



THE ROGUE VALLEY MESSENGER

READERS' CHOICE

*Best of the
Rogue Valley!*



SOUND

*Best Band,
Best Album*

FOOD

*Best Pizza,
Food Cart, Dessert*

SPORT

*Best Roller Derby Girl,
Best Hiking*

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THE BUSINESS END OF THINGS

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ABOUT THE COVER

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Danny Hellman

NEWS

As the state legislature pushes towards the finish line, it has the opportunity for a couple ambitious bills that would cap the incentives for coal production and encourage cleaner skies and air. Is it too late?



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SOUND

Our readers sounded off, and the Evening Shades new release pushed them to the front of the class, with their catchy and danceable power-pop, and newcomers Slow Corpse showed that they are moving fast in that direction as well.



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In an increasingly crowded field, Caldera Brewery and Applegate's Red Lily Vineyards drew top votes for their drinks, and Peruvian Point—and a collection of food trucks in Medford—were top vote getters.



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From Best Roller Derby Girl Naughty Maude 3000 to Best Hiking Trial Table Rock, we have enough fishing shops, bike trials and rafting companies to keep you busy all year.



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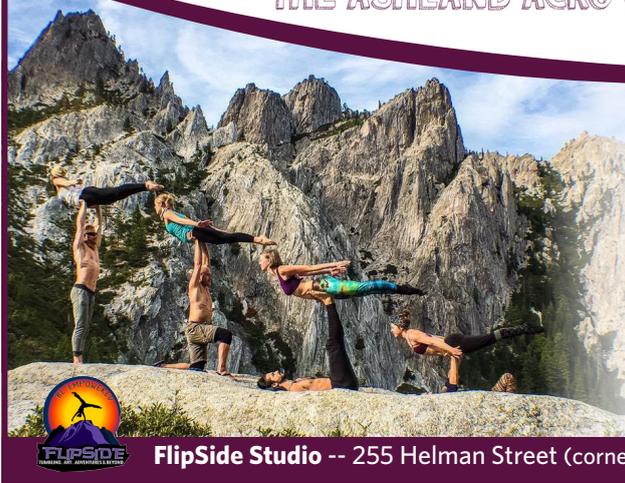
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4/2 BROOKINGS, OR
4/6 JOHNNY B'S - MEDFORD
4/9 EADEN BALLROOM - GRANTS PASS
5/10 BRICKROOM (W/ TV GIRL) - ASHLAND
5/13 STUDIO ON 4TH - RENO, NV

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DON'T SHOOT THE MESSENGER

BEST OF THE BEST



Reading over the results for the second annual Readers' Choice Best of Rogue Valley survey was insightful about residents' likes and loyalties. By and large, there were very few runaway winners in most categories; instead, we found that our readers spread their votes over dozens of personal choices and favorites. We take that as a very good sign about the breadth and depth of quality businesses in the Rogue Valley—and that you-all really like your neighborhood pizza joints, your hair stylists, and your electricians.

Sure, there were some definitive winners. Oregon Shakespeare Festival received the lion's share of votes for Best Theater Company, which is understandable, as OSF is a massive presence in the region, presenting world-class theater over several months and drawing tens of thousands to Ashland each summer. It is the costumed, English-accented elephant in the room. We would have been shocked had this quality, cultural impact and significance not been recognized. Even so, we were so very pleased that many of you also chose to recognize other theater companies in the region and gave your votes to the Randall Theater Group in Medford and Barnstormers Theatre, which has been serving Grants Pass for five decades and has exactly one full-time staff member. Big and small, there is impressive theater in the region, and it is clearly a favorite of our readers.

Probably more telling, though, were the votes in the "service" category, where there were few standout winners. Instead, you-all voted for your individual stylists, plumbers and web designers. In the "Best Mechanic" category, we received nearly as many suggestions as we did voters—which, we interpret, as you-all really like your mechanics! And, according to our readers, there are a lot of good, trustworthy ones out there, which is an impressive insight into the quality of services in the region.

Yes, we understand this dance between quality of services and customer loyalty—and, although Best Accountant is not a category, we want to give our own shout-out to Rogue Tax Professionals. Headquartered in Medford, they have taken care of us since we launched two years ago. The first two years of a business—and with this issue, the *Messenger* wraps up its toddler years—can be difficult and sloppy. We are primarily writers and graphic artists and not as interested in the demands from the brain's left-hemisphere, like bookkeeping. But to stay in business, keeping books clean, checks paid, and taxes filed is necessary—and, running a newspaper is not a simple process, with dozens of invoices going out each issue and checks to freelancers and illustrators; there are a lot of moving parts. Simply put: The *Messenger* would not exist without the diligence, attention, and patience of the accountants at Rogue Taxes, namely Sara Louton—who has painstakingly seen that each of our pennies and nickels are taken care of, made sure we don't drown in receipts and that the business-end of our business remains efficient and manageable. She truly is the best!

We are so pleased to present the readers' choices for "Best of Rogue Valley" in this issue—and to hopefully help our readers find new restaurants and bands or encourage you-all to celebrate the breadth and depth of high-quality businesses out there. We do also want to recognize that the names and businesses here are by no means a comprehensive list of the best businesses in the region, but merely a start of the conversation. And, we also thank you for making *the Messenger* one of your "besties." With this issue, the *Messenger* reaches two years old and begins its third year of publishing. We are pleased that so many of you have supported us over the past 50 issues—and that southern Oregon has been able to show that newspapers are by no means relics, but are thriving and important parts of the community.

Thank you.



LETTERS



Have something to say?

Send your thoughts and SnapShot submissions to:
editorial@roguevalleymessenger.com.

Letters must be received by noon Friday before next print date for inclusion in the following week's paper. Please limit letters to 250 words. Submission does not guarantee publication.

Speak Up

RE.: THE OSCARS

Leonardo DiCaprio is the talk of the town after landing his big Oscar win. But did you hear only days before he gave a shout out to efforts here in Oregon to clean up our electricity?

DiCaprio posted a photo of Crater Lake on his Instagram account with a caption that read "Great news! The Oregon House has approved a bill that would phase out coal and double renewable energy in the state." His hashtag game is very strong. As of this morning, it has 113,000 likes!

People are buzzing about how he used part of his acceptance speech to mention the perils of climate change and the work going on to stop it.

This is the last week Oregon's legislature can act to pass SB 1547, The Clean Electricity and Coal Transition bill, for which we earned a shout-out from the Hollywood star.
- Brad Reed

RE.: THE HEALTHY CLIMATE BILL

Be In the know. Read on. The Healthy Climate Bill: (Oregon Greenhouse Gas (GHG) Reduction Legislation) is now in the Joint Ways & Means Committee! The committee members represent all citizens of Oregon. It is the time to contact and tell them you support the Healthy Climate Bill and would like them to do the same. History demonstrates that the one hundred entities that emit 25,000 tons of GHG a year will not volunteer to reduce their carbon footprint. Each year we delay the reduction of our GHGs all future measures are going to be more expensive and difficult to enact. So there is urgency.

- Louise Shawkat

RE.: PUBLIC PROFILE

I've known Clay Bearnson for some time and he is a good honest individual. The City of Medford is lucky to have him. Keep up the good work Clay.

- Mark Looper

I enjoyed your article on Clay Bearson.. He has excellent ideas for Medford on needed areas. What great insight and being on a few commissions, he will bring Medford and other projects to new levels. We need to build & renew Medford. Medford is growing & we need good ideas & people who want Medford to prosper.

- Nerissa Wood



Return to Sender #3 (v.1)

Hi Messenger! I am about to move in with my girlfriend and this is my first time living together with another woman. What advice do you have in this situation to make the transition as seamless and happy as possible?

-Trevor.

Hi Trevor,
I wish I had more details about your situation and about the two of you. Since I do not, I can give only generic advice. Make as many compromises and concessions as possible, especially right now and during the first few months after you move in. Foundation is EVERYTHING. I say this as both a psychologist and as a woman. See, we (women, not psychologists) tend to put a lot of stock in particular moments or phases of time, determining that they have a heavier weight to them; they are symbolic and thus carry more meaning. Focus on making this next phase as positive as possible, because it will never happen again and you will not get a do over.

And before I forget: do not leave your dishes on the counter, wet towels on the floor, your socks on the floor, cups all over your desk, or bits of trash and

paper by your keys. Check your damn pockets before you throw your dirty ass jeans in the hamper. It is YOUR fault if she happens to wash your iPhone ear buds in the washing machine. Also, do not wait to fix things, take out the garbage and recycling without being asked, and NEVER forget your anniversary.

Hey Messenger: Is it wrong to advocate for "freeing the nip" out of personal desire for opening the door to potentially someday "freeing the penis"? I'm in this for the long game, and understand that baby steps are probably the best way to go here, so I'll support the battles I think can be won as they come. Some people fear slippery slope, while others dismiss it, and us select few who wish for it. Am I terrible?

-David J.

Hi David,
I don't know if you are terrible. I would say it depends on the social circles in which you travel.

"Free the Nipple" though, is a movement based on the premise that boobs are inherently not just (or not at all depending on whom you talk to) sexual body parts. They are for feeding babies. Free the Nipple proponents say that boobs became sexualized over time and

that this may or may not be a natural state of affairs. Penises have no such additional purpose. Think of it this way: We aren't just literally freeing the nip, we are 'freeing' female breasts from the traps of sexualization so that babies can be fed in public without certain women getting grossed out and certain men getting turned on. Additionally, this sexualization of breasts leads to unequal indecent exposure laws, which further promotes gender inequality.

The above statements are simply an explanation from the Free the Nipple campaign's perspective and do not necessarily reflect this writer's opinions. All I personally have to say is this: Social change wise, this is a huge undertaking. The "slippery slope" you speak of is so barely inclining that I hardly can tell it's even a slope (judging by current media). The only way this can ever change is if women start going topless more often and feeding their babies in public. It would be confusing to some for a while, but over time, people would adjust, just as they always do. Lastly, I have to say I'm glad to hear you use the words "potentially someday." That means you're keeping it in your pants. Please keep doing that.

.....
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.....

NEWS

Coal, coal, dirty coal, go away Advocates are trying to define the clean way forward

BY PHIL BUSSE



Fifteen years ago, the image of brand-new, tall white wind turbines in the Columbia River Gorge and the Gulliver-sized pinwheels that began to pop up on farm lands throughout the state seemed like some happy-ever-after future, a time when residents and businesses all acknowledged that a couple centuries of coal burning had been a horrible, terrible, really rotten idea and that we all would move forward with wind and solar energy into a clean and healthy future.

But that future has not fully arrived yet. A few states—like Hawaii, which is transitioning to 100 percent renewable energy sources—have brought that future into reality, but, by and large, and in Oregon, wind and solar energy remain the exception not the rule in America. In spite of the wide-spread popular support for generating energy from cleaner sources, major power providers like Pacific Power still pull a reported two-thirds of its energy from coal. Currently, only 10 percent of Oregon's electricity comes from solar or wind.

This session of the Oregon legislature, though, advocates are hoping that a couple bills will bring that future of clean energy to present day and fully push coal into the dirty past; namely, HB 4036/SB 1547, better known as the Clean Electricity and Coal Transition Bill, is racing against time—and pushing back against doubters—to greatly reduce coal-based electricity and push towards solar and wind-generated power. The bill has strong support from the voting population, with one survey conducted by FM3, a California-based political consultant, finding that seven out of 10 voting Oregonians support the idea.

“Coal is an antiquated and unhealthy source of

power. It's generally understood that we need to leave it in the past,” said Brad Reed, Director of Communications for Renew Oregon. “What's keeping our economy as a whole from a quicker transition to clean energy is a small, powerful and wealthy set of interests that profit from the old way of doing things.”

Roughly, one-third of Oregon's carbon pollution comes from coal-based electricity, and advocates say that this plan will cut that in half—and even though there is only one active coal plant in Oregon, which is slated to close in 2020, advocates point out that it is not simply about what is happening in our backyard; it is also about shifting the supply and demand equation for clean energy.

A decade ago, the Oregon state legislature set the goal to reduce carbon emissions 75 percent below 1990-levels by 2050; yet those numbers have barely budged. Now, advocates are hoping to translate those wishes for less carbon emissions into a defined road-map how to reach those goals.

“The utilities won't reach those goals under business as usual,” said Reed, before quickly adding, “They're very likely to if this bill passes.”

Moreover, Reed pointed out that the bill is building on proven plans; specifically, in 2007, the Renewable Portfolio Standard (RPS) was passed into law by the Oregon state legislature, requiring large electric utilities to obtain 25 percent of their power from renewable energy by 2025. “It's the law now,” he explained, “and it's what we hope will be expanded to 50 percent by 2040 with the new bill.”

Reed said that much of the debate over the current bill echoes opposition from a decade ago. “They say, ‘Will this actually cut pollution?’ ‘What will happen to the electric bills?’ ‘Will utilities provide constant

power?’”

But Reed answers those doubts with nearly a decade worth of data and reality, first off pointing out that Oregon electricity sector has cut its carbon pollution by nearly a third since implementation of RPS.

“Electric bills were not noticeably affected,” he added, “and in fact in some years utilities saved money from switching to renewables. And every time we flip a light switch in Oregon, the power comes on.”

On February 15, the State House of Representatives approved HB 4036 and volleyed it to the Senate for approval. (That step towards legislative victory gained national attention, including gloating from Leonard DiCaprio, who posted a photo of Crater Lake to his Instagram account and pronounced victory. On Sunday evening, the actor also used his acceptance speech for Best Actor to continue to pontificate more generally about taking measures to curb carbon emissions.)

Yet, in spite of this movement towards reality, perhaps the biggest obstacle for the bill, though, is time. With the state legislative session wrapping up this week (after press time), it is unclear whether the State Senate will have time to approve the bill.

But, all is not lost if legislative action is not taken: If the bill does not pass, Renew Oregon plans to place the matter on November's ballot.

“Renew Oregon has continued to prepare to let voters decide, if legislators don't finish this important work,” indicated Reed.

“A large majority of Oregonians support the transition from coal to clean energy and they want it now,” he added. “We can't afford to wait to do something to protect the climate.”



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NEWS

Public Profile

Michelle Glass Lead Regional Organizer, Oregon Action

BY RYAN J DEGAN

Michelle Glass has been Lead Regional Organizer in Southern Oregon for the social justice organization, Oregon Action, since 2014. Oregon Action is a chapter of the Center of Intercultural Organization. Their mission is to build a unified intercultural movement for justice.



Rogue Valley Messenger: Can you tell me about your time with Oregon Action?

Michelle Glass: I got involved with Oregon Action in 2009; they were working on health care and I got involved as a volunteer and was excited that someone locally was working on an issue that I was personally involved. I have been uninsured and working as a single mother for many years, and I knew what it meant in my life. They gave me the opportunity to work on issues that affect my life and my community. I even got the chance to go to Washington D.C. and represent southern Oregon and speak on our behalf. That experience of being able to directly participate in the process and represent my community was really empowering. That's when I decided this was work I felt really passionate about.

RVM: How did you first get involved working for social justice?

MG: You know for me, it really goes back to childhood. I remember being a kid growing up in rural communities in Idaho and just having this really deep sense when I saw a homeless person or a racial tension on the news, a sense of we get to choose what kind of society we live in and why are we choosing one where people feel so separated. It seems so unnecessary. I didn't understand why we weren't changing that. So when I found organizations locally that were working on those issues, it was kind of like an "aha" moment.

RVM: What are some of the key issues you guys are working on now?

MG: We really focus on issues that affect working families in Southern Oregon. Right now that is a combination of economic security issues like growing student debt, the impact of low wages, and the impact of the persisting wage gap for women. Two thirds of women in Oregon work to support a family, but still on make 79 cents of the white male dollar for working the same jobs, and that has a huge impact on keeping women supporting families in poverty. Also, we work on issues that are persistent in terms of racial inequalities like police profiling and immigration reform.

RVM: Are you familiar with Southern Oregon University's Bias Response Teams campaign to educate the community on personal privilege?

MG: Yes I am. I think that we are at an interesting point right now in our nation's history, and I think that it is important to think about not just the ways that we are all separate and disadvantaged but also the privileges that we have. Unless we can be honest and aware of both privilege and disadvantages that all of us face as individuals and groups, I don't think we're going to be able to address the racial and economic divides that our country is constantly dealing with. I think it's time, and I think it's important. It's hard, but there are a lot of great resources. I'm glad SOU is taking it on. 

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The Best of THE ROGUE VALLEY

VOTED FOR BY YOU, THE READERS!

For the past month, we have hosted our second annual Best Of "survey," and we spent last weekend digging out from underneath the avalanche of the hundreds of votes that poured in. We were pleased that so many of you cast your votes, from your favorite gym to your favorite weed shop, and your favorite roller derby girl (who knew that roller derby is perhaps the most popular sport in the area?) to your favorite food truck, and your favorite local bands, beers and barbers. Throughout this issue, we have listed the top vote-getters as the winners, and honorable mentions to the person or business which received the second most votes.

The Best of SERVICES



BEST ARCHITECT

Carlos Delgado

HONORABLE MENTION:
Gene Abell Architecture Group



BEST GENERAL CONTRACTOR

Coleman Creek Construction



BEST DOG GROOMER/BOARDER

R&R Resort

HONORABLE MENTION:
Just Great Grooming



BEST GYM

Ashland Ymca

HONORABLE MENTION:
Superior Athletic Club



MOST TRUSTWORTHY MECHANIC

Mcclure's

HONORABLE MENTION:
Kelly's Auto

BEST PLUMBER/PAINTER

Summit

HONORABLE MENTION:
"Brett"

BEST GRAPHIC DESIGN

Amanda Denbeck

HONORABLE MENTION:
Harmonic

BEST WEB DESIGN

Mary Gabriel

HONORABLE MENTION:
Pixel Productions

BEST STYLIST

Lotus

(Jessica White, Amber Strahl)

HONORABLE MENTIONS:
Salon Muse (Krista Boyd), Gillespie's

BEST BARBER SHOP

Rogue Barber

HONORABLE MENTION:
Salon Spark

BEST MANICURIST/PEDICURIST

Amy Khal (Red Locks)

Honorable Mentions:

Milagra Gomez (Lotus), Tanya Lara (Lotus)

BEST SPA:

Blue Giraffe

Honorable Mention: Meridian

BEST ELECTRICIAN:

Welburn

Honorable Mention: Landers

BEST CHILDCARE/PRESCHOOL:

Noah's Arc

Honorable Mention: Medford Montessori

BEST VETERINARIAN:

All Creatures

Honorable Mention: Steve Poet (Best Friends)

CAR DEALERSHIP:

Lithia

Honorable Mention: Butler

MEDICAL PROVIDER:

Providence

Honorable Mention: Asante

REALTOR:

Jeffery Nagel

Honorable Mention: Kristi Gomez

K-12:

Kids Unlimited

Honorable Mention: Jacksonville Elementary

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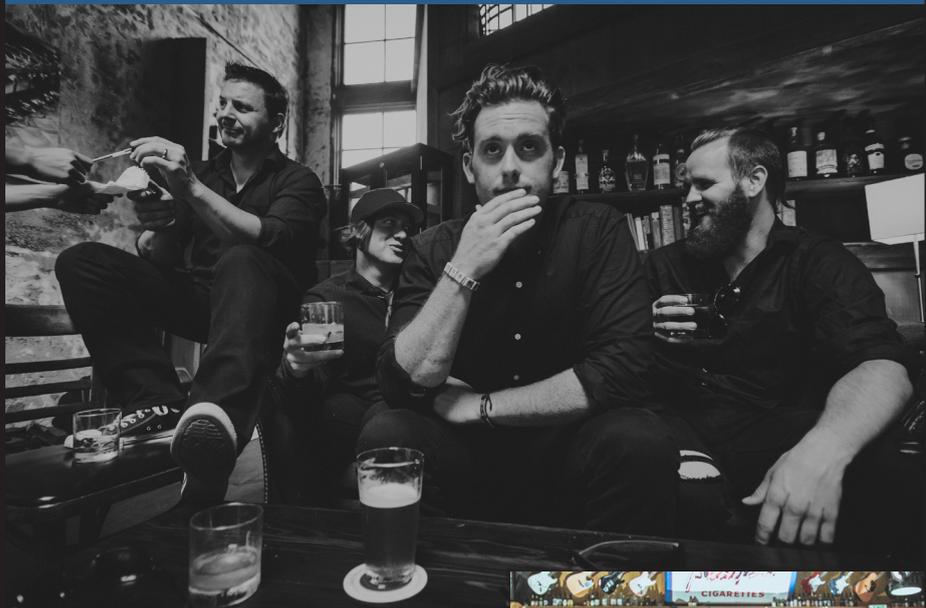


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Bloomsbury

Honorable Mention: More Fun

ANTIQUES STORE:

Pickers' Paradise

Honorable Mention: Ashland Recycled

BEST KITCHEN STORE:

Paddington Station

Honorable Mention: The Kitchen Store

BEST GROCERY STORE:

Ashland Food Co-op

Honorable Mention: Shop N Kart

GAME STORE:

Fun Again Games

Honorable Mention: Astral Games

BEST FLOWER SHOP:

Penny and Lulu's

Honorable Mention: Judy's Flower shop

BABY STORE:

Kid 2 Kid

Honorable Mention: Growing Green Baby

ART SUPPLY:

Central Art Supplies

Honorable Mention: JoAnne's

BEST VINTAGE/USED CLOTHING STORE:

Déjà vu

Honorable Mentions:

My Daughter's Closet, Avant Garb

SHOE STORE:

Village Shoes

Honorable Mention: Shoes Right Here

BEST RECORD STORE:

Music Co-Op

Honorable Mention: Listen Here

BEST PAWN SHOP:

Picker's Paradise

Honorable Mention: Valley Pawn

FURNITURE STORE:

Garrison's

Honorable Mention: Ashland Recycled

BEST OUTDOOR STORE

R&I

Honorable Mention: Northwest Outdoor Store

BEST ADULT STORE:

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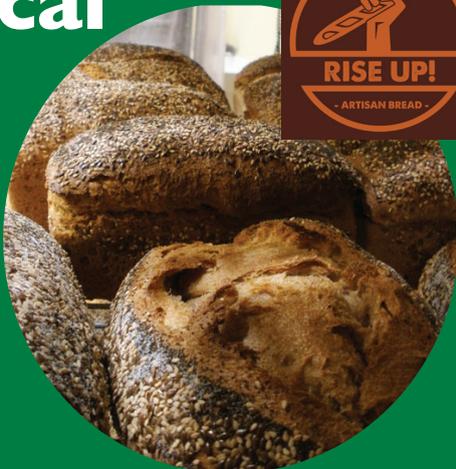
Honorable Mention: Castle

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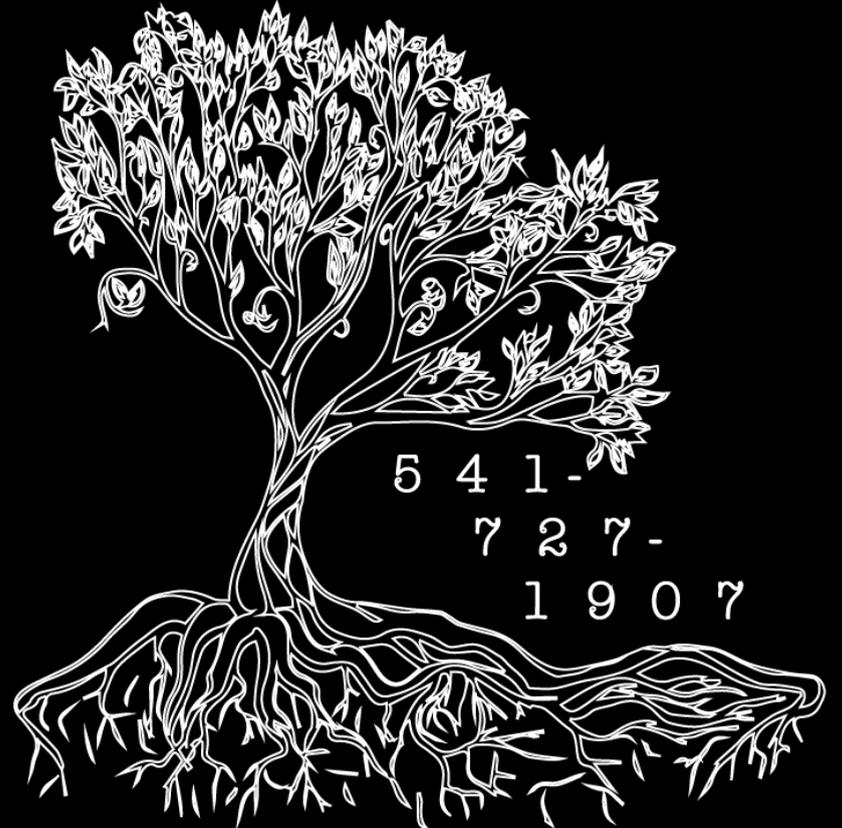
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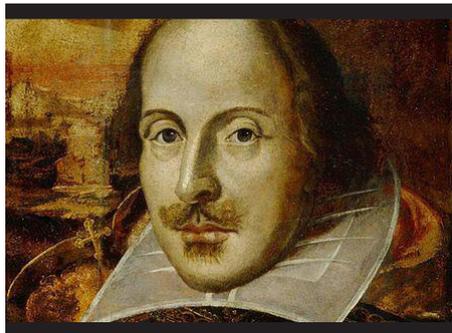
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Rogue Tax Professionals specialize in tax preparation, bookkeeping, and payroll processing for small business and nonprofit organizations.

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OUR *Picks*



thurs 3
OSF at 80: What Looks Different?
LECTURE—Oregon Shakespeare Festival Artistic Director Bill Rauch has been setting the famous stage for over a decade, and as OSF turns 80, his experienced insights would likely impress the great playwright himself. Rauch will also discuss the American Revolutions play he is directing this season, *Roe*, based on *Roe v. Wade*. 6 pm. Hannon Library, Southern Oregon University, 1250 Siskiyou Boulevard, Ashland. Free.



thurs 3 – sun 6
Orpheus and Eurydice
OPERA—Time to raid grandma's attic and shine up those opera glasses. Gluck's fully staged baroque opera will be conveniently presented in English by a cast from all over the US. Before love was reduced to giggles in the modern romantic comedy, Orpheus travels to hell for love. 8 pm, Thurs and Fri. 3 pm, Sun. Camelot Theatre, 101 Talent Avenue, Talent. \$30, adults. \$15, students under 21.



fri 4 – sun 6
Oregon Chocolate Festival
CHOCOLATE—Could there be a better culinary reason for humankind to gather together and celebrate the delight that somehow makes life better? Chocolates from all over Oregon and beyond will vie for first place on the palate, along with chef demonstrations, chocolate art and a "spa party." See oregonchocolatefestival.com for the full schedule. Ashland Hills Hotel and Suites, 2525 Ashland Street, Ashland. \$25, two-day pass. \$30, three-day pass.



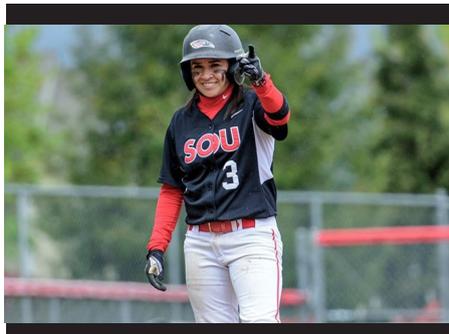
fri 4 – sat 5
CAYA Fest
MUSIC—Two days. Twenty local bands. Energy drink required. CAYA, formerly known as Band of Brothers, strives to keep all-ages events and concerts rockin' in the Valley. From the Seasons to Steaksauce Mustache, and great music to great band names, this is a fundraiser with a good cause and a good time. 4 pm, Fri. to 10 pm, Sat. Eaden Ballroom, 244 SW K Street, Grants Pass. \$10 donation.



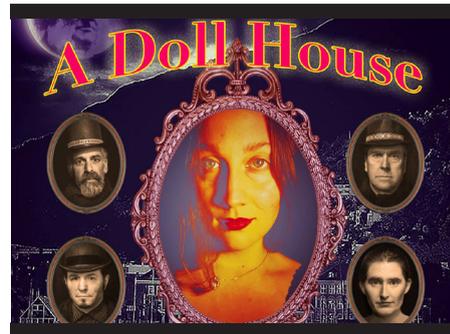
fri 4 – sat 5
Monster Truck Destruction Tour
MONSTER TRUCKS—The title of this event is misleading. It is not likely that any monster trucks will be destroyed, but rather Bigfoot, California Kid and Rock Star plan to further destroy already immobilized vehicles with tires that are bigger than life. The cherry on top? Freestyle motocross. 1:30 and 7:30 pm. Jackson County Expo, 1 Peninger Road, Central Point. \$19, adult. \$10, kids ages 3-12.



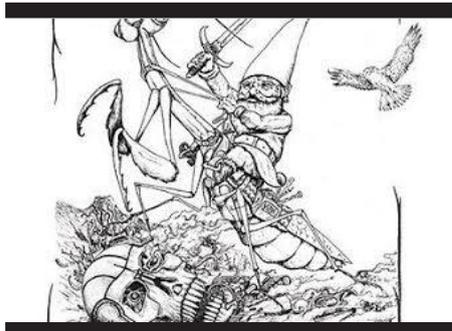
sat 5
First Crush
FESTIVAL—If local food, wine and beer is your first love, this event just might qualify as heavenly. The very best our Valley has to offer in the way of restaurants, wineries and breweries will be there, serving up their classics. Go for it! Tell your first crush how you really feel. 4 to 7 pm. Josephine County Fairgrounds, Pepsi Building, 1451 Fairgrounds Road, Grants Pass. \$40.



sun 6
SOU Alumni Game
SOFTBALL—Following a regular season game versus Simpson University out of California the day before, the former Lady Raiders get to show the young'uns how they used to play the game. With an 11-5 current standing, the Raiders are coming of an eight-inning win against La Sierra University, also out of California, two weeks ago. 11 am. Southern Oregon University, 1250 Siskiyou Avenue, Ashland.



thurs 10 – sat 26
A Doll House
THEATER—Coinciding with Women's History Month, Theatre Convivio presents Henrik Ibsen's *A Doll House*, directed by Brady Rubin. This play is true testament to the fact that even when someone's life seems all put together, it usually isn't. Inner turmoil from the past threatens to destroy Nora Helmer's perfect life. 1:30 and 7:30 pm. Bellview Grange, 1050 Tolman Creek Road, Ashland. \$12.50, general admission. \$10, students and seniors.



fri 11
Insects Vs. Robots
MUSIC—If it actually came down to a fight, who would win? With energetic strings that remind of the Angry String Orchestra and psychedelic rock that could be considered unnerving, *Insects Vs. Robots* always keeps the beat moving. Recently mentioned in *Rolling Stone* for their performance at Farm Aid. 9 pm. Johnny B's, 120 E. Sixth Street, Medford.



sat 12
Herbal ID Walk
HERBS—If a dandelion is the only herb in your repertoire, and you call it a weed, it just may be time to learn about what else is out there. Herbalist Debbie Lukas will lead the educational stroll, pointing out how to identify, how to harvest and how to use native herbs. 10 am - 12 pm. Illinois Valley Visitor's Center parking lot, 201 Caves Highway, Cave Junction. \$10.



sat 12
Sonic Boom with Fort Knox Five
MUSIC—Songs never sounded better. Fort Knox Five could remix "Happy Birthday," and after that, folks would never sing it the same. Their genre-blending, spot-on approach has put their music in movies, video games and the earworms that you actually want stuck in your head. 8 pm. Historic Ashland Armory, 208 Oak Street, Ashland. \$25, advance. \$30, day of show.



tues 15
AIFF Preview Night
FILM—For those who get to the movie theater early, just to watch the previews. Unless your schedule is already cleared for the Ashland Independent Film Festival April 7 through 11, chances are you will want to pick and choose what you go see. Here is that chance, on the big screen. 7 pm. Southern Oregon University Music Recital Hall, 405 S. Mountain Avenue, Ashland. Free.

A PERFECT LOCATION FOR YOUR EVENT.

Space rentals for your class or program -- www.AshlandHaven.net



LIVE MUSIC *and Nightlife*

THURSDAY, MARCH 3, 2016

ASHLAND

ED DUNSAVAGE TRIO - Belle Fiore Winery - 6 to 8 pm - No cover.

JOHN HOLLIS - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

CYD SMITH & FRIENDS - The Wild Goose - 8 pm - No cover.

DART TOURNAMENT - The Black Sheep Pub & Restaurant - 7:30 pm - \$5.

OBEKE KARAOKE with Starbuck - Oberon's Tavern - 9 pm - No cover.

JACKSONVILLE

TIM MITCHELL DUO - Bella Union Restaurant and Saloon - 7 to 10 pm - No cover.

MEDFORD

DAVID OUELLETTE - Limestone Coffee - 9:30 am - No cover.

DJ JIM 80'S / ALTERNATIVE / DANCE NIGHT - Every Thursday - Howie's On Front - 9 pm.

OPEN JAM - Rocky Tonk Saloon & Grill - 9:30 pm - No cover.

WILLIAMS

OPEN MIC - Host / Trail Boss: Warren John Wolfe - Cocina 7 - 7 pm - No cover.

FRIDAY, MARCH 4

ASHLAND

JOHN HOLLIS - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

CHARLES GUY & LINDA POWERS - Belle Fiore Winery - 6 to 8 pm - No cover.

'NO SLEEP TIL' TOUR - Mostafa / Heist / Dextro / Garin Reese - Open Cypher after the show - Club 66 - 6 pm.

RUTENDO MARIMBA & MARAVAL RD STEEL BAND - Bring the family and boogie to world beat sounds at the Unitarian Church - 7 to 9 pm - \$10.

PIR SHABDA KAHN: VOCAL INDIAN RAGAS - With Benjy Wertheimer on tablas and Deepak Paramashivan on Sarangi - Ashland Community Center at 59 Winburn Way - 8 pm - \$22 at the door / \$10 teens ages 12-17.

HOOT & HOLLER - Americana Duo from Massachusetts, come welcome them to the left coast - "In short, this is happy music played by happy people with feeling" - Brad Kolodner WAMU's Bluegrass Country - Public House - 8:30 pm.

KARAOKE W JOSH - The Wild Goose - 8:30 pm - No cover.

LIQUID - Grateful Dead Tribute Band - Milagros After Hours - 9 pm - 21 and older - \$10 cover - Full Menu available.

100 WATT MIND / THE LOWER 48 - Raucous Rock & Roll / 60's & 70's Rock - Granite Taphouse - Doors open at 9 pm - Show at 10 pm - 21 and older, folks.

JACKSONVILLE

TJ ELTON - Music from 6 to 8 pm - Friday Sip n' Supper at South Stage Cellars - Wine Tasting from 1 - 5 pm for \$5 - Call for dinner reservations 541-899-9120.

IT BEATS WORKIN' - Bella Union Restaurant and Saloon - 7 - 10 pm - No cover.

FRANKIE HERNANDEZ BAND - Soul, Funk, Reggae, Rock Experience - The G Street Bar & Grill - 8 pm.

GRANTS PASS

CAYA FEST 2016 - The Eaden Ballroom - In no particular order: Another Anthem / Arrowhead Trail / Attic / Cathedral Hills / Foxhollow / Metaconcert / Relinquisher / Seaons / Steaksauce Mustache / The Motions - \$10 Suggested donation - 4 pm.

PATRIMONY - "Happy Place" Art Reception by Ben Rozsa at 7 pm, followed by Psychedelic Rock from 9 pm til Midnight - The Haul.

MEDFORD

COMEDY NIGHT: VINCE VALENZUELA / OPENER: JILL MARAGOS - Chadwicks Pub & Sports Bar - 9 pm - \$10.

DJ MUSIC - 4 Daughters Irish Pub - 10 pm - No cover.

SATURDAY, MARCH 5

ASHLAND

OLD TIME JAM - El Nuevo Tapatio, 1633C Hwy 99 - 3:30 to 6 pm - No cover.

LADIES NIGHT - Swing Tree Brewery - 5 pm - No cover.

TIM CHURCH - Standing Stone Brewing Company - 5:30 pm - No cover.



MARCH 4 - HEAR HOOT AND HOLLER AT PUBLIC HOUSE, 8.30 PM

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

GRANT RUIZ AND DAN FELLMAN - Belle Fiore Winery - 6 - 8 pm - No cover.

THE ANCIENT WILD - Female & male duet featuring voices, the Celtic harp, guitar, and foot-operated percussion - Studio Z - Doors at 8 pm - 1st set at 8:30 pm - 2nd set at 9:30 pm - \$10-\$15 sliding scale.

KARAOKE W MAD MATTY - The Wild Goose - 9 pm - No cover.

THE ROGUE SUSPECTS - Brickroom - 9 pm - \$10 cover.

GRANTS PASS

CAYA FEST 2016 - The Eaden Ballroom - In no particular order: As Death Comes Calling / Aura / Eternal Covenant / Everett / Hostages / Kevin Schlereth / Pilgrim Song / Proclaimer / Surpasses / Your Hands Write History - \$10 Suggested Donation.

FRANKIE HERNANDEZ BAND - Soul, Funk, Reggae, Rock Experience - The G Street Bar & Grill - 8 pm.

JOHN HIATT - A master lyricist and satirical storyteller who weaves hidden plot twists into fictional tales ringing in topics including redemption, relationships, growing older and surrendering, on his terms. "The new record is musically rooted in acoustic blues, accentuated by Hiatt's soulful, gritty voice, which mirrors the gravity of his reflective lyrics." The Rogue Theater - 8 pm - \$35-\$55.

JACKSONVILLE

IT BEATS WORKIN' - Bella Union Restaurant and Saloon - 7 - 10 pm - No cover.

MEDFORD

SPEAKEASY: A BOOTLEGGERS BALL - Live music by Eight Dollar Mountain - Local beer & Wine, Live & Silent Auctions - \$45 - Tickets include hors d'oeuvres and two complimentary drinks - All proceeds benefit Madrone Trail Public Charter School - Rogue Valley Country Club, 2660 Hillcrest Dr - 5:30 to 11 pm.

COMEDY NIGHT: VINCE VALENZUELA / OPENER: JILL MARAGOS - Chadwicks Pub & Sports Bar - 9 pm - \$10.

ROCK MUSIC 7 pm / DJ MUSIC 10 pm - 4 Daughters Irish Pub - No cover.

CLUB MUSIC - The Bohemian Club - 10 pm - No cover.

TALENT

FOLK DANCE PARTY WITH OMADA KOSMOS & ROGUE WORLD ENSEMBLE VOCALISTS - Paschal Winery - Dance lesson at 6:30 pm - Show at 7 pm - Sliding scale \$10 - \$15 at the door.

UNSEEN OTHERS - Talent Club - 8 pm.

SUNDAY, MARCH 6

ASHLAND

DAVID SCOGGIN - Piano - Belle Fiore Winery - Noon to 2 pm - No cover.

SORCERERS AND HOBBITS - Dan Kocurek and the Rogue Valley Symphonic Band present living, breathing music by Gustav Holst, Gustav Mahler and Johan De Meij (The Lord of The Rings) - SOU Music Recital Hall - 3 pm - Students \$5, Seniors \$7, Adults \$10 at the door.

JIM MALACHI - Belle Fiore Winery - 4:30 - 6:30 pm - No cover.

LIVE CELTIC MUSIC SESSION - Music of Ireland, Scotland and Wales - The Black Sheep Pub & Restaurant - 2 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

HIP HOP POETRY OPEN MIC - Featuring the Southern Oregon University Poetry Team, a collective of four student poets who will represent SOU in the College Unions Poetry Slam Invitational (CUPS) this year in Austin, TX. The team consists of Ahsante Foree, Sean Schaeffer, Savannah Randall and Victoria Morgan - Black Swan Theater at the Oregon Shakespeare Festival - 7 pm.

TRIVIA NIGHT - Oberon's Three Penny Tavern - 7:30pm - No cover.

JIM QUINBY - 6 pm / LITTLE THOM'S OPEN MIC W/ DAVE HAMPTON - 9 pm - The Wild Goose - No cover.

MEDFORD

OPEN MIC W/ ROBBIE DACOSTA - Jefferson Spirits - 7 pm - No cover.

PHOENIX

LIVE MUSIC - Acoustic Afternoon w/ brunch (min \$5 order) - The Phoenix Clubhouse - 12 to 3 pm.

MONDAY, MARCH 7

ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

PAUL SCHMELING TRIO - Martino's Restaurant & Lounge - 7 pm - No cover.

PAUL TURNIPSEED TRIO - The Wild Goose - 8 pm - No cover.

OPEN MIC - All ages 5 pm - 7:30 pm. Over 21 Open Mic 8:30 pm - 1:30 am - Oberon's Three Penny Tavern - No cover.

MEDFORD

GEEKS WHO DRINK PUB TRIVIA - BricktownE Brewing Company - 7 pm - No cover.

TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm - No cover.

TUESDAY, MARCH 8

ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

SINGER-SONGWRITER SHOWCASE - Every Tuesday - Brickroom - 7 pm - No cover.

TRIVIA NIGHT - Louie's Restaurant & Bar - 7 pm

- No cover.

DONNA BISHOP & BEAU BERRY - The Wild Goose - 8 pm - No cover.

FECKIN' TINKERS TUESDAY - Infectious Irish Music - Oberon's Three Penny Tavern - 8 pm - No cover.

ONE WORLD PERFORMANCE SERIES: JOSE GONZALEZ - "Swedish singer-songwriter Jose Gonzalez creates powerfully austere songs that lead audiences on an introspective sonic journey. Gonzalez's intricate fingerpicking backs up his soothing vocals, graceful melodies, adventurous harmonies and evocative lyrics" - SOU Music Recital Hall - 8 pm - \$39.

ROBBIE DACOSTA - Every Tuesday - Granite Taphouse - 8:30 pm.

MEDFORD

DOWNTOWN BLUES ASSOCIATION - Howie's On Front - 6 to 9 pm - No cover.

LINE DANCE LESSONS - Rocky Tonk Saloon & Grill - 7 pm - No cover.

SCARLET CANARY - Female fronted hard rock band from Denver, Colorado on their 2016 tour, "Girls Go GRRR!" - Johnny B's - 9 pm - 21 and older.

WEDNESDAY, MARCH 9

APPLEGATE

INTUITIVE COMPASS / OPENER: DEACON

HICKS - Original, Nomadic Vaudevillian Folk Musicians - The Applegate Lodge - Doors 8 pm - Show 9 pm - \$12 Adv / \$15 at the door.

ASHLAND

SPAGHETTI GAME NIGHT - Enoteca - Free all you can eat pasta with any wine purchase - Stay and play board games - 5 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

JEFF STANLEY - The Wild Goose - Free pool from 6 to midnight every Wednesday - Music at 8 pm - No cover.

THE BROTHERS REED - Oregon Cabaret Theatre - 8 pm - \$15.

CAVE JUNCTION

OPEN MIC - Wild River Brewing & Pizza Company - 6 pm - No cover.

GRANTS PASS

WALTER, ETC. / WESTON BOOKHOUSE / SLOW CORPSE / FOXHOLLOW / TODD TSUKAMOTO - The Eaden Ballroom - Doors open at 6 pm - Music starts at 6:15 pm - \$6 suggested donation.

OPEN JAM NIGHT - Griess Family Brews - 6 pm - No cover.

HONKYTONK WEDNESDAYS - Cedarwood Saloon & Grill - 7 pm - No cover.

CHAOS COMEDY NIGHT AT THE HAUL - 2nd Wednesdays starting in March - Sketch comedy / Improv comedy / Music - No cover.

LIVE MUSIC *and Nightlife*

JACKSONVILLE

JEFF KLOETZEL - Music 6 - 8 pm - Wine n' Dine - \$12 Dinner - Dinner from C St Bistro - South Stage Cellars - Call by Noon on Wednesdays for reservations 541-899-9120.

MEDFORD

TRIVIA NIGHT - Howie's On Front - 7 pm - No cover.

TRIVIA NIGHT - Portal Brewing Company - 7:30 pm - No cover.

BRYAN MCPHERSON - Johnny B's - 9 pm.

PHOENIX

OPEN MIC & JAM WITH BLOODY & FRIENDS - Open Mic every Wednesday - Some instruments available like drums, keyboard, guitar - The Phoenix Clubhouse - 7 - 10 pm - Free - All ages.

THURSDAY, MARCH 10

ASHLAND

SAVANNA TRIO - Belle Fiore Winery - 6 - 8 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

THE AMERICAN WIND BAND - Presented by the SOU Wind Ensemble with special guest performance by music graduate student, Bradley White on trumpet. Concert includes comparisons of various American composers such as Bennett, Ticheli, Sousa and Persichetti. \$10 Regular, \$5 Senior, Free to full time students - SOU Music Recital Hall - 7:30 pm.

DART TOURNAMENT - The Black Sheep Pub & Restaurant - 7:30 pm - \$5.

GENE BURNETT - The Wild Goose - 8 pm - No cover.

OBEKE KARAOKE with Starbuck - Oberon's Tavern - 9 pm - No cover.

THE ABSYNTH QUARTET - Indie-Grass Band - Milagros After Hours - 9 pm - 21 and older - \$5 cover - Full menu.

JACKSONVILLE

THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 to 10 pm - No cover.

MEDFORD

DAVID OUELLETTE - Limestone Coffee - 9:30 am - No cover.

OPEN JAM - Rocky Tonk Saloon & Grill - 9:30 pm - No cover.

WILLIAMS

OPEN MIC - Host / Trail Boss: Warren John Wolfe - Cocina 7 - 7 pm - No cover.

FRIDAY, MARCH 11

ASHLAND

PAUL TURNIPSEED TRIO - Belle Fiore Winery - 6 - 8 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

TUTUNOV PIANO SERIES: HUGUES LECLERE - SOU Music Recital Hall - 7:30 pm - \$20 Regular, Free to full-time students - Tickets 541-552-6348.

KARAOKE WITH JOSH - The Wild Goose - 8:30 pm - No cover.

GRANTS PASS

THE ELEPHANT - Griess Family Brews - 8 to 10 pm.

JACKSONVILLE

THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 to 10 pm - No cover.

LEFT - Music from 6 - 8 pm - Friday Sip n' Supper - South Stage Cellars - 541-899-9120 - No cover.

MEDFORD

HARLIS SWEETWATER BAND - Howie's On Front - 9 pm.

COMEDY NIGHT: DEL VAN DYKE / OPENER: BENJI WRIGHT - Chadwicks Pub & Sports Bar - 9 pm - \$10.

INSECTS VS ROBOTS / RUNSON WILLIS III / WHODATHUNKIT - Johnny B's - 21 and older - 9 pm.

SATURDAY, MARCH 12

ASHLAND

OLD TIME JAM - El Nuevo Tapatio, 1633C Hwy 99 - 3:30 to 6 pm - No cover.

LADIES NIGHT - Swing Tree Brewery - 5 pm - No cover.

SATURDAY NIGHT BELLY DANCE - Join your Irish and Scottish host, Dawn. Audience is encouraged to dress up as leprechauns! All ages & Family Friendly! Anyone is welcome to perform, \$5 for a DVD, just let Dawn know in advance - Club 66 - 5 pm.

TIM CHURCH - Standing Stone Brewing Company - 5:30 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

OPUS 3 - Belle Fiore Winery - 6 - 8 pm - No cover.

FRACTAL LOVE JAM - Fundraiser for Exploring Psychedelics Conference (April 7-8, 2016 at SOU) - Oberon's Tavern - 8 to 10 pm - No cover/ Donations accepted.

MEAN MARY JAMES - Old timey music, bluegrass, folk and blues on banjo, guitar and fiddle - Unitarian Fellowship - 8 pm - \$18 Adv, \$20 at the door / Teens ages 12-17: \$10, Free under age 12.

CLUB MUSIC - The Bohemian Club - 10 pm - No cover.

BLACK HARE - Johnny B's - 9 pm.

WILLIAMS

THE DISTILLED-SPIRIT REBELLION - "100 proof blend of backwoods honky tonkin' country rockin'" - Rascals Bar & Grill, 20215 Williams Hwy - 8 pm - \$5 suggested donation.

SUNDAY, MARCH 13

ASHLAND

BIL LEONHART - Belle Fiore Winery - 12 - 2 pm - No cover.

LIVE CELTIC MUSIC SESSION - Music of Ireland,



MARCH 12 - HEAR MEAN MARY JAMES AT THE UNITARIAN FELLOWSHIP, 8 PM

MYSTIC MINSTREL CHAD WILKINS - American/Australian singer-songwriter bringing heart-songs that reveal a better way for a generation in transitional times on our planet - The Haven - 7 pm - \$15.

SONIC BOOM! SESSION ONE - A night of electronic music with Fort Knox Five, Love and Light, CloZee, David Starfire, Lachlan, and more! Live at the Historic Ashland Armory - Doors at 8 pm - \$25 Adv / \$30 day of show - Event is for age 16 and older.

KARAOKE W MAD MATTY - The Wild Goose - 9 pm - No cover.

1ST EVER COMEDY NIGHT - Featuring Black Market comedians Scott May, Trevor Foley and Jennifae Cleveland - Brickroom - 10 pm to 11:30 pm - No cover.

JACKSONVILLE

JEF PEVAR, INGER JORGENSEN & FRIENDS - South Stage Cellars - Artist Reception for Inger Nova Jorgensen at 5:30 pm - Music from 6 to 8 pm.

THE BROTHERS REED - Bella Union Restaurant & Saloon - 7 to 10 pm - No cover.

MEDFORD

ROGUE VALLEY CHORALE: MISA AZTECA - Julian Gonzalez created this piece that includes guitar, piano and Aztec percussion accompaniment. Free pre-concert lecture with Misa Azteca's composer, Joseph Julian Gonzalez at 6:30 pm - Craterian Theater - Tickets: \$10 - \$20 / Students \$5 - Show at 7:30 pm.

COMEDY NIGHT: DEL VAN DYKE / OPENER: BENJI WRIGHT - Chadwicks Pub & Sports Bar - 9 pm - \$10.

ROCK MUSIC 7 pm / DJ MUSIC 10 pm - 4 Daughters Irish Pub - No cover.

Scotland and Wales - The Black Sheep Pub & Restaurant - 2 pm - No cover.

"AND THE LIGHT BECAME SOUND" - SOU Chamber and Concert Choirs - Explore images of music as light, the world of pure sound, and the thin places between the visible world and the mysterious - SOU Music Recital Hall - 3 pm - \$10 Regular, \$5 Senior, Free to full-time students - Tickets 541-552-6348.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

TRIVIA NIGHT - Oberon's Three Penny Tavern - 7:30 pm - No cover.

JIM QUINBY 6 pm / LITTLE THOM'S OPEN MIC W/ DAVE HAMPTON 9 pm - The Wild Goose - No cover.

MEDFORD

ROGUE VALLEY CHORALE: MISA AZTECA - Misa Azteca has delighted audiences in some of the most important concert halls in the world, including the Sydney Opera House, the Walt Disney Concert Hall, the Sorbonne and to a sold out performance at Carnegie Hall! Free pre-concert lecture with Misa Azteca's composer, Joseph Julian Gonzalez at 2 pm - Craterian Theater - Tickets: \$10 - \$20 / Students \$5 - Show at 3 pm.

OPEN MIC W/ ROBBIE DACOSTA - Jefferson Spirits - 7 pm - No cover.

PHOENIX

LIVE MUSIC - Acoustic Afternoons w/ brunch (min \$5 order) - The Phoenix Clubhouse - 12-3 pm.

MONDAY, MARCH 14

ASHLAND

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

PAUL SCHMELING TRIO - Martino's Restaurant & Lounge - 7 pm - No cover.

BLUE NOTES - The Wild Goose - 8 pm. No cover.

OPEN MIC - (Under 21) Sign up 5 pm / Show 5:30 pm - Open Mic (Over 21) Sign up 8 pm / Show 8:30 pm - Oberon's Three Penny Tavern - No cover.

MEDFORD

GEEKS WHO DRINK PUB TRIVIA - BricktownE Brewing Company - 7 pm - No cover.

TRIVIA NIGHT - 4 Daughters Irish Pub - 7:30 pm - No cover.

AMANDA MARKLEY - Johnny B's - 9 pm.

TUESDAY, MARCH 15

ASHLAND

ERIC LEADBETTER - You know Eric from Jive Coulis - Join him at the Green Springs Inn & Cabins from 6 pm to 8:30 pm.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

SINGER-SONGWRITER SHOWCASE - Every Tuesday - Brickroom - 7 pm - No cover.

TRIVIA NIGHT - Louie's Restaurant & Bar - 7 pm - No cover.

FECKIN' TINKERS TUESDAY - Oberon's Three Penny Tavern - 8 pm - No cover.

FREDERICKS & PRICE - Rock - The Wild Goose - 8 pm - No cover.

TOW'RS & BLACK BEARS FIRE - Tow'rs join us from Flagstaff, Arizona... "Through our music, we explore the questions that haunt us, the pain that marks us, and the hope that redefines everything for us. We invite you into the conversation, build with us, find your place at the table" - Black Bears Fire plays Indie/Folk/Rock - Club 66 - 8 pm.

ROBBIE DACOSTA - Every Tuesday - Granite Taphouse - 8:30 pm.

MEDFORD

LINE DANCE LESSONS - Rocky Tonk Saloon & Grill - 7 pm - No cover.

SOUTHERN OREGON JAZZ ORCHESTRA (SOJO) - 16-piece Jazz Orchestra at Howie's On Front - 7 pm - No cover.

CIRCUS EMPORIUM ROADSHOW / FIASCO SIDESHOW / RAHSA EMBERS (PAIN PROOF PRINCESS) - For one night only, join us for feats of skill, daring sideshow stunts, exhibitions of the strange and bizarre. The Impossible Man Shea Freelove and Slapstick danger juggler Brent Fiasco bring you an unforgettable exhibition of stunts which the human body should never endure.

Joining them is local favorite, Rahsa Embers, aka the Pain Proof Princess, whose outlandish routines tease the line between graceful and shocking - Johnny B's - 9 pm.

WEDNESDAY, MARCH 16

ASHLAND

SPAGHETTI GAME NIGHT - Enoteca - Free all you can eat pasta with any wine purchase - Stay and play board games - 5 pm - No cover.

KEN HART - Acoustic Guitar - Callahan's Mountain Lodge - 6 pm - No cover.

THE BROTHERS REED - Indie/Pop/Folk - The Wild Goose - Free pool from 6 to midnight every Wednesday - No cover.

CAVE JUNCTION

OPEN MIC - Wild River Brewing & Pizza Company - 6 pm - No cover.

GRANTS PASS

OPEN JAM NIGHT - Griess Family Brews - 6 pm - No cover.

HONKYTONK WEDNESDAYS - Cedarwood Saloon & Grill - 7 pm - No cover.

JACKSONVILLE

MICHAEL WHIPPLE - Wednesday Wine n' Dine - South Stage Cellars - Music 6 to 8 pm - Dinner by C St Bistro - Reserve your table 541-899-9120.

MEDFORD

TRIVIA NIGHT - Portal Brewing Company - 7:30 pm - No cover.

SAMM BONES / ACOUSTA NOIR - Johnny B's - 9 pm.

PHOENIX

OPEN MIC & JAM WITH DARRIN WAYNE - Every Wednesday - Fully backlined - Some instruments available like drums, keyboard, & guitar - The Phoenix Clubhouse - 7 to 10 pm - Free - All Ages - All talent levels are welcome.

Visit www.RogueValleyMessenger.com for the latest events. Playing a show? Let us know! Calendar listings are free. E-mail your event details and updates to Events@RogueValleyMessenger.com.

EVENTS

Art

ART DU JOUR GALLERY

Art du Jour Gallery is a co-op exhibiting works by many talented artists living in the greater Rogue Valley and region. On exhibit are works in watercolor, oil, acrylic, pastel, pen & ink, conte crayon, collage, sculpture, bronze casting, photography and mixed media. All original art exhibited may be purchased as well Giclee Prints, cards and other specialty art items. Normal hours are Tuesday through Saturday, from 10 am - 4 pm. Art du Jour Gallery is located in the heart of downtown Medford at 213 E Main St. There is convenient, free 2 hour parking in the parking garage at 6th St and Riverside Ave.

COURAGE IN THE GOLDEN VALLEY

Through April 17. The Southern Oregon Historical Society hosts its third annual exhibit, *Courage in the Golden Valley: Chinese History in Southern Oregon*, held at the Rogue Valley Mall. Timed to coincide with Jacksonville's Chinese New Year Celebration, the Society has drawn upon new research, including local archaeology, to tell the history of the Chinese in Southern Oregon. Amongst the first settlers to arrive, they helped shape the region as it grew in the unique, complex community we live in today. *Courage in the Golden Valley* tells more about the lives and accomplishments of the Chinese through their own voices. Exhibit admittance is free, but donations are gladly accepted! Rogue Valley Mall, 1600 N Riverside Ave. in Medford. For information, call 541-773-6536, ext. 206, email amy@sohs.org, or visit the SOHS website, www/sohs.org.

EXPLORING REALITY

The Schneider Museum of Art at Southern Oregon University is presenting "Exploring Reality," an exhibition curated by Shane McAdams and Scott Malbaurn consisting of nine artists who delve into and explore reality within their work. On display from through March 19 will be works of sculpture, printmaking, installation and painting. Also, feel free to join us for weekly docent-led tours from 12 - 12:30 pm (Jan 19 - March 15). FREE Family Days (10 am - 1 pm) are Feb 20, and March 19. Normal Hours are Monday through Saturday, from 10 am - 4 pm. Schneider Museum of Art is located at Southern Oregon University, 1250 Siskiyou Blvd in Ashland.

HAPPY PLACE

Friday, March 4, 7 pm to Midnight. View Ben Rozsa's "Happy Place" art exhibit at The Haul in Grants Pass. Come to a meet & greet with the artist at 7 pm, then listen to music by Patrimony at 9 pm (Psychedelic Rock).

MISSMOAIC'S OPEN STUDIO SESSIONS

"Being creative helps to focus and calm the mind while feeding the soul." Beginning January 6th, 2016, sessions will be held Wednesdays from 6 - 9 pm, and Sundays from noon - 3 pm. This isn't a class, per se, but an opportunity to learn from me at your own pace and work on what YOU want to make. You may participate up to twice a week. Drop in at any point in the session for a minimum of one and a maximum of 3 hours. Drop in rate is 1 hour for \$15 or a block of 8 hours for \$96, saving you \$3/hr. Some materials provided. Contact Karen at missmosaicgirl@yahoo.com or call 541-621-6239. MissMosaic Studios at 105 John St. in Talent.

PHOTOGRAPHY EXHIBIT BY EMMA GELINO

Friday, March 4, 5 to 8 pm. Rogue Valley Farm to School invite you to the first art exhibit in their new office space in Ashland. Ashland high school senior Emma Gelino has been taking picture since she was a freshman. She will exhibit her beautiful photography from an on-farm trip at Dunbar Farm in Medford. Her photos stunningly convey the joy experienced by children as they learn about fresh, local food and small farms. Rogue Valley Farm to School, 223 5th St. Ashland.

ROGUE GALLERY & ART CENTER

From Feb 19 - March 25 in the Main Gallery: Meditations on Daily Splendor: Sarah Burns, Sarah Fagen & Karen Rychek. From March 4 - April 1 in the Community Gallery: Bits & Pieces: Mixed Media Collages of Arlene Warner. From Feb 12 - April 9 in the Berryman Gallery: Dixie Kinsler. The Rogue Gallery and Art Center, 40 S Bartlett St, Medford. Hours: Tues-Fri, 10 - 5 pm / Sat 11 - 3 pm.

ROGUE STUDIO LIFE DRAWING SESSIONS

Tuesdays, March 8 & 15, from 6 - 9 pm. Drop in Tuesday evening for three hours of moderated unstructured life drawing sessions in the Rogue Studio. Adults 18 years and older from beginner to advanced level are welcome. The sessions will include short gestures to longer, sustained poses. Students must provide their own drawing materials. Drawing boards, work tables, and easels are available for use. \$10 for

each session, \$45 for all six sessions. roguegallery.org for more info. Rogue Gallery & Art Center at 40 S Bartlett St. in Medford.

THE BEEKEEPER'S DAUGHTER

Enjoy the artwork of Catie Faryl through this exhibition of 20 paintings representing work created in each of the past 20 years, beginning with Catie Faryl's first show in 1995. The show will be on display from February 11 through April 28, 2016. Pioneer Village at 805 N 5th St. in Jacksonville.

THE FUNDAMENTALS OF LIFE DRAWING

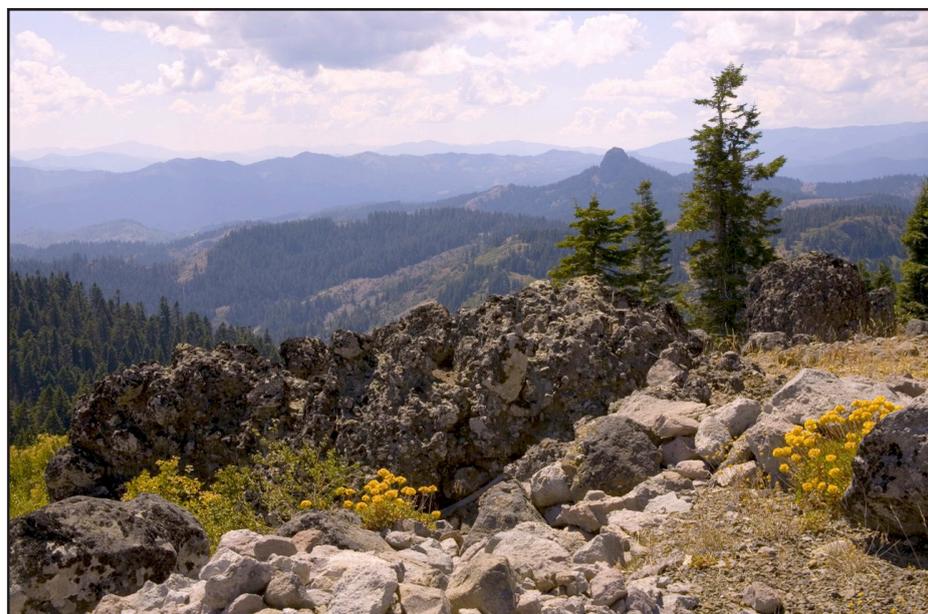
Sundays, March 6, 13 & 20, and April 3, 10 & 17, from 1 - 4 pm. Adults 18 and over of all skill levels and experience are welcome to this class taught by Ted Helard. Advance your drawing skills in this eight week class working with a nude model. Ted will help you understand the dynamic and subtle expression of the human figure, focusing on drawing proportions, gestures, action line, and anatomy. \$190 members / \$205 non-members. Visit roguegallery.org for more information. Rogue Gallery & Art Center, 40 S Bartlett St. in Medford.

CLASSES

EARLY SEASON ANNUALS AND PERENNIALS Saturday, March 12, 10 am. Learn all about early annuals and perennials that provide interest and color even in the early gardening season. Ashland Greenhouses Owner Kelly Brainard will walk you through selecting different types, sizes, colors, and help with placement. Please call to reserve your spot: 541-482-2866. Ashland Greenhouses, 650 E Ashland Ln. Ashland. Free class.

EXPLORING DYING AS A WAY TO LIVE MORE FULLY

Saturday, March 26, from 1 - 6 pm. "How Shall I Live, Knowing I Will Die?" - Wayne Muller. Explore your relationship to life, death and dying through film, discussion and self-inquiry. Saturdays, March 26, April 16, and May 21. The cost per session is \$45 - \$60, sliding scale. You may chose to take any or all sessions! Space is limited to 9 participants.



MARCH 3 - PRESENTATIONS - CASCADE SISKIYOU NATIONAL MONUMENT COMMUNITY RESEARCH FORUM AT SOU, 7 PM

Facilitators: Marla Estes, M.A. and Laurel Miller. For more information, location and to register, call 541-482-4948 or email: marla16@charter.net.

EXPLORING RELATIONSHIP THROUGH FILM

Sunday, March 13, from 1 - 6 pm, and April 17 & May 22. "I alone must become myself; I cannot become myself alone." - Pittman McGehee. Join us from 1 to 6 pm for this film series exploring various dynamics of romantic relationship. Come to one, all 5 or anything in between! For more info and to register, email marla16@charter.net or call 541-482-4948. The cost is \$45-\$60, sliding scale.

FRAUD PREVENTION EDUCATION EVENT

Wednesday, March 9, from 6 pm to 7:30 pm. In our recent economic environment, employee theft and embezzlement is on the rise. While it's a smart move to hire someone who is an expert at bookkeeping, it is extremely important to have certain security measures in place. Southern Oregon Bookkeeper's Association has partnered up with our local Woodard Group, SBDC, SOREDI, and other great organizations to bring you, our local business owners, some top-notch education on these security measures, processes, and other preventative steps. Learn fraud prevention techniques from real world examples and

discover ways to reduce this potential risk to your organization. Medford Branch Library, 205 S Central Ave.

LION DANCE CLINIC AT THE ROGUE VALLEY MALL

Sunday, March 13, 1 pm. Join the Southern Oregon Historical Society and learn the Lion Dance at the Rogue Valley Mall! St. Mary's students will teach observers how to perform the traditional Lion Dance featured in the annual Chinese New Year Parade. Instruction will include the cultural and historical significance of the Lion Dance. This is a unique opportunity for local residents to appreciate and perform this iconic art. This event is free and offered in conjunction with the Southern Oregon Chinese Cultural Association and the St. Mary's Confucius Classroom. Be sure to see SOHS's new exhibit, "Courage in the Golden Valley: Southern Oregon Chinese History," open through April 17 and located on the first level on the Rogue Valley Mall, 1600 N Riverside Ave. Medford.

MEDICARE MADE EASY

Tuesday, March 15, 5:30 to 6:30 pm. Join Linda Clarkson, of Futurity First Insurance Group in Medford, for an hour-long educational workshop which will show how Medicare works, explaining Medicare Parts A and B, and exploring options with Medicare Advantage Plans and Medicare Supplements. There will also be information about prescription drugs and the VA. To register, call the Central Point Park and Recreation Department at 541-423-1012. Workshop is at the Central Point Computer Classroom, 155 South 2nd St. Central Point. This class is free.

MOMENT IN TIME MODERN DANCE CLASSES

Monday and Thursday nights, from 5:30 - 6:30 pm. \$12 per class or 10% off if paid monthly. Oak Street Dance Studio at 1287 Oak St. in Ashland.

PERMACULTURE DESIGN COURSE

March 12-13, April 2-3, April 16-17, and April 30-May 1. Main Instructor: Tom Ward, joined by Siskiyou Permaculture staff Karen Taylor and Melanie

Andrew Schwarz ar schwarz.andrew@gmail.com

A QUEER INDIGENOUS GATHERING

Wednesday, March 9, 5 pm. Join us at SOU's Rogue River Room for an evening of Creativity, Food and Community! Guest Speakers: Asa Brings Plenty-Wright (Klamath-Modoc) / Shilo George (Cheyenne-Arapaho) / L. Frank (Tongva-Acjachemen). This event is a collaboration by the NAS Queer Indigenous Studies class of 2016 at Southern Oregon University. For more information, contact Brook at colleby@sou.edu. Rogue River Room, Stevenson Union at SOU, 1250 Siskiyou Blvd. Ashland.

FREE PESTICIDE COLLECTION EVENTS

Friday, March 4 in Grants Pass, and Saturday, March 5 in White City. All Southern Oregon commercial, agricultural and industrial pesticide users are invited to participate in this pesticide collection event. What is Accepted: Pesticides like DDT, Lorsban, Guthion, Malathion, and other unwanted pesticides (must pre-register). Empty, triple-rinsed pesticide containers, no larger than 55 gal. NOT Accepted: Waste paints, waste oil, household chemicals and home use pesticides. Disposal Registration Form (through Clean Harbors) available online at jswwcd.org or at the Jackson Soil and Water Conservation District Office, 89 Alder St. Central Point. Submit registration form to Clean Harbors: gadzia.graham@cleanharbors.com

TINKERBELL PRESCHOOL SILENT AUCTION FUNDRAISER

Friday, March 11, 6:30 to 8:30 pm. Tinkerbell Preschool is having their annual Silent Auction Fundraiser in Grants Pass. Tinkerbell Preschool is a non-profit, parent involved preschool for children ages three to five. They have been serving the Grants Pass community for over 30 years. Bidding will be closed in sections throughout the evening, so come early to not miss out on items and services! Auction will include locally donated items including the following: Disneyland tickets, Dutch Bros gift basket, Bead Merchant jewelry, gift certificate to Gate Homes Furnishing, a rose bush, Stampin' Up scrapbooking supplies, tickets to the Enchanted Forest, a hotel stay at Wildhorse resort and Casino combines with the Pendleton roundup rodeo tickets, Cowhorn Vineyard Garden tour and wine tasting, and much more! Show your support for this great preschool and win great stuff too! Evergreen's Bear Hotel, 2101 Spaulding Ave. Grants Pass.

VENDOR FAIR AT THE FRUITDALE GRANGE

Saturday, March 12, 5 to 7 pm. Join us for a gathering of local vendors, distributors, crafters and small businesses including Yonique Products, South Hill Designs, Salon services, Magnabilities jewelry, Liliias Crafts, ItWorks, Fuzzybee inspirations, Noah's Local honey, DoTerra, Thirty one, Damsel in Defense, and more! Raffle Prizes, too! Fruitdale Grange, 1440 Parkdale Dr. Grants Pass, OR.

VOLUNTEER THURSDAYS AT COYOTE TRAILS

Every Thursday through March, from 11 am to 4 pm, Coyote Trails Nature Center has a variety of adult volunteer opportunities, from caring for the pollinator garden to trail maintenance, to supporting our nature connection nonprofit. See more about the school at www.CoyoteTrails.org. For questions, contact Steve at 541-772-1390 or email steve@CoyoteTrails.org. Coyote Trails Nature Center, 2931 S Pacific Hwy. Medford.

WOMEN IN BLACK - SILENT VIGILS FOR PEACE

Meet in Grants Pass, Cave Junction, Roseburg, Medford, and Ashland to stand silently for Peace. Contact person Ruth Torre at 541-472-5113, email is rmtorre11@gmail.com. In Ashland, every Friday from 12 - 12:30 pm on the Ashland Plaza, and the first and third Saturdays from 11 - 11:30 am on the Ashland Plaza. In Medford, every Wednesday from 12 - 12:30 pm in Vogel Plaza, corner of Main and Central. In Grants Pass, every first and third Monday from 12 - 12:30 pm next to the Post Office. In Cave Junction, every Monday from 12 - 12:30 pm at the County Building. In Roseburg, every Friday from 12 - 12:30 pm in front of the Fire Station on Garden Valley Blvd.

Community

2016 SEED MENTORSHIP PROGRAM

Support quality seed in the Rogue Valley! The Southern Oregon Seed Growers Association (SOSGA), through the funding of a Western SARE grant, is offering a mentorship program to new and beginning seed growers. The mentorship includes up to 10 hours of on-farm consulting during the 2016 growing season. There is compensation for the mentor time and driving mileage. If you are interested in becoming a mentor or a mentee, please contact

Film

AIFF: 2016 FESTIVAL PREVIEW NIGHT

Tuesday, March 15, 7 pm. Are you wondering what films to see at the 2016 Ashland Independent Film Festival? Join us for Festival Preview Night! This is your first chance to see clips from festival films, pick up the Pocket Guide, and get insider information on special guests and new events for #AIF2016. Need a membership? You can sign up here, or right now online! Membership has its perks...advance ticket

EVENTS

ordering, early entry to films, and discounts. Visit www.ashlandfilm.org/membership. Preview Night is at the SOU Music Recital Hall on South Mountain Avenue in Ashland. Free and open to the public.

OLD?!

Sunday, March 13, 7 pm. The Rogue Valley UU Fellowship and Rogue Rainbow Elders bring you a free community screening of "OLD?!" Produced and directed by Ashland resident, Kathy Roselli, "OLD?!" features personal stories from over 70 Rogue Valley individuals ages 10 days to 101 years old. In a culture that routinely fearful of growing old and doesn't offer us much spiritual support along the way, "OLD?!" acknowledges the importance of age through real-life stories. By the end of the film we are invited to embrace our own aging process. "OLD?!" is Winner of the Best of Fest Award 2015, Real to Reel International Film Festival (North Carolina) and the Creative Storytelling Award at the 2015 Jefferson Flix Fest (Fort Jones, CA). OLD?! is 55 minutes long. This screening will include a Q&A with Kathy Roselli and her editor Claudia Ballard after the film. Rogue Valley Unitarian Universalist Fellowship, 87 Fourth St. Ashland. Free screening.

SPIRITUALISM IN SOUTHERN OREGON AT THE TURN OF THE CENTURY

Wednesday, March 9 at Noon. Jan Wright, board member for the Talent Historical Society and long-time local researcher will present a 'spirited' program on Spiritualism in Southern Oregon. Part entertainment, part reassurance, part lucrative, and at time deeply spiritual for its practitioners, Spiritualism spread throughout the Rogue Valley from the mid-1850s to well into the 1920s. Its stronghold was in the Talent area where table were raised, people spoke in tongues, and carried on circles, seances, and correspondences to and from the dead through Mediums. This "Windows in Time" noon lecture is offered at the Ashland Library, 410 Siskiyou Blvd.

SPOTLIGHT ON DIRECTOR MICHAEL CURTIZ

Mondays, March 7, 14, 21 & 28, from 11:30 am to 1:30 pm. Mondays in March, the Gold Hill Library celebrates Hollywood director Michael Curtiz with films spanning his award-winning career. Admission is free. Visit jcls.org for more information. Gold Hill Branch Library, 202 Dardanelles St.

THAT SCREWBALL JEAN ARTHUR

Watch films on Wednesdays in March, from 2 to 4 pm. James Harvey once wrote, "No one was more closely identified with the screwball comedy than Jean Arthur. So much was she part of it, so much was her star personality defined by it, that the screwball style itself seems almost unimaginable without her." We will be celebrating Jean Arthur's screwball films every Wednesday in March (March 9, 16, 23 & 30) at the Talent Branch Library, 101 Home St. 541-535-4163. Free movies and refreshments.

VAMPIRE CAMP

Saturday, March 5, 7 pm. The feature length horror/comedy "Vampire Camp" will be shown at the Green Springs Inn to mark the 3rd anniversary of the film's premiere at the Vampire Film Festival in Los Angeles. Join cast and crew members for a fun evening! There's no admission charge, thanks Green Springs Inn! The complete program: Vampire Camp trailer - 2 mins / Search for a Vampire - 5 mins / Stand Up for Oregon! No LNG - 3 mins / Impending Sale - 4 mins / Scott Ford audition tape - 2 mins / Vampire Camp - 77 mins. Green Springs Inn & Cabins, 11470 Hwy 66, south of Ashland. 541-890-6435. Free admission.

Food

7TH ANNUAL 4-H DINNER & BENEFIT AUCTION

Friday, March 11, 6 pm to 10 pm. Individual ticket price is \$30, group of 8 tickets is \$200. Presented by the Jackson County 4-H Association. Padgham Pavilion, Expo Fairground, 1 Peninger Rd. Central Point.

AROUND THE WORLD WITH SOUTH STAGE CELLARS

Saturday, March 5, from 2 to 4 pm. You don't have to pack any bags for this trip, but some of the countries/regions you'll be visiting are: Portugal, South of France, Southern Italy, Chile, Spain, Australia, South Africa, and more. We will be offering tastes from around the world along with food pairings from local restaurants. March 5: France Burgundy Northern. March 12: Spain & Portugal. March 19: France Bordeaux Region. March 26: Italy. April 2: France - Rhone region. \$25 per person, per class includes 3-4 tastings along with food pairings. 541-899-9120. South Stage Cellars, 125 S 3rd St. Jacksonville, Oregon.

ACOUSTIC AFTERNOONS

Every Sunday, from 12 - 3 pm. Acoustic Music and Organic Brunch come together to offer you a perfect, relaxing, Sweet Sunday Afternoon! Phoenix Press will

be offering table service, with a special weekly brunch menu available. Our menu is always full of local, organic, carefully sourced ingredients and includes coffee from Xase, Good Bean, Noble and Stumptown roasters, teas from Dobra, and handmade smoothies, lemonade and more! The Phoenix Clubhouse, 310 N Main St. Suite H, Phoenix. Minimum \$5 order.

FIRST CRUSH 2016

Saturday, March 5, from 4 - 7 pm. Have you ever thought how nice it would be to sample all the great restaurants, wineries, and brew houses our valley has to offer? Join us and may do just that. The Greater

PINEHURST HOMECOMING DINNER

Sunday, March 13, 7 pm. Enjoy a dinner at the Green Spring Inn & Cabins to support the Pinehurst School Foundation. Your evening will be hosted by current and alumni student servers. Call the school office to reserve your space at 541-482-0614. \$10 Adults / \$5 Kids. The Green Springs Inn & Cabins, 11470 OR Hwy 66 outside Ashland.

PINTS FOR A PURPOSE

Tuesday, March 8, 5 pm to 10 pm. The Stand Up For Oregon! No LNG. No Pipeline Campaign is honored to be the beneficiary of Standing Stone's Pints for a



MARCH 8 - FOOD - PINTS FOR A PURPOSE AT STANDING STONE BREWERY, 5 TO 10 PM

Grants Pass Rotary presents the 10th Annual First Crush event! \$40 includes food, wine, beer and chocolate from over 20 local businesses! Tickets: www.firstcrushtickets.com or \$50 at the door. Benefits the Josephine County Food Bank and ROC Pantry, The Josephine County Backpack Program, and other Programs and Organizations that serve children and families. Josephine County Fairgrounds, 1451 Fairgrounds Rd. Grants Pass.

Purpose event! Come on down from 5 pm to 10 pm, drink beer and support our efforts to keep a fracked gas pipeline and export facility out of southern Oregon. \$2 from every pint enjoyed will go to the Stand Up For Oregon campaign. For more information about the campaign, visit www.nolngexports.org. Standing Stone Brewing Co. 101 Oak St. Ashland.



MARCH 13 - CLASSES - LEARN THE LION DANCE AT THE ROGUE VALLEY MALL, 1 PM

MEDFORD YMCA POTLUCK LUNCH

Friday, March 4, 12:30 to 1:30 pm. Meet new friends and then use the YMCA for free! Bring a side dish, drink or dessert to share and the YMCA will provide the rest. Rogue Valley Family YMCA, 522 W 6th St. Medford. 541-772-6295.

PHOENIX COMMUNITY DINNER

Thursday, March 10, from 5 to 7 pm. On the 2nd & 4th Thursdays of each month, the Phoenix Community Kitchen hosts dinner from 5 - 7 pm. Everyone is welcome, bring your neighbors and friends. First Presbyterian Church, 121 W Second St., Phoenix. For info: 541-535-1119.

POTLUCK LUNCHEON

Tuesday, March 15, 11:30 am to 1 pm. On the third Tuesday of each month, join LGBT Elders and Allies for a potluck luncheon from 11:30 am - 1 pm. Please bring your ideas for building the LGBT Community and a dish to share. A \$2 donation for drinks is suggested. Rogue Valley Unitarian Universalist Fellowship, 87 Fourth St, Ashland. Free.

PRIX FIXE MEDITERRANEAN DINNER

Sunday, March 6, 6 pm. Join us in the upstairs lounge at The Haul for a 4 Course Mediterranean Dinner! 1st Course: Simit Kebap and Falafel Sampler platter. 2nd Course: Farro, Orange, Fennel, Anchovy, Olive Salad over mixed greens. 3rd Course: Pan Roasted Rockfish with Harissa coated Chickpeas. 4th Course: Greek Yogurt Cheesecake with Ouzo Poached Figs. \$25. Please respondz s'il vous plait (RSVP) to reserve

your space at 541-474-4991. The Haul, 121 SW H St. Grants Pass.

THE OREGON CHOCOLATE FESTIVAL

Join us for the 12th Annual Oregon Chocolate Festival! Friday, March 4, from 4 to 8 pm: Festival Preview, Chef Demos, Chocolate Maker's Dinner, First Friday Art & Chocolate Walk. Saturday, March 5, from 9 am to 5 pm: Chocolate, Wine & Beer Tastings, Chef Demos, Best in Show Contest, Dessert Competition & Silent Auction, Workshops, Spa Party. Sunday, March 6, from 9 am to 1 pm: Charlie's Chocolate Run/Walk 5K, Chocolate, Wine & Beer Tastings, Workshops, Chef Demos. \$20 off to OSF! Tickets from \$15. Two-day pass: \$25. 3-day pass: \$30. Children age 8 and younger: free. Free entrance on Friday with reservation to Chocolate Maker's Dinner. Visit OregonChocolateFestival.com. Reservations: 541-488-5558. Ashland Hills Hotel & Suites, 2525 Ashland St., Ashland, Oregon.

Kids & Family

BALLOON SCULPTOR EXTRAORDINAIRE

Saturday, March 5, 1 - 2 pm. Enjoy balloon sculpting with balloon guy extraordinaire Rhyon Ingalls, plus hear stories from your friendly Phoenix librarian Jody. Phoenix Branch Library, 510 W 1st St. 541-535-7090.

PRESCHOOL PUPPET THEATRE

Friday, March 11. 2nd Friday of each month, from 10:30 - 11:45 am. March 11, Apr 8, & May 13. Discover what Brenda Bear and friends are up to this winter and spring. A brief lesson will be followed by the puppet show and play time. A snack and related craft/activity will then be available. Enjoy a new show each month with the Nature Center puppeteers. Reservations are guaranteed only until 10:30 am. Please arrive early, as space and parking is limited; no late seating. Children must be accompanied by an adult at all times during the program. Please register online at www.ashland.or.us/register or all the North Mountain Park Nature Center at 541-488-6606. Program is intended for children 3-5 years old. Instructor: Anna Edmondson. 620 N Mountain Ave, Ashland. Cost is \$6 per child.

TEEN FUN & LEARNING IN THE LIBRARY

Ashland Teen Library, 410 Siskiyou Blvd. Saturday, March 5, from 2 - 3:30 pm: Improvised Shakespear by the TeenProv Company of Ashland Children's Theatre. "What dost thou call thy disc of gluten embellished with such golden cheese? Forsooth tis a thing named pizza, which by any other name would still taste as yummy. See TeenProv improvise up a tempest-like storm as they take on the Bard and your suggestions to bring you a show filled with merriment and laughter." Monday, March 7, from 3:30 - 5 pm: (Teens, Tweens, and Parents): Teen Maker Day with Littlebits and Lego. Get creative and build inventions with Littlebits electronic sets and Legos. Monday, March 14, from 6 - 8 pm: (Teens and Adults): Flying Insults (Shakespeare Fun). Adults and teens are invited to join in an evening of amusement by participating in flying, which is the ritualistic poetic exchange of insults. The evening will include sparring partners, elimination rounds, and awards for master flyers. The event promises enjoyment for participants and observers alike.

THE SHRINE CIRCUS

Thursday, March 10, & Friday, March 11, 4:30 & 7:30 both days. With three rings of affordable family fun, "The Shrine Circus" will thrill fans of all ages! Come see the death-defying aerial acts and animal attractions including tigers and elephants. Kids will have the unique opportunity to ride and pet different types of animals, too! **Acts are subject to change** Josephine County Fairgrounds, 1451 Fairgrounds Rd. Grants Pass. \$12 - \$43. Doors open one hour before event.

TODDLEROBICS: MOVEMENT, MUSIC, & ME!

Every Tuesday beginning in January, from 11 - 11:30 am. Come exercise your mind, body, and spirit! Young children live to move, but the weather in Oregon often limits opportunities for outside play and exercise. Children ages 2 and older can exercise both mind and body by participating in a range of simple exercises such as the crab walk, bear crawl, jumping jacks, and many others. Attendees will also participate in music games so children can sing and dance to songs. Central Point Branch Library, 116 S Third St. Free admission.

YOUNG ARTISTS STUDIO

Wednesdays, March 9 & 16 from 3:30 - 5 pm. Children will have fun exploring their creativity in the Rogue Studio! In this class, young artists will work with clay, paint on a canvas, and more. The class is great fun for all youth as they learn and develop art skills. The cost is \$75 for members, \$89 for non-members. The Rogue Gallery & Art Center at 40 S Bartlett St. in Medford.

EVENTS

Meetings

BOOKS@4

Third Tuesdays from 4 - 5 pm. Join us for a monthly meeting of readers discussing books they have read in the previous month. If you enjoy talking about books, please join us on the third Tuesdays of each month. February 16, March 15, April 19, May 17, June 21 & July 19. Adams Meeting Room at the Medford Library, 205 S Central Ave.

BRAIN BOOKS

Gather on the fourth Tuesday of each month, from 1:30 - 3:30 pm, for Brain Books Discussion Group. Guanajuato Room of the Ashland Branch Library, 410 Siskiyou Blvd. Free.

CHESS CLUB

Grants Pass Chess is an informal group of local chess players and those wanting to learn more about the game. Every level is welcome! Meets every Saturday, from 4 to 7 pm at the new Rogue Roasters, at 6th and K St, Grants Pass. Free.

GREEN DRINKS

Rogue Valley Green Drinks fosters connections and raises awareness toward a more vibrant and sustainable Southern Oregon. Green Drinks is a prime networking arena for those looking for information and connections related to environmental and sustainability issues. A venue for both networking and education, each event features a presentation meant to provide information and time afterwards for further discussion. ASHLAND: Meets every 2nd Monday (March 14), at 6 pm. Ashland Food Co-op Community Classroom, 300 N Pioneer St. MEDFORD: Meets every 4th Monday (March 28), at 5:30 pm. Locations vary. 541-773-8200.

MAKERS AND HACKERS NIGHT

Thursday, March 3, from 6:30 - 9:30 pm. Do you enjoy DIY projects, tapping into your inner geek, and exercising creativity? Do you like hanging out with other people while figuring out how things work, re-purposing in unexpected ways, and collaborating on challenging problems? If the answer is yes, then come join us on the first Thursday of each month from 6:30 - 9:30 pm. Adams Community Meeting Room, Medford Branch Library, 205 S Central Ave. Free admission.

MYSTERY READERS ROUNDTABLE

Tuesday, March 15, 2 - 3 pm. The Mystery Readers Roundtable meets every third Tuesday of the month, from 2 - 3 pm in the Meyer Memorial Trust Community Meeting Room at the Phoenix Branch Library, 510 West 1st St. A bibliography for upcoming meetings is available in the foyer of the Phoenix Library. Mystery readers are encouraged to attend. This event is generously sponsored by the Friends of the Phoenix Library. 541-774-7090 or jcls.org.

RECORDER GROUP OF TALENT

Tuesdays, from 12 Noon to 1 pm. Come join us! The brand-new, all-ages, all-skills Recorder Group of Talent will be getting together to play music and have fun on Tuesdays. This will be an informal gathering of musicians with varied experience on this deceptively simply woodwind instrument. If you have a recorder please bring it along and join in. If you just want to show up and listen you are also welcome! For more information, please call the Talent Library at 541-535-4163. Talent Branch Library, 101 Home St. Free.

SCRABBLE CLUB

Are you a logophile (a lover of words) who knows that playing that word in Scrabble could score a minimum of 15 points? If you answered "yes," then you should join in a casual game (or two) of Scrabble on Saturdays from 12 Noon - 4 pm at the Talent Branch Library, 101 Home St. Free admission. A Scrabble group also meets in Grants Pass every Wednesday at 1 pm at Home Sweet Home, 1038 6th Street. Free.

TRANSPARENT SUPPORT GROUP

Second Tuesday of each month, from 6 pm to 7:30 pm in Ashland. We are parents, family members and allies of gender creative youth. TransParent Support Group offers a safe and positive place to talk, share, discover, learn and support each other. If you are a supportive ally of a child or youth who doesn't fit into current gender binary norms, come and exchange wisdom and experiences. You are not alone. There is a wealth of support, information and safety for your amazing child! Contact Emily Waymire at (Info@MovementsOfTheSoul.org). You will receive a short email with some questions to ensure that this is a good fit for your needs.

TRANS TALK

Mondays at the QRC. For more information, please contact qrc@sou.edu. Stevenson Union, Southern Oregon University, 1250 Siskiyou Blvd, Ashland.

VETERANS FOR PEACE

First Wednesdays, 6:30 pm. The Rogue Valley Veterans for Peace Chapter 156 meets on the first Wednesday of each month at a rotating location. For further information or to arrange transportation to the meeting, call Jim Woods in Grants Pass at 541-956-5287, or Iwend Holen in Medford at 541-779-5392.

Presentations

ADVENTURES IN APPLGATE GARDENING: DEFYING DEER AND DROUGHT

Saturday, March 12, from 2 to 4 pm. The public is invited to learn from Bonni Criswell, a landscape designer, master gardener, passionate plant enthusiast and defyer of deer! Gaining experience through a small gardening business, she earned her green thumbs by getting down and dirty. She has worked in the nursery industry since 2008. Bonni has called the Applegate Valley "home" for almost ten years, where she not only tends her two growing boys, but also fervently (Oh, deer!) collects Eryngiums, Zauschnerias, Hebes and other such curiosities. Learn how to defy the deer and more at the Ruch Branch Library, 7919 Highway 238. Free.

BIRDS AND BIRD NESTS

Saturday, March 5, 11:30 am - 12:30 pm. Get the facts about our local birds and their habitats from local expert John Jackson of Bugs-R-Us. What is a bird nest made with? What do birds really like to eat? Find out during this special presentation at the Applegate Branch Library, 18485 N Applegate Rd.

BOOK SIGNING WITH GRANDMA AGGIE

Monday, March 7, 7 pm. Join us as Grandma Aggie, the oldest living member of the Takelma Tribe,

LEGAL & FINANCIAL TOOLS FOR CAREGIVERS

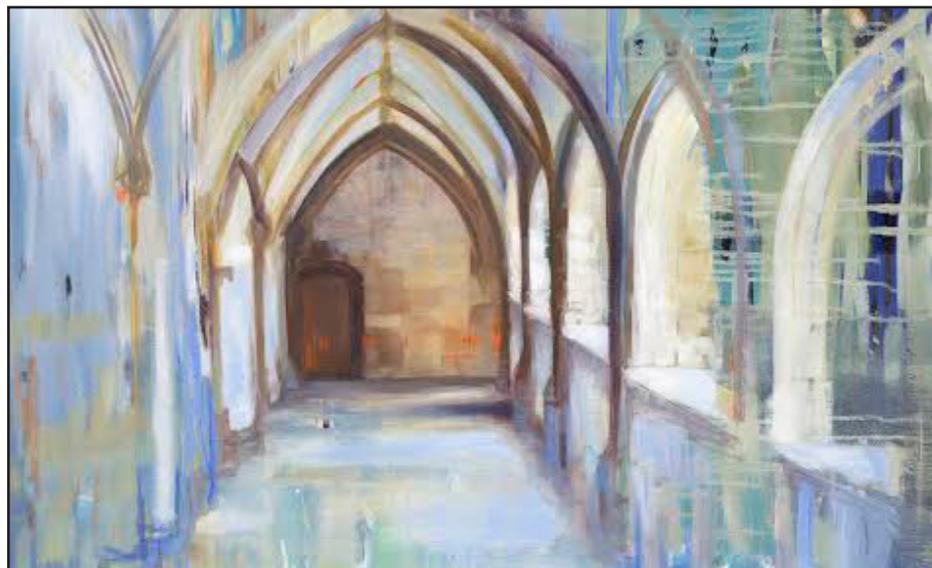
Tuesday, March 15, 2 pm. If you or a loved one are suffering from dementia, cognitive impairment or chronic illness, you may be feeling quite overwhelmed and alone. Cheri Sperber, JD of Gray Matters Consulting, based in Ashland, provides professional advocacy and compassionate support, guidance, education, and resources to seniors in southern Oregon and who who love them. Cheri will offer an informative and powerful presentation on March 15 to address the importance of advance planning. It will identify the important steps involved in getting legal, financial, and future care plans in place for those suffering from or affected by dementia and cognitive decline. This talk is free and open to the public. Havurah Shir Hadash, 185 N Mountain Ave. Ashland.

OSF AT 80: WHAT LOOKS DIFFERENT?

Thursday, March 3, 6 pm. Bill Rauch, the longtime Artistic Director of the Oregon Shakespeare Festival, is coming to the Hannon Library to talk about the happenings at OSF, his upcoming drama based on Roe vs. Wade, and how he keeps audiences enthralled by his work after 14 years. This talk is free and open to the public. Hannon Library at SOU, 1250 Siskiyou Blvd. Ashland. 541-552-6816.

POETS & READERS OF POETRY

Friday, March 4, 7 to 8 pm. Join Zoriya, Steven George Kaucher, and Dylan & Faith. They will be sharing their personal poetry and the poems of their favorite poets, punctuated by quiet stringed instrumentation for effect. Their favorite poets include: Mary Oliver, Gary Snyder, Maya Angelou, Billy Collins, Alice Walker and Pablo Neruba. Bloomsbury Books, 290 E Main St. Ashland. Free and open to the public.



MARCH 12 - ARTIST RECEPTION FOR INGER NOVA JORGENSEN AT SOUTH STAGE CELLARS, LIVE MUSIC BY JEF PEVAR & FRIENDS, 5.30 TO 8 PM

discusses her vision for the future and signs copies of her new book and audio from Blackstone, "Grandma Says: Wake Up World!" Bloomsbury Books, 290 E Main St. Ashland.

FORUM: RECENT RESEARCH FINDINGS IN THE CASCADE-SISKIYOU NATIONAL MONUMENT

Thursday, March 3, from 7 to 9 pm. Dynamic factors make the Cascade-Siskiyou National Monument one of the most biologically diverse places in North America. This special community research forum provides an opportunity to hear recent field-research findings from within the monument as well as hear music and poetry inspired by the monument. SOU Science Building Auditorium, Room 151, 1250 Siskiyou Blvd. Ashland.

KANGEN WATER DEMONSTRATION

Saturday, March 5, from 1 - 3 pm. Live at the Army will be offering an alternative to bottled water, Kangen Water! What makes Kangen Water unique? 1 cup of Kangen Water has the same amount of antioxidants as 2 lbs of blueberries. This water is made alkaline by an electrical charge instead of harmful chemicals. This turns your body's PH alkaline, disease cannot survive in an alkaline state. Also, the Micro-clusters are 5 molecules in size, as opposed to normal water which is 20 molecules. This allows for much greater absorption and hydration, increasing our cell's ability to intake oxygen and nutrition, flush out toxins, and yes, decrease or eliminate hangovers! Bring an empty gallon jug and leave with it filled with free Kangen Water! Historic Ashland Armory, 208 Oak St. Ashland.

STORIES & SONGS FROM THE GOLD RUSH

Sunday, March 13, at both 2 pm and 3:30 pm. Relive the "days of old when we dug up gold" with David Gordon. David brings the Gold Rush of California and Oregon to life through original songs from that era, along with the stories behind them. We encourage reservations, the last event was a huge success and seating is limited to the first 60 people. Call 541-245-3650. Admission is \$3. Proceeds dedicated to maintaining and preserving historic structures in Jacksonville, OR, and bring their history to life. Join us in the Naversen Room of the Jacksonville Library, located at 340 West C Street in Jacksonville.

SUMMONING GENIUS: A MIDLIFE GUIDE TO DISCOVERING IDENTITY, PURPOSE AND MEANING

Monday, March 14, 7 pm. Join us for an author talk with Ben Hummell, author of "Summoning Genius: A Midlife Guide to Discovering Identity, Purpose and Meaning," a book that can be read again and again as a companion to anyone's midlife challenges. This book offers practical guidance, helpful exercises and inspirational support for people who are struggling to find value, meaning, and purpose in the second half of life, and explores the questions and issues that arise in the process. Each section offers clear and practical insights pertaining to the trials and pitfalls that may appear at different stages of anyone's midlife transition. It's pages can gently support or courageously provoke life-changing actions and decisions that may need to be made by the reader in order to continue to grow, change, and develop as an individual. Bloomsbury Books, 290 E Main St. Ashland. 541-488-0029. Free and open to the public.

THE VAGINA MONOLOGUES

March 3, 4 & 5 at 7 pm each evening. The Southern Oregon University Women's Resource Center will once again present The Vagina Monologues, which is based on the award-winning work of author Eve Ensler. This year's presentation will for the first time feature opening acts, including the SOU Slam Poetry Team, Dulcet Acapella Group, and singer Alyssa McPartland. The entire cast of The Vagina Monologues is comprised of SOU students, as are the two co-directors, Demitra Olague and Jessica Hole. "The Vagina Monologues are a collection of performances empowering women and people with vaginas," Hole said. The Friday, March 4 presentation will feature an American Sign Language interpreter. Tickets are on sale now at the Stevenson Union Information Desk and the SOU Women's Resource Center. Advance tickets are \$10 for SOU students and \$13 for members of the community. Tickets will be available at the door for \$12 and \$15, respectively. Rogue River Room at SOU, 1250 Siskiyou Blvd. Ashland.

THREE HUNDRED CUPS OF TEA AND THE TOUGHEST JOB

Thursday, March 3, from 1 to 2:30 pm. Celebrate Peace Corps Action Week and hear a story from those who have been there as Asifa Kanji and David Drury discuss their memoir, "300 Cups of Tea and The Toughest Job." When David and Asifa said "yes" to serving with the Peace Corps in Mali, little did they know they were stepping onto a roller coaster that would test their endurance, creativity and patience. It's a crazy tale of vampire cats, giant termites, and Toyota-flattening freight trains but most of all, it's a story of the warm-hearted Malian people, set against a darker background of approaching famine and political unrest. Ashland Branch Library, 410 Siskiyou Blvd. Free presentation.

Sports & Outdoor

A GAME OF INSPIRATION

Saturday, March 5, 7 pm. Competitive Edge Sports is hosting the Rogue Valley's first ever championship level wheelchair basketball game. Come cheer on the southern Oregon's nationally ranked Rogue Valley Scorpions Wheelchair Basketball team as they take on the Sacramento Rollin Kings, led by USA 2-time Paralympian Joe Chambers! Proceeds go towards sending the Scorpions to the finals in Louisville, Kentucky - help us bring the title home to the Rogue Valley! Tickets available at the door on game night: \$10 for adults, \$5 for kids ages 10 and younger. Central Medford High School, 815 S Oakdale Ave. Medford. Go Scorpions!

CHARLIE'S CHOCOLATE 5K RUN/WALK

Sunday, March 6, 8:30 am. Come in Costume if you like. Kids' Chocolate Dash, too! Delicious Prizes for all participants! Register online at "OregonChocolateFestival.com/Chocolate-run". Start and finish at the Ashland Hills Hotel & Suites, 2525 Ashland St in Ashland. 541-482-8310.

GROUP MOUNTAIN BIKING

Cycle Analysis hosts a two hour Mountain Bike ride on the Britt Trails in Jacksonville or John's Peak, which has 200 miles of trail. Come enjoy good food, friends, and a great ride. Everyone is welcome. Helmets mandatory at all times, lights in the winter. Wednesday nights at 6 pm. Cycle Analysis, 535 N Fifth St, Jacksonville. Free.

HEALTHY HISTORY HIKES: JACKSONVILLE GOLD MINES

Sunday, March 6, 9 am to 12 pm. Historian Larry Smith leads the second in the series of Healthy History Hikes, a hike along Jacksonville's mining trails. As you take this easy, three-mile hike along the gravel and mulch paths in the hills above Jacksonville, you'll learn of the engineering marvels of Rich Gulch, and see where Chinese miners developed innovative methods of salvaging gold from mine tailings. Space is limited, register at "www.sohs.org/hikes-list". The Healthy History Hikes series is co-sponsored by the Southern Oregon Historical Society and the Ashland YMCA. \$10 Non-members, \$5 SOHS & Ashland YMCA members. Meet at the Jacksonville Library, 340 West C St.

HERBAL ID WALK WITH DEBBIE LUKAS

Saturday, March 12, 9:45 am - 12 pm. Join clinical herbalist Debbie Lukas on an herb walk! Early spring is an exciting time to get out and explore wild and domesticated herbs. Do you want to know what medicinal plants grow here? Discuss identifying characteristics, habitat, parts used, collection techniques, preparation, and uses of plants as we meander down the trail. Please wear sturdy shoes, layers of clothing, and bring water, a camera and notebook. The cost is \$10. Students, Seniors, and unemployed: 2 for \$12. Carpool from the Visitors Center parking lot at 201 Caves Hwy. Cave Junction. Meet to sign in at 9:45 am. For more information,

EVENTS

contact Siskiyou Mountain Herbs, 9044 Takilma Rd. Cave Junction, Oregon 97523, call 541-592-3386, or email sisqdeb@gmail.com.

LICHEN HIKIN' WITH A FUN-GUY

Sunday, March 13, 10 am. Join John Vilella, a botanist with the Siskiyou Biosurvey and member of the American Bryological and Lichenological Society, together with the Native Plant Society of Oregon to observe lichens, bryophytes and terrestrial algae at Upper Table Rock. This is a great time to visit, as it's prime time for ephemeral bryophytes and terrestrial algae associated with the vernal pools on the top of the rock. There's also a chance to observe early flowering wildflowers. Space is limited to 20 individuals. Call the BLM Medford District at 541-618-2200, M-F 7:30 am - 4:30 pm to reserve your spot. You must register by 4 pm on the Friday before the hike is scheduled. Hikes are 3-5 miles round-trip along a moderate grade trail and generally last 3-5 hours. Dress for the weather, bring water (none available on site), plus bring a lunch or snack. Restrooms available at trailhead. No dogs, bikes, or OHVs.

MONSTER TRUCK DESTRUCTION TOUR 2016

Friday, March 4 at 7:30 pm (Pit Party 6 - 7 pm), and Saturday, March 5 at 2 pm & 7:30 pm (Pit Parties 12:30 - 1:30 pm & 6 - 7 pm). Come watch the nation's most competitive MONSTER TRUCKS as they invade the Jackson County Expo. See these incredible 10,000 pound, car crushing giants compete in racing, wheelie contests, and then rock the house with amazing freestyle action during the MTD Tour! Plus, meet the drivers and see the trucks up close at the pre-event Autograph Pit Party! See trucks like BIGFOOT, ROCK STAR, & CALIFORNIA KID! Advance tickets (At Ray's Food Place) starting at \$19, Kids ages 3-12 starting at \$10, Age 2 and younger FREE. Prices go up the day of the show. Jackson County Expo, 1 Peninger Rd. Central Point.

OISRA STATE ALPINE SKI RACING CHAMPIONSHIPS

Thursday, March 3, 10 am. The finest high school alpine ski racers from all over Oregon will come to the mountain to compete! Visit "staterace.ski" for more information. Mt. Ashland Ski Area, 11 Mt. Ashland Ski Rd.

PROJECT FEEDERWATCH

Saturday, March 5, from 9 - 10 am. On select Saturdays, help count birds that visit the feeders at North Mountain Park while learning to identify species with expert guidance. This is a great opportunity for all-level birders to get acquainted with local birds and mingle with other birders under a covered pavilion. The information collected will be submitted to Cornell University's FeederWatch project, a nation-wide bird-monitoring effort. Pre-registration is not required for this free program. For ages 10 and older. Join us on Saturdays, March 5 & 19. North Mountain Park Pavilion, 620 N Mountain Ave. in Ashland.

SOS RUN FOR THE LAW

Saturday, March 5, 8:30 am. Run our 10k or walk/run our 5k course starting and ending at Club Northwest in Grants Pass. Chip timed! FREE Kid's dash for youth age 12 and younger will start promptly at 8:30 am. Packet pickup on March 4 from 2 - 7 pm at Club Northwest. Cash prize for 1st & 2nd female and male finishers in both the 10k and the 5k! Medals for 1st, 2nd & 3rd place female and male in each age category (0-12, 13-18, 19-29, 30-39, 40-49, 50-59, 60+). Ribbons for each participant in the Kid's dash, too! Limited supply of dry wick race shirts on race day: Adults \$15, Kids \$10. Day of race registration is \$25 for the 5k & 10k, \$15 for any race if age 18 or younger. Proceeds go to the nonprofit organization called Securing Our Safety, a group dedicated to finding alternatives for funding law enforcement in Josephine County. For more information, contact Holly Lidey 541-660-8186. Register online at www.securingoursafety.org. Club Northwest, 2160 NW Vine St. Grants Pass.

SOU SOFTBALL GAMES

Saturday, March 5, 12 pm & 2 pm. The Southern Oregon University Raiders host Simpson University at the SOU Softball fields on lower Wightman Street in Ashland. Plus, don't miss the SOU Alumni Softball game on March 6 at 11 am. Go Raiders!

Stage

A DOLL HOUSE

March 10 - 26. Theatre Convivio presents Henrik Ibsen's "A Doll House," directed by Brady Rubin. Starring: Christina "Saia" Blakeslee, Harlan Cox, Radley Cox, Lia Rose Dugal, Ann Haynes, Richard Heller, Michael K. Hovermale, Lala Jahn Peterson, and John Richardson. Show opens March 10 at 7:30 pm. Thurs & Fri shows at 7:30 pm. Saturday matinees at 1:30 pm. Saturday & Sunday evening shows at

7:30 pm. \$5 Preview Night March 9 at 7:30 pm (first come, first served). General Admission: \$12.50. Seniors & Students with ID: \$10. Group Rates of 10 or more: \$7.50. The Bellview Grange, 1050 Tolman Creek Rd. Ashland.

BARRAGE 8

Thursday, March 10 at 7:30 pm. From the innovative creators of the internationally acclaimed fiddle extravaganza, Barrage, comes the next musical triumph. Barrage 8, featuring 4 violins, 2 violas, 1 cello and 1 double bass, fuses the consummate Barrage vivacity and charisma with a full-tones and diverse repertoire. Get ready for a performance that will mesmerize all ages with "a memorable presentation of music, from many genres and cascading generations, delivered in a way not seen or heard before." Tickets: \$31 - \$38 / Youth (0-18) \$10. Craterian Theater, 23 S

Tickets: \$45 - \$63. Craterian Theater, 23 S Central Ave. Medford. Box office 541-779-3000

RING OF FIRE - THE MUSIC OF JOHNNY CASH

February 11 through April 17, various times. Hear more than two dozen hits, including "I Walk The Line," "A Boy Named Sue," "Folsom Prison Blues," and the title tune - performed by a multi-talented cast, which paints a musical portrait of The Man in Black that promises to be a foot-stompin', crowd pleasin' salute to the unique American legend. Ring of Fire has no nudity, profanity, or any strong adult content. Songs like Folsom Prison Blues contain adult lyrics and references to violence and drugs. Were it a movie, it would likely be rated PG. \$21-\$35. Oregon Cabaret Theatre at 241 Hargadine St. in Ashland. Box office: 541-488-2902.



MARCH 5 - KIDS AND FAMILY - TEENPROV IMPROVISED SHAKESPEARE AT THE ASHLAND LIBRARY, 2 PM

Central Ave. Medford. Box office 541-779-3000.

DRUM TAO: SEVENTEEN SAMURAI

Wednesday, March 16 at 7:30 pm. Since its inception in 1993, Drum Tao has stunned over six million people worldwide with its blazing energy, sheer athleticism and the percussive power of Japanese Taiko drumming. Their newest production, Seventeen Samurai, will once again astonish audiences with visionary costumes, brilliant choreography and fierce drumming. With unparalleled stamina and staggering precision, these performers continue to prove why Drum Tao remains an international sensation! Tickets: \$42 - \$48 / Youth (0-18) \$30 - \$36. Craterian Theater, 23 S Central Ave. Medford. Box office 541-779-3000.

HOW TO SUCCEED IN BUSINESS WITHOUT REALLY TRYING

March 3 & 4 at 7:30 pm, and March 5 at 2 pm. Big business means big laughs in this delightfully clever lampoon of life on the corporate ladder. Follow the rise of J. Pierrepoint Finch, who uses a little handbook called "How To Succeed In Business Without Really Trying" to climb the corporate ladder from lowly window washer to high-powered executive, tackling such familiar but potent dangers as the aggressively compliant "company man," the office party, backstabbing co-workers, caffeine addiction and, of course, true love. Tickets: \$24 Adults / \$14 Youth up to age 18. Craterian Theater, 23 S Central Ave. Medford. Box office 541-779-3000.

ORPHEUS AND EURYDICE

March 3 & 4 at 8 pm, and March 6 at 3 pm, 2016. Directed by Willene Gunn with Conductor Martin Majkut, the fully staged baroque opera will be performed in English and feature a richly talented national cast of professional opera singers and instrumentalists. Orpheus and Eurydice, by Gluck, is based on the classic Greek myth of Orpheus, the hero who descends into Hades to rescue his beloved Eurydice from the fate of death. Tickets: \$30 Adults / Students (under 21) \$15. Camelot Theatre, 101 Talent Ave. Talent. 541-535-5250.

RAGTIME - THE MUSICAL

Tuesday, March 8 at 7:30 pm. It's the turn of the 20th century in New York City and the lives of families from three divergent worlds become inextricably intertwined because of their shared hope in the promise of a better tomorrow. This brand new theatrical tour of Ragtime, from the producers of The Color Purple, Spamalot, The Addams Family and Rock of Ages, skillfully weaves together the extraordinary stories of the famous, the infamous and the unsung.

THE CRUCIBLE

Thurs-Sat, March 3 - 5 at 8 pm, and Sun, March 6 at 2 pm. The Oregon Center for the Arts at Southern Oregon University Theatre program proudly presents Arthur Miller's, 'The Crucible,' directed by Oregon Shakespeare Festival's longtime director and actor, James Edmondson. The Crucible is a classic expose of bigotry, repression, and mass hysteria, set in late 17th-century Salem, Massachusetts during the infamous witch trials, and addressed to a mid-century America haunted by "witch hunts" of its own. Tickets are \$21 Regular, \$18 Senior, \$6 Students. The Center Stage Theatre is located in the Theatre building on the SOU campus, 1250 Siskiyou Blvd. in Ashland, Oregon. To purchase tickets: 541-552-6348.

OREGON SHAKESPEARE FESTIVAL - 15

GREAT EXPECTATIONS

February 20 through October 30. Based on the novel by Charles Dickens. Adapted by Penny Metropulos and Linda Alper. Directed by Penny Metropulos. World Premiere Adaptation. Angus Bowmer Theatre.

THE RIVER BRIDE

February 21 through July 7. By Marisela Trevino Orta. Directed by Laurie Woolery. World Premiere. Angus Bowmer Theatre.

THE YEOMEN OF THE GUARD

February 24 through October 30. Music by Arthur Sullivan; Libretto by W.S. Gilbert. Adapted by Sean Graney, Andra Velis Simon, Matt Kahler. Director by Sean Graney. World Premiere Adaptation. Thomas Theatre.

TWELFTH NIGHT

February 19 through October 30, 2016. Written by William Shakespeare. Directed by Christopher Liam Moore. Angus Bowmer Theatre.

VIETGONE

March 30 through October 30. By William Shakespeare. Directed by Bill Rauch. Thomas Theatre.

Wellness

ACRO YOGA

Tuesdays, 7:30 - 9 pm. Acro Yoga, with Jamie Cooper and Jacob Wood, is a form of partner work that combines yoga and acrobatics. In each class you will learn the foundational work and basic poses for a fun and safe experience. No previous acro experience is required. Come alone or bring a friend, and be ready to have fun and challenge yourself. Rasa provides thick gymnastic mats for safety. Drop-in price: \$12. Rasa Yoga, 217 4th St, Ashland.

FAMILY MESSAGE EDUCATION CENTER

77 Manzanita St., Ashland. Call 541-482-3567 to register.

Mondays: Singles Massage Classes (couples welcome)

Mondays: 9:30 - 10:30 am: T'ai-Chi for Daily Life with Gene Burnett, drop-ins welcome.

Tuesdays: Parent-Baby Massage Class Series

Wednesdays: Pregnant Partners Massage Classes

Wednesdays: 9:15 - 10:30 am: Human Yoga with Willow Humphrey, drop-ins welcome.

Thursdays: Couples/Pairs Massage Classes

Fridays: Beginner's Overview Massage Class (a one-time class, but you may retake it).

Sat/Sun Weekend Afternoons: Couples/Pairs Massage Class. 3rd Sunday of each month: Reflexology "Happy Hands & Feet"

FILIPINO MARTIAL ARTS

Fridays, 3:30 - 5 pm: Intro to Eskrima-Kali-Arnis.

5 - 6:30 pm: Yellow Belt & above in E-K-A. You will learn many techniques, forms, drills and concepts from our curriculum in a safe, encouraging community of martial artists. Our classes focus on Single Stick, Double Stick, Eskrido, Sword & Dagger, Kickboxing, Padded Stick Sparring, Flexibility & Relaxation. \$15 Drop-in or \$12 with 10 class punch card. Private lessons available. 920-286-2759. Ashland Karate Academy, 644 Tolman Creek Rd. in Ashland.

GUIDED MEDITATION FOR BEGINNERS

1st Sunday of every month. Sessions led by Lama Chonam & Sangye Khandro. The monthly guided meditations involve instruction on the nine-round breathing purification, how to sit in the correct posture, and how to meditate. An outline explaining the nine stages of Shamatha meditation, Vipassana techniques, and resting in the mind's nature (rigpa) will be provided. There will also be time for questions and answers. This event is free of charge. Donations to the center or teachers are always welcome. Tashi Choling Center for Buddhist Studies, 2001 Colestin Rd, Ashland.

KUNDALINI YOGA AND MEDITATION

Mondays, 5 - 6:30 pm. Join Lindsey Roby for a unique, stress-relieving experience. For everyone. All levels welcome. The Haven, 1970 Ashland St, Ashland. \$10.

OUTDOOR MOVEMENT CLASS

Thursdays, 9 am - With Alissa Rae Hill, rain or shine. Awareness meets movement. Find your balance between relaxation and stress. Small group. Deep journey. Real practice. Heart conditioning, functional anatomy, whole body dynamic strengthening and stretching, beautiful fresh air and scenery! Space is limited, registration strongly suggested. Location may change weekly. Please visit www.alissarae.com or call 541-292-4998 for location.

RADHAKRISHNA HOLISTIC YOGA

Ashland Karate Academy, 644 Tolman Creek Rd, Ashland 920-286-2759 (limited class sizes). Saturdays & Sundays at Noon (Gentle), 1:30 pm (Intermediate), & 3 pm (for Yoga teachers). Classical Raja Yoga from Sivananda Yoga Vendanta Ashrams International, now in Ashland. OM Shanti!

RELATIONSHIP MAGIC

Sundays, March 6, 13 & 20 at 9:30 am (LIVE 1-hour talks), and Thursday, March 24 at 5:30 pm (LIVE 2-hour webinar) Best Selling "Letting Go" author and relationship expert Guy Finley will present a 3-part course plus webinar on "Relationship Magic" that will offer powerful insights into how to understand and improve relationships of every kind. Begins March 6 and runs three consecutive Sundays (March 6, 13 & 20 at 9:30 am). You may attend in person at the nonprofit Life of Learning Foundation at 459 Galice Rd in Merlin, or attend via live streaming. The seminar includes a follow-up webinar on March 24 with the author where he will answer questions from attendees. Finley will address such questions as how to overcome destructive relationships patterns, how to be free of heartache and loneliness, how we can recover when trust has been broken, and more. The cost is \$5 at the door for single meetings at the Foundation. Attend one or more classes and begin at any time! Visit www.MyRelationshipMagic.org or call 541-476-1200.

SOUND HEALING AT COYOTE TRAILS

Saturday, March 5, 1 pm. Enjoy a sound healing session for adults, employing several mediums for sound healing. The harp has been used since ancient times for its celestial sound. Explore chakra toning with the Celtic harp, crystal bowl, and your own voice. Pre-registration required. \$15. See details and register at www.CoyoteTrails.org. Questions? Contact Lynne at 541-772-1390. Coyote Trails Nature Center, 2931 S Pacific Hwy. Medford.

Your events can be on this calendar, too! E-mail your event details to Events@RogueValleyMessenger.com.



The Best of SOUND

BEST BAND

FIRST PLACE:

The Evening Shades

SECOND PLACE:

Slow Corpse

Southern Oregon is neither short on bands, nor on good ones. But some bring that extra something special that goes beyond just kicking out the jams; they do it in a way that audiences don't just passively absorb as background, but get on board with and say, "these are my guys." And that special quality is why readers picked The Evening Shades as this year's favorite local band. The Evening Shades brand of straight-forward power-pop is catchy and danceable, and its members earnest and likeable. Their album is great on every song. But what sets them apart more than anything is that after checking one of their shows, you can't help but wanna grab a beer with 'em and say, "let's be best friends."

Honorable Mention go to Slow Corpse, who only broke into the local scene in late fall, but is already becoming one of the region's most talked-about bands. Careful fellas. Don't let it go to your heads.

**BEST LOCAL
ALBUM OF 2015**

FIRST PLACE:

Alright, by The Evening Shades

Honorable Mention: Hound EP, by Slow Corpse

Readers picked The Evening Shades as this year's favorite local band, and a big part of that favorability is the group really hitting its stride on its debut album, *Alright*. The 12-song collection is packed with straight and simple pop-rock gems with shades of Matthew Sweet, Weezer, or The Strokes, especially in the catchy vocal melody department. Frontman Mark Thales switches effortlessly back and forth between smooth croon and Jagger-style sass, while the rhythm section keeps things moving. It took The Evening Shades several lineup rotations and an extra trip into the studio (a power surge fried the hard drives with the masters from the first go), to emerge with *Alright*, but the final product was worth it.

Honorable mention goes to another stellar debut, *Hound EP*, from Slow Corpse, one of The Messenger's favorite local recordings of the year as well.

SOUND

Trademarks With Attitudes

The Slants Fought the Law and They Won

BY TYRELL TRIMBLE



Stumbling drunk into a rock show is par for the course. But stumbling drunk into a rock show by a band that was instrumental in expanding your First Amendment rights is a rare privilege. And, it's an opportunity you'll have on Friday, March 11, when Portland based dance-rock phenoms, the Slants, take the stage.

"It's crazy. You don't exactly start a rock band thinking that someday you'll repeal this racist 70-year-old law," says bassist and Slants founder Simon Young, referring to the Slants recent Federal Circuit victory over The Lanham Act that allowed them to trademark their band name.

Young says that while on its face, it seems like a good idea to ban trademark registrations that could be considered immoral or disparaging; the problem with the statute lies in the ambiguity of terms like *immoral* and the historical lack of nuance in its application.

"More often than not these bans are levied against people of color or individuals from the LGBTQ community," he says. "In other words people who are trying to re-appropriate these terms."

The Slants are one of those groups doing the re-appropriating. The band is so-named because its members are all Asian and self-identify their sound as Chinatown dance-rock.

"We like to call it Chinatown dance-rock because it's a place of our Asian heritage," says Young, lending some helpful clarification. "It's really a place where a lot of Asian-Americans feel accepted or felt like home. We kind of use that as a metaphor."

And that Chinatown dance-rock sound borrows heavily from the euro synth pop of the 80's—a welcome departure from the thick rimmed, flannel-laden indie-pop that is the Rose City staple.

"We get a lot of comparisons with Depeche Mode, the Cure, New Order, and modern bands like the Killers," says Young. "Well, at least before the Killers started to sound like Bruce Springsteen."

Since their formation in 2006, the Slants have accumulated a large following. The group is particularly popular on the anime convention scene and uses the convention format to commune with fans.

"When we play at anime conventions we are spending three or four full days, like all day all night hanging out with them, we really get to know them on a personal level," says Young. "It's a lot different from rolling up to a club and playing for 45 minutes, then trying to sell some merch and take off."

The Slants have wasted no time in putting their popularity to good use, calling attention to important nonprofits and lending a voice to demographics often marginalized by mainstream media.

"Our fans know what we are passionate about and they have similar values," says Young. "It's pretty incredible what you can make happen when you can connect with people on that level."

And, sometimes pretty incredible includes permanently changing US trademark law. Thanks to their outreach and legal efforts, other bands and organizations facing similar discrimination will be given opportunity to protect their intellectual property via trademark. Although the other side of the coin is that it also aids the case of those whose trademarks are not re-appropriated, but derogatory, most notably, The Washington Redskins, whom The Slants found as unlikely allies in their trademark case. Young doesn't buy Washington team-owner Dan Snyder's line that the name honors Native Americans, saying its pretty obvious they feel otherwise, but...

"The cure for racism and bad speech isn't censorship," he told *The Washington Post*.

THE SLANTS

9pm Fri., March 11
Club 66, 1951 Ashland St., Ashland
\$5

SOUND

The Wisdom of Crowds

Tow'rs Wants You to Not Just See, But Join the Music

BY JOSH GROSS

The first thing one might think upon seeing a flyer for Arizona indie-folk band Tow'rs, who will be playing at Club 66 with Black Bear's Fire on Tue, March 15, is "whaaa?" But don't worry; the band gets it.

"It's just Towers, like the with an e. But we spell it the old Shakespearean way with the apostrophe," says guitarist Kyle Miller.

Kyle and Gretta Miller, the co-founders of the group, say they were reading a lot of old literature and poetry and were drawn to the old spelling aesthetically, but that there is also a deeper meaning for them.

"We hope that our art and our music, creates a place for community to happen, something bigger than just the songs themselves," says Kyle. "The tower is imagery for that, a roadmark along all our journeys."

And sometimes that journey is complicated. Kyle and Gretta are a married couple, and that means bringing not just the complications of a romantic relationship into a creative partnership, but then filling it out with a backing band.

"Working on songs with my wife, it feels like an extension of our marriage, because they're both raw and vulnerable," says Kyle. "It's something we haven't totally figured out yet, but we're getting better and better at. And I think it's developing better art."

"It's really for us, like a processing tool to help our relationship," says Kyle. "It's not awkward or weird, but it definitely happens."

But then there's also the cello, electric guitar, drums and trumpet getting brought into every Fleetwood Mac moment. But Tow'rs has found a way to make it work.

"One of the reasons it works well for our music, is ev-

eryone really loves the piece that they bring," says Kyle. "It's a piece that they themselves bring, and no one else could. That dynamic can be really messy. We have had some arguments."

But from those arguments came growth. Tow'rs first, self-titled album in 2014, was a collection of folksy strummers dressed up with a few guest appearances from friends. It's 2015 follow-up, *The Great Minimum*, really broadened the band's sound by making those friends part of the writing process. Instead of adding a lead or a drum part, they became essential parts of the composition process, moving the band away from Old

Crow Medicine show territory and towards the Arcade Fire or Typhoon, which is a solid move.

But for its live shows, Tow'rs likes to make the band even bigger.

"The crowd is just as much a piece of the art as the band," says Gretta. "We want them to come be a part of the music."

.....
TOW'RS, WITH BLACK BEAR'S FIRE

8pm, Tue., March 15

Club 66, 1951 Ashland St., Ashland

\$5
.....



LITTLE KNOWN FACT: NO ONE IN TOW'RS HAS LEGS.

Rogue Sounds

The Legendary Goodtimes Get More Legendarily Good-Timey

BY JOSH GROSS

The Legendary Goodtimes 2013 self-titled album is an exercise in purism, with 12 tracks of straight-ahead no-nonsense rock and roll, recorded on analog equipment in single takes. Their follow-up, *This is Rock and Roll*, which the band will officially release at Howie's on Front on Sat., March 5, is even more so.

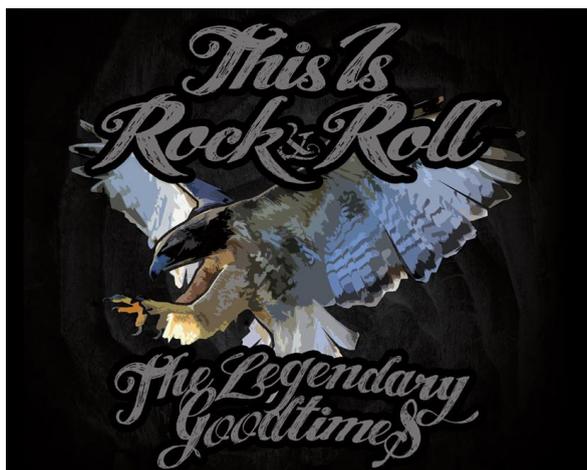
"[On this album] I think we're just more of the band we were before," says bassist, David Moore. "We're tighter. We're only a three-piece, so we have to be kind of concise in the way we write songs. Don't have a lot of wiggle room. We tried to double down on that for this album. Get tighter, get simpler. We kind of tried to do that on our first record, but we were so new and so raw, any tightness there was luck."

One place the band identifies that got special attention was the drumming.

Listening back to the first album, I realized I didn't want to play that many fills," says drummer, Mark Anderson. "It was too busy. Just too much. Opening it up with less noise allows the vocals to come through. It sounds like it is easy music to play, but it isn't. Because you really have to restrain yourself. As a drummer I really had to hold back. It takes a lot of listening."

But the band's front got just as much attention as its backbeat.

"There wasn't really a lot of harmony going on, on our first record," says Anderson. "It was raw and in your face. This album has a lot more melody and you can hear the harmonies a lot more. Dave opened up with the guitar in a couple of ways that we didn't do on the first album."



"We were all trying to go simpler, with everyone contributing as a group," says Moore. "Doing what the music calls for instead of everyone just trying to fill space."

One place on the band's newfound austerity is on display is its fifth track, "Two Trains," which is as straight and driving and fill-free as a Bon Scott-era AC/DC tune, with the vocals coming in during a guitar break to really take centerstage.

Another is the sixth track, "Painted Heart," which slows things down a bit and brings in an organ and melodies for a song that sounds like a rawer tune from Kansas or Chicago.

The Legendary Goodtimes mostly recorded *This is Rock and Roll* in one marathon three-day session with Mark Johnston of Blue Jay Audio last year.

"We went in with four reels of tape," says Anderson. "Did four songs and then two bonus acoustic takes. Did 'em all in two or three takes. Half the album was first or second takes. The only overdubs were vocals. All of it was played together, live. And you can hear it. Because it's not a flawless record."

When they finished, the band sat on the record instead of releasing it immediately, because they wanted to be sure to do it right. Consequently, they're already at work writing material for *This is Rock and Roll*'s follow-up, and looking at some potential small touring options, mostly weekenders. The band says it is more interested in the good times than the big time.

"We're not doing it for world domination," says Anderson. "We're doing it for the fun, and the music. If this were about the fame, we'd have been done long ago."

.....
**THE LEGENDARY GOODTIMES ALBUM
RELEASE PARTY, WITH HEISER**

9 pm Sat., March 5

Howie's on Front, 16 N. Front St., Medford

FREE
.....

The Best of THE ROGUE VALLEY



PERUVIAN POINT AND ITS FRIENDLY STAFF! THE OWNER, CHRISTIAN, IS THE ONE ON THE LEFT.

BEST FOOD TRUCK: *Peruvian Point*

There is something truly magical about a good food truck's ability to take our taste buds to a another place right from the convenience of a familiar street corner, and our winners for Best Food Truck have proven that there is no need to travel all the way to Peru—or Portland for that matter—to find diverse and authentic street food at a reasonable price.

The votes are in, and the winner of Rogue Valley Messenger's Best Food Truck category is Peruvian Point, located on the corner of 8th and Fir in Medford. Owner Christian Ainzuaín has been bringing mouthwatering Peruvian dishes such as the delicious lomo saltado to Medford for three years now, and is about to open up a second location across from the Rogue Valley Medical Center this March.

Honorable Mentions went to the New American mobile kitchen, Fired Up, and the Waffle Sandwich joint, Ooblies; both located in Medford. (As well as one vote for "anything with tacos.") ZAC MOREL



BEST LOCAL BREWERY: *Caldera Brewery*



PHOTO COURTESY OF CALDERA BREWERY

The ever-popular Caldera rises to the top in this year's readers' poll, in part because they produce arguably the largest variety in southern Oregon, from light, clean and comparatively low-alcohol lagers, and up the ladder of increasing ABVs, IBUs and SRMs to culminate with hefty behemoths like the Old Growth Imperial Stout (8.8%, 100 IBU, 56 SRM). Dozens in-between include Vas Deferens, which retains a commanding 8.1% alcohol and vast complexity while backing off noticeably in bitterness and darkness. MAC GRAHAM

Honorable Mentions: Bricktowne Barrel House (Medford), Swing Tree Brewery (Ashland), Opposition (Medford)

BEST LOCALLY MADE WINE: *Red Lily*



PHOTO COURTESY OF JIM CRAVEN

In the increasingly crowded and top-notch world of Rogue Valley wines, Applegate's Red Lily Vineyards drew the most votes. Inspired by Spanish varietals and styles, winemaker Rachael Martin captures their essence in sun-drenched thin, mineral-rich soils that enhance balanced acidity, structure and earthy elegance of the quickly-ripening fruit. Recent Oregon Wine Experience Awards honor not just her "brooding, earthy Tempranillo," but also 2014 Stargazer Verdejo and 2013 desert wine, Night School. Their rustic, stylish facilities and tasting room, including the fantastic airy, light barn-stage, pulls in the people and rave reviews, while the half mile Applegate River restoration, undertaken in collaboration with the Freshwater Trust, showcases regional beauty and a commitment to water quality, aquatic habitat and environmental sustainability.

Honorable Mention: Roxy Ann Winery, in its lordly location overlooking Medford and the Bear Creek Valley, features its recently released 2012 Claret, which owner/general manager Chad Day calls "possibly our best wine ever." MAC GRAHAM

The Best of THE ROGUE VALLEY

BEST COLD BREW:

Case

Honorable Mention: Limestone
One vote for "what is cold brew?"

BEST HANGOVER BRUNCH:

Over Easy

Honorable Mentions: Ruby's, Smithfields

BEST RESTAURANT THAT IS GOOD FOR YOU:

Sauce

Honorable Mentions: MaMosas, Raw
One errant vote for "Red Lobster"

BEST COFFEE HOUSE:

Rogue Valley Roasters

Honorable Mention: Case

BEST DIVE BAR:

Gypsy

Honorable Mentions: Beau Club, Talent Club

BEST BAR:

Howie's

Honorable Mentions:
4 Daughters (Medford), Brickroom (Ashland)

BEST BURGER:

Jaspers

Honorable Mentions:
Immortal Spirits, In-n-Out

BEST CHEAP EATS:

In-n-Out

Honorable Mention: Taqueria Picaro

BEST MEXICAN RESTAURANT:

La Tapatia (Phoenix)

Honorable Mention: Mazatlan Grill (Medford)

BEST PIZZA:

Kaleidoscope

Honorable Mention: Jackson Creek

BEST HAPPY HOUR:

Porters

Honorable Mention: Shiki Sushi Bar

BEST ASIAN FOOD:

Bambu

Honorable Mention: Koke

BEST DESSERT:

Mix (Ashland)

Honorable Mention:

Dairy Queen (hey, you voted, not us!)
And specific votes for Standing Stone's marionberry pie,
Caldera's tiramisu, Belle Union's mud pie

BEST ITALIAN FOOD:

Cicily's (Medford)

Honorable Mentions:

Vinny's (Medford), Pasta Piatta (Ashland)

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Meets bi-monthly on third Tues. (starting in Jan.) 5:30 pm at RVMCOG, 155 N. 1st St., Central Point

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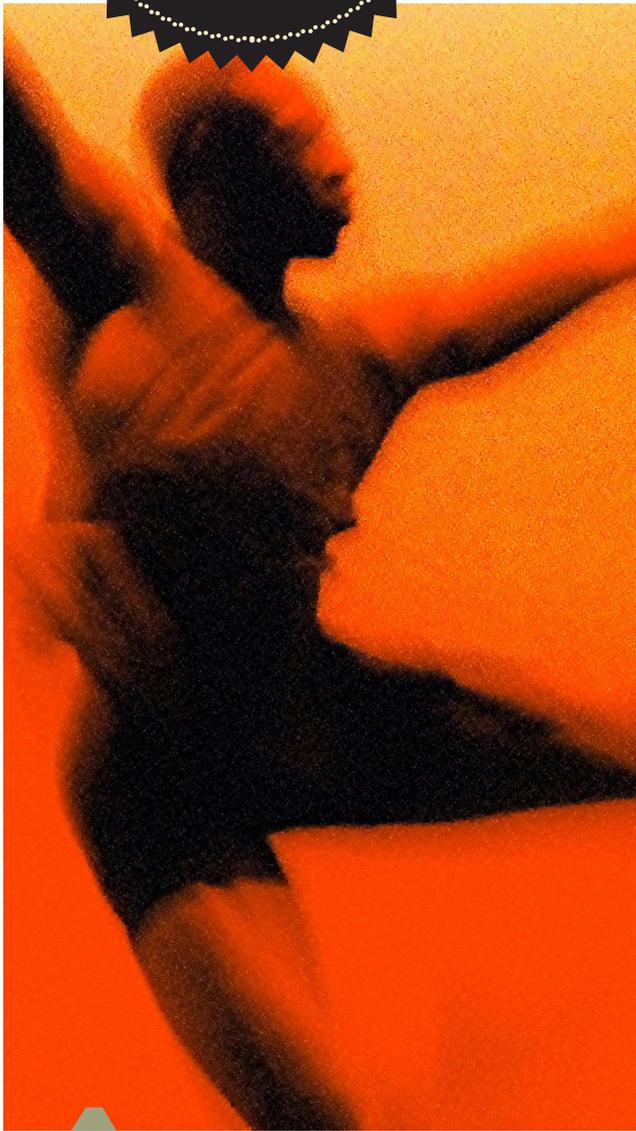
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The Best of THE ROGUE VALLEY



BEST DANCE:

Dancing People Company

With a reputation for innovative partnering, imaginative performances and collaborative community engagement, it's no surprise to see Dancing People Company at the top of our Best Dance category. Not only has Dancing People Company been bringing exciting modern dance presentations to the Rogue Valley since 2003, they also offer an array of classes for both youth and adults. In 2015, Dancing People Company performed their tenth (and final) "Call Back the Sun," a solstice-celebrating collaborative dance experience. As they move into 2016, the company will move into a new era as founding director, Robin Stiehm, moves on to a new chapter. The award-winning choreographer will relocate, but the Rogue Valley will not lose the magic that is Dancing People Company: the legacy Stiehm gave the community is poised to keep on giving Southern Oregon an array of dance education, experience, and performance.

Our Best Dance category is rounded out with this year's honorable mention, The Curtain Climbers Aerial Dance Company. This collective of aerialists have become a staple in Southern Oregon, with monthly First Friday performances at The Black Sheep as well as other shows around the Rogue Valley. J.J. ROWAN

BEST MOVIE THEATER:

Tinseltown

Honorable Mention: Varsity
And one vote for "the one downtown"

BEST THEATER COMPANY:

Oregon Shakespeare Festival

Honorable Mentions: Randall Theater Group (Medford), Barnstormers Theatre

BEST LOCAL AUTHOR:

Kumud Gokani (cooking)

Honorable Mentions: Josh Gross, PK Halinan (children)

BEST KARAOKE:

Gypsy

Honorable Mention: Wild Goose

BEST MUSICAL INSTRUMENT

STORE:

Cripple Creek

Honorable Mention: Tom's Guitar

BEST PLACE TO SEE LIVE MUSIC:

Brickroom

Honorable Mentions: Howie's, Talent Club
One vote for "outside"

BEST MUSIC FESTIVAL:

Britt

Honorable Mention: Applejam
One vote for "hippie shit"

BEST ART GALLERY:

Schneider Museum of Art

Honorable Mention: Art & Soul

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The Best of SPORTS & OUTDOORS

BEST HIKING TRAIL: *Table Rock*



With more than 10,000 visitors each year, it's no wonder that Table Rock won the best area for hiking. Two main hikes comprise this trail system and are both worthy of the awesome views at the top. Lower Table Rock trail is 1.75 miles long, moderately difficult, and half a mile longer than Upper Table Rock Trail. If you visit in the springtime you are likely to spot some of the most colorful flower displays in the region. In addition, the area is home to over 70 species of animals and 340 species of plants. Bonus for the nerd at heart: the federally threatened *Branchinecta lynchi* (fairy shrimp) can be found in the vernal pools at the top of the plateaus during the rainy season.

Honorable Mention to The Jacksonville Woodland Trails, with over 15 miles of trail to hike and explore. When you're not hiking or looking for morels, make sure to check out the native plant arboretum as well as several marked remnants of old gold mines. MIKE DICKENSON



BEST ROLLER DERBY GIRL: *Naughty Maude 3000*

The fear that Tiffany Maude, known in the derby world as Naughty Maude 3000 of the Southern Oregon Roller Girls, instills in her opponents can only increase with her declaration as the Messenger's Top Roller girl of 2016. Naughty Maude 3000 has been on the scene since 2008 and loves what she describes as the "obscure, yet thrilling sport."

When asked what sets herself and her teammates apart from the competition, Maude attributed Southern Oregon Roller Girls League.

"This league cares so much for our community. We have adopted a portion of the Greenway between Phoenix and Talent and do bimonthly rubbish runs. In 2011, we dedicated turn three of our flat track to Special Olympics Jackson County and we hold twice yearly food drives. We care about our teams and our service to the community deeply," she said.

Maude also mentions how supportive the Rogue Valley is of the sport. "Our community really comes out to support us and we have amazing volunteers."

"It's pretty much paradise," she added. RYAN DEGAN

Honorable Mentions: Rip Tide, Killawatt



BEST MOUNTAIN BIKING TRAIL:

Applegate Lake

Honorable Mention: Alice in Wonderland

BEST DOG PARK:

Bear Creek Greenway

Honorable Mention: Hawthorne

BEST SPORTS TEAM:

Southern Oregon Rollergirls

Honorable Mention: SOU football
(Note to our readers, the Seahawks and Broncos not local)

BEST SKATE PARK:

Bear Creek

Honorable Mention: Talent

BEST PARK:

Lithia

Honorable Mention: Bear Creek

BEST BIKE SHOP:

Al's

Honorable Mention: Marty's

BEST SKI SHOP:

Rogue Valley Ski Shop

Honorable Mentions: Black Bird Ski shop, Get N Gear

RAFT COMPANY:

Indigo Creek Outfitters

Honorable Mention: Noah's

BEST FOOT RACE:

The Rogue Run

Honorable Mention: Pear blossom

BEST DISC GOLF COURSE:

Tom Pearce

Honorable Mention: Indian Mary

BEST FLY SHOP:

Ashland fly shop

The Best of THE ROGUE VALLEY



BEST VITAMIN/HERB SHOP:

Natural Grocers

Okay, so not really a local company (owned by Vitamin Cottage out of Colorado), but Natural Grocers in Medford has some of the best deals on vitamins, supplements and groceries. This is partly due to the fact that they are a national chain, though they are no Wal Mart. As evidenced by their Community Education Room in their store, NG offers classes, recipes and information on how to sustain oneself in a healthy way, without breaking the bank. And most specifically in their vitamin department, the selections are offered by topic, not brand, as with many retail stores, which gives the shopper the ease of comparison and selection. All of their produce is organic and they are bag-free. Founded in 1955, they were green before it was cool to be green.

Though known widely as a marijuana dispensary, honorable mention went to Breeze Botanicals in Ashland, which also carries a wide array of herbs and locally produced goods—from Echinacea to dog treats. SARA JANE WILTERMOOD

BEST CHIROPRACTOR:

Jared Dance

Honorable Mention: Gary O'Neil

BEST ACUPUNCTURIST:

Janine Lamb

BEST GENERAL PRACTITIONER:

Dr. P Michael Stone

BEST PEDIATRICIAN:

Dr Christina Martin

BEST YOGA:

RadhaKrishna Holistic Yoga and Martial Arts

Honorable Mentions: Rasa center, Soul Shine

BEST MASSAGE:

Caitlin Rose Fears (Meridian Wellness)

Honorable Mention: Amanda Tucker (Soul Shine)

BEST INTUITIVE HEALER/ PSYCHIC:

Sharon Bauer

One vote for "lol these people are scam artists"

BEST DISPENSARY:

Talent Health Club

Honorable Mention: Green Valley Wellness

BEST NATUROPATH:

Brigid Crowe

Honorable Mention: Jim Said

BEST MEDITATION CENTER:

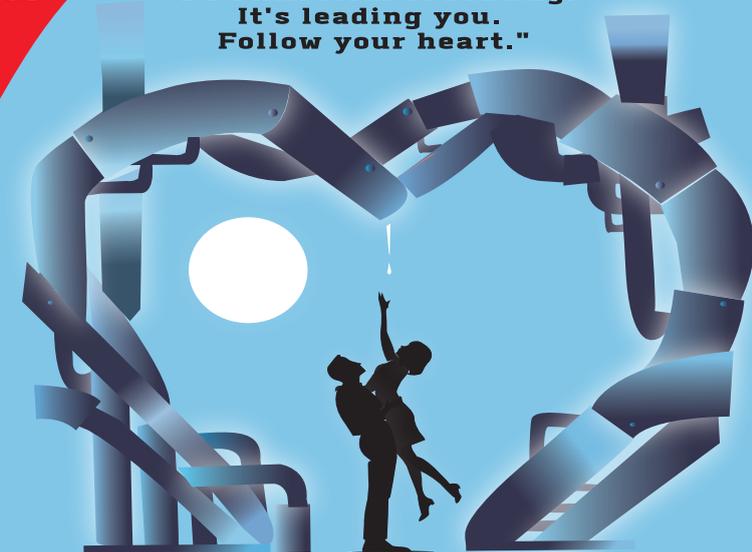
RadhaKrishna Holistic Yoga

Honorable Mention: Meridian wellness center

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WELLNESS

Growers' Market Opens

Let's Talk

DR. DEBORAH GORDON

I love the growers' markets. My most frequent pick is the Tuesday market at the Ashland Armory (East Main and Wightman), open from 8:30 a.m. to 1:30 p.m. It's a special insider-y feeling to visit the market when it opens in March or before it closes in the fall: the farmers, the visitors and the selection is limited compared to the abundant summer season, but the quality is head and shoulders above even the best supermarket selections. You can see the difference in your pick of vegetables as well as the tinier sums of money subtracted from your wallet. There is also a difference you can't see: organic food purchased locally is vastly superior at doing what you want food to do. Yes, we want food to taste good, but at the end of the day we want it to nourish our physical well-being.

After a single, small study from Stanford in 2012, every study since Stanford's has validated the huge advantage of eating local, organic produce. Oh, but that's only if you want less pollution of your air, water, and ground, less internal pollution with chemicals, and a greater selection of nutrients (vitamins and anti-oxidants) on your plate and in your body. And if you want the full benefit of the difference, your food is richer in nutrients if it was raised local to where you live, and spared the long road-trips of nutritional degradation.

Here's a challenge for you: in honor of food nutrient quality and smaller environmental footprint, I try to follow the one-state rule. I buy produce raised from California to Washington, preferring local Oregon produce when it's available. I encourage you to try it as an adventure. Sadly, at the moment it's berries that come from Mexico—counts as two states away. Happily, living in Oregon offers us the tremendous rich food supplies of three states actively growing lots of delicious organic produce.

And what would a good news article be without addressing a little controversy, so here goes.

What if the Growers' Markets aren't the best way to go? Face it, it's not always easy to add on a trip to the market. When I already "have to" stop at a market for, say—dog food! coconut milk!—it's a hassle to swing by the market, park a block away, and walk, when I could just pick up some lettuce and carrots from the dog food store. Before you commiserate with me (or laugh), let's think about what the farmers themselves are facing. Imagine you grow carrots in Williams, and you know your carrots have a wide audience.



DR. DEBORAH GORDON

There really are enough people in the valley to buy them all, but it means selling to restaurants (after many visits to set up accounts) and sending a truck full of carrots, with people, money, tables, and tents, to all the Growers' Markets in the valley. We're blessed to have so many, but it means that customers divide themselves, so only 1/4 of the customers are at each of the larger markets (two in Ashland, one in Medford, one in Grants Pass) and even fewer if you consider some folks are choosing markets in Cave Junction and Talent Markets! What's a farmer to do?

Isn't it a treat when a big problem has a great solution?

At the end of February, the Fry Family Farm in Talent broke ground on what will be a permanent, large farm stand with opportunity for not only their own produce, but samplings from other local farms and vineyards as well. Their new building will host both a 1400 square foot farm stand and a (huge!) 7000 square foot commercial kitchen. The combined offerings of multiple growers as well as commercially prepared foods will be unique and certain to be a huge asset to our area. So sure, in fact, that community, state and federal groups all have helped fund the construction; everyone agrees that quality of life in our region will be enhanced by ensuring the success of our food-producing farms and ranches.

Until the farm stand is completed, though, your best bet for fresh, local and nutritious food, as well as a good chance to get chummy with your local farmer, is your local Grower's Market. See you there! 🍷

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Read more of Dr. Deborah's healthy insights at www.DrDeborahMD.com.

.....

Local Rogue Valley Company: Urban Farms

Product: CO2 Oil Recyclable Cartridge/Pen

REVIEWED BY BUDTENDER, NILS NELSON:

“I’ve been involved in the Cannabis industry for just about two years now as a bud tender at T.H.C. The product I chose to highlight in this review is Urban Farms pens and cartridges. In all honesty, the CO2 cartridges have had their difficulties as far as functionality. That being said, the new Urban Farms pens and cartridges have done it right from the clarity of their oil to their cartridge and pen design. It’s the only pen I personally use.”



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UPCOMING EVENTS

March 5

THE BROTHERS REED
..... Indie folk duo from Ashland 9pm

March 9

CHAOS COMEDY NIGHT in our upstairs lounge 8pm

March 12

ACOUSTA NOIR
Folk/Americana9pm

FEATURED EVENTS

March 4

FIRST FRIDAY
"Happy Place" an art show by Ben Rosza with live music by Patrimony at 9pm

March 6

4-course Mediterranean
Prix Fixe dinner at 6pm
\$25 per person
Please RSVP The Haul for reservations: (541) 474-4991

March 20

French/Asian
Prix Fixe dinner at 6pm
Please RSVP The Haul for reservations: (541) 474-4991

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CHECK OUR FACEBOOK PAGE OR WEBSITE TO SEE THE LIVE MUSIC SCHEDULE

FREE WILL ASTROLOGY

ARIES (March 21-April 19): Actress Blythe Baird writes about the problem that arises when her dog sees her eating a peanut butter and chocolate chip bagel. Her beloved pet begs for a piece and becomes miserable when it's not forthcoming. Baird is merely demonstrating her love, of course, because she knows that eating chocolate can make canines ill. I suspect that life is bestowing a comparable blessing on you. You may feel mad and sad about being deprived of something you want. But the likely truth is that you will be lucky not to get it.

TAURUS (April 20-May 20): "I do not literally paint that table, but rather the emotion it produces upon me," French artist Henri Matisse told an interviewer. "But what if you don't always have emotion?" she asked him. This is how Matisse replied: "Then I do not paint. This morning, when I came to work, I had no emotion. So I took a horseback ride. When I returned, I felt like painting, and had all the emotion I wanted." This is excellent advice for you to keep in mind, Taurus. Even more than usual, it's crucial that you imbue every important thing you do with pure, strong emotions. If they're not immediately available, go in quest of them.

GEMINI (May 21-June 20): Some night soon, I predict you'll dream of being an enlightened sovereign who presides over an ecologically sustainable paradise. You're a visionary leader who is committed to peace and high culture, so you've never gone to war. You share your wealth with the people in your kingdom. You revere scientists and shamans alike, providing them with what they need to do their good work for the enhancement of the realm. Have fun imagining further details of this dream, Gemini, or else make up your own. Now is an excellent time to visualize a fairy tale version of yourself at the height of your powers, living your dreams and sharing your gifts.

CANCER (June 21-July 22): It's not always necessary to have an expansive view of where you have been and where you are going, but it's crucial right now. So I suggest that you take an inventory of the big picture. For guidance, study this advice from philosopher Friedrich Nietzsche: "What have you truly loved? What has uplifted your soul, what has dominated and delighted it at the same time? Assemble these revered objects in a row before you and they may reveal a law by their nature and their order: the fundamental law of your very self."

LEO (July 23-Aug. 22): Sportswear manufacturer Adidas is looking for ways to repurpose trash that humans dump in the oceans. One of its creations is a type of shoe made from illegal deep-sea nets that have been confiscated from poachers. I invite you to get inspired by Adidas's work. From an astrological perspective, now is a good time to expand and refine your personal approach to recycling. Brainstorm about how you could convert waste and refuse into useful, beautiful resources -- not just literally, but also metaphorically. For example, is there a ruined or used-up dream that could be transformed into raw material for a shiny new dream?

VIRGO (Aug. 23-Sept. 22): "There isn't enough of anything as long as we live," wrote Raymond Carver. "But at intervals a sweetness appears and, given a chance, prevails." According to my analysis of the astrological omens, Virgo, you'll soon be gliding through one of these intervals. Now and then you may even experience the strange sensation of being completely satisfied with the quality and amount of sweetness that arrives. To ensure optimal results, be as free from greed as you can possibly be.

LIBRA (Sept. 23-Oct. 22): "For a wound to heal, you have to clean it out," says author Yasmin Mogahed. "Again, and again, and again. And this cleaning process stings. The cleaning of a wound hurts. Yes. Healing takes so much work. So much persistence. And so much patience." According to my analysis, Libra, you should be attending to this tough but glorious task. Although the work might

be hard, it won't be anywhere near as hard as it usually is. And you are likely to make more progress than you would be able to at other times.

SCORPIO (Oct. 23-Nov. 21): "The other day, lying in bed," writes poet Rodger Kamenetz, "I felt my heart beating for the first time in a long while. I realized how little I live in my body, how much in my mind." He speaks for the majority of us. We spend much of our lives entranced by the relentless jabber that unfolds between our ears. But I want to let you know, Scorpio, that the moment is ripe to rebel against this tendency in yourself. In the coming weeks, you will have a natural talent for celebrating your body. You'll be able to commune deeply with its sensations, to learn more about how it works, and to exult in the pleasure it gives you and the wisdom it provides.

SAGITTARIUS (Nov. 22-Dec. 21): In his "Dream Song 67," poet John Berryman confesses, "I am obliged to perform in complete darkness operations of great delicacy on my self." I hope you will consider embarking on similar heroics, Sagittarius. It's not an especially favorable time to overhaul your environment or try to get people to change in accordance with your wishes. But it's a perfect moment to spruce up your inner world -- to tinker with and refine it so that everything in there works with more grace. And unlike Berryman, you won't have to proceed in darkness. The light might not be bright, but there'll be enough of a glow to see what you're doing.

CAPRICORN (Dec. 22-Jan. 19): Here's the dictionary's definition of the word "indelible": "having the quality of being difficult to remove, wash away, blot out, or efface; incapable of being canceled, lost, or forgotten." The word is often used in reference to unpleasant matters: stains on clothes, biases that distort the truth, superstitions held with unshakable conviction, or painful memories of romantic break-ups. I am happy to let you know that you now have more power than usual to dissolve seemingly indelible stuff like that. Here's a trick that might help you: Find a new teacher or teaching that uplifts you with indelible epiphanies.



AQUARIUS (Jan. 20-Feb. 18): According to poet Tony Hoagland, most of us rarely "manage to finish a thought or a feeling; we usually get lazy or distracted and quit halfway through." Why? Hoagland theorizes that we "don't have the time to complete the process, and we dislike the difficulty and discomfort of the task." There's a cost for this negligence: "We walk around full of half-finished experiences." That's why Hoagland became a poet. He says that "poems model the possibility of feeling all the way through an emotional process" and "thinking all the way through a thought." The coming weeks will be a favorable time to get more in the habit of finishing your own feelings and thoughts, Aquarius. It will also be more important than usual that you do so! (Hoagland's comments appeared in Gulf Coast: A Journal of Literature and Fine Arts.)

PISCES (Feb. 19-March 20): Unless you work at night and sleep by day, you experience the morning on a regular basis. You may have a love-hate relationship with it, because on the one hand you don't like to leave your comfortable bed so early, and on the other hand you enjoy anticipating the interesting events ahead of you. But aside from your personal associations with the morning, this time of day has always been a potent symbol of awakenings and beginnings. Throughout history, poets have invoked it to signify purity and promise. In myth and legend, it often represents the chance to see things afresh, to be free of the past's burdens, to love life unconditionally. Dream interpreters might suggest that a dream of morning indicates a renewed capacity to trust oneself. All of these meanings are especially apropos for you right now, Pisces.

HOMEWORK:

Imagine gazing into the eyes of the person you were ten years ago. What do you want to say to the Old You? Freewillastrology.com



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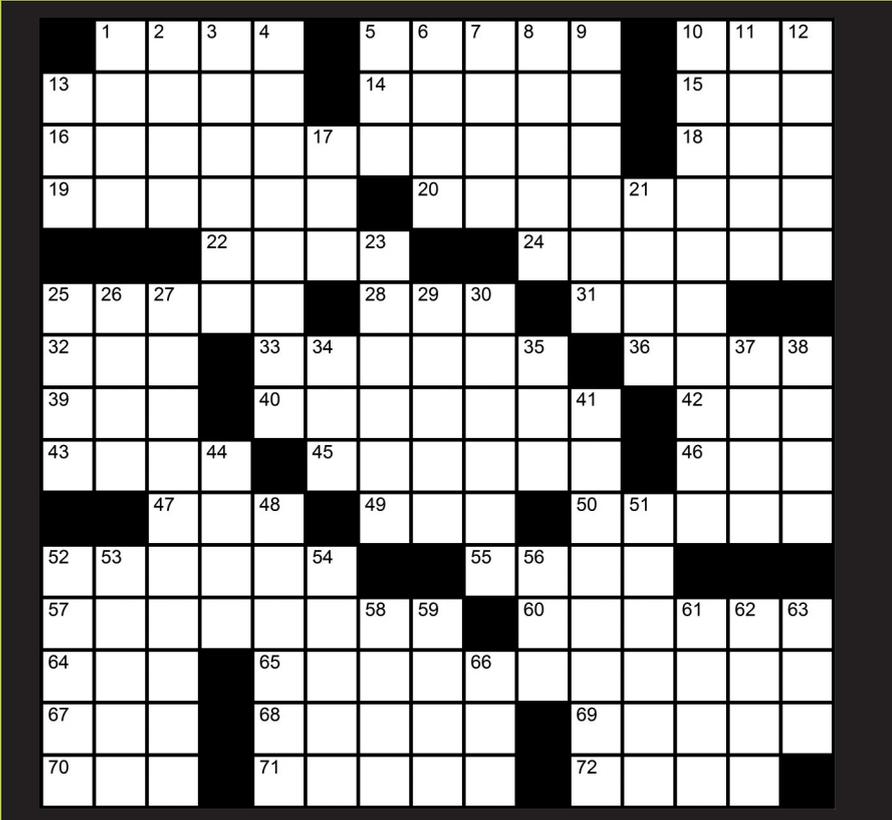
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"THE MOVIE ROOM"--IS THERE ROOM FOR MORE? - MATT JONES



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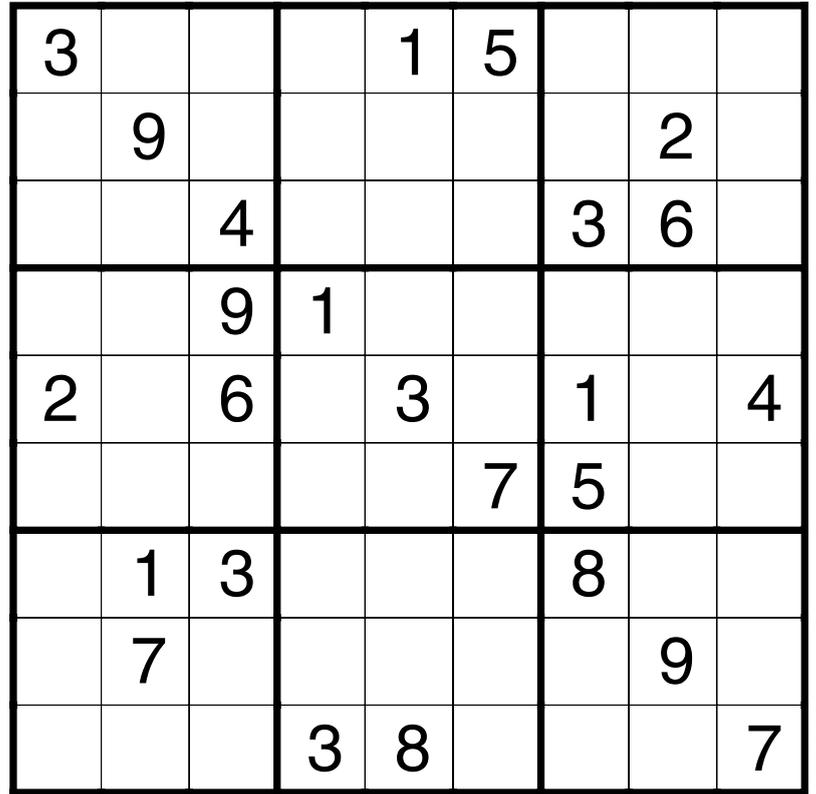
Across

- 1 Charlie Brown's oath
- 5 Acquisition by marriage
- 10 Library vols.
- 13 Songstress Shore
- 14 "The West Wing" actress ___ Kelly
- 15 Exercise unit
- 16 She starred in 2002's "Panic Room"
- 18 Shiba ___ (Japanese dog breed)
- 19 It keeps pages from flying everywhere
- 20 Certain orthodontic device
- 22 Hardwood trees
- 24 Keep from escaping
- 25 Republican presidential candidate Marco
- 28 "Rock-hard" muscles
- 31 "Boyz N the Hood" actress Long
- 32 Devoured
- 33 Awake into the wee hours
- 36 Big game show prize, maybe
- 39 Circulation improver
- 40 He played the central unifying character in 1995's "Four Rooms"
- 42 Reduction site
- 43 Pad prik king cuisine
- 45 Country with a red, white and blue flag
- 46 "Alley-___!"
- 47 Agcy. concerned with fraud
- 49 Bill ___, the Science Guy
- 50 Po, in a 2016 sequel, e.g.
- 52 How walkers travel
- 55 1850s litigant Scott
- 57 Rainy-day boots
- 60 "Keep Portland Weird" state
- 64 Chemistry suffix
- 65 He wrote, directed, and starred in the 2003 cult film "The Room"
- 67 Short cleaner?
- 68 Jousting's outfit
- 69 Ferrell's cheerleading partner on "SNL"
- 70 Antlered animal
- 71 Bumps in the road
- 72 Loch of legend

Down

- 1 Major uproar
- 2 Time-half link
- 3 Asian capital nicknamed the City of Azaleas
- 4 Fork over
- 5 "According to me," in shorthand
- 6 Small bite
- 7 Less caloric, in ads
- 8 Neighborhoods
- 9 Prison chief
- 10 Best Actress nominee for 2015's "Room"
- 11 Alaska's ___ Fjords National Park
- 12 Blow off
- 13 Club crowd-workers
- 17 Masc. alternative
- 21 Canter or trot
- 23 Fish served on a cedar plank
- 25 "Huckleberry Finn" transport
- 26 Johnny ___ ("Point Break" character)
- 27 He played a part in 2000's "Boiler Room"
- 29 Maurice and Robin's brother
- 30 In storage
- 34 Wrestler's objective
- 35 H, as in Greek
- 37 Apple MP3 player
- 38 P, in the NATO phonetic alphabet
- 41 "The Five People You Meet in Heaven" publisher
- 44 "___ know what it's like ..."
- 48 Olympics broadcaster Bob
- 51 "___ Fideles"
- 52 Architectural rib
- 53 Tennis champ Rafael
- 54 Primrose protector
- 56 Use 62-Down
- 58 Austen title matchmaker
- 59 Skyline haze
- 61 Right turns, horsewise
- 62 Sculling needs
- 63 "Rapa-___" (1994 Easter Island film)
- 66 2222 and 2468, e.g., briefly

SUKOKU NO. 142 - VERY TOUGH



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Previous solution - Tough

3	7	6	8	2	1	4	5	9
9	4	5	7	3	6	2	1	8
8	2	1	4	5	9	6	3	7
7	8	4	9	1	3	5	2	6
1	3	2	5	6	8	7	9	4
5	6	9	2	4	7	3	8	1
6	5	8	1	7	2	9	4	3
2	1	3	6	9	4	8	7	5
4	9	7	3	8	5	1	6	2

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box contains every number uniquely.

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