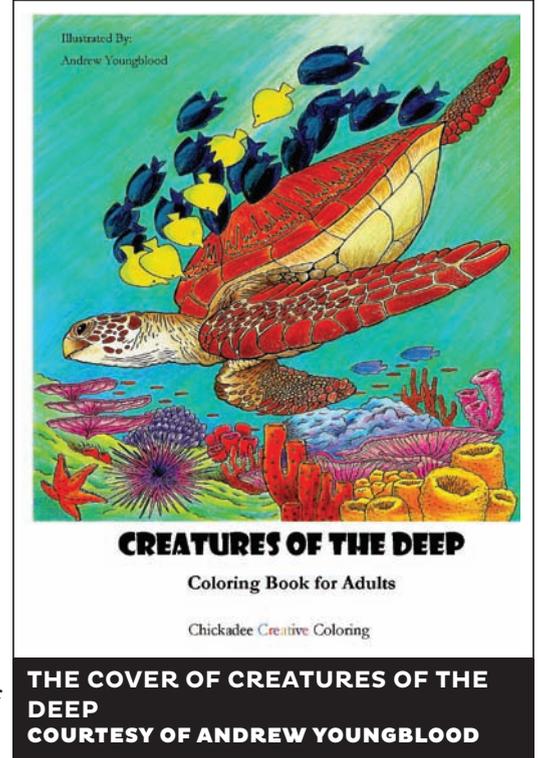
When it comes to the books, she says, "Our books don't have any words in them, but they do tell a story in their own way. Creatures of the Deep shows the beauty of the sea's ecosystem and the creatures that call it home. Wild Women lovingly shows women from many backgrounds with nature, animals, and flowers and the women are expressing themselves with joy and passion."

She explains how the artists choose the theme for the books, based on

what they're passionate about.

She says the company's next upcoming book "Amazing Animals is going to portray many different animals, showing them as beautiful creatures in their natural settings or shown in the friendships that they form with each other, just like humans." The book will feature several artists, including Youngblood.

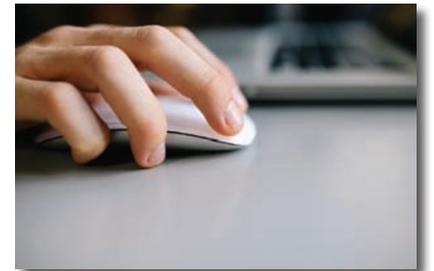
"We wanted to publish hand-drawn art instead of computer generated images. We just wanted to put out a high-quality product that would inspire people to de-stress and lose themselves in coloring." 🎨



More information about Chickadee Creative Coloring and its books can be found at chickadeecreativecoloring.com.



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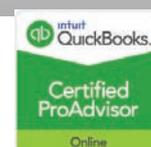
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SPORTS & *Outdoor*

Earth Adventurers Connection Through Nature

BY ERIN ZELINKA

“I realized I was part of the scenery,” says Brian Heron, 57, a cyclist, an outdoor enthusiast, a pastor, a mystic. He describes looking out over a Mendocino vineyard after cycling to the top of a hill.

“There was no observer and observed. I was part of the painting. It was a feeling of incredible oneness, no separation. It lasted just a few seconds, but I’ll never forget it.”

This experience is what Heron hopes to share with others, through a Rogue Valley group he has formed called Earth Adventurers.

Earth Adventurers is “for anyone who loves to hike, bike, kayak, backpack, snowshoe, etc. and connect to the sacredness and beauty of the natural world,” reads the description on MeetUp, the social website where the group is hosted.

Terri Knuth, 56, attended the first hike that Heron organized at Water’s Creek Interpretive Trail in Grants Pass on July 31, shortly after the group was founded on July 19 of last year. “I liked how Brian is inclusive of a lot of people and how he had a vision,” she says.

Knuth continues to attend Earth Adventurers events, because the group’s aspirations resonate with her. “It’s not just, ‘I’m gonna go and take on the Earth,’ but I’m going to tie myself into this spiritually,” she says.

She describes her own experience with nature in the Aspen Highlands of Colorado, where she lived before moving to Merlin, Ore., four years ago. “I could feel the force of the mountains in me, and it brought me to my knees. The you that you think you are disappears. It’s all just one thing.”

While many in the group do identify themselves as spiritual, and Heron himself is an interim pastor at Bethany Presbyterian Church in Grants Pass, the group is all-inclusive. “I really respect how Brian has been very non-denominational and non-religious in

the spirituality. Since I’m not Christian myself, I’ve appreciated that,” says Christine Chumbler, 47, of Jacksonville.

Chumbler has been to several Earth Adventurers events and says she also appreciates the connections formed. “In the political environment that we’re in now, it is always good to create safe spaces. While I certainly see the value in having conversations where your beliefs are challenged, it’s also just nice to be around people that you don’t have to explain yourself to,” she says.

Chumbler also likes the group’s focus on honoring the Earth. “It’s not just recreating but includes an aspect of respect for the Earth,” she says.

“Brian has talked about the possibility of doing trail maintenance or litter pick-up, more service sort of activities.”

Events organized so far have included a hike, a bike ride, Earth-themed movie viewings, a litter pick-up, a Winter Solstice celebration, dinners and snowshoeing. The activities are held all across the Rogue Valley, and Heron often helps coordinate carpooling among members.

As for his role in the church, Heron has assisted Bethany church and others with understanding their diminishing congregations. “There’s a whole other culture out there who is experiencing the sacred in a different way, and they need to be aware of that,” he says. “I think our religious culture is moving toward mysticism again, returning to its ancient form, where



EARTH ADVENTURERS ORGANIZER BRIAN HERON ON TOP OF MT. MCLOUGHLIN PHOTO COURTESY OF BRIAN HERON

it’s not belief-oriented but experience-oriented. You have to allow people to have their own experience.”

Heron is the author of *Alone: A 4,000 Mile Search for Belonging*, the story of his 2011 bicycle adventure across the U.S. after a series of personal and professional losses. It is available at Oregon Books in Grants Pass, on Amazon.com and on his website, pedalpilgrim.com. He is currently working on a second book, *Rome to Rumi*, about his bicycle pilgrimage from the head of the Church in Rome to the heart of mysticism in Konya, Turkey. 📖

To join Earth Adventurers or to find out about upcoming events, visit meetup.com/Earth-Adventurers. The group currently has 144 members and will definitely be doing something for Earth Day on April 22.

Go Here

Ice Skating

BY JEANINE MOY

Whether you are looking for a way to get the kids involved in hockey, impress your date with your figure skating skills, or have aspirations of speed skating in the Olympics, ice skating is a terrific way to be social while getting some exercise. It may have started over 3,000 years ago in southern Finland when people would strap flattened bone to the bottom of their shoes, but today, we have a couple options in southern Oregon to rent skates and get out on some maintained ice rinks:

Ashland

The Ashland Rotary Centennial Ice Rink is nestled at the base of Lithia Park at 95 Winburn Way. Enjoy ice skating at this small outdoor rink during the winter months through the end of February. Note: Skate rentals are available but you should make sure to arrive prepared to skate as changing rooms are not

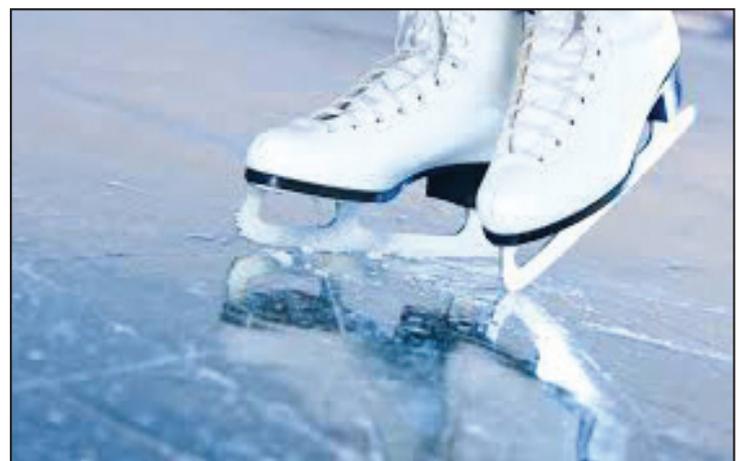
available. Learn more through Ashland Parks & Rec. and see the full rink calendar at parks.ashland.or.us/IceRink

Medford

Check out the RRRink in Medford at 1349 Center Drive for public skate sessions, introductions to figure skating lessons through the Southern Oregon Figure Skating Club (sofsc.org), and youth hockey leagues. Learn more and see the full calendar of events at therrink.com

Get outside the city limits:

It is advised that you have a good ability to assess the ice’s safety before skating on any frozen body of water. Make sure to bring safety items, such as a rescue-floatation device, and a tool that will allow you to measure the ice thickness, the ice



should be at least 10 inches thick off-shore. High elevation reservoirs or shallow lakes that easily freeze are best. Consider checking out Hyatt Lake on the Greensprings, Castle Lake near Mt. Shasta, or Upper Klamath Lake. 📖

SCREEN

From YouTube to Music to Touring Southern Oregon Native and YouTube Blogger Tessa Violet

BY JORDAN MARIE MARTINEZ

From YouTube to the stage to music, everyone starts somewhere before their success. For Tessa Violet, it was Ashland, Oregon. As a famed YouTuber and vocalist, the Pacific Northwest native has fostered her talents and expanded them internationally.

What began as video blogs about various topics such as music videos and personal stories--released under the name Meekakitty--has garnered over one million subscribers on YouTube. With such laid back and comedic content covered in her videos, it's evident that connecting with her audience is important to her.

In an interview with CelebMix, she says, "I love the unique way YouTube, or video blogs in general, let you connect with people. When I graduated high school and moved away from my hometown I was really lonely and YouTube and the people I watched on YouTube were a lifeline for me. It's still such a great place for people who feel different or lonely at school or in life to find other like-minded people. It's a privilege to get to be a part of the community. I've met many of my closest friends through YouTube."

She's open with her fans about her struggle with anxiety, creating a vulnerable and accepting atmosphere at her shows and in her work. For one of her performances at Berklee College of Music's Red Room at Cafe 939, Hafzat Akanni quoted her in the Daily Free Press as saying to the audience: "You are the first and last you who will ever live in history. You are beautiful, you are lovable, you are likable, and you are unique."

Violet's most popular video on YouTube

is "Love Like a Love Song - Selena Gomez & The Scene" with over eight million views. The parody music video was made with other YouTube star Mitchell Davis, showing a young woman's (Violet) obsession with an unavailable man (Davis), which drives her to murder. Other topics on her video blogs cover topics such as "How to apologize," "Guess the Song," and the Mario Kart theme song.

While she still video blogs, her music video parodies have mostly turned into original music videos. Violet released her first full-length album in 2014, titled *Maybe Trapped Mostly Troubled*. The bubblegum pop sound reflects the ingenuity and openness of Violet.

She said in the Daily Free Press, "I've been singing since as long as I've had a voice. All I needed to do was get better."

Violet's work improves in quality musically and lyrically in a follow-up EP titled *Halloway* in October of last year. Writer for *We the Unicorns* Liam Dryden said about the song "Dream" from the EP, "Tessa released the audio for her new single 'Dream' earlier last week, and we all fell in love with it. But we were absolutely floored by its accompanying video."



VIOLET PERFORMING AT THE RED ROOM AT CAFE 939 IN BOSTON. PHOTO CREDIT: CHLOE GRINBERG/ DAILY FREE PRESS STAFF

Directed by Isaac White, the video experiments with multiple visual effects, like Violet singing through a frame hanging in the center of the shot in the woods, where the viewer can only see her head and shoulders. Other effects show something like colorful smoke filling up her profile. The video fully represents her eccentric creativity, and the music matches it perfectly.

Violet's videos and music are vulnerable and truthful. In one of her more recent video blogs titled "what is love?" she says, "To me, if you're not being honest with someone, you're not being kind to them." Being kind to her fans are clearly a priority to her, and her music simply proves that fact further. 🍷

To check out her music and videos, go to youtube.com/user/meekakitty.

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Low Libido

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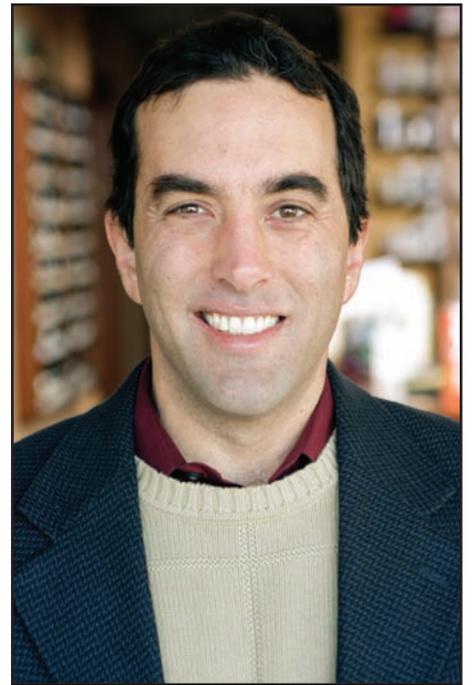
BY DR. DANIEL SMITH

Low libido, or low sex drive, is a common complaint I hear from many of my patients. A low libido is defined as a diminished motivation for sexual activity. This is a difficult topic to cover! Low "motivation" can be caused by a multitude of factors that range from social to physical to interpersonal to pathological. My aim in this brief article is to keep things simple but also to persuade you that so much can be done to assist those who struggle with low libido.

A basic assessment should start with a visit to a physician. It is important to discuss your concerns with a medical professional to rule out the presence of any disorder that might be the cause of your lower sex drive. Loss of libido can be caused by several different factors including stress, chronic disease (e.g. diabetes), hormone imbalances, certain medications (like antidepressants, oral contraceptives and blood pressure medications), and an unhealthy lifestyle (poor diet, lack of exercise, being overweight, etc). Many herbal, nutrient and food-based options can optimize your health and reverse these unhealthy trends.

Simple testing exists (even for those who have no insurance) that will reveal whether or not any early disease process such as diabetes or cardiovascular disease is leading to inflammation, occlusion of small and medium blood vessels, or poor nerve function. These conditions may lead to diminished blood flow to the pelvis and manifest as loss of libido. A laboratory panel should include testing for inflammatory markers, lipids, iron, sex hormones and cardiovascular testing at a minimum. For example, testosterone and DHEA are very important for your sex drive (for both men and women). As you age, your testosterone levels decline. In men it can drop up to 1.5% a year after age thirty. If identified early in the process, both naturopathic medicine and acupuncture excel at correcting any imbalances without the use of prescription drugs. The cost of these tests is extremely affordable.

One other hormone, oxytocin, deserves some mention. Oxytocin's role in the brain appears to link social contact with pleasure. Evidence is emerging that oxytocin plays a central role in many aspects of human life, including romantic interactions. "It's the glue of society, so simple yet so profound," says Paul Zak, director of the Center for Neuroeconomics Studies in Claremont, California. Plasma oxytocin levels increase during sexual arousal in both women and men and are significantly higher during orgasm/ejaculation. For those who have difficulty achieving or-



DR. DANIEL SMITH

gasm, an oral lozenge of oxytocin may be something you wish to discuss with your physician.

The power of herbs and nutrients to restore sexual function is profound; however, I must emphasize that herbs work best when matched to your unique constitution. In other words, my herbal recommendations for libido loss will be different if the cause is stress vs. inflammation. That being said, many herbs and nutrients can help with libido. Zinc is an important nutrient to increase libido. A deficiency of zinc can contribute to a low sexual desire, low sperm count and irregular periods for women. Eat foods high in zinc such as legumes and Brazil nuts. L-Arginine is an amino acid that is very popular for the treatment of sexual dysfunction. Arginine will relax blood vessels and allow more blood to flow through arteries and to the organs and it will help men achieve and maintain an erection. The herb Damiana has been used for centuries in Mexico to treat sexual dysfunction and low sex drive. Maca, also known as Peruvian Ginseng, has been used traditionally to increase libido and sexual stamina. One study looked at Maca use in men and compared it to placebo. After eight weeks, there was an improvement in sexual desire in the men taking maca.

I hope you have not found this article to be anti-climactic! In short, both comprehensive testing and supportive herbal therapies can help to steer your romantic encounters in a better direction. 🍷

Dr. Daniel Smith practices at Bear Creek Naturopathic Clinic. His office is on 2612 Barnett Ave. He specializes in naturopathic oncology, but still maintains a strong family practice, treating all manner of conditions. He can be reached at 541-770-5563 or at drdanielnd@gmail.com If you would like to schedule an appointment, please ask specifically for Dr. Dan.



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FREE WILL ASTROLOGY

PISCES (Feb. 19-March 20): "Love does not at first mean merging, surrendering, and uniting with another person," wrote the poet Rilke, "for what would a union be of two people who are unclarified, unfinished, and still incoherent?" That's an excellent meditation for you to entertain during the Valentine season, Pisces. You're in the right frame of mind to think about how you could change and educate yourself so as to get the most out of your intimate alliances. Love "is a high inducement for the individual to ripen," Rilke said, "to become something, to become a world for the sake of another person." (Thanks to Stephen Mitchell for much of this translation.)

ARIES (March 21-April 19): Your reputation is in a state of fermentation. Will this process ultimately produce the metaphorical equivalent of fine wine or else something more like pungent cheese? The answer to that question will depend on how much integrity you express as you wield your clout. Be as charismatic as you dare, yes, but always in service to the greater good rather than to self-aggrandizement. You can accomplish wonders if you are saucy and classy, but you'll spawn blunders if you're saucy and bossy.

TAURUS (April 20-May 20): Using a blend of warfare and diplomacy, Napoleon extended French control over much of Western Europe. In 1804, he decided to formalize his growing sovereignty with a coronation ceremony. He departed from tradition, however. For many centuries, French kings had been crowned by the Pope. But on this occasion, Napoleon took the imperial crown from Pope Pius VII and placed it on his own head. Historian David J. Markham writes that he "was simply symbolizing that he was becoming emperor based on his own merits and the will of the people, not because of some religious consecration." According to my reading of the astrological omens, Taurus, you have the right to perform a comparable gesture. Don't wait for some authority to crown you. Crown yourself.



GEMINI (May 21-June 20): Have you heard the fable about the four blind men who come upon an elephant for the first time? The first man feels the tail and declares that the thing they've encountered must be a rope. The second touches one of the elephant's legs and says that they are in the presence of a tree. The third strokes the trunk and assumes it's a snake. Putting his hand on a tusk, the fourth man asserts that it's a spear. I predict that this fable will NOT apply to you in the coming weeks, Gemini. You won't focus on just one aspect of the whole and think it's the whole. Other people in your sphere may get fooled by shortsightedness, but you will see the big picture.

CANCER (June 21-July 22): For now, at least, your brain is your primary erogenous zone. I suspect it will be generating some of your sexiest thoughts ever. To be clear, not all of these erupting streams of bliss will directly involve the sweet, snaky mysteries of wrapping your physical body around another's. Some of the erotic pleasure will come in the form of epiphanies that awaken sleeping parts of your soul. Others might arrive as revelations that chase away months' worth of confusion. Still others could be creative breakthroughs that liberate you from a form of bondage you've wrongly accepted as necessary.

LEO (July 23-Aug. 22): Human beings upload 300 hours of videos to Youtube every minute of every day. Among that swirling flow is a hefty amount of footage devoted exclusively to the amusing behavior of cats. Researchers estimate there are now more than two million clips of feline shenanigans. Despite the stiff competition, I suspect there's a much better chance than usual that your cat video will go viral if you upload it in the coming weeks. Why? In general, you Leos now have a sixth sense about how to get noticed. You know what you need to do to express yourself confidently and attract attention -- not just in regards to your cats, but anything that's important to you.

VIRGO (Aug. 23-Sept. 22): I know you haven't literally been wrestling and wrangling with a sweaty angel. But if I were going to tell a fairy tale about your life lately, I'd be tempted to say this: Your rumble with the sweaty angel is not finished. In fact, the best and holiest part is still to come. But right now you have cosmic permission to take a short break and rest a while. During the lull, ratchet up your determination to learn all you can from your friendly "struggle." Try to figure out what you've been missing about the true nature of the sweaty angel. Vow to become a stronger advocate for yourself and a more rigorous revealer of the wild truth.

LIBRA (Sept. 23-Oct. 22): Even if you're not an occult wizard or pagan priestess, I suspect you now have the power to conjure benevolent love spells. There's a caveat, however: They will only work if you cast them on yourself. Flinging them at other people would backfire. But if you do accept that limitation, you'll be able to invoke a big dose of romantic mojo from both your lower depths and your higher self. Inspiration will be abundantly available as you work to reinvigorate your approach to intimacy and togetherness.

SCORPIO (Oct. 23-Nov. 21): Here's some advice from Scorpio writer Norman Rush: "The main effort of arranging your life should be to progressively reduce the amount of time required to decently maintain yourself so that you can have all the time you want for reading." It's understandable that a language specialist like Rush would make the final word of the previous sentence "reading." But you might choose a different word. And I invite you to do just that. The coming weeks will be an excellent time to devotedly carve out more time to do The Most Important Thing in Your Life.

SAGITTARIUS (Nov. 22-Dec. 21): Sixteenth-century Italian painter Titian was renowned for his brilliant use of color. He was also prolific, versatile, and influential. In 2011, one of his paintings sold for \$16.9 million. But one of his contemporaries, the incomparable Michelangelo, said that Titian could have been an even greater artist if he had ever mastered the art of drawing. It seems that Titian skipped a step in his early development. Is there any way that your path resembles Titian's, Sagittarius? Did you neglect to cultivate a basic skill that has subtly (or not so subtly) handicapped your growth ever since? If so, the coming weeks and months will be an excellent time to fix the glitch.

CAPRICORN (Dec. 22-Jan. 19): Our obsessive use of digital devices has diminished our power to focus. According to a study by Microsoft, the average human attention span has shrunk to eight seconds -- one second less than that of a typical goldfish. I'm guessing, though, that you Capricorns will buck this trend in the coming weeks. Your ability to concentrate may be exceptional even by pre-Internet standards. I hope you'll take opportunity of this fortunate anomaly to get a lot of important work and play done.

AQUARIUS (Jan. 20-Feb. 18): The time is now, Brave Aquarius. Be audacious about improving the big little things in your life. (That's not a typo. I did indeed use the term "big little things.") For example: Seek out or demand more engaging responsibilities. Bring your penetrating questions to sphinx-like authorities. Go in search of more useful riddles. Redesign the daily rhythm to better meet your unique needs. Refuse "necessary" boredom that's not truly necessary. Trust what actually works, not what's merely attractive. Does all that seem too bold and brazen for you to pull off? I assure you that it's not. You have more clout than you imagine. You also have a growing faith in your own power to make subtle fundamental shifts. (That's not a typo. I did indeed use the term "subtle fundamental shifts.")

Homework:

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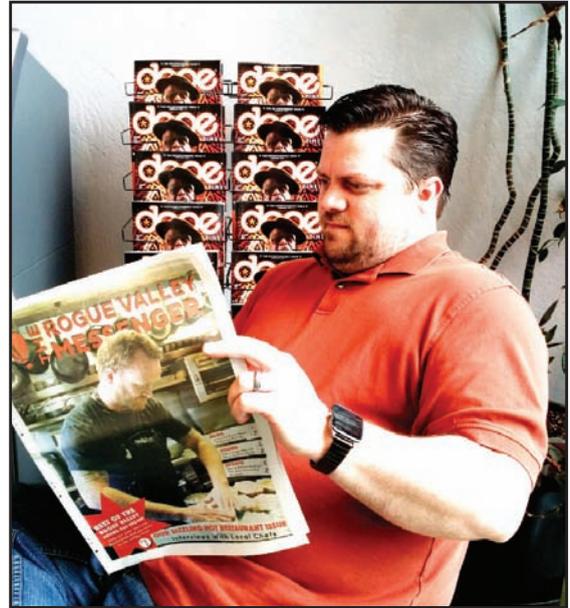


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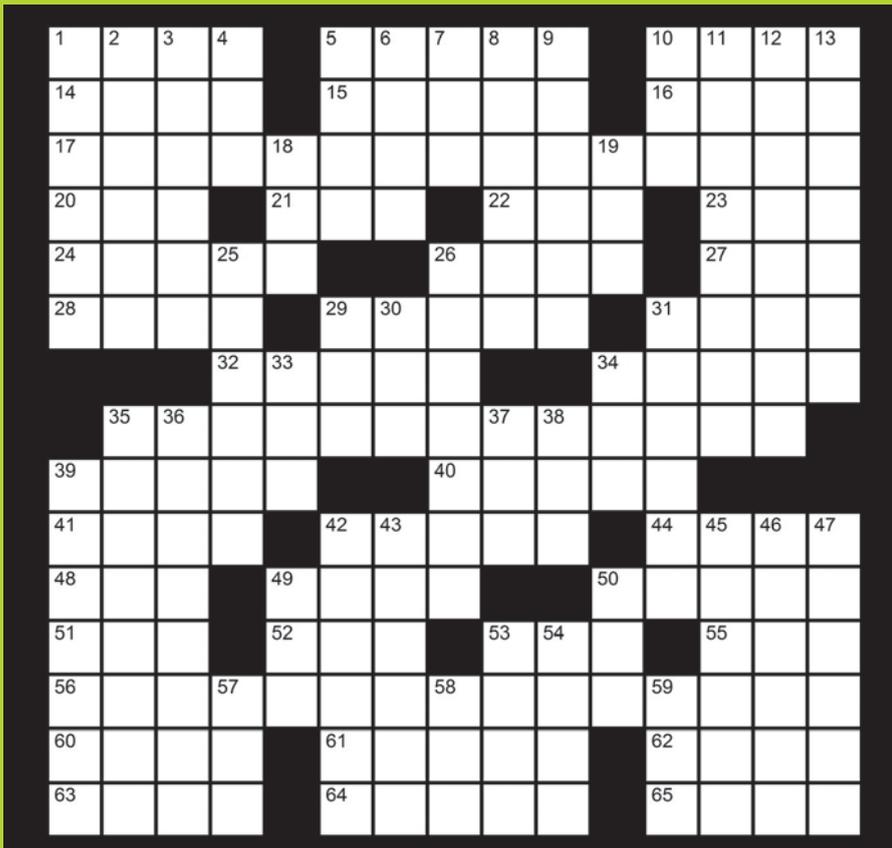
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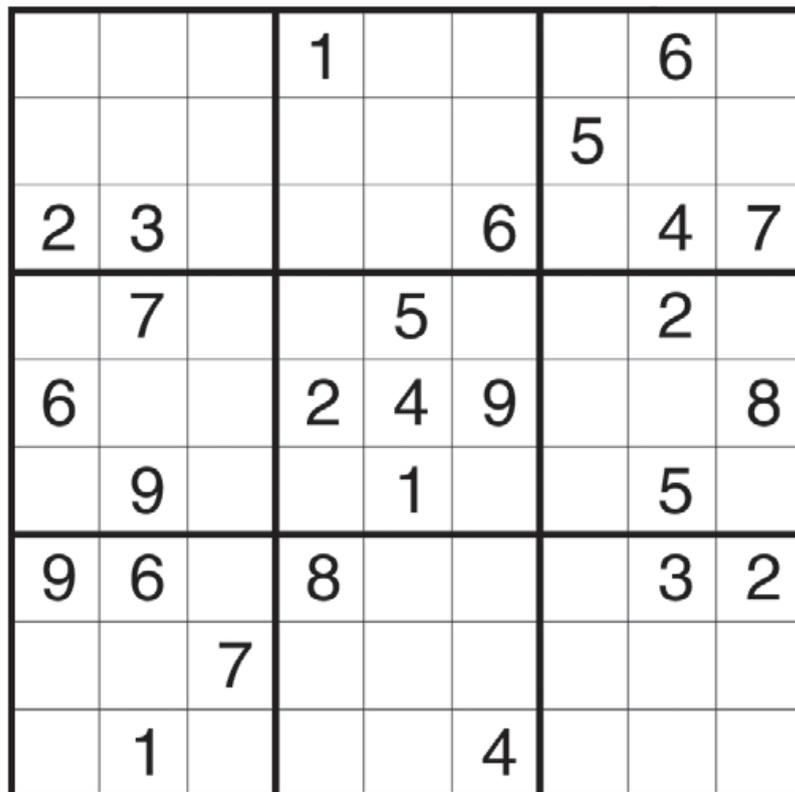
- 1 Over again
- 5 Alcohol pads for wound care
- 10 ___ buco (veal entree)
- 14 Church or movie ending?
- 15 Drama with the fictional firm McKenzie, Brackman, Chaney and Kuzak
- 16 Indian restaurant basketful
- 17 "Don't point the finger ... the freeze was an accident!"
- 20 School crossing sign word
- 21 It may be copied for family members
- 22 Mitt Romney's alma mater, for short
- 23 "Ology," for short
- 24 Grass-like surfaces
- 26 Startle
- 27 Extremely
- 28 Far-sighted person?
- 29 Adjective for 2017 (but not 2018)
- 31 Uprising of a sort
- 32 Desert rest stop
- 34 Genre for many "Weird Al" Yankovic medleys
- 35 "That coffee holder won't work if it's ginormous"
- 39 Nastily derogatory
- 40 FX series with Billy Bob Thornton
- 41 Tacks on
- 42 "Are You There God? It's Me, Margaret" author
- 44 Prefix with byte or hertz
- 48 Nabokov ending?
- 49 Fencing weapon
- 50 Take, as a coupon
- 51 Cy Young Award stat
- 52 Vegas headliner?
- 53 Day-___ (fluorescent paint)
- 55 "Kneel before ___!" ("Superman II" line)
- 56 "I was impervious to constant chatter"
- 60 "Alice's Restaurant" singer Guthrie
- 61 Kerfuffles
- 62 "Sounds like a plan!"
- 63 Henchman created by J.M. Barrie
- 64 Loses it
- 65 Borscht ingredient

Down

- 1 Certain discriminators (var.)
- 2 What the befuddled have
- 3 Kiddie-lit character with a pinned-on tail
- 4 Amusingly twisted
- 5 Swing around a pivot
- 6 On guard
- 7 The "A" in many beer acronyms
- 8 Former pro wrestler ___ Bigelow
- 9 "Donnie Darko" actor Patrick
- 10 Put ___ show
- 11 Stayed put
- 12 "Twistin' the Night Away" singer
- 13 The tiniest amount
- 18 Green-lights
- 19 Owed right now
- 25 Palm features
- 26 Dollar amount in a Western?
- 29 Next-to-last Greek letter
- 30 Semi, to a trucker
- 31 Surname in a Styx song
- 33 "Fish" star Vigoda
- 34 Little dog
- 35 Deodorant's place
- 36 Like mechanical bulls and rocking horses
- 37 Drive headlong into
- 38 Cuprite, e.g.
- 39 Cut down on driving, say
- 42 Speaks too proudly
- 43 Champ before Ali
- 45 Source of a breakdown?
- 46 Rent co-payer, casually
- 47 Burning with desire
- 49 Reason for a yearly shot
- 50 Companion to five "W"'s
- 53 Unappetizing food
- 54 Word often confused with "fewer"
- 57 Strummer or Cocker
- 58 Agcy. overseeing cosmetics
- 59 Lobster wearer's clothing

SUDOKU

NO. 166 - VERY HARD



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Previous solution - Tough

1	7	2	9	5	4	6	8	3
9	8	3	7	6	1	5	2	4
5	4	6	3	8	2	9	7	1
7	6	5	4	1	3	8	9	2
4	9	8	6	2	7	3	1	5
2	3	1	5	9	8	7	4	6
6	5	7	1	4	9	2	3	8
3	2	4	8	7	6	1	5	9
8	1	9	2	3	5	4	6	7

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

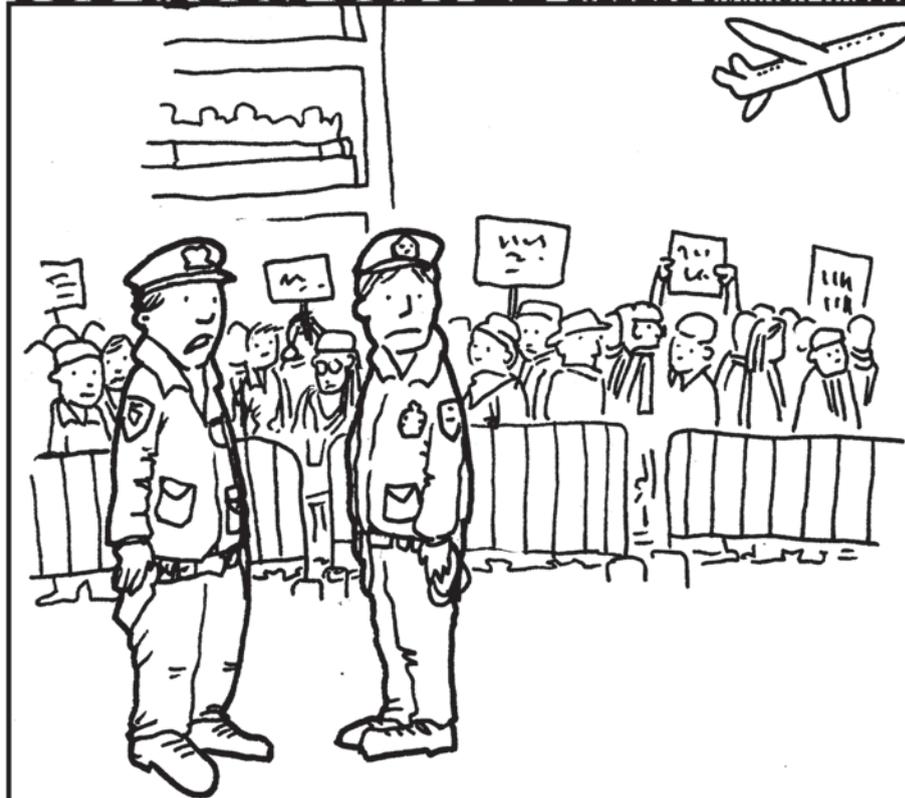
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